

Freedom

with

New Energy & New Consciousness



My reflection: a summary of the Crimson Circle - Freedom Series

Geert Vousten - 2013©



Preface

This document contains a summary, as *my* reflection and therefore *my* essence and *my* truth, of 10 monthly gatherings ([shouds](#)) during 2012-2013 of [Shaumbra](#), for *my* personal use.

These gatherings from **The Freedom Series** (Oct. 2012- August 2013) were presented to the [Crimson Circle](#) featuring [Adamus® Saint-Germain](#) channeled through [Geoffrey Hoppe](#) assisted by [Linda Hoppe](#).

These '*insights*' of Adamus® already helped me in my awakening-awareness process since 2010, in a time where *New Energy* and *New Consciousness* became '*available*'.

Now in this season, it helped me even more on my path or choice to/for **Natural (embodied) Enlightenment** and/or **Living Ascension**. The first lines of the first shoud starts with "*Everything right now that's happening in your life is about freedom. Everything happening in your life is about enlightenment.*" And this is also happening now in **my** life. And **Freedom is an attitude**.

I finally know what I want. "*My passion is to teach on this planet, to teach how one finds their sovereignty by choosing freedom and their path to natural enlightenment. And because it's my passion, then this will work. There is also a fund available and has always been to support your/my dreams.*"

I already did start a meeting-group [Dutch Network for Natural Enlightenment Support](#), and will start with one-on-one and small group-meetings expanding towards a **Support Center** (In unity 1+1=100 or 97.234). **The world needs Standards more than anything else now.**

This summary is also, or still, applicable and supportive for those who are now in that awareness process too... and is part of a lot of other information and knowledge that I want to share as wisdom with the world, mainly about "*Consciously creating your own reality*" and "*The Human Game/The Holographic Universe*", as my contribution to the world, by radiating it, by **being a standard**, an example of "*Being the change*".

For more information, remarks, contact or latest news, visit my website: [LifeByDesign.nl](#)

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This document also provides all the official links to the original videos and the used transcripts in the *Crimson Circle Channel Library Series* and links to the video summaries from the YouTube channel *CrimsonCircle*.

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Official Links

To the Crimson Circle:

[The Channel Library Series](#)

[Shoud Videos](#)

YouTube Channel: [CrimsonCircle](#)



Summaries of Shoud Videos

01. ["Call to Freedom"](#) - October 6, 2012 (09:52)
02. ["The Voice of Freedom"](#) - November 3, 2012 (15:07)
03. ["End of an Era"](#) - December 1, 2012 (15:25)
04. ["Beyond Your Dream \(Into Freedom\)"](#) - January 5, 2013 (11:33)
05. ["The Dream of the Soul"](#) - February 2, 2013 (09:33)
06. ["Illuminated Dreams"](#) - March 2, 2013 (10:25)
07. ["It Comes to You"](#) - April 6, 2013 (10:21)
08. ["Bringers of the New Energy"](#) - May 4, 2013 (13:14)
09. ["How to Live"](#) - July 6, 2013 (12:57)
10. ["Expectations of Enlightenment"](#) - August 3, 2013 (14:49)

Extra Shoud Videos

- 04a. ["A Merabh for Grace and Ease"](#) - January 5, 2013 (11:33)
- 04b. ["Releasing Old Dreams"](#) - January 5, 2013 (15:27)
- 05a. ["Compassionate Psychology"](#) - February 2, 2013 (16:27)
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- 06a. ["Merabh of Knowingness"](#) - March 2, 2013 (13:47)
- 06b. ["Merabh of Alchemy for Your Dreams"](#) - March 2, 2013 (15:49)
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- 08a. ["New Energy Experience"](#) - May 4, 2013 (16:49)
- 09a. ["Merabh of Assuming Enlightenment"](#) - July 6, 2013 (28:29)
- 10a. ["Merabh for Freedom"](#) - August 3, 2013 (10:44)

00 - About the Crimson Circle

When you are visiting the official website of the Crimson Circle, this is your Welcome!

You are here by divine appointment. Take a deep breath, open your heart, and feel the loving energies of this moment.

[The Crimson Circle](#) is here to support those who are going through the process of spiritual awakening. This process can be confusing and disorienting, and bring unexpected changes to many areas of your life including relationships, job, body, mind, and emotions. You are not going crazy; you are waking up!



What is the Crimson Circle?

EARTH: The Crimson Circle is a global affiliation of awakened human angels who are dedicated to consciousness evolution and living on Earth in true compassion.

HUMAN: Often referring to themselves as "*Shaumbra*," Crimson Circle affiliates are humans who have realized their own divinity and strive to embody it in their lives by being conscious creators and integrating all aspects of themselves.

ANGEL: The Crimson Circle is the earthly manifestation of the Crimson Council, an angelic teaching order dedicated to the growth and evolution of All That Is.

What They Teach:

- You Are God Also and the creator of your own reality and experience
- You have every tool within you for healing, balance and rejuvenation
- Every being is exactly where they should be in their journey
- Everything is always in divine order
- All is truly well in all of Creation!

Enlightenment:

- The conscious realization of "*I Exist, I Am That I Am.*"
- The loving integration of all aspects of Self.
- Awareness.
- Elegant simplicity.

The Channel Library:

Text transcripts and audio recordings of the monthly messages from [Tobias](#), [Adamus](#) and [Kuthumi](#) (as channeled through [Geoffrey Hoppe](#)) since August, 1999, are available [here](#), absolutely free of charge.

The Freedom Series



The *Freedom Series* was presented to the Crimson Circle at 10 monthly gatherings (shouds) from October 2012 until August 2013.

Featuring
Adamus® channeled through Geoffrey Hoppe
assisted by *Linda Hoppe*

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01 – Call to Freedom

Opening Up

Everything right now **that's happening in your life is about freedom. Everything happening in your life is about enlightenment.** Everything that's happening with the transition out of the old era is about freedom. Everything. You can deny it. You can crash into it.

You can pretend that I'm talking to somebody else. But everything, everything right now that this planet is going through is about freedom.

Let's take a deep breath and open that heart. *How do you do that?* You simply choose and allow. That heart wants to open up. Well, you're going to get hurt again, so you might as well open up the heart also.

Let's open up the mind also. Yeah. You know, it's really not the mind that's the problem. You're the problem and I say that very lovingly. You've got this thing called the mind. You're stuck in the mind. You're caught in the mind. *But who put you there?* Yes, you did. It was a comfortable place. It was a closed-down place. It was a limited place to allow you to have some interesting experiences on this planet, but now we're moving beyond that. So you can open up the mind also.

Oh, that's even harder than opening up the heart. Harder. More difficult. *Why?* Because in a closed-down mind, you can really control, limit your experiences. You can keep them in what's a comfortable distance to you. You can overly define your experiences and your interpretations of them. But when you open your mind, amazing things happen. Yes. Amazing things happen. And there'll be a period of time where you feel you're going out of your mind, but you're not. You're just getting back you.

The Issue of Freedom

So this, indeed, is the Freedom Series. This issue of freedom is facing everyone. Everyone. I mean everyone.

It is a cosmic issue, you see. It's not just this thing here on Earth. It's not just you. This is a cosmic issue.

This is not just the end of an era for this planet or your solar system. It is an end of an era for all of creation.

Take a deep breath. Open that heart; open your mind.

And it truly is. That's why you're getting a lot of information, sensations and feedbacks, and you wonder where the hell they're coming from right now. They're coming from everywhere. Your spiritual families – they're coming from them. All around the cosmos there is this awakening, you could say. There is this desire for freedom, and there is also an intense fear of freedom, an intense anxiety.

Oh, and it's not just here on this planet they're debating or arguing – they call it different subjects but it's essentially about freedom – it's happening all over creation right now.

You see, when Spirit, the Eternal One, gifted you with your potential sovereignty, your unique I Am-ness, said, *"Go forth. Discover yourself. Discover the I Am,"* you did. All of you did. Any souled being did. But they came to a point, a point that still exists, a point that's still in its form of stuck energy because of stuck consciousness. Consciousness of all of the angelic beings played and had fun and created cosmic, angelic experiences. But at a certain point, this consciousness – your consciousness, the consciousness of your angelic families, of the Order of the Arc and everything else – suddenly stopped and said, *"The next step is freedom."*

Freedom from what? Well, essentially freedom from Spirit. Freedom from Home. Freedom from God. Freedom from the Eternal One. You see, as children of God, we all come to the point of even releasing that. Ah! Pushing some buttons. Some of you saying, "But, but, but ... uh ... *how can I possibly have freedom from Spirit? Am I not Spirit? What happens when I accept my freedom from Spirit, from the Godhead?*"

Well, you suddenly accept the I Am-ness and your own sovereignty, free and independent – something that Spirit always wanted. Always wanted.

Spirit gave each of us the greatest gift of all – sovereignty, freedom, the I Am that I Am. Spirit wouldn't have it any other way, wouldn't just do it partway, wouldn't say, *"I'm going to let you exist, but I'm going to have limits on it. I'm going to let you exist, but you're always mine. You always came from me."*

No. Spirit, in this infinite compassion and love said, *"I'm, going to give you so much. I'm going to give you all. All. Even to the point where someday you have total freedom even of me."*

That's the true sovereignty and the true discovery of the soul, and the hardest step of all.

When the angelic beings playing in creation, when they came to the point of realizing that it was time for the freedom and sovereignty, the consciousness restricted, constricted, tightened up. *What happened then?* Energy stopped moving, or at least moving in the free flowing open way than it had done. Consciousness created a situation that created an energy impasse. The energy is still there, but it's swirling instead of flowing and expanding and moving.

The energy started to go into itself, and you know what that's like when your own energy, not really being allowed its freedom and its expression, you know exactly what happens. It goes internal on you. It starts tearing you apart. It starts driving you crazy, starts setting up all sorts of weird things in your life, and even though you say, *"I don't why this is happening,"* yes you do. It's you. The energy has to do something in response to consciousness, even if it means tearing itself apart, even if it means destroying what was false.

You could say the energy continues to move, but it goes inside. It's going to tear down some of those walls. It's going to make you sick, going to make you crazy, going to make you sad, going to make you depressed, all the rest of those things. It's just energy and it's responding to your consciousness. And it's all about freedom.

When the energies stopped moving in the angelic realms a long, long time ago, that's when you, as angelic beings, decided to come to this planet – a way of understanding consciousness and energy, a way of understanding yourself as unique beings, a way of understanding yourself from within, very deep in an experience. You knew from the very beginning that sooner or later your own call to freedom would come forth, and here we are. It's not just the end of the Mayan calendar or some cosmic astrological cycle or even just the Atlantean cycle. It's the end of an era that had you dependent on something or someone else, including Spirit. Freedom from Spirit. Now, some would say its blasphemy. Blasphemy. *How can you walk away from Spirit? How can you walk away from God?*

Well, **let's define the difference. God – manmade creation.** I've told you exactly what I feel about God. It's a manmade farce. It truly is. It's a lie. Oh, it's a huge lie, and it's been developed, modified, refined over the years, books put out. *Like they were really written by God?* Not. Some inspired, yes, for their time, but this is a new time, a new era.

God – manmade creation.

So God – a manmade creation. And then you use the word "Spirit" kind of interchangeably – "Spirit" may be a little nicer than "God," whatever you call it – it is the creator source within you. Yes, it is the oneness within you as well, but now it's time for freedom, something the Eternal One has always wanted. *Why?* Well, using human terms you could say that to truly know the I Am-ness of the Eternal One, of Spirit, Mother/Father God, however you want to put it, to truly understand it, there had to be freedom.

There had to be a final release of self, a final letting go of self. No more control of self, and for a long time that self was also you. But ultimately it's about the release, about letting go, so Spirit, the Eternal One, can really know thyself. As you come to know yourself, to accept your freedom and sovereignty, Spirit will understand Its sovereignty.

Kind of an interesting proposition. Most humans tend to think that Spirit is elevated, knows everything, can do anything. Not. Not. Spirit, as I talked about before, is absolute simplicity, absolute purity. In a way, much like a child with its innocence. Spirit doesn't know what's going to happen next, *do you?* Spirit doesn't know everything thought that you have, because you can block yourself. *Want proof?* You block yourself from yourself, therefore, you can block yourself from Spirit. Therefore, Spirit can block Itself from you.

Spirit does not know everything. That would be a sick game if everything was known, everything that was ever going to happen and to be.

Spirit does not know everything. That would be a sick game if everything was known, everything that was ever going to happen and to be. That would be a sick game. This is also an experience for Spirit. When you discover something

about yourself, Spirit discovers something about Itself. When you see a beautiful sunset, Spirit sees a beautiful sunset. Spirit didn't see it before you and then send you out there to go see, *"Look at this beautiful sunset that I created."* **Spirit asked you to create it and the Eternal One then sees it and feels it and experiences it.** So one could say that Spirit truly will understand his/her sovereignty when you understand yours. Let's take a deep breath.

And the same applies to freedom. To freedom. Spirit understanding freedom when you do. Freedom.

We're entering into that in this Series. In this Series. Freedom – the symbol right here (indicating the symbol on his lectern). Right here. The circle – completion, coming full circle. The spade – ascension. Reverse the spade, you have a heart. The spade – ascension. The fleur-de-lis – the integration. Integration of masculine, feminine, light, dark, human, Spirit. It's right here. It's right here.

Ah, you're going to see the planet really going a bit crazy. Yes. You see, you're going to see yourself going crazy. Yes. You're going to see yourself going through and experiencing what will set you free.

What Is Freedom?

Take a deep breath. Feel into it for a moment. *What is freedom?* Nice word.

Often overused word, misunderstood word. *What is freedom?*

"It's allowing everything to happen in the moment."

Allowing everything to happen in the moment. Good. Good. I like that. I'll write that down. *Do you allow everything to happen in the moment?*

Could I tell you what you're fearing? You get these voices – mother's voice, father's voice, teacher's voice, and most of you do to one degree or to the other – you've really got them. You like them. You love them, and they play all the time. They're always there, and those are the things you fear because they're telling you, *"No, Mary. Be a good girl."* Why don't you be a bad girl some time. Yeah, just to experience it. Just to experience it. Stop trying to be so good. See, that's where you're missing the freedom thing.

All your potentials. All of your potentials. So consciousness stimulates energy – consciousness created energy in the first place, and it stimulates energy – and therefore, it creates your reality. But if the consciousness – if you're not even aware of what consciousness is – and if your consciousness is very closed down, intentionally, you're holding back, well, you're not going to get much and that energy is going to go and work on you. It's going to start beating you up. The only reason why is it wants you to move. It wants you to get beyond. And it will bring up all the demons and the dragons and the darkneses and everything else, and you'll say, *"Why, dear God, am I going through this?"* But imagine for a moment – just a brief moment, with open heart and open mind – that you could be free. You could be free. Amazing concept. Amazing, so simple, but yet it's so easy to get stuck, and it's so easy to say *"Why me?"* It's so easy to pretend that you don't know the answer, so that you can keep playing the game.

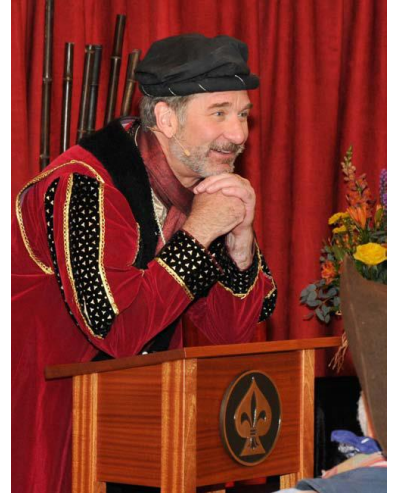
***It is so easy to pretend you don't know the answer
so that you can keep playing the game!***

It is so easy to pretend you don't know the answer so that you can keep playing the game!

Once you acknowledge that you really do have the answer, the game's up. You have freedom. But the game's up and you have freedom.

"I don't know. I don't know There's got to be an answer somewhere." It's right here! Right now! It's you. It's coming from you. It's coming from you. It can be so easy or it can be difficult.

It's an interesting, frightening, but beautiful thing to say, *"I don't want to look at tomorrow with today's mind or today's eyes. I know tomorrow is grand. I know that. It's in my heart. I know it. And I'm willing to allow for it, including anything."* Now, that *"anything,"* that's the tough one. Anything – because there is the tendency, and I'm going to ... I'm going to ... I have plaques and things all over the walls, posters and bumper stickers on all of your cars.



Enlightenment and freedom is not a “*kind of, maybe, somewhat*” thing. It’s not. It’s an “*all or nothing*” thing. Ask the Ascended Masters. It’s an “*all or nothing*” thing. And it’s not something that you do a little bit of enlightenment. It is or it’s not. Because if you’re just doing ... if you’re testing the waters, you’re going to find that there’s sharks in there.

Enlightenment, freedom – you can’t have a little bit of freedom or a medium amount of freedom or even the perception of a lot of freedom. It is or it’s not, and that’s part of the problem. That’s where the mind does come in – you controlling your mind – saying that, “*I’ll take a look at it. I’ll quit my job. That’s a big step, but I’m just going to see what happens next. I’m not going to do anything else. I’ll take a little bit of freedom.*” But a little bit of freedom is actually even more of a prison, you see.

A little bit of freedom is actually, in my opinion, worse than no freedom, because now you’re trapping freedom. Now you’re controlling freedom. Freedom is supposed to be free. That’s why they call it freedom.

Now you’re trapping freedom so that one day, when your heart says that you’re ready for true freedom, now you’re going to know and have experience with a distorted form of freedom – a freedom that you’ve controlled. Then the mind is going to come and once again say, “*Look what happened last time you tried freedom.*” Your mind’s going to say, “*You don’t know anything about freedom. You have to go study freedom from somebody else,*” and you can’t. You can’t. Freedom is something you give to yourself.

So it’s either all or nothing, and that’s very, very frightening. Very frightening, indeed. Yes. It’s very frightening to think that it’s all or nothing, that it’s not just leaving the job.

“Knowing the direction?” There is none. And that’s the good news. That’s the very good news, because if there was one, it would have been imagined from the old human way, the Old Energy way. So there really is none, and the challenge and the beauty is, *can you accept that?*

When one truly makes that choice for freedom and is really ready for it, it’s not all going to be right at first, as some of you may have discovered. Initially, there’s a cleansing, clearing, changing process that takes place. Unfortunately, so often it can result in things like losing your job, losing your house, losing your sense of identification with yourself, losing your beliefs, losing your friends – if you have any left – losing your relationship.

Freedom’s just another word for nothing else to lose.

Losing possibly those things that the human held near and dear, and that’s very frightening. That’s very frightening. But ask any Ascended Master along the way, and ... actually they coined a phrase that was later used as lyrics in the song: **Freedom’s just another word for nothing else to lose.** I’m laughing. Kuthumi’s laughing. Freedom’s just another word for nothing else to lose. How very profound. Absolutely.

(lyrics from “*Me and Bobby McGee*”, written by *Kris Kristofferson*, number-one single in U.S. by *Janis Joplin*.)

So, responsibility, other people. Actually, that’s a fact of life. Now, *does freedom change that? Will freedom change the responsibility that you have to others?* Yes! Duh!

Then you’ll be *free* to love them, to help them, to be there for them. It won’t be a debt or an obligation. It won’t be anything that you feel you have to do but you simply want to. It goes back to one of my favorite sayings that I created – “*Only a Master can be in service. Everyone else is but a servant.*” Same thing. Master is free and can give and share with others freely and openly and lovingly without any sense of obligation or need to get anything back.

It’s an amazing thing, but a very hard thing, particularly if you have children, spouses, other people relying on you. One of the greatest human excuses for not having freedom is, “*Well, my kids need me.*” Actually, they don’t. They don’t even like you a lot of the times. A lot of the times, not always. True. They love you, but sometimes they just don’t like you so much.

It’s one of the greatest excuse, and it’s interesting, a very, very interesting dynamic. There is a perception – a lot of you are actually headed towards this destiny – the perception that “*I’m going to be free when _____*” fill in the blank. “*When the kids are grown up, my spouse leaves, when I hit the lottery, win ten millions dollars.*” Yeah. Yeah, “*Or I’m dead. I’m dead. When I finally let go of this physical body and transcend myself, I’m going to be so free.*” No, not at all. Really, not. You’d be amazed.

But there's a common misperception that when you die suddenly you have freedom. No. No, not at all. Sometimes it's worse, more hellish, because suddenly you realize that you really don't. All of a sudden the answers didn't all appear to you all of a sudden. You still have the same issues, you would call them, that you had when you – *shwttt!* – slipped out of the body. You just don't have a body. Then you all of a sudden realize there's a certain advantage to having a body, certain advantage to having this type of very solid experience in the 3D where you can actually have an opportunity to perceive, to really understand what's going on. And then *what do you do?* Try coming back and grabbing a body right away. And the rush is on.

Feeling Into Freedom

I'd like to take a moment now. We're talking about freedom.

Freedom is a very heavy subject, actually, because there is such a reluctance to do it right now. All the excuses in the world not to have freedom. Every reason to pretend you don't know what freedom is, that ... and the other thing is sometimes you tell yourself you're free, but you're not. I really don't know any humans right now that are really free.

Let's take a moment and just feel into this thing that's going to be such an important part of your life in the next couple of months.

Let me repeat: In the next couple of months – there's no hard and fast date but in the next couple of months – everything that comes into your life, every experience, everything that happens is going to relate to freedom. It's going to be about freedom.

The energies are going to be addressing you about freedom, are going to be coming right into your face, and it can be the most fun, easy, fulfilling and rewarding thing you've ever done, or the most difficult. No, you don't want that. No. You say that. You say that, but let's just put things on the table here, meaning let's not have [makyo](#). You say that, but look what you're creating. Look what you're creating.

You're doing a wonderful job, all in all, but there's still this hesitation, this pause. There's still this "*I'm not sure I'm really getting it*" feeling and attitude. There's still waiting for something outside of you to happen so you can respond to it instead of creating it for yourself. That's real freedom, when you are creating it; when everything that happens to you from now on you understand, you know that you're creating it. It's coming from you. You're not wondering about it, you're not just spouting nice words, but you're going, "*Ah! The beauty of my creations.*"

Now, a creation is not something that you have to construct in your mind. A creation is not something that you have to plan. You really can't plan creation. Planning is a very human – very human – mental thing. **Creation is the allowing of the free flow of energies, no ifs, ands or buts about it.** But what happens – while that sounds really nice, while you've been working on this for many, many lifetimes – what happens so often is there are a lot of ifs, ands or buts, or worse yet – let's add it to that list "*if, and, and but*" – "*I just don't know.*" That's probably even more dangerous or more painful than "*if, and or but.*" This thing about freedom – there are no ifs, ands or buts. It is or it is not. That simple.

Let's take a deep breath and feel into freedom.

Truly living! Living. For you're not living when you have no freedom.

So the question now is *what's keeping you from freedom? What's keeping you from freedom?*

Actually, you never really lose anything. It just morphs and expands to come back in a bigger way, other than your friends. You get new friends. You get new friends, good buddies. You never really lose anything, but yes in the process – and that's why I repeat these lyrics, "*Freedom's just another word for nothing else to lose*" – releasing, letting go of. But what's more important: Going the way you've been going or experiencing freedom, *no matter what?* No matter what. *Loneliness?* Temporary. Nah. A true Master in their sovereignty is never lonely. Their best friend is themselves. What a great thing! Now *isn't that the best thing, to be your own best friend?!* And the funny thing happens; when you decide to like yourself, everybody else likes you too. Yeah. Yeah. Good. So loneliness. *Would that be it?*

"The void as the transition is happening is just uncomfortable, and I'm right in the middle of it. Because I'm giving up what I knew and I'm not quite sure yet what comes next."

Exactly. There's an expectation of what you think should happen; you're in that halfway zone; you're still having human ideas of what should happen – the size of your house and your finances and the way your life should be; you're entering into a whole new zone beyond what you could have imagined before. Now, *can you allow it?*

Then suddenly the foot is off the brake. Then suddenly there are no yeses in your butts or butts in your yeses, and suddenly you don't have to go through the challenge. I said before, it's the easiest thing you could ever do – have your freedom – or the most difficult. You decide. You decide. Good. Thank you.

Digression About Abundance

I am so upset about your lack of abundance! All of you. You're embarrassing me. True story. It still irritates me. It still irritates me, because there is nothing – nothing – really standing between you and abundance. You think there is. You think you have to like create some grand business or scheme and plan and plot. **Abundance is simply a matter of loving yourself.** That's it. Once you have that, the abundance flows.

Here is consciousness. (he draws a circumpunct) This is you, souled being. We've talked about it before, the beautiful circle with a dot. Pretty soon you're going to inherit that dot. It's going to be your own. And no, that's not the original sin. That's your essence.

So this is consciousness. Consciousness contains no energy – I'm having to go back on some Adamus 101 – it contains no energy. Energy was created out of the deep passion and desire to either go back Home or go into freedom.

So now, consciousness, this thing that you already have that's awareness and all of your potentials – not that was given to you by anybody else, but you gave to yourself – this consciousness inspires energy. Energy is just sitting there. Neutral. There's enough energy in this room, right here with us, to fuel this planet for the next ten years. The entire planet and every human being.

Energy is free to those who are free. That's another great quote. I'm going to put that up on the wall. Energy is – I can see it now – **energy is free to those who are free.** *What's wrong with humanity right now?* They're not free, so energy is not free. So there's an energy crisis going on, you see. See, all this is really simple. All really simple. Consciousness inspires energy, gets it out of its neutral state, and there's a lot of it. There's an old belief that it's limited. It's not.



When consciousness is open and free, that energy is just like whoa! (he's drawing energy radiating out from the circle) Just free and abundant, and it kind of just looks like the sun, kind of looks like it's radiating. It's – whoo! – it's just moving. There's no control of it. There's no butts about it. It just is. It's very spontaneous. Very literal.

Consciousness in its freedom will create anything it needs, wants, choose – cars, nice houses, any of that, any of that – and you should have it. You should have it. *Why? Why not?* Yeah, why not. That's the first reason. Second reason: If you're going to be a true [Standard](#) for others, an example for others, the walk like a Master. Walk like a Master – you've got gold shoes on when you're walking. Humans need to see that.

Abundance is simply a matter of loving yourself.

Now, you're thinking, *"Yes, but we've seen all of these excesses and these televangelists with all their money."* So? That's not you. That's not you. You're not going to do that. You can have grand abundance. Grand abundance. We're going to cover that.

So consciousness, when it's open, when it is free, the energy moves – whoo! So easy. When consciousness is limited by beliefs, when consciousness is limited by the mind, by mass or group consciousness, when it is limited because of its fear of becoming free, what you have is very weak, little tiny spurts of energy (he's drawing), which account for a lack of abundance, lack of passion in your life, lack of friends, lack of self-esteem, all lack, lack, lack, lack, lack, lack, and the energy does not move. And then you wonder what's wrong.

And worse yet, when you wonder what's wrong, *what's the first thing you do? "What's wrong with me? What did I do wrong? I fell down and broke my leg. What did I do wrong?"* You fell down and broke your leg! It'll heal! The more important thing isn't *why* you broke your leg, it's *are you going to heal it now, like that?* (Adamus snaps his finger) Not some long dreary healing, but *are you going to heal it?* That's the thing.

Maybe, just maybe, it's not about trying to figure out why you broke it, what Spirit's trying to tell you – because Spirit doesn't give a damn, really, about that kind of stuff – it's not about what astrological event happened in the moment that you broke your leg. It's really – *swhtt!* – *"Can I heal it like that, instantly, miraculously?"* *What a concept?*

True Freedom

There's an innate fear of freedom by any souled being. *Why?* Separation from Spirit. The ultimate. Separation – the perceived separation – from the eternal. The especially perceived fear, concern that in freedom, in basically untying yourself with the Eternal One, letting go, that you will cease to exist – or that you're going to go to hell or something like that – but something really bad will happen. It won't!

There is the huge fear that if you take on your own I Am-ness that you're going to flounder, going to make mistakes. You see, this is all human thinking. Only a human would think like that. Only an old Atlantean would think like that – that *"I may do it wrong."* **You can't do freedom wrong. You can just do it, but you can't do it wrong.**

The perceived separation from Spirit, from the Eternal One – perceived separation – letting go of that link to Spirit is actually the real integration of Spirit; the integration, as shown through the fleur-de-lis, the coming together. That is the true integration.

Stop for a moment. I know it's baffling to the brain a little bit, *"But what did he just say?"* I just said when you accept your freedom with no ifs, ands, buts or I-don't-knows, when you do it, outrageously, boldly, courageously – to accept your freedom, no ifs, ands, or buts – that's the moment you integrate Spirit into you. The final meld, the final bringing together.

At that moment you will never ever, ever again put Spirit out there, up there, over there, or anywhere other than in yourself. Right there (Adamus points to the dot), in your consciousness. That, my friends, is freedom.

It's a scary proposition, and it's the proposition that's on the table right now – not just for you; for humanity. They're not in the same consciousness of it as you are. They're not in the same understanding of what freedom is. They think that freedom is electing an official, going to the polls, which really isn't at all. Or they think that freedom is being able to choose what kind of car they can't afford. But it is a dilemma that's facing this planet right now. It is the dilemma. If take a look at everything that's going on, whether it is in politics, especially in money. Whoa! Ooh! That's where it's really showing up.

Freedom and money. Look at the controls that are being placed on money right now. Stupid, artificial controls that are not really needed. But there is a very strong faction and groups of people on the planet right now who do not believe that you are responsible enough to handle money – you and everybody else; that they have to control it. They're not doing it so they make more money, because at a certain point it doesn't matter. They're doing it because they think they're helping you, and maybe they were. And maybe they were, and maybe they are helping some. I don't believe that to be true, but they do.

They think that humans basically by nature are sinners. They really do. They believe that humans are flawed, working towards some state of perfection or at least salvation, and I'm not just talking about religious people. There's atheists as well who believe that humans have evolved from cattle dung and I'm going to put this proposition to you as well.

The general concept that you have is that things happened up there on a higher level – not really true, but they happened somewhere out there – and you think there was a descension to this planet. Eh, there was a journey to this planet for very ascended reasons, but you think it came from up there, came down here, and now you're coming back full circle. But even ... I'm going to throw this proposition at you, because this is something we do in our New Earth philosophy school.

Imagine that it is all just evolution. Imagine that it started with, I don't know, just a little tiny scrap of nothing and turned into this, turned into the cosmos. It evolved from nothingness, and humans evolved – imagine that for a moment – and that there is no God up there who handed it down to here, and there never really was a God. It was just a freaky thing, that little thing that happened and created all of this.

It still basically is the same dynamic, because there is still a consciousness, maybe that came from the evolution of almost nothing. There's still a consciousness that is creating a God, that is creating this thing called enlightenment, that is creating ascension. There still is something that happened that created love, that created beingness.

So even if one would argue that all life just evolved out of some freaky little collision, look what you're creating. You're creating enlightenment. You're creating ascension, and you would also be creating sovereignty and freedom. So no matter which way you look at it, it's still the same. Something to think about. And the reality is that neither one is really true. Degrees, but neither one is really true.

So where were we? On this planet the greatest thing happening right now, as we leave the Old Energy era and enter into the new, is truly about the era of freedom. *Are humans ready to handle freedom?* We don't know. You don't know. *Are you ready to handle it?* It doesn't matter to me. Truly.

I'm glad, I'm happy, delighted and all the rest of that that you are, but with it comes freedom. With it comes taking responsibility. With it comes walking like a Master and then being the Master. With it comes realizing that 95 percent of everything that going through your mind is not yours. You're picking up on space junk, alien junk, human junk, particles floating around – thought particles floating around – that are not yours. Freedom is releasing them, because they're not yours. You spend so much of your mind energy debating with yourself about how you're going to make yourself better. That's not freedom. That's not freedom. Really, not at all.

Freedom is saying ***"The only thoughts that are mine, the only consciousness that is mine is what I choose in this moment."*** Freedom is saying that ***"My past lives are not mine. They were experiences of my soul."*** Freedom is saying that ***"My family, my children are not mine. I might have birthed them, I might have spent a fortune on them, but they are souled beings as well."*** Freedom is saying ***if you're in a situation, whether it's a job, a relationship, a religion, a cult, or ... oh ... or anything else that is not serving you, that you're going to release it.*** It's the easiest thing that you could ever do, or the most challenging. It's up to you.

Freedom is the ability to just walk away. Not to think ... well, one more thing about freedom. There's this big, big ugly thing at the door to freedom. It's called death. It's called death. Because you say, *"Oh yeah, freedom is wonderful. It's great, and I can leave my job and I can do all these other things. But oh my god, what if I die?"* Well, then you're free. Dead free! Really.

I mean, this is a big psychological issue. You know, I've said it before but dying is a whole lot easier than birthing, really. And you've died, *what, a thousand, some of you fifteen hundred times?* So easy. Birthing is difficult. That's a whole different story. You know you have another 80 to 100 years in front of you. Dying, you know – whew! – you take a rest. But in this whole thing of freedom it's *"What if I die?"*

First of all, it doesn't matter. You're going to die anyway. A hush fell over the crowd. *Are you going to accept that?* The question is, the issue is, *are you going to die the way you want?* That's the real question. Yes. That's the real question.

By the way, I have to make a little insertion here. There's a famous line that was distorted, and the line should have read like this: **To free, or not to free.** That is the question. They misquoted me. *"To be or not to be?!"* No! *"To free or not to free."*

Back to death for a moment. You see *how I did that little distraction?* Energy was going to hell, we do a little distraction – it's amazing.

Death. It doesn't matter. It doesn't matter. It doesn't matter. You're going to die. The important thing is to die the way you choose – *shwtt!* – walk out of your body, I don't know, however you want to do it. Just don't do it with a long lingering illness. That's despicable. That's almost right up there with lack of abundance – or worse. I haven't decided.

So let's take a deep breath.

Are We Ready?

Freedom. We're going to be talking about this over the next few months in particular. You're going to see it now. Eyes wide open. You're going to see that this is the dynamic on Earth. And they can talk about everything else, but these are the result of the question of freedom. Money, politics, energy – pff! energy – all of these things are really about freedom.

Is humanity ready to accept freedom? The civil wars that are breaking out, the strife and the tension – it's all about freedom.

And remember, while you are pondering your own freedom, and if you're really ready for it, it's not even just about humanity. This is the question of all of the cosmos, all creation, of your spiritual family, of every souled being, and of Spirit ... and of Spirit. And the interesting thing is it all comes right back to here, right back to you, right back to what you are choosing, **because as you choose for yourself, as you give yourself true, unabashed freedom, that has a profound impact on all of creation.**

What does it do? Well, it illuminates the potential, and there are some regions of creation right now where there is no light on this thing that you would call freedom. There is no understanding of it. There are places on this planet right now that have no concept. There are even some languages on the planet that do not have the word "freedom" in their language. It does not exist. It is not in their consciousness.

So it comes back to you, this esteemed group right here in Cold Creek Canyon, watching in on the Internet.

It comes down to you – not about their freedom, but about illuminating a potential – first for yourself and then for others. It is the question right now, above all.

Until we meet again, I would like you to take a look at your life, not in a judgmental way but as an enlightened observer. *What's keeping you from your freedom? What are the things that you have chosen to keep you from being free?* And, more than anything else, *what does freedom feel like?* Not think like, not the day-to-day routine activities. That is the byproduct of freedom. But *what does freedom feel like?*

You are going to be dreaming about freedom, not because I said so, but because this is the topic at hand.

When you dream about freedom, you're going to have some unfree-like dreams – in other words, that you're being imprisoned – to help you to understand what it feels like not to be free. You're going to have dreams of what were your soul's past lives – hopefully no longer yours – of what it was like to be a slave-owner or a slave, of what it was like to be an Atlantean in the communal sense. Well, now that was a lack of freedom.

Everything had to be done as a group.

You'll have dreams of what you would call alien places, other places around creation, around the cosmos that you're going to visit, sometimes with a group, sometimes by yourself, of places that have no – absolutely no – consciousness or understanding of freedom, because sometimes it helps to take a look at not having things in order to help you understand what it's like to have it.

Will it be intense? It's up to you. Could be. *Will it be easy?* Could be. Should be. Should be the easiest thing. Every one of you should just walk out of here totally free. Or it could be challenging and difficult.

Adamus' Answer

So now I want to give my answer – it's going to be a little bit of an odd answer – to what is freedom. Or, specifically, *how can you give yourself freedom right now?* One very simple word, for lack of a better word.

Very, very simple. Stop for a moment and feel into freedom ... **feel into freedom.**

The issue at hand for you, the planet, Spirit, everyone, everything – the real transition, the real end of the old world issue – there is one thing as it applies to you in your life. One very simple thing. It's that word "*forgiveness.*" That's it. **Forgiveness.**

02 – The Voice of Freedom

Freedom

So if you're just tuning in for the first time, take a deep breath, because you are about to experience something different, and not just with Shaumbra. Within yourself. Something that says *"The old rules need to go."* Something that says that the old patterns need to be shattered right now. Something that says *"It is time for your freedom."*

Freedom – that big question – *are you ready for it?* It sounds so enticing. Freedom! Oh yes! Freedom from that bad job, that bad partner, your children, whatever it happens to be – freedom – but that's not true freedom. No. True freedom comes from within you. Freedom from you. Freedom for you. True freedom.

Very, very few beings have ever, ever had it. They think about it. Some actually think that they are free because they live in a *"free country"* and they're told that they have freedom. But that doesn't mean they're free. It just means that they have the illusion of freedom. Let's stop for a moment. All stop. *Are you truly free? Are you truly free?*

Obviously, we're at the end of 2012. End of many great cycles on this planet, and one of the cycles is about freedom. Going from, well, personal slavery – slavery of yourself, slavery to others – into your own freedom.

You've heard me say before, *"Only the Master can be in service. Everyone else is but a servant."* It's true. Only the Master with total compassion can be there in service, because the true Master doesn't really have an agenda about the outcome. The Master is doing it just because.

The Master doesn't really care if the student graduates, because the Master understands that it is up to the student.

The Master is there simply for the joy of being present during the student's learning experiences. The Master is there to be a presence. To be the I Am.

Often the student doesn't even see the Master; doesn't want to, even though the Master is there. Oftentimes, the student tries to emulate the Master, to be like the Master, to copycat the Master, and when that happens, with the true Masters, they leave. They step aside, because they realize, first of all, they don't want anybody to be like them. Sovereign is sovereignty, period. Secondly, the Master doesn't want any student to get attached, so they will leave. Oh, to the great disappointment and to the great consternation of the student. But they will leave. Oh, and then the student feels abandoned once again. Just add it to that *"I've been abandoned in my life"* list.

What's Going On

So the world. *What's happening in the world right now?* End of 2012. End of many cycles. It's actually going a little bit more gracefully than we would have thought. You have so many energies converging right now all at one place.

Right now, particularly on this planet, there is this whole shifting, and the shifting is about freedom. The entire cosmos is watching. Please remember that there are not these advanced civilizations out there. It'd be nice maybe to think that, but there's really not. There's really not. There are other life forms, what you may call intelligent life forms, but life forms without the heart, without the love that humans have.

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So right now the entire cosmos is tuned in to what's happening on this planet – the freedom issue – because they're not free either. Matter of fact, they're going to have to come by way of Earth, or one of the many new Earths, for their ascension, for their ultimate freedom. So there is an amazing focus on this planet right now. A huge interest. *What will humans do? What will humans do?*

That's a good question. I'm not talking about just you, but humanity. Let's feel into the next few years. Oh, it could go so many different ways right now. It truly can. There's many potentials, of course, but potentials that have basically the same energetic dynamic, the same potential to be realized. The interesting thing about with all these energies changes, it does bring forth potentials, and right now there's so many lined up, different scenarios, and any

of these could be chosen by humanity, by mass consciousness. It doesn't mean that you need to choose it, because you're going to be a free and sovereign being.

You can have any reality you want, even if the reality around you is different. Yeah! Well, that's living as a Master. Doesn't really matter. Everybody around you can be in duality, but you don't need to be. You can be surrounded by ... yes, sometimes it tugs on you. There is a, what I call, a gravitational force of mass consciousness. You feel it everyday. So even if you're not into duality and the rest of the world is, you're going to feel the pull on it. But pretty soon you get very tuned in and you realize what's yours and what's not, and you stop buying into things that are not yours. Therefore, the gravity – the energy gravity – doesn't work the same.

Looking Ahead

So 2013, *what's going to happen?* I'd be interested to ... and so would listeners today. *What's going to happen in the next, let's say, year or two? Which direction is humanity, Earth going to go?*

The same thing that's been happening. Yes! Yes, the same thing. **The same thing.** Polarization, separation. *Even more of it?* I thought we were all going to get together as a global community ...and sing Kumbaya.

Separation. Absolutely. Absolutely. Now, I'm saying this deliberately today, because we're going to take a little peek into next year. You can all write a newspaper column or a book or whatever, and you'll be considered a psychic because you're going to be right. That what's going to happen next year is what happened this year, what happened the year before. Unless, just unless something happens. But the likelihood right now is that next year is going to look like this year. Maybe a little more intense.

I didn't say for you! I said for the world. The question is, *are you going to want to keep living on this world?*

So the issue is, so next year, well, it could be more, you know, Earth changes, global warming, global freezing, global problems. It can continue, and the chances are, sitting here today, it probably will. It does not take a psychic. It does not take any channeler. It does not even take a trend forecaster to figure that one out. Mass consciousness is like the weather. It's going to be the same tomorrow as it was today, two-thirds of the time. That's pretty good odds for any psychic. Yeah. So separation, *where were we?*

New Jersey. Sandy, the big storm. Unfortunate that it takes a catastrophe like that. Yeah, but ... and then unfortunately there is the potential it could go back to the old way. They'll fix up the houses. They'll redo that, until the next catastrophe. You said it before – 9/11 – same area. *Why? What's – everybody take a deep breath – what's in that area?* Greed. The center of money. Financial sector. And many other things, but the financial sector begets a lot of other energies, all at the same time. So you get greed. You get lack of heart. You get the ... shutting down of energies.

Fear, yes. People taking advantage of each other. And politics, a lot of politics mixed in there. It's an international center as well. So it is no wonder that the storm goes there. And, again, you don't have to be psychic. There's no great deep hidden meaning. Look at the top-level meaning – financial center.

Absolutely. And it's an energy center also. It's an energy – a nice energy center – just that's been misused. Yes. Absolutely. So the storm finds its way there.

Now, you can take a look, very symbolically or very simply. *Why wasn't it a fire or an earthquake? Why was it water and wind?* Cleansing, even though fire does cleanse, but it's a different type. The storm was attracted to that area. There's an energy hole there and it needed some cleansing. It needed a clearing out.

Now, the question is, as the rebuilding happens, *how is it going to take shape and form? Will people have learned something? Will consciousness have shifted in this place?* And in a way – in a very interesting way – it doesn't matter to you personally, unless you have family there.

In a manner, and we're going to be talking more about this today and going forward, but I want you to look at it as Masters, no longer as the student – because school is out. We're going to be getting away from the whole student/lesson thing and into the Master thing.

But in a way it doesn't matter, because if people choose to be in that area and to go through these catastrophes, that's their choice. It truly is. However ... however, if a loving balanced Master, who is in their I Am energy, happens to just want to go there – energetically or by airplane – wants to go there and do nothing more than just stand on the street corner breathing and shining their presence, because their presence is so balanced, that illuminates potentials. **Potentials.** And one of the things I want to really drive home today is potentials. We've talked about it before, but sometimes it goes to your brain and not into your heart. Today, we're going to cram it into your heart.

So the key point here, one of the key points of today, is potentials. We say that next year is going to be the same as this year, probably, because *what do people see?* That same potential over and over. They don't see potential of change, and sometimes when they do, they run the other way. They don't see the potential that lies beyond that, that says "*Change doesn't have to be difficult. Change can be a true joy. Change can be fun.*"

Because right now, there is a new house, and it's one of the new potentials for this planet. There are many new Earths. And these **New Earths** are where the first timers who've never been embodied in this before are going to go. But it's also one of the potentials where you can go without having to leave your physical body and to begin ... really start experiencing this interdimensional living.

You say, "*But why? What good does that do if I'm, you know, just in some dream state off in the other realms? What good does it do here?*" Well, every bit, because one of the things about the New Earth is it doesn't have the heaviness of duality, the heaviness of physicality there. So you can actually go there and rehearse and practice and play before you do it here. In other words, you can get a feel for what it's like to be really free, really liberated. You can get a feel for what it's like to go and be abundant, wildly abundant, and you go play there and then bring it here. Ah! It's one of the great things about the New Earth that you have helped to create. Absolutely.

And one of the things happening on the planet as a result of the shift into freedom – or not – but this whole dynamic of freedom has to do with **money**. That's one of the big issues, one of the grips that this lack of freedom has on consciousness. It goes directly through money. No freedom, no money. So it affects the economies. Plus the markets – financial markets, as you know – are about 500 years old. That's old. That's old. Right now. So they're having to go through a shift. People that are holding onto the old ways, not just because of greed, but because of old ways, because they want tomorrow to be like today, because for them they have the money. You don't. So they want it to be like today.

So there's this tremendous friction that's taking place right now. I've said before the financial systems have already collapsed, in a way. In other words, they are no longer backed by the trust that they used to have.

Do you trust money? Do you trust the people who handle your money? (audience is saying "No") Not that they're bad, but they're not in the same consciousness as you. Yes.

So the financial systems – oh, it's dreadful. It's so dreadful, if you knew how dreadful it was, you would ... (someone says "Cry") Yeah, you would cry. You would cry. It's being propped up right now by bubble gum and bandages, but **the financial systems have to go through this change, because they're one of the biggest things inhibiting people from freedom**. There's very specific paths or methods in today's financial systems, and it's very hard for one who is not in it to get part of it.

Now, as we've talked about before, there's not a conspiracy. Please. Please. Any of you, right now – take a deep breath – **if you want to be in your freedom, get over conspiracies**. Ah! We could argue all day, argue all night. You say, "*But, but! There is this group that ...*".

I'll tell you right now. The only conspiracy is stupidity. Absolutely true. There are no conspiracies! Some of you will argue there is a conspiracy in the government. Stop for a moment. Feel into the energy of government. Think about all the government workers you've met. Think about the politicians. Think about all the ads you people here in America are receiving. They're not bright enough to have a conspiracy! (one person claps) Thank you. They're not. They're not.

They are enamored with power, of course, but who isn't, other than a few Masters. If you go into some of the other realms and the other dimensions, they're not a bunch of really nice big fluffy beings out there. They have the same power struggle. **Power**. Power is translated on Earth into, generally, money. Money. If you've got money, you got power. But the cosmos is based right now on a power struggle. That's why there's so much interest in what's going on here on Earth. **Will humans on this planet finally allow themselves to be free?** And it's really interesting, amazingly interesting.

The elections here, that you're having here in the United States – now, that's not the interesting part; that's gross, I know – but I said that out in the other realms there is this whole issue of freedom, and they are watching this planet. And they're not some super-advanced beings, civilizations, that have figured it out a long time ago. Otherwise, they would have been here to help you. They're going through many of the issues, in their own interdimensional galactic ways, that you are. But really, believe it or not, is you're at the forefront.

When I say that even out in the cosmos the jury is still out – *Will humans finally accept their freedom, or will humans keep going along in the matrix? Will they just have tomorrow like today?* – the jury is out, but actually it's

interesting, because just like your upcoming election here in United States of America, it's close. It's really close. It's very close.

Now, it's not about who wins the election, and in a way, I'll tell you right now, it does not matter one bit. One bit. *Why?* Because it's the mechanism underneath. It's the people from yesterday that are here today that are going to be here tomorrow operating the government, handing you your driver's license, or not. It's those people, and they're the people that really believe that tomorrow is going to be like today. So we're looking for some who understand that tomorrow can be anything you want it to be.

It's a hard one to break out of. That's freedom though. It's a hard one to break out of, because right now I say the words and you say, "*Oh, that sounds so good!*" But the chances are, for you, tomorrow is going to be the same as today.

Tomorrow is pretty much the same. You're going to wake up at about the same time, eat about the same thing, have about the same schedule with the same people, with the same problems. Everything is going to be about the same, and the biggest thing is your thoughts are going to be the same. You're going to wake up in the morning feeling a little tired, feeling a little good, a little bad, wondering what the hell's going to happen next, wondering what is going to affect change in your life, and then waiting for it like it was going to come from the outside. **Tomorrow is pretty much going to be like today, unless you say, "Hell no."** Eh, but before you do, there's consequences, and those consequences, which we'll discuss in a moment, are the very things that are probably keeping you from having this **true freedom**. So let's take a deep breath.

Tomorrow is pretty much going to be like today, unless you say, "Hell no."

The elections are indicative. It's going to be very close – very close – and as I said, it doesn't really matter who gets in, because it's going to be about the same next year. They may argue over a new bill, but the bill won't get passed anyway, *will it?* They may argue about rights and morals, but it's not going to change.

They'll keep going down the same path day after day after day. It's the nature of mass consciousness. It's the nature of no freedom. No freedom.

And unfortunately most humans – the vast ... well, 99.9 percent of humans – feel that they can do very little about it, feel that they have no true influence in their personal lives. That's the sad fact. So they go along with it. They rebel once in a while. They throw a few rocks and sticks. They get on the news program and talk big. They might write an article for their local editorial in the newspaper, which people don't read anymore anyway. Once in a while they say, "*We've got to do something about this,*" and then they wake up the next morning, and the same pattern.

True freedom is saying, "No more." True freedom is saying, "***I am going to change. I don't care about mass consciousness. I no longer believe in destiny or fate. I'm not going to go along with The Man * – or The Lady – anymore. I Am that I Am.***" A big step. A huge step.

* "*The Man*" is a slang phrase generally referring to the government or to some other authority in a position of power.

About the DreamWalk

We had a magnificent DreamWalk the other day into the earthbound realms. These are the realms where those who have left the physical body in a traumatic or sad way have stayed. They don't go through the doorway of death, because they don't want to admit they died. They're so angry that they're still connected to this Earth, to other people, to buildings, to things that they did before.

You see, what they're really doing, when they're earthbound, is they continue to live out yesterday over and over and over and over. There's not even a tomorrow for them, even though their tomorrow probably wouldn't be much different than today, like most people. They are stuck in yesterday, and they're earthbound.

They're not bad beings. They're not even evil. They're not even evil. They do insidious things, but they're actually really not evil. They are just repeating every day over and over again.

You had a movie called *Groundhog Day*. Each day the same. That's what earthbound realms really are. Well, of course they're screaming. Of course they're going to try to terrorize. Of course they're going to try to get your attention. They're trying to get energy, because energy is food, and energy comes to them through things like fear. So of course they're going to be rattling the rafters and scaring the crap out of little kids in the basement. Oh, they love little kids. *Why?* Because little kids can feel them, still, and see them, still. They don't really care if they scare

the bejesus out of some little kid, because it's food and they're hungry, because they keep living yesterday over and over.

Very similar to the life of so many humans who have a body still, who don't think they're in this "no person's zone," who think they have choices. But there are so many humans that are walking through each day just the same. That's not freedom. It was never intended to be this way. It was never intended to repeat every day. It doesn't matter if it's November 3rd or April 15th, because humans, in spite of looking at the calendar, are living in the same day, over and over.

Sounds kind of depressing, *isn't it?* Oh! The energy here went so low! Oh! But there's hope! You knew I had to say that. There is hope.

I'm going to call it today "what dreams may come." Yeah, what dreams may come. That's hope. There's not a lot of hope on this planet right now, and actually it doesn't have to be, particularly when people – most people – are getting just enough. Doesn't have to be a lot of hope then. You basically have enough to eat. You'd like a new house, but you've got enough to eat and you've got a car or you can get transportation somewhere. You have a roof over your head. Just enough. You'd like more, but got just enough. And that's keeping people out of their dreams.

It's actually better when you lose your job and things are going to hell and you think you might have a terminal illness. That's when you start dreaming. That's when, "Boy, I better get my 'beep' together and dream quick! Quick!" *What dreams may come for you to get out of having tomorrow just the same as today? What dreams may come?*

It's actually better when you lose your job and things are going to hell and you think you might have a terminal illness.

So, I want to talk about our Halloween DreamWalk into the earth bound realms. *Was it just some other dimension, not really here on the physical plane? Was it really the dimension, was it really just the dimension of the dead and of the haunted and of the ghosts?* I said it was earthbound. Maybe it was also the dimension of the living dead. Hm. The ones who repeat each day over and over. A little bit of hope, "Maybe tomorrow something will happen. Maybe tomorrow my destiny will come through. Maybe tomorrow some grand angel will show up." Instead a dog craps on your front yard.

There were parts of you that were stuck out there, that repeat over and over, same day. Yeah, in that earthbound realm, stuck, and you went out there for yourself to shine the light of tomorrow onto you so that you could start being free, so that you can start your own freedom. You went out there and a part of you was there. Absolutely. And it was beautiful. And many others as well.

Now, so the number one thing that was done – you shined the light of tomorrow, the dreams that can come, on yourself that's here today. Beautiful. And you thought we were just taking a walk in the park.

Effect of the DreamWalk

So, next. The profound impact that this made with so many of you going out there, because you did go out also into the earthbound realms, which also contain mass consciousness, spooks, ghosts and everything else, but it contains human consciousness. It contains the matrix out there, what you know as the matrix. In other words, preset conditions, hypnosis, that's blocking humans and you from being free.

Twenty-two thousand have gone out there, and it will probably grow. Twenty-two thousand. *What impact did that make on those realms, and what will be the Earth change, the physical change, that takes place?*

Because usually when there's an energetic shift, there's a corresponding physical change on the planet. Hm. Yeah.

The physical change doesn't come first and then consciousness; consciousness then physical, always. Always, always.

So what were the effect of all of you going out there as ... oh, and if you'd have gone out there and tried to do Reiki or whatever of these, or healing or feeling sorry for them, it wouldn't have worked. But you went out there in compassion.

So what happens next? We made a tremendous impact, because you could go out there in compassion – that was the difference, in compassion – as Masters. You didn't go out there trying to be Johnny Do-Gooders, because it doesn't work. Because then you're coming from an agenda and it's going to have an effect on the other side.

You went out there in the I Am Presence, so it's going to change the consciousness of the earthbound realms. It's going to free up many who have been out there for years, hundreds of years, thousands of years to finally go into the Near Earth realms, maybe even go back to their angelic families before coming back for another incarnation.

It had a tremendous impact on what I would call the grid or the matrix. This is the human consciousness. You could almost, in a funny way, you could almost digitize it and put it up there as a digital network – almost, not quite – and it develops structures and patterns. It's like a huge software program, and it's very difficult to change. Very difficult to change. There's not – using this bad analogy – there is not any single programmer that really knows how to change it. And there's not a team of consciousness software programmers that know how to change it anymore. It's too complex. It is software gone awry. Software that is protecting itself now, and it has been programmed with defense mechanisms that prevent change.

That program up there, out there, that program is designed to keep tomorrow just like today. Yeah. No conspiracy. No government. No alien forms. No nothing. It's the choices and the thoughts of humans that have been going on for thousands and tens of thousands and hundreds of thousands of years that have created this software program. And it's really easy to get stuck in it and to think that you don't have a way out, and then to live with that inner misery and that lack of hope and that frustration – *"What do I do to get out of this?"* And once in a while you make some lame effort to get out and then you're sucked right back.

Think about the last time you had an inspiring thought or idea. Think about when suddenly a little breakthrough – *"Oh my god! I get it now! Oh! I feel so free and open!"* – and that lasted for what? Ten seconds, ten minutes, I don't care – even ten days – and then you got sucked back in, because this gravitational effect of mass consciousness pulls you right back.

As I've told you many times, I'm simply distracting you so that right now your consciousness, your spirit, your flame without heat can make the shifts for you. **The funny thing is, you actually don't need to do a lot other than just go along with yourself.** You don't really need to do a lot. I distract. You sit there and allow the change. The worst thing to do, actually, is to say, *"Oh my god. What do I need to do? Adamus is giving us all this information, and it's so profound, and what do I need to do with it, and how can I apply that? What should I do tomorrow? Should I wake up tomorrow and do something different?"* No, no, no, no, no, no. You've already asked for the change. You've already asked to get deprogrammed. Just let it happen right now. That's all.

Take a deep breath, because right now it is happening. It's the only reason why I'm talking about it. I'm talking about what is happening within you. *What dreams may come? What potentials are there for you?* And there are many. Many, many.

So we did the DreamWalk. You notice *how I do this shift?* We did the DreamWalk. Imagine, for a moment, the implications on the programming, on the software. *What's it going to do to it?* Shake it out. Absolutely. Not in an intrusive way, because we didn't go out there that way. Not in a collapse kind of way, because we didn't go out there that way. We went out there in compassion. So it too – this matrix of mass consciousness – it too will rebalance itself naturally. The more passion from the more people, it will do it sooner. It might be 1,000 or 10,000 years, or it might be one year. Doesn't really matter, *does it?* No, because you're already shining your light of your dreams on yourself, right now.

So, now, there will be a parallel or an Earth effect on this, because we created something out there, which really isn't out there. It's already here, but for the sake of discussion, out there. So we illuminated some new potentials. They came to the forefront, and there's a good chance they will be chosen by a few or by many. *What happens on this planet, the Earth, Gaia, whatever you want to call it?* What will be ... because a shift will create that. The weather, of course.

So here we shined or radiated a potential that freed up a lot of entities, including yourself; let them go to the other other side or let them come back for integration. So when we did that, there was at least 22,000 that suddenly shifted – and then a lot more. A lot, lot more, but at least 22,000. That creates a type of void, because that dimension, that space – the earthbound realms – was filled with a little bit of consciousness and a lot of energy. That has moved now.

Forgiveness and Freedom

Last month we talked about freedom. Oh! We're just going to talk about freedom until you're free, damn it! We talked about freedom and I made a remark as I was walking off the stage, if you call this a stage. I made a remark. *What did I say? What did I say about freedom?* (audience is saying "Forgiveness")

Forgiveness. And many of you scratched your head or got on the message board and got into your intellectual bullshit ... [makyo](#) about it – *"What did he mean? And what is this whole thing with forgiveness?"* Forgiveness. But there was a lot of truth there. Forgiveness.

To be free it's important to forgive yourself. Not in the old Catholic or parochial way, sorry Pope. Not in an old religious way where you run around suffering your forgiveness. Not at all. True forgiveness is saying, *"That wasn't me. Sorry. Looked like me, sounded like me. It actually wasn't, believe it or not! That was not me that did that. That was not me that was offensive, abusive or whatever else. That was not me that gambled away our house payment. It really wasn't. Truly wasn't."* That's forgiveness.

Now here we come to an energetic crash, because most of you are good with this, but some of you are not. You're saying, *"What?! Now he's gone too far. Saying, 'It wasn't me.' Yeah, of course, it was me, and I have to suffer for it and I have to make amends and I have to learn why this was bad and I have to do all of this karma for it."*

Really? Okay. Have fun. Bye. There's another spiritual group, the one I didn't go to. You can go to them, because here in this group forgiveness is easy as saying, *"That wasn't me,"* and then it's done. *Can you do that?*

So the point, the moral of the story is – that's the simplified version of forgiveness – *"It wasn't me. It was an aspect. It was yesterday. I'm not going to carry around that old luggage – emotional, physical, painful luggage – anymore."*

Now, something triggers here – old programming, it's in the matrix, it's been programmed in – *"I can't do that. No. Because if I do that, if I am that irresponsible, what about ... what if I go back to drinking again? What if I go back to abusing people? I made a vow to myself, 'never ever.' What if I am so cavalier that I just say, 'That wasn't me.' Am I delusional? Am I irresponsible that I can just shirk it off like that, without feeling it deeply, without penance, without anything other than giving Adamus some money?"* Ten dollars. *"Can I do that?"*

That is freedom. That's a tough one, and most of you aren't going to do it. You'll think about it. You'll laugh. You'll kind of say, *"Oh, what a great idea,"* and you're going to talk to your friends tonight and say, *"Oh yeah ..."*

Responsibility. That's an interesting question, and I'm going to put it right back on all of you. *What's more responsible?*

What is more responsible, walking around with that backpack filled with yesterday? Really? Is that really responsible, walking around with who you used to be? No, it's a lot of things, but it's actually not responsible. And if you are going to start taking responsibility for your soul – which you haven't; you pretended it was somewhere else, which I'll talk about in a moment – if you're going to take responsibility for your soul, I contend – I'm not saying you have to believe – but I contend **that responsibility starts right now by understanding actually really it wasn't you** and I can prove it. It was the net result of old programming – hypnosis, past life b.s., things that were inflicted by teachers, parents, mostly yourself though and mostly programming.

So what is more responsible, I ask. To continue with the old programming or to stop right now and say, *"That really was not me! That was a lot of things, but that was not me. I'm not going to blame it on a conspiracy, because suddenly I'm in a very, very bad energy dynamic. And if I blame it on a conspiracy, I'm allowing somebody else to have control over me."*

I would say that even if a conspiracy did exist, and there's been a few little ones over the ages, and they still exist in Rome. Even if they ... I didn't say what it was, so please don't have any preassumed notions – church – but, um ... Never give your power to a conspiracy, and the moment you do, the moment you're in that duality, you're in that dynamic. You are no longer a sovereign being. You are now part of the conspiracy, because they need their victims and you need your perpetrators.

Let go of any conspiracy if you're sovereign. Or if you like the game – it's a fun game for a while – if you like the game, into it.

Is it more responsibility to carry your past? Which really isn't your past, you're going to see, because your past is not what you think it is. Your past is a series of potentials, most of which have never been realized or understood. None

of them – or very few of them – actually manifested, but you believe it's your past because of programming. But your past can be changed the moment you say, *"That was not my past."* Suddenly, your past really isn't a series of chronological linear events that took place. Suddenly, your past is no longer history or his-story. Suddenly, **the past is but one of many potentials or options that could have been played out.** And now, literally, the moment you release yourself from your past, you suddenly realize how you can also change it tomorrow. That was a mouthful.

Forgiveness. Going so far as to say, *"It wasn't me."* That's forgiveness. Not forgiveness like, *"I am so sorry I did this to you, and I was terrible, and I was such a bum, and I was a bad husband. I was a bad mother."* That is suffering. That is karma. That is really a lot of bad energy feeding, and that's beating on yourself. True forgiveness is saying, *"Huh! Was not me. Show me the pictures, I don't care what proof you have, that wasn't me! It really wasn't!"* And then you stop for a moment and say, *"This is me. Watch this."* (Adamus closes his eyes, breathes deeply, and radiates)

And then they start laughing, of course. But it doesn't matter. It doesn't matter, because you're saying it to yourself, not to them.

Just like our DreamWalk the other day, *"This is me. This is my presence, my radiance, my I Am that I Am. This is me. It's always been me, actually. It has always been me. It's just been polluted with a lot of other stuff, which really wasn't me. A lot of old ideas, a lot of outdated and stale dreams, a lot of going along with mass consciousness. I really didn't want to. That wasn't me. This is me. I Am that I Am."*

So our experience walking out into the other realms, ah, we gathered a group because you thought we were you going to go do some rescue shit. But let's call a spade, a spade. It was fun, but really, my dear friends, we were doing something much different. We were practicing being in our radiance. Practicing under extreme conditions in the earthbound realms on Halloween day. Practicing being there in the 'I Am that I Am.' Attracting parts of yourself tomorrow, which is the same as today, to come take a look at the new light that's shining. The new freedom.

The Four "S's" of Forgiveness

Now, let's go into forgiveness. Four things, because you always have to – humans like a little list. So we have four "S's." That's why before we couldn't do polarization, because it didn't fit in.

~ Separation

First one and foremost, the one that really applies to you. The first forgiveness is for separation.

Separation. There is a guilt, a shame that you are carrying around – and been carrying around for a long time – that you did something wrong by getting separated. It would be like if you were driving down the road and suddenly you got lost and you feel terrible about it, and the first thing you do is, say is *"Ah! What did I do wrong? I should have brought the map? I should have brought a GPS. My boyfriend told me that I should have done this, and I didn't listen and I feel terrible and now I got lost."* Hold it a second. *Did you really get lost? Or did you just get off the road for a different type of experience?*

Did you really get separated from Spirit? No. You, you ... there's a very deep wound that you have from that – it goes way, way back to when you crossed through the [Wall of Fire](#) a long time ago, but it's also very current, very present – and you keep repeating separation over and over, trying to learn something new.

And what is the definition of insanity?

Doing the same thing over and over and over again, expecting a different outcome.

Yes. Yes. So you continue to set up experiences of separation in your life – separation from family, spouses, jobs, and yourself, of course – experiencing separation over and over, trying to figure it out.

Have you? No. Don't answer, I'll answer for you. *Have you?* No. So there's this anxiety about separation, and it's one of the big anxieties about death, actually, because you think you're going to go through another level of separation, which you do, but it's a nice one.

So you have this anxiety, and the first thing about forgiveness is let go of that separation. You didn't get lost. You really didn't get separated. You just took a different path to have a different type of experience.

And then you've got these tapes in your head – *"I should have listened. Didn't one of those angels up there say, 'Don't go to Earth. Don't go to Earth.' I should have listened. I should have listened. Didn't the angels gather around me, 'Oh, you're going to Earth? Oooh, I wouldn't.'"* And it's been a series of those type of things happening, lifetime after lifetime after lifetime.

So let's right now do some forgiveness. Remember forgiveness is saying, *"Mm, wasn't me. And I didn't really get lost, and I really didn't get separated."* You never did, at all.

Let's take a deep breath with the forgiveness of separation ... of separation.
You didn't get separated! You just took a little bit different path for a good reason.

Really? Really? Would you just want to be like one of the other humans right now? I heard a few of you say "Yes. Anything, please! (laughter) That's why I'm here! Adamus, please!"

Generally, no. *Really? Would you want to be on some of these other planetary or galactic systems just waiting for a chance to get down here to Earth to pick up a body so you could learn about ascension from me? No! So you took a different path, as what you now call yourself – [Shaumbra](#), spiritual pioneers or a few other things - a path not only less traveled but never traveled, actually!*

So separation. Let's take a deep breath for forgiveness or *"What?! That wasn't me! I didn't get separated. I didn't do it. That wasn't me."*

And the moment you do, the moment you take that deep breath in your radiance, it suddenly changes the dynamics so that tomorrow isn't going to be another today. Once you take that deep breath, you realize there was never really a separation. *How could you be? You try ... mentally you try to separate the soul and the human and the body and all this other stuff, and your chakras and everything else. You're not separated. You are a [Body of Consciousness](#). A body of God.*

~ Sin

Second forgiveness and more traditional – sin.

Sin, karma, destiny and fate – they're all the same. Different words for the exact same energetic dynamic. There are no sins. There are none. Oh don't philosophically argue with me saying, *"But isn't murder a sin?"* I'm not even going to go there with you, because you're not going to do it. It doesn't apply to you.

Sin. Sin, sin. Let's take a deep breath. A deep breath.

There is no sin, there's no karma – unless you want there to be. Oh, it's been pounded into you, drilled into you.

Eh, it's an interesting concept, but it's just not true. Sin begets sin. *Do you realize that? Sin. And you're told – many of you are told – you have original sin. Oh! And if sin begets sin, you're in for a wagonload of trouble! Because once you think you've sinned, actually, there's kind of an interesting human consciousness phenomena. "Well, I already sinned. I'm already going to hell. I might as well really go for it now. What does it matter? I'm a sinner, just go for it!"* And sinners really actually have never met somebody who's totally redeemed. That's the bad part. There's no standard. They just meet other sinners. Their world is filled with sinners.



There really isn't any. Yeah, some of you are saying, *"Oh yes, but..."* There's not unless you want there to be. There's no buts about it. **There is no sin unless you want to believe it, sucker** (laughter) – truly, quote me on that – because you have to be to buy into that old system. You really have to be.

You know, it's one thing to say, *"Yes I'm learning and there's certain things that energetically feel better. I probably am not going to do that again, because energetically it didn't feel good."* But the minute you label it as sin, you become a sucker. And I mean that, not as a nasty word. You have to now be an energy sucker, because a sinner feels bad. They're victims and they're going to suck the energy from other people – *"I'm a sinner."* They're either going to steal from them or do something bad again or just like, *"Oh, would you help me. I'm such a sinner. Oh father help ... I mean, oh whatever."* *"Please I've done bad sin."* Now you are sucking energy. Yeah, I mean, sinners are suckers.

There is no sin unless you want to believe it, sucker

Great bumper sticker. *"Sinners are suckers."* Try driving to prison with that bumper sticker on! (more laughter) Try pulling up in front of church on Sunday with that! (laughter; someone says *"It wasn't me"*) Yeah, yeah. *"Not my car." What car? Boom. It'd be a sure-fire way to get a new one.*

~ **Selfishness**

Selfishness. Selfishness. *Who said that selfish was bad?* Your mother! Your father, your priest, the church, anybody – everybody – your brothers, your sisters, your lovers, your teachers. The list goes on and on. They're the ones that said it. There's nothing wrong with being selfish unless you believe in sin and separation.

Yeah, you see, I mean take these elements, take all what you would consider bad energy out of it. Selfish. *So what? Absolutely. You think I'm crazy?! I'm not going to take care of myself?! Really?! It's bad ... you're not selfish? Really?* You should be. It'd wipe that stupid frown off your face if you were. It'd get you out of the poor house. **It's good to be self-focused, self-full, self-loving, self-joyful, self-abundant, selfish. Selfish.** But, you see, this word has such impact to it. *"Oh, she's so selfish. She's ..."* It's made to be bad. Made to be bad.

It's good to be self-focused, self-full, self-loving, self-joyful, self-abundant, selfish. Selfish.

Yes, and people give you examples – *"Well, she's so selfish, she didn't care about anybody else."* Duh! Next! It doesn't have to have a bad spin to it. It is a standard. It is the standard. When we were out there the other day in the astral earthbound realms on our Halloween DreamWalk, you were terribly selfish. Terribly selfish. Because you were only being yourself – radiating – where you weren't trying to change anybody. You didn't bring goodwill biscuits out there for anybody. You didn't bring Gideons' Bibles to hand out to all the lost ones. You were very selfish. You just came out there for you, in your presence.

Now, that's magnificent. Let me reframe that. You were incredibly in your I Am, for once. You were radiant. You were light. You were being yourself. You were letting your light shine without all the overlays, without all of the other stuff on it. You were being yourself, and your Self is a beautiful thing. The Self, the I Am, changed those realms. You didn't go out there necessarily trying to change, but it did, because you were your Self.

So let's do a forgiveness on all the Old Energy around 'selfish,' and from this moment on let's put a good energy on that, a pleasing, joyful energy on taking care of yourself, loving yourself. Hardest thing a human will ever do and the greatest thing a human will ever do – **love themselves**. Easier to love somebody else, of course. Easier to give yourself a hundred reasons not to love yourself, because you've been a sinner, of course, and separated yourself from God. Whoa ho ho, is he pissed.

But once you do the forgiveness, basically saying, *"That wasn't me. Really, it wasn't me. It wasn't the I Am. That was an expression – a really screwed up old expression – but it wasn't the I Am."*

So, selfish. Self-full. If you want to change the word a little bit to make it a little bit more palatable – selffull. Be proud of it. Damn proud of it. And if you ever have an experience where you need that, just be in your light, in your presence, like we did the other day. **Self-full, self-aware, self I Am.** Good. So let's take a deep breath and forgive, release, get over selfish.

~ **Stupid**

Stupid. Really. I mean, that's a great one. It's the only "s" word I could think of that related to giving yourself a hard time for doing what you call are the wrong things. And they could be the little things – going to the wrong school, marrying the wrong person, whatever it is – but, you know, so much of your brain talk is *"Oh, was I stupid,"* and it's all under the same category – *"I did the wrong thing. I shouldn't have,"* and it's all 'Stupid Self' rather than 'I Am Self.'

Let's do a little bit of forgiveness, because that wasn't you that's stupid. You're never stupid. But, really, if we were to do like a measuring thing on your assessment of your own stupidity, how stupid you think you've been about things, oh, I can hear them clicking away right now! *"Oh, was I stupid. I should have done this. I shouldn't have done that. I was so stupid."* That adds up, you know? It really adds up. I mean, it doesn't just dissolve away. It stacks up. And for every *"boy was I stupid,"* it creates an energy blockage.

And you're not stupid. There's nothing stupid. You're in the midst of experience. You're starting to understand that you can choose your experience – how you want to have it, how you want to become enlightened. *Do you want to do it the hard way like the old Masters or the easy way?* Don't answer me, I don't want to hear. Easy way.

But, you know, there's part of you, because I felt energetically – *"Oh no, I have to earn it." Really?! Really?! Have to earn it?* No, no, no. No. First of all, being a Master, enlightened, is self-appointed. You don't go to Enlightenment College and get a degree. It's truly self-appointed. There's not a committee of angels up there that is going to judge you. Well, that would be anti-enlightenment. It's yourself. Only yourself. When you're ready, when you say, *"I'm enlightened,"* then you are. It changes everything.

You want to say it, but you've got all these other things going on, especially, *"Boy am I stupid. How can I ... how can I be enlight- ... aren't enlightened people smart?"* No! They're simple, but they're not smart.

They don't need to be smart, because smart is about human intelligence, and smart is dumb. It really is. No, because human smart or intelligent means you're going to try to perfect your humanness, and it can never, ever, ever happen. You really can't. You try to be smart, you know, intellectualize yourself to enlightenment, or study your way to enlightenment – you can't. All the Masters have learned, and you can learn from this also, is that you let it all go. **All the teachings, all the beliefs, all the [makyo](#), everything – you let it go.** You simplify, you let go of being smart, and suddenly, *"Oh, I'm enlightened."* The smart, the trying to perfect yourself, trying to figure it out, you never will! So give up trying and give yourself a lot of freedom.

So let's do a forgiveness – which means *"That wasn't me"* – let's do one about *"Boy was I stupid,"* because you're not. You're not smart either, but you're not stupid. You are the *"I Am that I Am."*

Let's take a deep breath. You've never done anything stupid. Conversely, never done anything smart.

Really. So let's take a deep breath, and let's forgive that. Let's release it. It wasn't you.

(Please also read: [Addendum B: It Wasn't Me](#))

The Old Voices

You know, it was this odd thing that really isn't you, but an odd dynamic that was talking in your ear. All these are odd dynamics talking in your ear. They're tapes that go on and on and on. You have old voices – a lot of old voices; they're programmed right in, thanks to mass consciousness – programmed right in there. They're programmed deep into your aspects, into your past lives, which really aren't yours. They are actually programmed into tomorrow, already. Already their tentacles – swissft! – tomorrow, programmed in.

All of the voices are already there, waiting for you to wake up tomorrow so they can start chatting again.

The only reprieve you get, once in a great while, is in dream state – once in a while – but then you don't remember it. You don't remember going to some of these amazing dimensions where you're free of those voices, because the voices flooded out before you ever get back.

Oh, it's ... you know, it's one of the saddest things, as I watch you. You go out there, some nights you get into the really high realms. Amazing. And that's when you're really, really expressing as You. And then as you're coming back in, kind of like the space shuttle, kind of making its reentry, saying to yourself, *"I'm going to remember. I'm going to remember. I'm going to remem- ... What was I supposed to remember?"* And you get all these voices – *"Deh, de deh, de deh, de da! Nothing happened while you were out there. Deh, de deh, de dah. Focus. You've got work to do today. You're stupid. You're a sinner. Selfish little bastard, and you're separated! You're separated from God! You have to make your way back!"* The voices start talking. *"Blah, blah-blah, blah-blah, blah-blah."* Truly.

Stop for a moment. Listen. Just listen. Don't try to block. Listen. Listen to those voices, where they come from, whose they are.

They're not yours. Really. Oh, sometimes you like to think they are, because you're a sinner, but they're not yours. They're programmed in there. They're just there, and they repeat over and over. And, you know, they cause this terrible thing called doubt that gets your energy down, keeps you uninspired, makes you just wish for stuff. And it doesn't happen, and it gets you really depressed, and then it affects your body and eh, dah, da-da.

The New Voice of Freedom

We're going to change that. There is a new voice. It's already there. Already there. You don't have to buy it. You don't have to read a special book or listen to a special program. It's already there. It always has been, you just haven't heard it. And it's a quieter voice, because it's more real. It's more you. It's a balanced voice, and a voice that speaks the truth, not the "S's". Not these other things. It's a voice that's been waiting for a safe space and a quiet moment.

It's the new voice of freedom.

The new voice of freedom. Listen to it for a moment. Doesn't sound like or feel like any of the old voices.

Listen to it for a moment.

You may not even hear words, because it's really a feeling. It's a resonance.

Remember when we went on the DreamWalk the other day, *for those of you who went?* We didn't speak.

We radiated, illuminated, inspired. But we didn't talk words.

So listen for a moment.

Take a good deep breath. It's the new voice of freedom.

It's in your belly.

It's in your arms.

It's in your feet.

It's in your heart.

It's actually not in your head.

The new voice of freedom isn't somebody else's. Not mine. Not Spirit.

It's that voice, that resonance that's been there the whole time. Every once in a while you get a glimpse of it, but then after a few seconds or minutes or days, you get pulled back down into mass consciousness, into yesterday and today.

It doesn't let you out of today. It doesn't let you go for the dreams – these other voices, the old voices.

But this new voice of freedom ... it's not even new.

It's the voice of freedom. Total freedom.

Allowing Freedom

What to do? We talked about a new tomorrow, talked about what dreams may come, about freedom.

Interesting thing is actually nothing. **Actually nothing except to keep breathing and allowing. Allowing.**

Because if you wake up tomorrow morning and say, *"Oh, I have to make this different than yesterday. I better get in there with my human self, my human mind, and I better eat yogurt instead of oatmeal,"* like *that's really going to set you free?* *"I better walk up the stairs backwards really to fool Spirit,"* eh, and your soul, it's not going to work. And if you try to – how do you say – smash your way out of old prisons, of old dynamics, that kind of force dynamic actually can work against you sometimes. *"I'm going to go tell that person off, because I want to be free. So I'm going to go tell them what's been on my mind."* That's not freedom. That's being obnoxious.

Freedom, sovereignty – I use the words interchangeably – **is a state of consciousness.** What happens is once you breathe it and you choose it, once you listen to it into that quiet voice, then it changes all of your energy dynamics. Actually, you don't need to do anything. You stand there right in the midst of the storm, and it all happens. It's the acceptance. It's the forgiveness. It's the feeling into that new voice of freedom. You actually don't have to do anything. That's the amazing part. You don't have to affect change on a duality, linear human level.

Just like our DreamWalk the other day, you are in your own DreamWalk of your own tomorrow. You're just there in your presence. **Suddenly, everything aligns itself with you to freedom. It means that some people may go out of your life, new ones come in. Means that some old belief systems, some old jobs, whatever. It moves. You don't.**

Remember a long time ago Tobias told one of his long stories about it's like being on a bicycle. When you think about being on a bicycle, you think about pedaling and moving and action. No, New Energy bike. You're stationary. You're not moving. Everything else is. The landscape, the reality, it shifts and changes, and all you have to do is like we did in the DreamWalk the other day – be in your compassionate presence. That's all. Be in your compassionate presence. No fighting it. No trying to scheme it. Take a deep breath ...

Feel freedom, sovereignty. You don't have to do a thing. It all happens.

Then you have a big smile on your face when somebody's asking you, *"How did you do this?"* I mean, really. I mean, this was amazing. This was quantum. *How did you do this? What books did you study? What great Master did you follow?"*

And you say, *"I didn't. All I did was take a deep breath and say, 'All is well in all of creation.'"* And so it is.

03 – End of an Era.

The End of an Era – Pop Quiz

Here we are at the end of an era, a big era, five different eras all converging at their final point, all at the same time. We're now in that final month. You've been studying for lifetimes; you've been taking on experiences and lessons; you've been listening to [Tobias](#) for ten years, and God knows who before that; and here with me for the last few years.

It's the end of the eras, end of 2012, it's time for Adamus' pop quiz (*pop quiz means that he asks an unexpected question to anybody he feels like*). So here we are at the end of an era, I would say a culmination for many of you of five, ten different lifetimes, culmination of 2,000 years bringing the Christ Consciousness to this planet. The end of Atlantean eras. The end of cosmic eras.

First Question – Geophysical Effects

So now contemplate, think, feel for a moment. Here we are at the end of the era. Energies are shifting and changing on a global basis. Feel into the geography. Just imagine the globe right now. *Where are the energies of this change most likely to show up, and why?*

"I would say probably where the most people are concentrated. New York City. Basically any place that there is a lot of mass consciousness, it's going to get dicey."

"Well, my thoughts were Central or South America. Etc..."

Usually, when there's a lot of shift and change, just think in terms of a chain, and the chain is being pulled in both directions with tremendous force – which is really what's happening – and something's going to give. Where along that chain, where in the geography, just from here (heart), where does it feel like it's going to ...

"My gut feeling tells me that there's a shift going on everywhere."

Now, what actually manifests may be totally different, but you're feeling into the energies right now. And by doing so, looking at potentials and probabilities and also possibly helping to effect a little bit different outcome. Good.

I contend, feel, am seeing into, actually, first Europe. More southern Europe than anything. *Why?* Couple of reasons. Most of the structural systems that are in place on this planet right now were developed in Europe about 500 years ago. Even the beginnings of the technological age, the industrial age, banking indeed, a lot of the growth of the Christian religion was based there. A lot of the framework of what is keeping this planet loosely held into place right now originated in Europe and is still being practiced there. It was given birth there and still very much in effect. Because a change in consciousness, followed by a change in energy, will generally affect the place where it was birthed, where it originated – most likely somewhere in Europe.

What does that mean? It could mean a lot of different things. It could be earthquakes, which is a fairly common sense – if we could write "*common sense*" – fairly common sense prediction on this. It could be an uprising. Probably not so much. It could be very severe weather. Pretty good chance of that. *Why?* Because consciousness affects – or actually creates – the weather patterns.

There are those that will argue – those that will argue about anything I say, *won't they?* – they say it's global warming. Well, *what causes global warming?* Consciousness! And consciousness, whether it is about taking care of the planet or future generations or how energy is used, that consciousness causes a degree of global warming, which causes the weather changes in themselves. So it is probably Europe where you're going to see some of these bringing up of energy in the changes that are taking place right now.

Fortunately, the changes have been taking place for a long time. Fortunately, there are a lot of people that are very aware of what's going on. They're awakened, or partially awakened, so they're understanding. And in their understanding a small part of those, small portion of those people, are looking into, feeling into new potentials. (Please also read: [Addendum A: The Creative Energy Spike](#))

Time and what's going to happen in the future is not a straight line. It's not singular. There are many, many potentials. More potentials than you could possibly imagine. But enough people have been looking into different potentials, dreaming into what may come next, and, more than anything, taking responsibility for their own life that it could change all this. It could be a nice smooth transition. But if something does come up first – Europe. Southern. Secondly, Middle East. That's been going on for a long time. It would come up there because the religious element is so strong on this Earth right now. The religious element is so powerful, more than it ever has been. Those taking

sides with different religions; not accepting each other but saying that their way is the only way; still relying on saviors and prophets and others; still afraid of God. So, yes, there's a very good chance, but I would say it would be secondary to what would happen in Europe. Good. Let's take a good deep breath with that.

Second Question – Structure & System Effects

Think in terms now of systems, structures – structures like government, like religion, finance, education, these type of things – global systems that are in effect right now. Just feel into them, all the different structures that keep the machine ticking, that keep the matrix flowing in its very defined way. There are a lot of sub-structures that keep things going.

Which of these structures is going to be most affected by the change?

"I believe it's the financial systems."

Financial, and whether it's the Federal Reserve, whether it's the stock markets or anything else, the finances are the glue that really holds together everything else. It holds together governments and businesses and definitely religions and education and everything else. That's the soft spot right now. So that will be affected. *What does that mean in a very practical manner to you, let's say, in the next year or two? What does that mean to you? How is it going to affect you personally?*

"Well, all of the things that I'm depending on right now for my finances may not be there in the future. Things like social security, pension, banks that, you know, function, even though they don't pay much."

Yes! The bankers are going to say no. Everybody is going to say no. They're going to keep their money in their pockets. It'll be held for smaller groups of people, special people, but probably not you.

You said before you're not going to be able to rely on these other things – Social Security, Medicare, pensions, a good paying job. You'll find that with your good paying job; every once in a while they're going to chisel back a little bit more on it until you're barely able to buy that little thin piece of bread anymore.

Sounds depressing? Really? No, it's the best time to be alive!

Why? Why? Here's why.

Financial structures are changing right now. They have to. We've talked about it before. They're old. They've very outdated. They're not particularly fair. They're greedy. They're controlled by certain groups. It's going to open wide up. So the energies are shifting in order to do that, but sometimes things blow apart before they come back together in a new way.

This is the very best time for any one of you to not rely on your pension but to rely on you. Absolutely. *Why?* Because nobody else is doing it. They're all busy complaining. So you have this huge reserve of energy, just pure energy, that's just doing nothing. When the money tightens up and slows down, what that means in its counterpart is the energy – a bank of energy without a loan officer – it only needs somebody with a password, and the password is *"I Am that I Am."* You've got this huge reserve of energy that's not moving, and it's just waiting for somebody to pick it up. That's it. It's that simple.

So if you're waiting for your pension, you're waiting for a raise at work, it's not going to happen. It's going to be squeeze-down time over the next few years. That's good news for you. It really is. Absolutely the best time, bar none. More than you could ever imagine, but you have to start imagining.

Energy is free to anyone that's willing to accept it. There are not bankers in heaven, thank god. There are not angel bankers. There is not a financial angelic committee. There is literally no one watching over, controlling or managing this thing we call the Field of energy. No one. Anybody can walk in the doors of this bank of God energy. Walk in the doors! There are no security guards. There are no tellers. There are stacks and stacks of energy.

You walk in and you take what you want, what you need, and you don't feel guilty that somebody else might not get some, because there is so much. There is so much. Maybe one day you'll help them to find this place, but there are wads, bullions of energy just waiting. You have to get out of your chairs. You have to take those tight knickers off and just do something.

"Organized religion. I just think people are starting to figure out that you can't depend on a savior or a mas- ... you know, just you can't depend on all those things, and I think they're just slowly going to start figuring that out."

Well, I think it's kind of starting to fall apart. I mean maybe not certain sectors of it, but I think over time, it's just going to be more and more and more. It is."

And what keeps it together?

"Fear. I think the reason it stays here is fear. They have everybody under this block of fear."

Fear, and let's come back to the previous element. *What keeps it together?* Money.

Yeah, and this is all common sense. This is not philosophical, spiritual or anything – well, it is – but this is really common sense. No.

When people stop going to organized religions, because organized religion hasn't given them the power to effect change in their own life. Pure and simple. They've been going along with this. Think in terms of your past lifetimes. You've been going along with it for a long time. The promise, the undelivered promise, the unfulfilled hope and dream.

So people have been going along with it, and the question we ask at the Ascended Masters Club is, *"Are they any better off than a lifetime ago? Two lifetimes ago? Are they more creative, empowered humans?"*

For the most part, no. Religion hasn't brought them into their freedom at all. So people are walking away.

Now, they're not necessarily walking here. They're not necessarily walking to the Kryon work or any of the other spiritual organizations that we're involved with. They're just hiding. They don't want any more. They don't want any more rhetoric. They don't want any more promises, methods, procedures or donation baskets in front of them.

So yes, basically, financial systems. Next – organized religions. There's a certain theory out there that when people turn their backs on church and therefore the old God, they're going to be lost, they're going to be heathens, and this world will break out in war. I contend probably not. They're going to take some time off from the rhetoric and the promises and the fear. And actually, when they do that, when they go home on Sunday morning, and not going to church at all, but when they find themselves in a little bit of their own solitude and quiet, **they'll start to understand that God is not out there, Jesus shouldn't be hanging on a cross; and they'll start to understand that there is a feeling that's going on right here (inside).** Something warm and real. Something that is very lucid and very brilliant all at the same time. And they'll start to get it that God is right here. Always has been.

Then they'll join together with kindred spirit, likeminded people from all around the world, because technology allows it now. They'll share their stories, but they won't get involved in a lot of rhetoric and processes. They won't join organizations. They'll just join together once in a while to breathe. Brilliant.

Third Question – Biological Effects

These energies at the end of these eras are very strong. They're energies of change brought about by humans who have asked for it, by consciousness that has said, *"Let's move to a different level."* On a very personal basis for you, *where is this going to show up in your body, particularly in the next few weeks?* And feel into that for a moment. In your body. *What part of your anatomy?* Just feel into it, because your body has already been telling you. Feel into it.

When the energy comes in to your light body and your biology body, it comes in from different directions, but there is a tremendous amount of energy that collects in the **joints**. Needs to, because the joints move with the commands from the mind. So a lot of energy is focused at that point, and this can be really good, particularly if your biology is in harmony and you're doing things that open up your joints – your yoga, other types of body movements – and it keeps it flowing.

Try things that are less punishing on your body. Just open, fluid movements is one of the best things, and it's going to allow the energy to move in the joints. But if you spend a lot of time worrying about it, the energy just collects there even more and makes it more painful.

A lot of junk – energy junk – gets caught in the **lungs**, and I'm not talking literal material junk, but just energy junk tends to get caught down there. It's one reason why breathing always moves that energy through. Some of the junk gets caught in the liquids, in the lower part of the lungs. Breathing helps loosen it up. Good.

And I'm not talking about spending hours and hours a day on breathing. If you spend five minutes a day in conscious breathing, it'll work miracles. Ten minutes – it'd be phenomenal. Just some conscious breathing. It's not about how deeply you can breathe or how strong you can breathe or how long you can hold your breath. It should be like a river. It should flow. The gentle breath of compassion. When you breathe in, it should be the breath of loving yourself, and you don't want to love yourself with a fist. You want to love it gently. Gently bring it in, release. Bring it in, release.

Yes, the **ears**, because there's a lot going on right now as you expand your consciousness, you're expanding your sensory perception. So many of you are not listening, so it's going to affect your ears. You'll get ringing, or you'll get earaches, or your sense of hearing will seem to be fading out. It's just your body trying to get attention – to listen. Listen.

“Neck and jaws. I think I have a lot to say. I want to bring forth my creativity and my expression and trying to formulate those words. I find at night time I clench my jaws a lot, and so ... I think I’m chewing on a lot – chewing a lot of thoughts.”

Yes. Yes, **jaws, neck**. I’m going to throw one up other on here that I’ve observed with many Shaumbra around the world. Headaches, mostly related to the sinuses. Now, there’s two reasons. One, you’re becoming more sensitive to the things in the air – pollutants, a little bit of allergies – so you’re having more sinus problems, causing more headaches. But the real underlying energy cause for that is, it goes back to the breathing.

First of all, you’re not breathing consciously enough. Secondly, what you’re breathing in now, when you do breathe consciously, is different. You’re expecting it to be the same breath as before, and it’s not. The breath is changing. In other words, the energy that you are breathing in is not the Old Energy or the old air. Literally, you’re starting to breathe in a different type of energy. It temporarily throws the sinuses out of whack. They’re trying to figure out what’s going on, causes a headache. As you continue particularly the gentle breath, the very gentle breath, your sinuses start to adapt to the New Energy, the headaches start going away.

Yes. Very, very observant. **Stomach**. Number one thing, and it goes down into the **bowels**, because this is your best natural release mechanism for your biology. Naturally. You know, humans smirk or chitter about it, but yeah, this is a release system. It’s designed to get rid of a lot of the junk, and you’re getting rid of a lot of junk right now. So if you have a little touch of diarrhea, a stomachache, things just not feeling right, stomach flip-flopping, well, of course it would, because you’re on this amazing rollercoaster ride right now. So it’s going to affect the stomach.

So what do you do? Punt. Yeah. And what ... first of all, not to do is you get all worried about it. *“What’s wrong with me?”* Nothing at all.

Your stomach is clearing. It’s going through its gyrations. You’re expelling energy and old stuff you don’t need. Give thanks for it. Stop worrying so much about it.

Breathe a little bit. I talked about water recently. Water is very good. But please, whatever you do, stop worrying about it. Stop wondering what’s wrong. Assume – always assume, please, from here on – that you’re doing it right. Always assume that. Innocent before being proven stupid.

Fourth Question – Mental Effects

Take a good deep breath and feel into this one. *Where is it affecting* – with this energy, all these changes – *where is it affecting in your mind or thoughts?* Your mind or thoughts. *What’s happening right now in the mind and thoughts?* *“My mind goes crazy. It worries. It’s trying to keep me safe, because ... if I let go of that program, I don’t know what’s going to happen.”*

You speak for many people. *Why the worry, the – could we call it – slight obsession?*

Yes, very slight. Tiny. Almost couldn’t even spell it. The worrying, the fear – it’s just mental chatter, and if it wasn’t that, you’d be doing crossword puzzles obsessively. It’s occupying the mind. *Why? What benefit are you deriving from it?* None. Then you wouldn’t be doing it!

“Well, I think in some way, I think it keeps me safe from moving into something different.”

You think, but what – really, let’s do common sense here – what benefit is being derived, because every one of you who has any sort of thing right now that’s going on – I don’t care if it’s a financial thing, a health thing, a slight obsession thing – I don’t care what it is, but you are deriving some benefit from it. Otherwise, you would have let go of it a long time ago. It serves you somehow.

Every one of you, look at yourselves for a moment. Whatever that is, you’re deriving a benefit. **It is serving you. And therefore, all is well in all of your damn creation, because it is serving you! It is doing something!** You’re loving it, otherwise you would have left it. *So how is it serving you to have this?*

“It’s a distraction.”

It’s a distraction, absolutely, *but distracting from what?*

“From me.”

Ah! So do you think maybe, maybe if you took that pause, stop the **mind chatter** – and that’s really all it is; it is a huge distraction, and it could be in the form of, as I said, doing crossword puzzles all the time or **worrying** about things – *what would happen then?* You would have to face ...

“Myself.”

Good. Good. Now, *what would be the biggest fear about facing yourself?*

“I wouldn’t like me?”

I like you. *Why wouldn’t you like you?*

“I don’t know. I’m assuming I’ve done lots of bad stuff.”

Well, you have, *but remember last month? "That wasn't meee! I had nothing to do with you!"* It's not! I can prove it scientifically that it was not you. Mathematically, scientifically, spiritually, philosophically it was not you. You get a fresh start. So now *what is there to fear?* Right when you're on the verge. That there's nothing there.

An empty suit, yeah. *What have you got to lose by trying?*

"Falling into nothingness, into a void."

Eh, it's going to happen sooner or later. If you die and there's really nothing, you're going to fall into that. So *why not find out now, so you can enjoy the rest of your life?* When you can discover that there really is something there, and it's not what you thought it was, that's the best part and the toughest part.

What's there is not what you have ever thought it was. Nothing like it at all. So give it a try. Really.

Now, your mind is going to still want to stay occupied doing something, because it's used to cranking out energy and solving problems and that. But it could be channeled – huh, key word – into something more productive. **There's no reason to worry**, and I'm talking to all of you. I look sometimes at your lives and how much is occupied any given day on just worrying about something – things that are not going to happen.

Haven't you figured that out by now? What you worry about generally never happens. It's a spiritual law. Yeah.

"But I'm afraid that what if I stop worrying and then that's the time it happens. I'm serious!"

Then I would say to you, as Professor Adamus, go for the experience. Really! Go for the experience – everything falling apart. *Or has it already?*

Yeah. So all that worry blew everything apart and you're still here. You haven't disappeared.

Maybe there's something new to discover? Yeah. I'm going to challenge you, and we're going to have you up here next month. *You are coming back, aren't you?* I mean after the end of the world, of course. Of course.

Yes. *Do you know how many people have worried about the end of world, built bomb shelters underground and done all sorts of other crazy things?* And you know, December 22nd is going to be a dark day for them. A sad day. *Why?* Because they're going to say, *"I got it wrong again. I even got the end of the frickin' world wrong! I screwed up once again!"*

So, between now and next month, don't worry about anything. No, serious. I mean, you think, *"Oh, I don't know if I can do that."* Sure you can. Just choose not to. *What do you when worry starts coming over you?*

"Sometimes I stop and I take a deep breath."

Yeah, and sometimes ...

"And I say to myself, 'This too shall pass'."

Yeah. And there's two. It wasn't you. Not only *"will pass,"* but *"that wasn't you."* All the fears, all the worries are brought up by remembrances of things from the past, which are now irrelevant because we're going into a New Energy, you see. So it really wasn't you. So when the worry comes up, you take a deep breath and kiss it. Embrace it. I'll never live that one down. Embrace it. Dive into it. Dive into it. You have nothing to worry about. Instead of letting it chase you around the block and through your dreams, dive into it. See what happens. It's just energy. You'll find out that the worry really is just a façade. Yeah.

Stop. The **worry** is just chasing you down the street, right on your tail. Just turn around and face it, and see what happens. Don't battle it though. Go into it.

"What's the difference?"

Battling is you're becoming adversarial. You're trying to overcome it or overwhelm it like there's a fight, and there's really not. Just go into it. Walk right into it like fwwt! Just walk right into it. Just try it.

So for a whole month, and then next month please tell everybody how magnificent you feel, how gorgeous you look, how at peace you are, and now you don't know what to do with all this extra energy. Yes.

"What if you have not been worrying? I have not been worrying and I have grown a cancerous tumor in my right breast, and I don't like that. Why did I do that?"

Why? That's a really good question, because here we are, spiritual beings and suddenly ba-doom. **Cancer.** *What's that about?*

"Well, that's what I'm having a hard time deciding. Whether to get a lumpectomy or have the whole breast cut off."

It doesn't really matter. That's not part of it. *What are you going to do?*

"Well, I'm just going to keep doing what I do. And choosing life. Yes, and breathing."

And don't go along with this concept that your body is going to be vulnerable to disease.

Now, all of you, you have carried around a lot of energies that sooner or later are going to show up in a disease if you don't release it beforehand, if you cling onto it, clenching your jaw with it. There is cancer and other diseases in every one of your bodies right now – not to make you worry or anything, but there is – but it's just energy, and you don't have to go along with it anymore at all. Any of you.

How about just **choosing health**. How about just getting out of your minds, because the moment you start reading little things from angelic beings – I don't care how many times they tell you it was passed around the world and saved how many millions of people, which is not true anyway – the minute you are putting your power into something like that, your body is saying exactly what I just said – *“Really? Okay. I'll step back. Really? I have everything you need built in right here to heal myself.”* Your body is saying, *“I know how to bring in energy. I know how to rebalance. I know how to eliminate energies that really don't serve my biology anymore. But really, if you want to read little quotes from angels that the frickin' angels never said in the first place, okay, you have at it. You have at it, and we'll stop self-healing. We'll stop bringing in the energy, and we'll just let you go through your experience.”*

How about taking a deep breath and saying, *“Dear body, I command you to serve me.” “In health. In living. Dear any old energies that are here – aspects or whatever – I divorce you. You are not me. I'm off on a new trail. What happened yesterday is you. I Am that I Am.”* It's as simple as that. Yes. **You can heal yourself.**

*“Dear body, I command you to serve me.”
“In health. In living. Dear any old energies that are here – aspects or whatever –
I divorce you. You are not me. I'm off on a new trail.
What happened yesterday is you.
I Am that I Am.”*

And the best thing, keep it simple! Don't distract yourself with – we're going to talk about this in just a minute where you're getting stuck right now – but don't distract yourself with anything that comes from outside of you. There is no holy water. There isn't. There is not. Yes, there are some things that have a little bit of a value in getting you out of fear and off of dead center, but at a certain point, some of those things – the sacred waters, the whatever it happens to be, Egyptian healing rods, these type of things are ultimately a greater distraction than the small amount of healing that they ever do. It is you that are doing it.

Yes. And **alternative healing** there's some of it that is very good if you are the one basically prescribing it for yourself. If you are the one, because there are things. Water does help, but not water bought by somebody that's charging \$25 a liter and telling you it was blessed by some guru that doesn't even exist. That is a trick.

But let's all of us, on this biological thing, which we're going to be getting into in a few months, let's start with what you already have without anything from the outside. And no, it doesn't mean getting off of medications you're on now, but we'll start getting away from those. We'll get the body back into the healing. It's really good medical advice that if doctors would listen, they would learn something. It's advice for those in the medical profession.

“Short term memory. Why is that?”

Why the short term memory loss? How about a changeover from mental system to creative intuitive system?

A different type of knowingness, knowledge, wisdom. Long term memory is like filing something on the computer. It's stored back there somewhere. **Short term memory** is more about the feeling that you get. When you walk out of here, please, don't remember what I said, but feel what you created for yourself. Ah, big difference. So the mind is changing its functions.

Fifth Question – Your Biggest Critic

Who's going to be your biggest critic and skeptic in this work that you're doing with enlightenment? Who?

“Probably myself.”

That's a good answer, and then *who on the outside?* But you're right, it will be you. *Then who next?* Whether it's a group or an individual, *who's going to be the ones coming down on, let's say, you as a group?*

“They're the people that are most stuck in their old beliefs. Religion. Scientists. New Religion. The people that don't want change. The people that don't want you to change, because they benefit from who you are now...”

Yeah, yeah. Well, they're invested in it and they're also used to it. Absolutely.

And also where there's going to be a tremendous amount of outside pressure, **the ones who are particularly critical of you as a group, are other new age groups.** *Why?* Well, for one thing, let's say, the religious fanatics have already given up on you. No, they have. They have absolutely given up on you. You went outside of their frame of reference

and their possibility for membership. They don't want you anymore. You're off the radar. So they're not even going to try. So they're not going to criticize.

It's actually going to be the people who claim to be spiritual, but that have been doing it for so long that they too have gotten into their old systems. They're going to be the first ones to say to you, "Really? Living ascension? Really? You really believe the I Am that I Am? Really? You're doing all this and that?" They're going to be the ones who are the most critical.

Also because so many of them are heavily invested in their religion, even though it's called "new age."

Now, obviously, your families also, but in a way they've kind of given up on you by now. They figure you're really obstinate, really stubborn. At one point they thought this was just a fad that you were going through. They hoped and sometimes even prayed that you'd just get over it. But now they've kind of given up, and that's okay, because there's not quite as much pressure. Good.

Sixth Question – Getting Stuck

There is a strong tendency to get stuck right now, stuck in this whole process of enlightenment and ascension.

What is causing you or other Shaumbra to get stuck? What are the things that are getting you stuck? And the reason why I want you to talk about this, so you can see that it's not just you; you can see that these are just the stickys; you can see that they are, in a way, a big illusion and they're very temporary. I don't want you to think that this is going to go on forever and ever. But where are you getting stuck right now?

"I would say in the mind that really doesn't believe that it can happen. I think it wants to stay the way it is. In the safe part. It wants the proof. It wants that manifestation instantly in front of you, whatever it is. Then you know that it can happen and enjoy it. And I know we all are tired to being this close to being there. It's time to go forward and get on with it."

Which brings up a very good point, and what we're talking about right now, but *why not? Why not?* And this is what we're talking about. The mind says, "Give me absolute proof. I don't want to walk into some dark abyss." The funny thing is that the way the true spirit and creativity works is there is no proof. And let's call it the creative actually doesn't want proof. It wants the experience of going into it. So there's this huge conflict going on. Absolutely. Yeah.

Where else are you getting stuck?

"I have an expectation of how I should be if I am evolved. You know, what does that look like.

And I shouldn't have gotten so angry over ... you know, that's not allowed, which you've subsequently told us that's just being truth of who you are, what you're feeling, and then realizing what was that about. Eh. You know, it's just a process."

I'm going to talk about that before the end of the day. Modeling.

"I've been self-employed all my life and the last three years sold out and kind of surrendered. And I've always been goal-oriented, and I've tried to let go of the goals, to completely surrender, and I'm just waiting for instructions.

What am I going to do?"

Who's going to give you those instructions?

"Inspiration. It's always hit me up alongside the head before like a brick. And it was just like, oh, I know what I'm going to do. And it's just like, okay, I'm ready. I'm getting bored. I want something to happen!"

So I'm going to put it in terms of – you call it goal orientation, but if I could revise that slightly – there's still a huge tendency to look to the old place for the answers. You know, "Where is the passion?" You go backwards and look. "Where are the answers?" You go backwards and look. You can't go back. You don't know what's forward. **So you don't know what to do. And that's exactly where you should be.** Take comfort, and you're not going to be stuck there forever. But that's where you're at, and it's actually a perfect time, very perfect, because it's a transition out of one state of looking to the past. And that brings up something very large for all of you.

The answers no longer are in the past. No. Yes, you could argue and say that on a very mundane level the stop light is going to be in the same place it was yesterday – for a little while. Those type of very detailed things. But your answers, your guidance answers, your life – where's the passion, what is really going on – kind of answers will not come from the past anymore. It's kind of been shut down. That road's closed now. Can't go back that way. You keep trying, it's frustrating, then you get stuck.

There are answers but they're not on the same vibrational level as where you've been going in the past, so therefore, you're attuned to saying, "But I used to have this feeling." You have a feeling, but instead of being here (hands close together in front of him), now it's here (arms open wide). But you're still looking here (close), you see.

So *what to do?* Take a deep breath, enjoy some time off here, because you're going to be real busy – in a good way. A wonderful way.

Yes, but *isn't it being in this kind of a no-thing transition time, isn't it also a good time to do whatever you want to do? Or do nothing?* Yeah, yeah. Yeah.

"I would say for me it's patterns of I start to do something and I'm such a big "follow your bliss" person, but then I start going down a road and I do feel blissful, but then I'm like, "Wait a minute. This seems a lot like what I did before but repackaged and that didn't really ever manifest in the way I thought it would." So it's that big question of why does this look so much like a pattern that I was at before?"

So is it bliss chasing? Or ... or ...

"I think it's just because I, yeah, I don't set goals and I just ... yeah, I wake up and I do what it feels like I should want to do that day. I mentally think "This looks a lot like a different package of what I did like two years ago or something."

"There's like kind of a discomfort in a way, because like ... just kind of like a hamster on the wheel."

And there's nothing wrong with getting stuck. It's actually, what I'm going to say, is a natural part of enlightenment. It's going to happen. It depends how long it's going to happen for, but it's going to happen. Because of convergence of energies, a changing of energies, everything else going on, energy is going to get kind of stuck, and it's okay. We talk about it. We discuss, and you say, *"Ah! It's not that big of a deal."*

Where are you getting stuck, Shaumbra, and you are stuck, and that's okay. But *where are you getting stuck?* This enlightenment ascension stuff isn't necessarily easy. There are many who are going to take a lot, a lot of lifetimes to go through it, and you're doing it very fast and you're going to get stuck and you're going to get frustrated.

"I am getting stuck trying to figure out why I am bringing pain into my body, and it just seems like it goes from one hip to the other hip. And it affects my walking, which I used to do all the time and which I would love to be able to do. And even though I tell myself I can heal myself, I haven't figured out how I do that."

Well, because you don't really believe it. You tell yourself that, but you don't really believe it. *True?*

A couple of things, and this is an issue, and thank you, because you're not just bringing up these things about yourself. You're helping many others to understand.

The pain, *what is it?* A distraction. It's a distraction. So you riddle yourself with pain. Suddenly, *how can you possibly focus on enlightenment if you have physical pain?*

Yeah. So the question is – kind of a question, and I'm going to give you the answer also – the question is why do you bring this into your body – because it's uncomfortable. Very uncomfortable. But there is a reason for it. There is a reason, and I'm not going to ... it's a little bit personal, so we'll skip over that, the personal reason for it. Maybe we won't skip over it. But the answers are sitting right in front of you, every one of you, and that's one of the getting stuck that you have – *"I don't know the answer."* You do know the answer.

Please sit down for a moment. (she sits down) Both of you, neither one of you want to go without the other. Neither one of you want to hit enlightenment without the other. Both of you. It's a great love story. It truly is. Neither of you want to go into enlightenment without the other. *So what do you do?* You're going to go into whatever it is together. You've created that, out of love, out of compassion for each other, out of never wanting to be separated again like you have been in the past. But you brought pain and physical imbalance into your lives, both of you. (he is addressing both Carolyn and her husband, Vince)

The fact is that both of you individually will have your enlightenment by yourself. Not dependent on each other, I'm sorry. But you can actually do it at about the same time. You can stay together. You're never going to have to lose each other again. You'll both be sovereign and you'll both be together. That simple. The answer is sitting right there. Look what you're both doing. Deep breath.

You don't need to do it this way, is what I'm saying. You don't. You really don't. You can clear those medical issues. I don't care what the doctors say, because there's energy that will support you. It's about honoring yourselves. It's about letting go of the fear that you aren't going to be together any more. And there's a deep fear that when you become sovereign that you might just say goodbye to the other one. But this is the New Energy way of doing it, and I'm going to use this to segue way into the next and last part of the discussion, and the most important. Everything has been leading up to this.

Let Go

Right now there is a knee-jerk reaction, a tendency to want to hang on. The jaw clenching, that's all it is. You're holding on. You're biting down like a dog, trying to hold onto something, and yes, it's going to affect the bones and your brain.

It's also to a degree affecting your joints, because you're holding onto things. Old things, because you can feel that things are changing. So there's this, what I call, knee-jerk, unnatural tendency to hang on to whatever it is. You try to grasp and hold onto whether it's life itself or beliefs or the little that you might have left. You try to hold onto it. Don't. Don't. Let go. Let go.

***Let yourself fall into that abyss.
Let yourself absolutely go into what you may fear to be darkness.***

Let yourself fall into that abyss. **Let yourself absolutely go into what you may fear to be darkness.** It's a bold statement, I'm sure it's going to get quoted on the Internet. *Why? Why?* Because, dear friends, first of all, the more you hold on, the more it's going to hurt. And secondly, because you've already asked – you asked back in the days of [Tobias](#) – to go through this change. You cheer when I say *"We're making progress. Look what we're doing. This is amazing. I'm a proud father when I go to the Ascended Masters Club."* Yes, yes, yes! We're doing it! So it's going to happen, because you've asked for it. You've asked for it.

But you're doing it trying to hold on, out of fear of what may happen next. That's challenging. That's challenging. And what you're going to do – and this is psychic Adamus – you're going to let go of a few things, but you're going to hold onto a lot more. You're going to think that I don't see. You're going to hold up – *"Oh here's what I let go of!"* – and then your pockets are still stuffed with Old energy.

This will not transition very well in the next few weeks of time. Will not transition well, so you might as well let go of it. The fear is that you don't know what's going to happen.

No, let's erase that. **That's the blessing is that you don't know what's going to happen.** Even though you're holding on for dear life and you can just feel this whole vibration shaking everything up as you enter into this new era, you're still trying to hold on. Give yourself a gift and let go.

Let go of what? Well, first of all, you let go of the mind, which you're starting to do. You don't have to think anymore, and again, this will be taken out of context on the Internet, which is good. A little controversy makes for a good happy Ascended Master. Yes. *Can you imagine the awful things they used to say about Buddha?! "He left his family!"* He did – wife and children. *"He left his family's business. They had worked for generations to build that business. Who does that fat boy think he is?!"* They said terrible things about him. Now they say really nice things about him. He's not controversial anymore, but I am.

So this is a wonderful time to just let go. This is the time to let go so that you can soar. It's a little scary at first, because you don't know what it means to soar. You don't know if you have wings. *Are they strong enough? Where you're going to go to? Is the wind going to carry you?* You take a deep breath. You say, *"I don't care."* Really. Really.

This I can guarantee you. This I will guarantee. You let go, you will discover the greatest things about yourself. You will understand the secrets of the universe. You will understand what I mean when I say, *"I Am that I Am."* I will guarantee that in writing. Good. (Please also read: [Addendum D: Letting Go](#))

The Old Models

You don't have to do it like the Masters have done in the past. You've got this thing called modeling. Modeling. It is where I contend most of you are really stuck right now. There are a lot of sub-issues in this whole thing, but you're modeling after what has come before you.

Your perception of enlightenment – it's not going to be that way. I don't care what you think your perception is, it's not going to be that way, other than perhaps free. Being free. But I contend also that you really don't know what it's like to be free. You have very limited, confined concepts of freedom. Really.

So you imagine freedom, and I feel your energy when you say, “Yes, I want to be free.” Eh, you want to be little less of a slave, but not totally free.

So you carry a model of what it’s like to be enlightened. Could you please, starting from this moment, let that go, because it’s not what you think at all. The model that you have is something based on the guys I hang around with, and all of us ... (laughter) and yes, women as well. I use the term “guys” in a Midwest United States way – everybody’s a guy. *Isn’t that kind of strange?* That’s just wrong. Yes.

The esteemed beings that I hang around with, they do not want you doing enlightenment like they did or like I did. They have no concept of living ascension. That’s why, if you go to them and ask them about *what it’s going to be like or what it is like right now in a quasi-enlightened state, you know what?* They have no idea. Don’t believe them if they start giving advice. Don’t even believe me, because you’re doing it different.

The energy, particularly starting with this event of December 21st but actually going way back when, the energy is very different, consciousness is different, and the word “enlightenment” is different.

When I say “*enlightened Master,*” most of you have some image of a guru sitting up on top of a mountain in total bliss. You know *what?* I’ll tell you right now one thing I do know by watching you, you, as an enlightened being, are not going to be a bliss ninny. You’re not. You’re not going to hang around public restrooms in white robes sprinkling smoke and water on people.

***You’re going to be real. You’re going to be in life.
You are going to be more clear and more arrogant and stronger than I am with you!***

No. **You’re going to be real. You’re going to be in life. You are going to be more clear and more arrogant and stronger than I am with you!** No truly. *Why?* Because as an enlightened being living on the planet, your tolerance level is going to be low. And you probably thought enlightened beings just had all of this patience. Not at all. You’re going to have less patience than I do.

When somebody comes to you and starts spewing [makyo](#) all over your newly shined expensive shoes, you’re going to cut them off faster than I’ve ever been rude to you at the microphone. *Why?* No patience. *Why?* **Because you are going to know it can be done. There are no excuses. You did it.**

You know, the worst person against smoking is one who used to smoke. *Why?* Because they know you can quit! They don’t have patience for it! Everybody else is “*Well, maybe we should give them some space to smoke.*” The ex-smoker is like, “*Put it out now!*” The ex-muggle is “*I don’t have time for your stories, and neither do you. I do not have time for your feeding that you are trying to do on me right now, and I call you on your game, you vampire!*” See, you’re going to be terrible. You’re going to make me look like a saint, which I am.

You’ve been modeling yourself after – and I’m sorry here, children under 18 please walk away from the Internet right now – you’ve been modeling yourself after *Yeshua*. That is not a good example. It’s actually not necessarily what really happened either. But along the way there are certain beings – and religions and churches – that said, “*Yeah. Boy that’s what we’ll do. We’ll put him on a cross,*” like you ever try doing something bad. And it was about human suffering. *Really?* That’s not what *Yeshua* wanted. So there is this model also of *Yeshua* as this holier than thou being. He wasn’t. He fornicated. He drank. He got drunk and puked. Yes! No, he really did! And he told racist jokes. He told politically incorrect jokes ... about the Romans. *Wouldn’t you have if you lived in Jerusalem back then?!* It’s like, “*Hey, did I tell you about the Roman who ...*”

So that’s a model that’s imprinted into many of you. And then you hear the stories of walking on water. That was totally fabricated. Totally fabricated. And the stories of the healing. *Yeshua* was the first to say he wasn’t a healer, but he knew how to bring out the healing within you.

He knew how to get so laser focused, and he wasn’t necessarily nice about it. If a beggar or a sick person would come up to him, he didn’t do the “*oh you poor thing.*” He’s like, “*Are you going to heal yourself or not?!*” And he

would look them straight in the eye, and when they started doing the mumbo-jumbo, eh bluh, bluh, bluh, he would laser focus on them until they felt it within themselves. And then he would basically say to them, *“When I see you next time you better be dead or healed!”* You laugh! That is what you’re going to be doing, because you’re not going to have the patience for all the games, all the feeding that’s going on, all the excuses.

What we’re going through here today, my dear friends – we’re talking about getting stuck, we’re talking about the other things, we’re taking it pretty nice and slow, unless you’re new online, you probably already tuned out by now – we’re going slow. You’re not going to have the patience for it. You’re going to say, *“Get rid of the old models, the old concepts of what you thought enlightenment is going to be.”* Let those go – this state of perfection or turning lead into gold or any of the rest of those things. It’s all child’s play.

And the funny answer is yes, you can actually do that in enlightenment, but you don’t run around using that to prove that you’re enlightened first. Say, *“When I learn to turn lead into gold, then I’ll know I’m enlightened”* – other way around. Other way around. It’s about enlightenment.

Now, there are other models; Buddha, which I just mentioned. Buddha did it with a lot of suffering, which you don’t need to do. But somehow you like to walk in Buddha’s shoes, or sandals, walk along that same path. *Why?* Buddha gave up his family and then tormented himself, mentally more than physically, but physically for sure. You don’t need to do that.

So let us ... just think for a moment of the other supposed Masters, and think first – let’s be real practical – think of the funny clothes they wore, the Masters that have come before you. When you think of a Master, you think of funny clothes. Sheets and towels and turbans and funny things like that.

Begging wasn’t in style, but you still think in terms of that. In other words, the poor Master. You think in terms of giving up everything and having nothing, walking around as a beggar. *Why?!*

I am here today, my primary message is this. The Ascended Masters and I have gathered together. We have taken a look at what’s going on. We’ve compared our notes from our different groups, and I have to say we’re doing pretty good over here.

So we said *“What is really holding people back right now?”* A lot of it ... we could write books – we will write books about it – so many reasons for getting stuck, and it’s natural. But right now there is also a little bit of a modeling issue or template.

The New Standards of Enlightenment

Who are you going to look up to? There’s not a lot of them, are there? It’s going to be you. It’s going to be you.

So you can start defining, to a degree, what enlightenment is going to be like for you, without having to go back to the old standards. My point today is you are going to become the [Standards](#) for others. You are going to become the Standards for others.

One of the biggest reasons for getting stuck is who do you look up to right now? Let’s say that tomorrow Paul suddenly ascended but stayed in the body – maybe you already have – but let’s say suddenly, and he had this glow around him and you could just sense it and feel it. And he didn’t have to say anything, he just stood there with that ... look. But suddenly it would change everything in this room, because suddenly – gasp! – you’d say, *“Somebody did it. Paul did it! Paul! Let’s follow Paul! Bye Adamus!”* You become followers of Paul.

If you had an actual Standard right now – one person – that you’d say, *“Ah, it could be done,”* but they haven’t come out to you yet. There have been a few. There have been a few. They’re wise. There was one recently, a young man in Brazil, very young man. Nobody knows about him. He wasn’t part of a spiritual group. He lived in a small village. Obviously, he had been working up to this for lifetimes. He didn’t have coaching. He didn’t have the benefit of Crimson Circle. Suddenly, he just walked into it. He’s going to stay quiet for a while. Quiet, for a lot of reason. But if you had one of you that suddenly walked in here next month and suddenly you all knew that this person just got it, it would give you a model or a template.

You’d feel better about it, say *“Oh my god, I can take that leap. I can go into that dark space. I can let go of all my fears, and I’m going to be okay.”* It’s probably not going to happen, because you’re probably all going to do it at about the same time, general timeframe. But I can tell you right now it will be good. Eh, no that’s wrong. It’ll be ...

you use words like awesome, amazing; highly overused words. It will be beyond. It will be so beyond, and it is going to happen.

You're a little stuck right now. You don't have a good role model out there. You don't have a lot of other beings who have done it with grace and ease. The Masters before you – suffering and pain. You don't have a lot of good Standards by which to think in terms of your own enlightenment, so let us start creating that.

Let us start putting together the attributes, which we've talked about in some of our workshops, but things that you, as enlightened Masters walking on the planet, are going to want to share as Standards with others.

Abundance. Yes. Don't feel guilty about abundance. I just heard somebody say, "*But that shouldn't be on the top of our list.*" *Why not? Why not? Why not? Do you know why not?* Because that list or whatever you want to call it – those attributes – are going to constantly move around. It might be number one today, it might be number ten tomorrow. It's very dynamic, very rolling. And the attributes of an enlightened Master being in a relationship where they can both be sovereign. They don't have to wait for each other anymore. Being sovereign.

And – hear this carefully – where you don't have to be in perfect physical health and you don't necessarily walk through walls. You still have that concept. There's going to be times where even an enlightened being gets a little sick. It's a biological rejuvenation process, but you're stopping yourselves right now saying, "*I can't. My body, you know. I've got cancer. My bones ache. I have certain things.*" You can be a great enlightened Master and still maybe not have that biology all caught up and healed yet. But you'll also learn to value what it's like to be in biology and you'll allow – underline allow – the healing to finally take place.

***The enlightened Master –
the templates that you are going to ...
the Standards that you are going to be creating –
you don't have to wear funny clothes or
be of constant service to all of humanity or any of those other things.***

The enlightened Master – the templates that you are going to ... the Standards that you are going to be creating – you don't have to wear funny clothes or be of constant service to all of humanity or any of those other things.

So when we come back, in the New Energy, in a month, when we come back after going through the interesting experiences that we listed here before, when we come back, start listing those attributes and living them. Not just listing, but living those attributes. The new Ascended Masters. **The world needs Standards more than anything else.** Wouldn't it have been nice if you had had a bunch who were standing right here in front of you, you could ask question to, you could touch and poke their bodies and ask *what it was like?*

The ones coming after you will have that in you. In you. Right now you've relied on these methods – channeling, information, things like that – but the ones coming after you will have *you* as the teachers and the Standards.

You get a little stuck right now, and right now, more than any time, is natural to get a little stuck in enlightenment. Energies are converging. They're strong. Your body reacts. Your mind goes a little crazy. You have a little abundance issues, which in the long run aren't going to mean anything. You get a little stuck, you take a deep breath.

You take a deep breath and you remember that **all is well in all of creation.**
And so it is.

04 – Beyond Your Dream (Into Freedom)

The New Era

We're in the new era. It's different. Definitely different. In a new era that's been anticipated for eons of time, for ages, and here we are...

Welcome to the new era. Ah! I have this to say: Even if there was no truth whatsoever about the Mayan prophecies, no truth whatsoever about this thing of the end of the Atlantean mental era, no truth about the second coming of Jesus, about any of it, there is enough feeling and consciousness to make it all real.

It's true passion and desire that you have crossed into a new era, and therefore, you have. It's that simple.

And the fact is, yes, the Mayan prophecies, all of these other things, the changing of five ages at once, all very true, but what has really affected it is you, your passion and desire. **Passion perhaps to get out of the old.** It was about time. Passion to blaze some trails for the new ones coming in, and there are many. There are many coming in after you, behind you. Humans who have had many lifetimes on Earth, and what we call the New Energy children, Crystal Children, whatever name you want to give them, but the ones that are coming in for the first time. So we have crossed the marker, and here we are.

For most people – not you, but most people – 2013 is going to be just like 2012. You already see it. They didn't wake up on January 1st with anything except hangovers and remorse. Nothing really changed. But with you there's a spark, that desire. We talked about it recently at our gathering, our End of Whatever gathering – no more. It's that simple. No more. **No compromises.**

Oh, compromises are like watering down wine. *Why would you want to?* Compromises have compromised you, weakened you, got you tangled up in other people's agendas and desires. I know some people say, "Well, no, you have to be a good compromiser." Not with yourself, you don't. No, not at all. It doesn't mean not respecting other's values or opinions. It doesn't mean that you don't understand that there are other beings on this planet in addition to yourself. It just means you're not going to compromise your values, your passion, your desire. Not at all.

Attributes of 2013

We're talking about attributes of a Master. Before we do that, actually, let's talk about the attributes of 2013 first. *What are the really important attributes, for you, for 2013?* Important attributes. *What are going to be the key words for this year for you?* Now, remember that whatever we write down here can become so.

"Money!"

Excellent. Love it. Good. Thank you. And Linda forgot to check my pockets. So we have **money** for you. One hundred U.S. dollars. Money. Excellent. Good. For you, and for others who choose it. *Why is it important for you this year?*

"I'm tired of feeling like I can't do what I want to do. Very tired. Pissed off."

Yeah. Because, you know, just as easy as you created that \$100 for yourself – and there's more to come – they can do so also. No compromise. Don't tear it in little bits. It's hard to spend. Pete can create it. Duke can create it. You can all create it just that easy. Just that easy. No struggling.

Doesn't matter. The money, the abundance came to you. Let that be a sign for this year for all of you. Came out the blue. You didn't come in here expecting or demanding money ...

"Allowing. Allowing yourself to open up and receive ... I'm going to allow abundance. I'm going to allow healing. I'm going to allow ..."

Eh, let's get through the [makyo](#) here. *You know what you're going to really allow?* You're going to allow yourself to love you. You're about to discover what true love is. Mad, crazy, non-mental, non-compromising love for yourself. And then – then the other things, eh, they just show up. They just show up.

This is such a year of **loving yourselves**. No compromise on it, for any of you. No exceptions. No anything that's going to interfere with the greatest love that could be had. It's with yourself. Unabashed, sensual – sensual doesn't necessarily mean sexual, but it could – sensual love. Oh! Without feeling guilty, without holding back. What a crazy love for yourself. Ah! I see it. It's in your future.

"One of the attributes is getting rid of the fine print. Okay?"

Getting rid of the fine print. I love that.

"Let's get down to it and let's live life and be happy."

Good. Absolutely. Good. *How do we do that?* I mean, it sounds nice, but *how do we do that, just enjoy life?* *“Just be. Be everything, every minute of every day. Just be.”*

How do you just be?

“Well, usually I plop on the couch and just ... have the remote and ...”

How about giving yourself permission? Now it seems so simple. **Give yourself permission** to really enjoy life this year. No ... absolutely no more of the old stuff.

It's actually easy and the problem with it, it's easy to get mental and think about it and have plans and programs. No, you just do it. You just do it. Good. **Enjoying life.** *Why enjoy life?*

“It's too short.”

Why is it too short? That's a good question. There's a human template, a human standard, generally has the humans living to be 75, maybe 80 years old. *Why? Do you want to stay longer?*

“Yes.”

Yes. That was pretty weak. (someone shouts “Yes!”) Boy, *where is the passion in that?* Maybe you don't. Maybe you want 85 really good years, or a 100, or more. It bothers me, because there is this very tightknit thing in consciousness that says *“You're going to die when you're about 85 and if you get to be 100, you're going to be really old and wrinkled and ugly looking, so why live that long?”*

We've talked before about ancestral biology. Let's put it into practice this year, to be your light body. Forget about the number of years. Forget about any ailment that you have right now, please, and make it easy. Make it as easy as that \$100 just coming to her. *Okay?* Good. Aging, ooh, it's another issue. After we get done with the abundance thing, we're going to work on the aging thing, or no aging.

“For me it's about ease and grace. To allow the abundance, the age, ascension.”

Yes. **Ease and grace.** Good. I'd like you to consider this – all of you – to consider this for a moment. Ease and grace. The biggest – second biggest, perhaps – maybe most difficult detractor in that is other people. First yourself, but we're getting through that. But it's other people, and I really want you to take a look at that in your life, with a very compassionate eye. Compassion for yourself.

I contend that if you were by yourself, you'd pretty quickly learn to love yourself.

I know I tend to walk on some thin ice, frozen water, at times when I talk about this, but there's the relationship factor here that has a huge bearing on your enlightenment and your happiness. Huge. **I contend that if you were by yourself, you'd pretty quickly learn to love yourself.** You'd almost have to, in a way. If you were by yourself, you were without all these other pressures from relationships and humans and family members and things like that, that your enlightenment would come very, very, very fast.

Now, I'm not saying to go out and dump those relationships. (*Adamus* mouths “*Well, maybe*” and chuckles a little) I'm not officially recommending it, but I'm asking you to take a look at it. They're karmic, for the most part. They're done, for the most part. Doesn't mean you have to deny them. Doesn't mean you have to cut them off. It just means change the dynamic of the relationship so that they're no longer your mother from a past life, or a mother from this life; they're no longer a karmic line that's keeping you connected. And it doesn't mean that you have to stop sending them Christmas cards, but ask yourself how come you never get one from them. It doesn't mean that you need to run off to some commune and never see them, but change that relationship. It's – snap! – that easy. It truly is. The moment you say, “*Namaste*” – they are a souled being, the God I Am, just like you, but they're no longer this old karmic stuff or the voices of your mother in your head or any of the rest of that; you leave that behind – it will make enlightenment so much easier.

I've said this before, subject to a lot of debate from the outside, but 95 percent of the things that are holding you down really aren't yours. They're coming from relationships, from the outside, mass consciousness and all the rest of that, but they're not yours. **Let's make this the year of no more old relationships.** I want every relationship is started anew. No more old relationships.

“Yes, as it relates to letting go of old relationships, we all possess relationship with our society, brought up in a belief system. I think now is an appropriate time to actually make a formal declaration of sovereignty that can literally truly free you from any oppression, any prison your mind might keep you in. I've discovered some things that are just a blessing.”

Good. So what would you like to proclaim?

"My sovereignty."

Good. How would you like to proclaim it?

"Let the law know ... Just letting ... we are each two people. We're a fiction that has been created that we've all been living under, and we're also the free and sovereign upper- and lower-cased name that you are."

Yes. What happens when one – when you – proclaim your sovereignty? And you really mean it. It's done with feelings and passions. Not the mental mantra thing, but when it's one of those *"No more being a slave. No more"* – to yourself or others. When you really proclaim it and it comes up with such passion and compassion.

"It allows you to soar like an eagle. Literally, there are no limitations in your life. You're allowed to be a creator. You don't have to be oppressed by laws, by the structures that are the barriers to our creative potential.

Joy and creativity, love, self. Fear is gone."

... why doesn't everybody do that? Sounds simple to me. Sounds really simple to me. Why doesn't everybody do that? *"I proclaim my sovereignty. I claim my sovereignty."* I'm just speaking out loud here, but somebody says, *"I was created sovereign and now I return to sovereign."* It's that easy. Just like that. Why don't they do that?

"Because they're not taught ... they're taught under an illusion, and because you're a fiction created in an Old Energy and our attachment to that Old Energy keeps us bound to that structure. And now is the time where we can literally, and I mean on paper, submit to the County Records Office – I'm not kidding – submit it to the government, have it recorded, and declaration declaring your sovereignty. There can be no more of man's laws put upon you, but only ..."

I'd just keep it at *"I am a sovereign being."* But that's good. I understand your point.

"In many respects anyway, but it is a formal declaration, notarized, recorded and declared that then puts you under what will be referred to in an actual applicable state under constitutional jurisdiction, if you will, God's law, protected and guaranteed for you under the Constitution and the Bill of Rights. That's that simple ..."

Which, by the way, I helped to create. I just had to throw that in there.

"Yeah, I know you did ... because it was a grand experiment in this creation of this country. And coincidentally ...most countries today have a constitution modeled after this country so that everyone has that same equal opportunity to declare their sovereignty and actually bring it back here in the Earth now, in the present."

Why don't more people do this?

"Because of fear."

Fear of what?

"Well, number one, they don't ... fear of law enforcement. Fear of being ridiculed. You know, the people that are happiest in the world are the people that have the wealth."

Why would anybody ridicule somebody else for claiming their sovereignty? Interesting. If we have forms here next month – **sovereignty** forms, and people proclaim these and proclaim their sovereignty and somebody ridicules. Why would somebody ridicule for that?

"Well, because there are certain other energies out there that would project on the media that declaring sovereignty is ... terrorism. Literally, because it's paper terrorism. It's labeled as paper terrorists, and then people become fearful and they say, "Whoa, we don't want to do that."

Oh! I have got a great idea. Let's be spiritual terrorists! (some cheering and applause) Ah, yeah.

"Actually, that's what we are. We're actually the new secret government and we don't know it yet."

Let's not be secret though. Yeah, let's just be ... The government of I Am. The Kingdom of I Am. Yes.

"Everybody wants to be free. Everybody wants to be sovereign. Free dominion."

Let's have you proclaim your sovereignty or claim – I like that, claiming – because you started off sovereign. Totally, simply sovereign.

Spirit, which is also you, grand love said – Spirit literally said this – and look at it this way, Mother/Father God or masculine/feminine – but Spirit said, *"I love myself so much that I want to create myself again and again and again. I want mirror after mirror of myself, but every one of those selves will be sovereign. I will not be the parent to my selves that I create. I will not control, because in the infinite love, I will give myself, my creation of myself total freedom."* And then it was. You are God falling in love with yourself every moment, every day. Even in your bad experiences or what you label bad, it is simply an experience. It is simply another way of realizing this thing called love.

So you were created sovereign and simple, and then you went forth without any restriction, without any rules, because there really don't need to be rules, without any strings attached. No strings to pull you back home. That is love.

Now, in an interesting way, Spirit didn't know that at that moment, didn't understand that it was love, but just felt this desire, this passion, and said, *"I create myself over and over,"* and here you are. Here you are, and coming back to the sovereignty and the simplicity. Coming back to the magic.

It's taking a little work. We have to get rid of many, many lifetimes of programming and structure, very hard encased hypnosis, but every time you laugh, every time you smile, it releases a little bit more. Every time we gather like this – a group of Gods falling in love with themselves every day – it releases a little more. Nothing done as to cause overwhelm for your biology, because out of love of life and wanting to stay here, we – you – are allowing all of this at a level that the biology can handle so that you can stay in the body. What a beautiful creation. Every time you laugh, every time you smile, a little bit more coming back to sovereignty.

Just simply proclaim your sovereignty. This is my point – simple, clear.

"I proclaim my sovereignty."

Why does this have to be so difficult? Do you get the point? Do you see what's happening here? It's really easy.

Abundance is easy. Healthy is easy. Self-love – a little more difficult, but not so tough. Ease of being a living human.

Pretty easy, but yet, yet so challenging.

The point? It doesn't have to be difficult. Doesn't have to have a lot of word. Whatever you do this year, keep it clear and simple.

Listen to your own self sometimes – some of the rolling around of ideas, some of the indecisiveness. Listen to yourself, your spiritual chatter. You'll bore yourself to death if you do. Seriously, because there's a lot of rambling, mumbling. No more! It is time to keep it just that simple. *"I proclaim my sovereignty."* That's it. *"I allow my sovereignty. I am sovereign."* That simple.

It's so simple, it's kind of complex, because the mind is going to think there's got to be more to it. There's got to be something else you gotta do. There's not.

Adamus' List

~ Energy

Energy. It's kind of a *"duh."* Energy is different ever since December 21st, because you chose it to be.

Energy comes in in a very different way. It doesn't want to go through the old paths, the old pathways. It doesn't want to have to be spun around in the mind, sent on all sorts of detours and distractions, wasted, essentially, trying to run through the mind and run through the body, and more than anything run through time.

So energy definitely comes in different. It is quick. It is very available, and it doesn't want – and actually you didn't want it taking – all sorts of diversions and distractions. It is that clear. *"I am sovereign."* That's it. You never think about it again. You never stress about it. You don't go into some long dissertation with yourself about *"What did that really mean?"* It just is. *"I am sovereign."*

~ Allow

Now, you do then allow – next word, *"allow"* – allow for the changes to take place in the underlying structures of your life. It's that simple. Your job, your appearance. Allow for the change of the appearance of yourself. Allow for the change in everything, from relationships, and especially the way things are manifested. No longer with struggle or stress. Allowing this year, done very simply, lets the energies come in – snap! – just that fast and work.

It's going to be uncomfortable at first, because particularly those of you who are a little more senior. For those of you who have been accustomed to patterns – a better way to put it – you're still used to it coming in and working a certain way. You're going to get very frustrated if you keep trying to go back to that. David said it before: That doorway to the old was closed, welded shut and covered over, and then it disappeared.

There's going to be a tendency to try to go back to the old ways of doing things, processing information, and using energy, and it's going to be very frustrating if you try to use that, and you're going to, because that's what you've known in the past.

The moment you say, *"I am sovereign. I'm going to allow doing it a different way,"* and then truly let it, it will happen very quickly. Surprisingly quickly. Surprisingly. But remember our very visual example here of just the simplicity, and the tendency to go back to the old ways of going into a long dissertation or just choking and not being able to get it out. Make it simple. That simple. *You want to get rid of something in your life? Make it simple. Just say, "No more."* Only two words that are needed. Don't go into some long justification. It's just *"No more,"* and then move on.

~ Grace

Next on the list, grace. Said before, grace. *What is grace?* Anybody. (people say "Ease," "Simple") Yes, grace is a state ... I would call it a state of consciousness that is without the mental parameters. It allows a flow. Grace is living within yourself within the moment, your presence being fully there. Grace results in things like ease and a lot less tension in your life, a lot less physical pain. Grace is a state of consciousness where you don't really worry about what's going to happen next, because grace already knows it's perfect.

And there's not some destiny; it just is wherever you are, whatever you're doing is perfect. Not because of some gods or angels or councils or anything else. Just because of you. Just because of you. So, and we have "Allowing," "Grace" and "Ease." Ease. They all flow together. They're all really part of the same core, and they all work together.

~ Ease

Ease is such an important word for this year and for you as Masters.

You're used to doing it the hard way.

No more. No more. It's about ease, grace, allowing. Not because some other being out there is taking care of it or anything like that. Not because of some future present self of yourself. Don't dilute it with that stuff. It's just the I Am in grace, in ease, sovereignty. It's that simple. Don't dilute it with anything else.

Let's take a deep breath with that.

I would say that it's the year of energy coming in gracefully, easily, because you're allowing it. A year of finally understanding how energy works in relationship to consciousness.

Consciousness is the – you could say – the magnet, the light, and it brings the energy in. But there has been kind of a befuddled relationship between you and energy in the past. A lot of the whole drama with "just enough." Just enough. And I would say no more to that either for this year. No more to that. No more.

Let's, right now, let's just have a simple experience, personal experience, with this Allowing, Grace and Ease.

Allowing, Grace and Ease. And if you forget the terminology, if you forget what we're talking about, it's **AGE**, or really **AGE-less**. (*Adamus* circles the beginning letters of Allow, Grace and Ease; someone says "Ohhh") Ohhh! So clever he is!

A Merabh of Ease and Grace

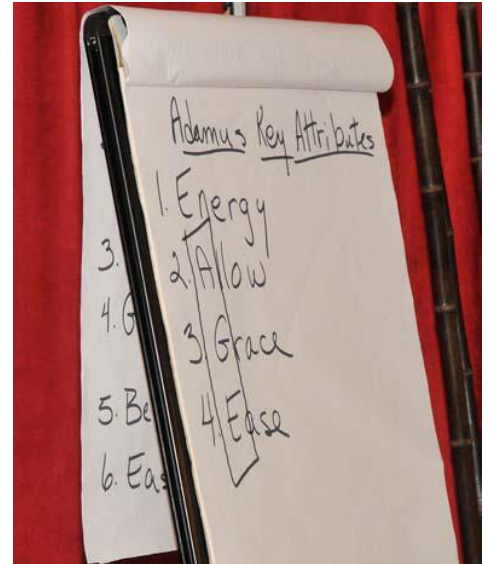
(Link to the official [Crimson Circle](#) YouTube channel: [A Merabh for Grace and Ease](#))

Now let's make it easy this year, and graceful. Oh! I can feel all these old battles and struggles coming up. No more. Take a good deep breath. *Isn't it funny?* A little bit of music and a few words, and then it's done. A good deep breath. Ease. Grace. Allowing. Key words – and energy – because these bring in the energy.

It's like you could say the energy is just kind of hanging out in the peripheral, waiting until it's commanded or utilized. **With allowing, grace and ease, it comes in.**

The funny thing is you don't have to ... it's not so big. Energy really isn't big. The human mind makes it seem like a big thing. The human mind says, "I don't know if I can deal with all this energy." Well, sure you can. Energy is really pretty simple. Really simple. The human says, "Energy! Overwhelming! What if it burns me up?" It's not going to. It's just energy. Energy is simple. Up until now it's so simple that it's been one of two digits or elements. That's it. Core simplicity. And then it bonds together and makes things much grander. But at its core, it's very simple.

New Energy is even simpler. It's not two elements. It's one. That's it. Energy should never overwhelm you. Should never overwhelm you.



Old Dreams

Okay, now. Now we're going to talk about something. Going to change the energy here. We're going to talk about something that is going to lead to controversy, debate, skepticism, intrigue, arguing, all the rest of these things. I'm going to present this here and then you can all go to your message boards or wherever you do, your mental arguing, your masturbation, and discuss it, and "*What was Adamus really trying to say?*" But I'll make it very simple up front. There's not a lot of depth to what I'm going to say. There's not. You could write books. You can argue about it on your radio shows, or whatever else. It's very simple.

Before we go into it, I'm going to say that it's a personal choice. That's all. But it has a lot of credibility, a lot of viability to it. So, now ... I love the build up.

We've got a problem here, and we have also the opportunity to release it. We have a problem ... well, not we – you.

You have old dreams, really stinky, sticky old dreams, and it's time to let them go. If you choose. If you choose. I'm going to be drawing kind of little cartoons on the paper. Old dreams.

Some of you have carried these dreams for many, many lifetimes. I talked to a small group down in Texas the other day about this, and they had a very visual example of how a dream can decay, and not just the dream itself decaying, but it can decay the humans that create the dreams and are surrounding the dreams.

So, *what are dreams?* I'm not talking about your nighttime ... that's a different type of dream. I'm talking about your aspirations, your big passions, your hopes, your – as Jean called it – your spiritual carrot. The thing that you held out there, aspired to, dreamt about and when life was crappy you'd think about it and dream about it and wish for it to happen, but didn't let it happen. I was gentle, *wasn't I?* Yeah, good. And didn't let it happen. I would like you to take a moment to feel into those.

Now, the interesting thing about these spiritual dreams, these big hopes ... the interesting thing is they've gotten so polluted and diluted that a lot of you have forgotten what they are. It's a very interesting phenomena in the human psyche that you can have these huge aspirations that keep you going, then forget what they were, but somehow keep in that dream keeping you going, but forgetting what the hell it was.

On a more practical level, some of you have had dreams of doing a spiritual center. So yesterday. Some of you have had dreams of operating a big clinic where you heal the children. Really, really! No, I mean, make me barf and do other bad bodily functions.

Some of you have had dreams about going out and, oh, bringing back the dragons from the caves. *Really?!* That sounds goofy, doesn't it, when I say it. You're wondering who I'm talking about. You're wondering if I would point them out in the room.

Some of you have had dreams of writing the perfect book or series of books that people all around the world will read and suddenly they'll wake up, because of the wisdom that you put in the books.

Some of you have had dreams of just being so spiritual that you just kind of float. You float, and there's this light surrounding you and you go by the flower pots and everything blossoms. And then there's a sick dog on the street and you just go by him floating, and the dog suddenly gets up and gets better. And dead bird, and the bird suddenly ... (laughter) I'm serious. I'm glad you can laugh at yourselves.

What are some of the other dreams? Let's get serious, because we're going ... and I'm going to explain in a moment why these dreams have been holding you back and what we're going to do about it. And, by the way, I'm going to offend some of you here – well, maybe all of you, I don't know – but it's time we address some of these core issues, because the dreams have become a distraction, an illusion, and in just a moment I'll explain what's going to happen with these dreams.

We're going to get real here. We're going to get down to it.

Timothy, your dreams. I know you have some.

"Most of that is in fantasyland while I was escaping from where I'm at. Energy conversions. A lot of dreams about spaceships. Any way to get off the planet."

Those dreams have actually worked against you, and they've held up a lot of energy in your life.

And when you've wondered why it's just not working out, when you wonder why it's so difficult, you can take a look at those dreams. They're kind of like artificial clouds out there. They're kind of like, well, Jean's spiritual carrot. They're kind of like a huge distraction from reality. From reality. Now, don't think of reality in terms of just what's out there, but in terms of what you're creating.

I'm walking with all of you, treading on sacred ground here, and I love that, and it has been, because you've all had dreams. And the first thing that comes to mind is if we take the eraser and erase the spaceships, because they're not what you think; and we erase the big crystal palace concept thing, erase that; we erase the "I'm going to create New Energy," and you go, "What?! What?! Adamus, don't we have to have these aspirations? Don't we have to have these things? What do you want us to just be nothingness?" No. I want to take it out of fantasyland and nowhere land and put it right here. That's been the problem.

It's been this big comfort pillow to put that dreamy dream out here (he draws something like a cloud), somewhere else, dimension X, and to just go through life with dreams out there, separated by kind of a crystal ceiling, but to keep them out there. It's been a little trick. It's been a little decoy. You never have to face reality that way. Interesting.

What if, Timothy, *what if we dissolve those dreams? What if we started creating in reality, and it was greater than a bunch of spaceships or greater than your new energy concepts?* Even those were limited. They were just dreams. They were musings. *What if we started to get real, with ease and grace and simplicity, and just started to do it, instead of just be dreamy about it?* Hmm. A little scary, actually.

There was that whole thing, "Let's keep it out the dream state because then we never have to make it real." *What if we bring it here? What if we actually create things here and get rid of this dreamy, dreamy state?* Well, there's a lot of anxiety. *What if it doesn't work out? What if you screw it up? What if it's another in the long line of failures?* I'm not looking at anyone when I say that. *What if it's all [makyō](#)?*

The question I have for each and every one of you right now is, *isn't it worth trying anyway? Isn't it worth dissolving away dreamy, dreamy land and actually start creating here? Isn't it worth the possibility of failure, that it's makyō, that none of it's real? Isn't it worth breaking through or dissolving that crystal ceiling once and for all?* It's a big step, but it's a small step.

It's a big step, because you're going to be calling yourself on yourself. Big step. You're going to be saying, "Gulp – now it's really time. Now it's performance time, creation time, energy time," and it's a big gulp, because it's almost easier to keep it out here in nowhere land and just go to it when you're having a bad day. *"I'm going to think about my dreamy dreams. I'm going to imagine whatever it happens to be – saving the world, maybe all the dolphins. Oh! That's my dream. And if they would just give me some money for my dream, I could do it."* No, because, you see, you're creating the money not being there, because you really don't want the dream to come true, in a way. You don't want it to be here. You keep it out there.

Now, you could say that the outer dimensions, kind of hovering around somewhere in the Near Earth realms, are a lot of bullshit dreams. Let's call it what they are – crappo dreams. Stupid dreams. Maybe they weren't stupid at the beginning, but they're stupid now. Old Energy dreams. That's it. They were thunk up in the Old Energy. They were dreamt up in the Old Energy, and now they don't apply anymore, because none of that applies.

I'm shattering the dreams. Damn right. You hired me. You're paying me good money to do ... you're not paying me anything, actually. Actually, you didn't hire me. (laughter) I just showed up. (more laughter) Pushed [Tobias](#) out. Said that, yeah, he's reincarnating. That's it. (laughter) So here I am, getting down to the core, really ... this can be depressing. This really can be depressing. The dreams. *What are your dreams?*

This is interesting. Not remembering the dream and then no money, no health. *You see what happens?* It's this big cloud of confusion, and Linda, it doesn't have to be that way. I've got to ask you a difficult question. *Why do you keep that same hamster cage, treadmill...?*

"Interesting you asked. A few nights ago I woke up at three o'clock in the morning and I saw this matrix, and it was my matrix, and it was kind of cloudy and kind of muddy. And I started having these thoughts of, "Oh gosh! I think I've

offended that person” or “I didn’t do what this person ... this person wants me to do this,” and all that. And I etherically set down my foot and said, “Fuck no!” And I said, “No more!” Ignore that!
And since that time I can’t tell you – oh! The matrix that I had become a crystal vase and it was clear, and since that time my life is full of ease and grace. Now, granted, it’s only been a few days, but it is ease and grace.”

Doesn’t matter. Now, let’s go back on this. *Could I get personal with you?* Thank you.

The dream, the dream – and yours goes way, way, wayyy back; we’ll call it the Atlantean dream, because we can blame everything on those damn Atlanteans – to live with a group of people in a very safe community; to live with those who are of like mind and want higher consciousness, and actually, part of the problem is you did experience that in Atlantis for a short period of time; to live with those who can literally tune out the outside world, to have their own nirvana here on Earth. Nice dream. Old dream. Bye-bye dream.

“Oh, I been through that a few times in this lifetime.”

In just this lifetime! My dear, you’ve done it almost in every lifetime since. And you got messed up along the way. And this dream – you had some fun experiences – but you had this dream back in the time of *Yeshua*. Living with the Essenes, and it’s like, *“Oh, this is the perfect society.”* And part of the dream was you being the head mother of this whole group and being the matron of the group and the comforting ... my dear Linda, no more. It was interesting.

But what happened is that you had the experience in Atlantis of kind of a nice little community and then you put it into the dream realm or the hope realm and you held it out there, almost unattainable, almost impossible. You had such a high ideal for it that it almost wasn’t going to be possible here on Earth, but yet you’ve pursued it like a dog pursues their own tail. Chasing it lifetime after lifetime – great visuals – lifetime after lifetime, and all of the time that dream went further and further away, further and further away.

Why? Well, you wanted to protect the dream. You didn’t want to get it all polluted with earthly energy, so you put it further and further away, until the point part of you said, *“That dream is never going to manifest here. Maybe I have to – ahem – die to get to that dream.”* And so *what do you do?* When the dreams are that unavailable – that’s a good word for it, unavailable dreams – then everything else starts shutting off. The money, the health, the relationships. You cling on for dear life to a few things that you have left, and you cling on to the dreams.

“There are many times when I felt it was so impossible, I thought it would be easier to die than to walk through this.”

Yes. And you cling onto the dreams. The dreams kind of keep you going, but not really living. Big issue. Now, for all of you, take a feel ...

The dreams. They don’t apply anymore, out there. The dreams, you have held in such an unavailable state. You’re never going to bring it in. It was the spiritual carrot. It was the distraction, a deception, and in a way it kind of kept you from really living. *What was your dream?* Just think about it for a moment. Or dreams. They could be multiple. *What were they?* They could be something very practical. Opening up a massage center. And I’m not saying that’s a negative. All I’m saying is if you’re not doing it right now, if you’re not doing your dream, it means you put it away somewhere else. It was unavailable, and it’s tied up a tremendous amount of your energy. It’s tied up a tremendous amount of your heart, your resources, your hopes.

What were your dreams?

And there’s a really good chance it’s kind of foggy. Kind of foggy. Might not really remember. That’s what happens when these dreams get so unavailable, so somewhere else.

What were your dreams? The big vision ... yes.

Everybody just take a moment to think. *What were your dreams?*

“Well, it’s funny you should talk about this. This is my first Shoud to be able to come and actually be here live, and this has been something I’ve been really dealing with the last couple months. So it’s perfect. You know, I think it even makes me emotional talking about it, because, like many of you, I think all of us we’ve been such dreamers, and that’s partly why we’re here. We hold the dream of being the first to be the Standard, and, you know, how do we do that, and ... (she sighs and pauses) I’m at a loss for words. My dreams. I’ve had so many, and I think the fear that what I’m doing isn’t enough or, you know, it’s the harshness that I have for myself of not accepting myself. I’ve wanted to be a singer. I’ve wanted to coach people and shed light on the world, all the things you talk about – help others, be the Standard, be an artist, fall in love with myself, fall in love with another – and I’m doing it. I’m starting to fall in love with myself. I guess that’s the first step.”

You say the words, but I feel the emptiness.

“I know. It’s been such a long time. I don’t know if it’s been Atlantis or before Atlantis. I just feel like I’ve been searching so long, and ...”

Doesn’t really matter.

And you know one of things you do, and other as well, but then you get into this trap of saying, *“Maybe I’m thinking about it wrong. Maybe my thoughts need to be adjusted or reprogrammed. Maybe I need to say more positive words*

or maybe I need to ...” You’ve got all these going and you’re telling yourself what you’re doing wrong, of course. Yeah. And you continue to say, *“But I just have to be whatever. And I’m thinking about it wrong.”* And that just pushes those dreams even further away and causes more grief and frustration and lack of joy of life, and that leads to lack of abundance and that leads to, oh, bad relationships, and all the rest. So it leads to all that, and that’s why today, our first Shoud of the New Energy, I want to address dreams and really take a look at them.

See, the dreams are out there somewhere else in another realm. I’m going to propose a couple of things that, first of all, particularly in the coming month, try to be aware of what the dream was, because most of them have gotten so tarred over, so hidden or lost, you don’t even remember what they were. There’s something, you know. There’s something, but a lot of you have forgotten what it was. It could be something very practical. It could be shine light on the world. It’s a nice dream, but ...

Why? Why? So the world can do that to you. (he ‘gives the finger’) And that’s what they’ll do. Shine your light, they will flip you off *“What are you trying to do?! Huh!”* Yeah. It’s very true.

Just shine your light. Not on the world, just shine your light. In other words, no agenda.

So you’ve held dreams out there. They’re based on Old Energy. We’re wiping the slate clean. Let’s say these dreams really just contain a lot of energy, whether the energy is hope or lost hope, whether it is fulfillment or lack of fulfillment. No matter what it is, it’s just a bunch of energy right now, and it’s kind of trapped. It’s out somewhere else. It’s really foggy, and it’s ... you don’t even know where it is.

I propose that you just let that cloud just start raining down that energy into your life. It does a couple things. It dissolves the cloud, the mystery, the fogginess of things. It brings it from that realm into this realm, and as it comes through, it also kind of helps wash away this crystal ceiling that was there, kind of dissolve it away. The crystal ceiling’s really just sugar candy, so it starts to dissolve it away. It brings the energy – not the original dream, but actually the energy – into this reality, because in this year it’s about bringing it here. Not keeping it there. And I’m going to be calling you out on it this year, if you keep the stuff out somewhere else. It’s time to bring it here, including your divinity. I’ll talk about that too.

But it’s time to let it rain down on you. No umbrellas to protect you. Just let it rain down on you, and let yourself feel that. Even imagine, when you’re taking a shower, just using the symbology in here of that cloud, of the dreams, which would represent not only the confusion, but the mass and the distance, because clouds are way out there somewhere. **Let that cloud start raining down on you with all of its energy, washing away an unavailable dream and bringing it as a very available creation in this reality. Not the old dream, but just the passion.**

Then you say, *“Now, what do we replace it with?”* It’s going to be in the moment. We’re not going to start building lower-level clouds or unavailable-even-though-it’s-sitting-right-next-toyou type of clouds. Let’s move beyond those old dreams.

A very important reason is it frees up a lot of energy. It frees up you. It allows you to now create in this reality. A tremendous amount of your self has been invested out there somewhere, to the point where you weren’t really necessarily living here. Almost got to the point where you weren’t even creating here anymore. There are amazing things to be created if you want to. Simple things to be created. Even nothing to be created, if you don’t want to. Totally up to you. But it takes place here now, not out there.

So I’m kicking the dreams out from underneath. Really am, and I’m not saying just bring the dream down here; I’m saying **dissolve the dream, and let’s start creating, being, doing, right here.** Right here.

Then, after you let this dream dissolve, rain down upon you, then if one day you wake up and say, ***“I want to create something of a magical, New Energy nature,”*** whatever that might be, then it’s right here, Timothy. You’ve spent many lifetimes with it being out there. Many lifetimes. A lot of yourself tied up out there. Let’s bring it in here. And not just the old dream, but whatever you want in this Now moment.

I want you to hear that clearly. We’re not just trying to bring old dreams here, because they’re old dreams. In the New Energy, they could be far – I guess you would call it grander – far more satisfying, far more with ease and grace. You bring them here, they’re going to attract a lot more energy.

There are many amazing potentials, but the potentials are also being clouded over by some of these old dreams.

Let's take a deep breath.

A Merabh for Releasing Dreams

(Link to the official [Crimson Circle](#) YouTube channel: [Releasing Old Dreams](#))

Let's take a deep breath. Breathing in all of the energy from that released dream ... breathing in the freedom. Beyond the dream into freedom. What a great title. And with that, I remind you, I am the kinder, gentler, more compassionate *Adamus*, and all is well in all of creation. Happy new era.

05 – The Dream Of The Soul

Welcome to the gathering. Welcome to the High Court of Enlightenment.

Every month when we get together, a gathering of the royal ones, the ones who are setting the fashions and the trends for enlightenment, the ones who are guiding the consciousness of enlightenment in this new era. This royal Court of Enlightenment in the Kingdom of Freedom.

Dreams

In our last gathering we talked about dreams. I said if you're going to have a dream, a vision or an aspiration, bring it here or let it go. Rough stuff, because it was kind of warm and fuzzy having these multi-etherly-dimensional dreams. Kind of nice having them out there where they weren't subject to all the hardships, all the traumas and the dramas of this reality. So I said bring it in or get rid of it.

Big waste of energy having them out there somewhere. Big disappointment, in a way, also, and it created such a division within you, because you had your everyday reality and then you had your dreamy-dreamy world. Time to bring those together.

If you're going to have visions, dreams, aspirations, heart's desires, damn it, bring it here or let it go. Truly. It's a huge waste of energy. It creates an aspect when you have the two different.

Dreams, a wonderful thing, but it is incumbent on you, it is needed for you to start bringing those in. *Do you realize how many human dreams are out there somewhere else?* It's causing a lot of traffic congestion out in the other realms. So many dreams, so many ...

Do you realize the tremendous congestion out there?

Do you realize how many children will go to bed tonight with dreams of a better life, better education, better food, better parents, better everything?

Do you realize how many old people will go to bed tonight dreaming that they had had a better life, that they had done more things?

And you realize one of the most common things with the elderly, as they know they're starting to make their transition? They say to themselves – I have to get my position here appropriate – they say to themselves, "I wish I hadn't worried so much." So please, let's not have that dialogue in 72 years when you're ready to go. See, I took the worry away right there. "Oh! Seventy-two years," she says. "I don't have to worry about anything." No.

They do. They lay in bed and say, *"I wish I didn't spend so much of my life worrying about things, being restricted by things, listening to what others..."* That is one of the most common things that they think about just before they cross over.

So many humans will go to bed tonight and they'll dream. They'll dream of a better life, a better understanding of themselves, better relationships with others. **They'll dream of the things that they would really love to do, whether it's a creation, a project, helping others, but they dream about it, and when they wake in the morning they go back to their routines, back to their old way of doing things.**

It's time, with a very special royal group of beings such as yourself, that we bridge that, we bring those dreams in, and that's what we talked about last month. Only bring in the dreams that you really, really, really want to manifest. The others, let go of. So it's about bringing those dreams in that you truly want to manifest, and being bold and courageous enough to insist on it, to manifest it, to make it real.

Now, it might sound nice, but that's a little frightening. As we talked about last month, sometimes it's easier to keep the dream off somewhere else. Then you never have to be disappointed by it. Then you never have to have your dream subject to the harshness of this reality. Then you can always dream it and not really have to face it.

So it begs the question, *why did you dream this in the first place?* Whatever your dream was. *Why did you dream it? Was it a passion from the heart? Was it a distraction for the mind? Was it something that is deep, deep within your soul and your soul wanting to have that dream, to experience it in this reality? What was the dream? Where did it come from?* And it begs the question, then, about passion. **Passion.**

It's not the mind that creates reality. Period. **It is not your thoughts that create reality.** The mind knows how to maneuver within reality. It knows how to avoid certain aspects of reality that it wants. But the mind does not create reality.

Now, for the last 80 to 100 years, it's been popular to think that, but the key word is "*think*." All these – and some of you participated in – mind control classes and mind creation classes, and if they were so effective, there wouldn't be any more classes. Everybody would have taken it and be doing what they want. But these things of the mind, the thoughts that flow through your mind do not have passion with them.

In here (heart), there's a dream, a real aspiration, sometimes coming from the soul, sometimes from the self, sometimes the soul self, and it has passion attached to it, **and that passion is what brings dreams into reality.**

That passion is what breaks through barriers, and there are a lot of barriers to break through in bringing your dreams in. That passion is what draws energy, and energy then helps to manifest and make real your dreams.

So what are the dreams, the aspirations, the desires, the visions? What are those things that would bring you such joy, bring you such happiness and a feeling of fulfillment? What are those things that would break through some of these barriers. These barriers of, oh, whether it's your aspects or human consciousness, they're like rings upon rings upon rings surrounding and sometimes actually suffocating these passions.

What About Your Dreams?

What have you learned, realized or experienced about your dreams?

"I think for me is, because I have a lot of things in motion right now, and it's about the amount of time that I spend on those dreams bringing them into reality and making them my own world versus spending time thinking about other people's worlds. That's what's been my reoccurring theme this month. And so the first ... right after the last Shoud the first week or so was focused not on that, thinking about other people's worlds and realities, and the last few weeks have been focused more on what it is I want to create and letting that flow through."

And what is it?

"Well, I'm launching my Colorado Creative News site. So that's the main thing."

And are you ready to bring it in in the way you know it can really be done? *"Yes"* Good. Okay, then bring it in.

Now, it's going to have some, mm, you call them challenges; I call them fun. It's going to ... as the dreams come in, they make their way into this reality and they get pushed and shoved around by you, by others, they have to adjust themselves to this very, very different reality. But when the passion is there, they get energized and then they become true. Now, *what happens if it becomes true?*

"I hope it does, because I've been working on it for a long time now."

But that raises a point that, and again, as we get into this dreamscape and actually ultimately the freedom of dreams, there is also **a tendency for people to like to work on things rather than to realize them.** And actually, once it's realized, then there's oftentimes a sense of boredom or, worse yet, a desire to destroy what they just built. Little kids in the sandbox build up little castles and then create wars and destroy them. So this is a very, very important point in understanding why you want to bring that into reality and what's going to happen once you get it.

***The minute you start trying to dream for others,
you're mixing consciousness and energy.***

Now, I'll add a little footnote here: Your dream. I didn't say your creating-reality-for-somebody-else dream. That's where, again, people get very confused or get in trouble, because **the minute you start trying to dream for others, you're mixing consciousness and energy.** It doesn't usually work so well. But it's a very difficult thing. There's such a desire to say, *"Yes, but I, you know, I want my children and my family to be happy."* Forget about it. Truly, it's not up to you. It's going to be a very frustrating dream.

So take a moment. Your dream, for you. Feel the passion for a moment. And then imagine it starting to come closer and closer, which it is.

Starting to come into your reality. A funny thing happens. First, it feels very good to have it start coming in closer and closer, and then suddenly, when you realize it could happen, then the fear and panic strikes. Then it's all the *"what am I going to do about money"*; all the old human conditioning that comes in and, in a way, almost starts to push it away. Almost start to say, *"I'd rather keep it in dreamy-dreamy world rather than bring it into this reality."*

Then the mind jumps in – or aspects or whatever you want to call them – and starts saying, *"But what if it doesn't work? What if I fail at it? What if I get it really close and then something happens? Or somebody steals it or I sabotage it? I'll just keep it in dreamy-dreamy for a long time."*

Almost, in a way, you think almost better out there, because then when you have a few moments to yourself, you can just dream about your dreams rather than living them.

But, in this new era, New Energy, it doesn't work anymore. It won't be. Either **let go of the dreams or bring them on home.**

"I worked on bringing in the dream of nearly unlimited abundance, and what I did concretely was get some books on" I have to stop you. Why nearly unlimited? That sounds limited. Really.

"I was trying to get unlimited abundance. And in order to do that, I bought some books on tape."

Good. So what did you learn?

"I learned to start being more comfortable with this idea that I indeed could start right now and invest and bring ...abundance in."

***Freedom is an attitude.
You have to be free to be enlightened and to be ascended.***

Let me start by saying this. First of all, **freedom is an attitude.**

That's all. And you could replace the word freedom, enlightenment, ascension. It's all the same. **You have to be free to be enlightened and to be ascended.** They're all the same. They're an attitude. That's all. None of you can study your way to it. You can experience your way to it, but not study. It's an attitude. **Mastery is an attitude.** That's all. We've talked about it here before. You walk like a Master, and suddenly, you start to feel like a Master and you've got a Master swag. And you have the look in your eye like a Master, and you start to feel at your core like a Master, because at your core you are. It's all the rest of this crap that overlays it. You've forgotten about being a Master.

Mastery, enlightenment is an 'tude. It's a big attitude. Yeah, it's an ease. It's kind of an energetic dressing. You go to the energy clothes closet and you look and say, *"Ah, I want an abundance look today,"* and you dress that. I'm not talking literally, but I'm talking the way you get up in the morning. You carry that attitude of abundance. And a funny thing, is all the un-abundant parts of you start to feel a little bit more important, or they get out of Dodge. They leave.

It's a choice, but it's really an attitude. So it's – we are going to have an abundance class – but it's just going to be about sitting with our attitude.

And remember that, as silly as it might seem. Why study a lot books by *Warren Buffett*. Wonderful man, but you're not *Warren Buffett*. You are Terry!

It's a very natural, spiritual, universal principle. If you act it, you are it. It's that simple. And then you discover, first of all, that what you've got right now is just a big act, which is okay. But look at what a great job you're doing it. Then you realize you can start acting anything you want. You can start acting healthy, strong. You can start acting clear, like you really know what you want. **You can start acting, and you realize you can change the act whenever you want. Every day can be a new act. That is the joy of freedom!**

Anything you want – it's all an act. It's a great act, a divine act. It's very, very real. I'm not saying it's made up or false. Not at all.

Everything that an Ascended Master does is just an act for the sake of acting or experiencing or just being, because every time you act, every time you act, it is an expression of beingness, an expression of yourself.

Joyful expression. Every time you act, when you do it without holding back, without limits, at first it brings up the issue of trust. *Can you trust yourself to act like something that you haven't been conditioned to be? Can you trust yourself just to act like anything and that you're always going to come back to your I Am-ness?* But after you realize,

"I do. I can. I can act abundant. I can act like anything I want. I always contain or carry the I Am-ness, I'm never going to lose that," now you can act joyfully, without abandon, recklessly if you want.

You can act in phenomenal ways, but right now, you tend to keep it really, really tight. You've got one act going on and it's been going on for a long time. And if there's one thing that I would like to do is to move you beyond that act. We're not just trying to do a little better act. We're not just trying to make this old act just give it a little freshen up. We're trying **to go beyond, break through the barriers so you can really just be expression.** That's the joy.

How much of your dreams are contingent or dependent on other beings? Well, want a percentage? Any guesses? Eh, 99.9999, almost to infinity. Almost everyone. It's not unusual, because you've grown up in communal situations, communal lifetimes. There's the biological families, everything else, so it's very natural to think that. For those of you who are in a relationship, a – what would you call it – a committed relationship – should be committed – but being in the relationship ... no, it's a good thing.

Suddenly, you're like, *"Well, my happiness is dependent my partner or my children."* This is where you get in trouble. That's not freedom. I'm sorry, they're lovely beings, for the most part. They're lovely, lovely beings, but let's just say, your children. You feel an obligation, a debt, a service and all the rest of that. You brought them into this world; you have to make them, damn it, appreciate it. So there is this interrelationship that makes it very hard for your dreams to come into reality. It takes a very bold, courageous person to dream their own dreams for themselves.

Now – and this is very similar to ascension, by the way – because the first thing that comes up is, *"Oh, my God, what's going to happen to my children, my husband, my parents?"* – you name it – *"my job, anything else?"* So you immediately cut off the life force energy to your dream. And then you say, *"Well, I'll have to wait until they graduate from college or whatever, whatever happens."* So now you have unfulfilled dreams.

The thing that amazes me, that I don't quite understand – actually, I do, but I'm just provoking you – is *who said that your dreams or your enlightenment or ascension are going to harm these others?* That it's going to suddenly blow up your spouse or suddenly your children will be without a mother or a father – *where does that come from?* There is this assumption that if your dreams come true, that everybody else is screwed. Interesting.

"What I'm really asking for is that the universe orchestrate a magnificent set of circumstances to make that ... for that dream to happen in a beautifully divinely orchestrated way, instead of ..."

And the universe doesn't give a damn. It doesn't. And I hear the expression and I know what you mean when any of you say it, but it's you that's orchestrating the universe.

It's you that is calling in the energies that are aligning them in an appropriate ... and as soon as there is that little breakthrough in enlightenment, *"Ah, oooh, it's here,"* which is a difficult thing, because sometimes you don't want to have to face that it's coming from here. It's easier to blame it on the universe. That would be a great – your next book – *"Blame it on the Universe."* A wild hit. You'll write it on your one year sabbatical to France.

What Does it Take?

What does it take for freedom?

"Not to have to work all day every day. Because I need the money."

Well, you're ... help me to get this. *You have to work to get money? When was this invented?* I think, it starts with that attitude. **You got the attitude**, the upbringing, the previous life backgrounds – **"Work for it, struggle for it."** There's almost a sense of guilt, maybe even a little bit of a lack of appreciation, if you don't get down on your hands and knees and suffer for it. Let us release that. Right here in this court of enlightenment, let us release it.

So you've got this very deep-seated belief that you have to work for it. You do. So many of you do. You can let that go. You can then ... two things happen. First of all, you start enjoying your work rather than resenting it. Secondly, you realize it just flows in. It just comes in. It's the dream brought to reality. *Does that make sense?*

~ They

I want those voices that any of you hear to be your own. We really don't talk to you all that much. Really. Humans, they want to believe that there's some higher being talking to them, giving them guidance. First of all, Ascended Masters don't know the answers. They're old farts. They died a long time ago. They don't understand it. They're going to tell you one thing. They're going to tell you to allow, or they're going to say *"Love yourself."* They're not going to go into this yip, yip, yip, like I'm doing right now. They're going to make it clear.

So, please, between now and our next gathering, **no more of this “they’re telling me.”** Take that out of vocabulary or don’t come back here ever again. I’m serious, because where we’re going there’s no room for it. They – *who’s they?!* “They,” to me, is mass consciousness. This big Borg, blobby kind of thing. They – they’re the ones who set the laws, tell you how fast you can drive. They’re the ones who tell you you have to wear red in Valentine. It’s always they. They’re the ones who tell you what to think and what to do. Let’s release “they.” I’m tracking with you, but I just love these opportunities to interject.

Let’s let go of the “they.” There is only one and it’s you. Take credit for it. *“I’m telling myself. I’m telling myself. That deep resonate part within me is sharing profound knowledge that I already have, but I just kind of blocked.”* No more they.

“They” do not ask you to write books. They’ll help you. Once you decide to bring your dream to reality, oh my gosh, there is just a legion of them. They’re here to support the royalty – you. But they don’t say, *“You need to write a book.”* First of all, they have better things to do, and secondly, they don’t care until you do. *Got it?* They don’t care until you do. But you’re not pawns in this kingdom. They’re not moving you around and saying, *“We want you to do this. We want you to do that.”* If that was true, just boom! Get it over with right now. Terminate! Yeah, just terminate, because otherwise you’re going to be really frustrated.

What does it take for freedom?

“To just do and be. Follow your passion Just follow your passion with no worries, no fear.”

“For me, I think it’s just ... it takes just loving myself, because I really find that no dream can make me happy unless I’m in love with myself. It’s the work in progress, because, because, you know, I really discovered this last month that, you know, I have everything I actually want. I really have no dreams. They’re out there, but I’m not happy. So ... And that has been the thing with me for a long time. Breathe! And I think it’s really firstly shutting off my mind. Because my mind is the one that’s going around and round and telling me all kinds of stuff. You know, just letting more of soul, of the I Am Presence come to the forefront.”

Yeah. I’ll sum it up. It’s really about trust, because the mind is always out of trust. Always, always. When you breathe, when you get into trust, no matter what, an unconditional trust ... now, we talk about trust a lot. It’s not a new topic at all. But for most of you, it’s a conditional trust. *“I’ll go a little bit. I’ll put one toe in the water.”* But I’m talking here about just total wide open trust.

Now, we’ll use this as a continuation of our discussion of dreams. So you get into trust, you start to feel good, you start to feel balanced, and it starts happening.

Now, right away what happens in this reality is that others start attacking it. And it’s not just you attacking it, but others start attacking it. *“You’re crazy. What are you doing? Act like the rest of us. What’s wrong with you?”* You know, *“Why do you have to be so different?”* You have to be prepared for that. You have to be prepared. Most of you are very sensitive about what other people think about you. So once they start attacking, *how are you going to stay in that balance?*

“I find that, you know, the main attack is from my own mind. And not listening to what my mind is telling, because I can not listen to what other people tell me, but trying not to listen my own mind, that gets a little tricky sometimes. I’ve been finding recently that it’s just making that choice, and you can see the choice sometimes just in front of you, and you know, it’s just taking that step. And I can see now that it’s getting to the point where I cannot not take that step and remain balanced and centered.”

So I just want to summarize here. The work in progress; *how are we going to just get through it, because otherwise this could take a long, long, long time?*

And with all of you I would like that we go beyond the steps now, because, you know, one step leads to another step leads to another step, and it leads one to believe they’re making progress, but in reality it’s just a lot of steps. If you like steps, that’s fine. But in this new era, I want to break through. Not just steps anymore, but really breaking through that crystal ceiling.

Now, it isn’t to take away from your experiences at all, but where we are going, all of us in this Royal Court of Enlightenment, it’s about clarity also. It’s about clarity.

What’s it going to take to break through for your enlightenment, for your freedom? You’re not free. None of you truly are right now. Getting close. Taking steps. Work in progress. *What is it going to take?* And this relates directly to our discussion of dreams. You have a dream of freedom, but it’s a dream. It’s not here.

What is it going to take?

Clarity, Shaumbra. **Clarity.**

You see, it's so easy to get distracted. It's so easy to get into stories and issues. Just clarity. **Clarity is also an attitude. It really is, just like mastery, just like enlightenment and ascension.** Clarity. Clear about your dreams, clear about your choices, clear about the I Am.

We see it all the time – we see here, we see it in workshops that we do – the distraction. Going off, chasing rabbits, chasing entities, chasing, “*Well they told me.*” They did not tell you, and if they did, don't come back here. That simple. Tough, but simple.

We're not going to get into all that. This is about clarity, about the clear, crystalline I Am that is the dream, but that's also coming in.

The Dream of the Soul

My dear friends, this physical body of yours is preparing itself to accept the true crystalline nature of yourself, your soul, your I Am-ness. It's the dream. Oh, a lot of other dreams, a lot of other things you'd like to do, but the true dream or **the true desire of the soul was about present embodiment.** Present embodiment. Not being in two places or a thousand places or ten thousand at one time, but being back together. Clarity right here. Embodying this crystal – and when I say crystal, I'm not talking about the stones; I'm talking about crystal means clear – clarity, pure. So this crystalline nature of what you would call the soul is preparing to come in.

The dream. The frightening dream, because you've been pursuing it. You've been a work in progress, for so many lifetimes. You've been studying it. You've been in the churches, creating the churches. You've been in mystical societies, secret organizations, everything else. But in a way, those were steps along the way, maybe even necessary steps or steps of experience. It's time we stop taking the steps.

The true desire of the soul was about present embodiment.

This body is getting ready to accept the I Am. It is a true crystalline structure that has not been in the physical before, but it's coming in. It needs clarity. It needs the attitude. It needs the dream, and this dream is the grandest of all dreams. It's the dream of the soul – being together and present within this physical experience; being human and divine simultaneously, no longer separate; being in and of this reality with all of itself. This desire of the soul, if you take a moment to feel it, the soul into itself now. The soul into itself.

The soul created this aspect that would go into human experiences before all of it came in. And it gave this human aspect, who has had many, many lifetimes, a large degree of freedom and free will. But there are times when the soul has superseded or overruled some of the things of the human. It's given the human a very, very, very, very, very long line. And this human is the soul, but the soul in its brilliance didn't send all of itself within itself right away. The soul said, “*To know myself and to love myself, I'm going to dive completely into me.*” And in that moment, this aspect, this fragment of the soul that would go into the human experience, went forth, paving the way, blazing the trail or adjusting the frequencies so that ultimately the entire I Am-ness could be present within itself.

Your ... this body that you have, this mind that you work with, this is the lifetime, the vessel, the vehicle for which the soul will come in. But it will not force its way in. It cannot force its way into itself. It will wait patiently until this part of itself that is human is ready, has clarity, has the attitude, and is willing to receive into the physical body.

You are the soul; but you are, in a way, also just a shadow of the soul. The soul right now is saying, “*Paul, I'm right here. I am you, you are me. Really is no separation, but I was so wonderfully clever, that I created you, Paul, to go first before all of Paul came in.*” It said, “*But Paul, I love you because I love me, so I'll wait until you are ready. Even if it appears that you get lost, which I know you won't, I'm going to wait until you're ready, Paul, because Paul when you say you're ready, then I'll know I'm ready.*”

We don't have room for distraction, for “*they*” or for “*the others.*” We don't have room or patience anymore for steps. We don't have time for distraction. It's now. Right now. Right here. Period. Soul ready to come in.

It wants to come into that body, into this being, into this experience. So I ask the question, *what does it take? What does it take?* That's why we're talking about dreams. This is the dream of the soul and also of the human. *What does it take?*

I said get rid of all the rest of your dreams. They're frivolous. They were distractions. They were wasting energy, wasting my time. Get rid of them. Release them. Just the real dreams, the dream of the soul and the human. It's an amazing dynamic that's happening right now.

No more stories. No room in this royal court for stories. Just experiences. Just realities. That's it.

Let's take a deep breath. Deep breath.

There is the dream ... the dream – I'm going to ask you to feel it for a moment, because it's so thick right now – the dream of the soul to finally be within itself. This is the I Am, and it happens here. Physical reality. *Why?* Because it's so damn tough. Because it's so real. It's not gaseous. It's not airy fairy. If it can happen here, it happens, you see.

In a strange way of saying, the soul – the I Am – has had some previous experiences with coming into itself. It's kind of almost like a unification, almost like a diving deep into itself and emerging then within itself, if that makes sense. But it was done in other realms, in nonphysical kind of ethereal realms.

So there was some doubt, you could say, using humans terms, or rather a sense of, ahhh, not quite total satisfactory sense of coming into the I Am that your soul had. It says, *"I need to ... I really need to feel it. I really need it so that it's a grand experience, not just a fluffy experience,"* and so here you are, soul, in your experience now. Here you are, and if you can take this lifetime, this body, this identity that you have and crystallize it, let soul fully come into this body, then it feels, ah, full satisfaction. No doubt. That was it. The soul diving into itself.

So this dream of being within, the dream of the soul and the dream of remembering and coming back to your full self, your total consciousness – the dream of the human – it's a big dream. It's a scary dream, because *what if it doesn't work? What if you fail at it? Huh? You're not going to fail? What if you do?*

It doesn't matter, because when you think about failing, that's coming *from what?* Your mind, and really actually from your past experiences, because it's saying, *"Oh, I failed, you know, this lifetime. How many times have you failed?"*

So the mind is setting up. It doesn't matter, because those are human thoughts. When there is the divine involvement ... when there is the divine involvement, there's no such thing as failure or success. Just experience. There's no right or wrong. Let's take a deep breath.

Beyond Old Psychology

I want to talk for a moment about something that ties into all this. We're going to continue to weave in. We've all been talking about it in our consciousness, in our dream state.

Humans have issues. Yeah. Yeah, profound. It's one of those Master statements. Yeah. Just stand on the street corner or at the airport, yes, and just spew off things like, *"Yes, humans have issues."* They'll think you're wise, actually, if you say it right. *"Humans – also meaning, 'not me' – humans have issues."*

Humans have issues. Other humans try to treat them, and it doesn't work very well, and it's working less and less well every single day. It's called psychology or psychiatry. And it's also called pharmaceuticals. Better life through chemistry. Not really. It's called giving pills to handle things, because the old psychology isn't working.

Old psychology is based on the mind. Based on the mind, and it's based, to a certain degree, on a very narrow perspective of the past. It fails to take into account past lives. It fails to take into account, yes, the soul, which I don't expect that it will, but it looks at a very narrow set of circumstances and it gets very, very mental. So it's not working very well. It's not, and this all comes back to the subject of dreams.

When there are psychological issues, when it is all mind focused and there's a lot of mind processing, can you imagine? The mind is very clever, up to a degree. It will go in circles and circles and circles, and it will feel, because it is taking steps, because it is always working on things, that it's making progress. But the whole time the mind is laughing, saying, *"Boy, I've got them fooled. I've just got them running in circles."* The mind loves activity. *Why?* It makes it feel alive. It's like a computer that's always on and always churning away. And if it's cranking out thoughts and emotions, it feels like it's doing its job.

Psychology is based on the mind, for the most part, and yes, emotions, but emotions come from the mind. **The mind**, as we've talked about in some of our classes, **created emotions as a cheap substitute for feelings, awareness, consciousness ... consciousness.**

The mind created emotions as a cheap substitute for feelings, awareness and consciousness

And, when the mind gets involved in dreams, it gets very, very confused, and it chases dreams. The dreams really never become a reality. What happens is you get a little morsel of the dream landing once in a great while, just enough dream to keep you dreaming somewhere else. They don't manifest. They don't come in.

When somebody is having deep psychological problems – they're confused, they don't know what to do, they're in a morass of emotions and thoughts, and they can't sort it out anymore – they go to a psychiatrist or a psychologist, and *what happens?* They get involved in mental masturbation, mutual masturbation with each other, and they just start processing. And it gives a sense of relief, because, *"Oh, finally something is being done to untangle,"* but it doesn't. It really doesn't.

Now there are times when somebody will have a certain amount of relief through therapy, but I'm going to say it's not the therapy. It's actually the person or the soul, the whatever you want to call it, finally saying, *"I'm tired of this game. I don't care what the psychologist is saying. I'm going to get myself back into balance."*

This whole game of the psychology that's being practiced right now – extremely mental. We can go beyond that starting with yourself.

It always starts with yourself, because when it starts here, you don't have to go out and stand on a soapbox and preach it. You just radiate it and illuminate it.

The new psychology I would call: **Compassionate Psychology.**

~ **Compassionate Psychology.** It's what we did in one of our recent DreamWalks. We went back to a time in the listener's life, back to when you were 18, 24 years old – I picked that timeframe on purpose – went back to visit. Not to process, not to figure out what was done wrong or who done you wrong – that's an inherent problem in mental psychology – but back to visit Self. Back to visit, not to do anything; not to try to repair or fix; not to try to have sympathy. Sympathy is very different than compassion. But the compassion was to be able to go back into that timeframe that was 20, 30 years ago, back to an incident that happened.

And, by the way, it's always interesting. I'll say *"Go back to when you were 18 to 24 years old,"* and most of the time people say, *"I went back to an incident I didn't think I would have ever picked, but I just found myself there."* Interesting. I wonder why that is. Because you weren't thinking about it, and because it was actually probably more important or influential than the one you've been thinking about and processing.

So you go back there to visit. *What are you doing in the visit? What are you doing?* Well, you're just having compassion. **Compassion is acceptance.** It's not saying, *"Oh, you poor thing. Look what happened to you."* That's mental psychology, and that's really very ... at a point, it actually can be harmful. I don't like it. At a point, it is very, very harmful. And I know there are people who'd argue it and say, *"No, it really helps. People come to the office and they sit here, and we talk about their problems and they go back into their childhood." Really?! And that's helpful?* Because it's a lot of reprocessing. It's kind of like warming up the old beans again, and it's very, very mental. There's no compassion in it. It's emotional and mental, but there's no true compassion.

Compassionate Psychology would be going to visit yourself when you're eight years old, from the I Am that you are right now. You go back to visit your eight-year-old self. You don't have to say any words to that eight-year-old. You're just there. You don't have to try to repair anything. You don't have to give false hope and promises. Nothing. Just being present. Just being there.

Imagine ... well, hell. Let's just do it. Good.

Compassionate Psychology

(Link to the official [Crimson Circle](#) YouTube channel: [Compassionate Psychology](#))

Let's take a deep breath. Take a good deep breath.

Here you are, present, coming into your crystalline being; present here at this Shoud, whether you're here in Coal Creek Canyon or listening now or even later. You're in your body. You're sensing, feeling things.

It's amazing, actually, how much distraction I have to do, a lot of yammering up here just so you can allow yourself.

Here you are as a conscious, aware being, and you suddenly allow yourself to expand; expanding meaning we're not going out of the body. This is not astral projection. No more going out of the body. Everything comes in and through the body now. But we expand. The body can expand. It's just energy ... driven by consciousness.

So the body, the being, the I Am expand back to when you were about eight years old.

And you're there with yourself, the eight-year-old, not doing a thing other than observing and being aware.

You may be aware of an incident. You may be aware of your eight-year-old's emotion or trauma. That's all right. Oh, you're going to feel it, absolutely, and that's all right to feel it. But you're not there to interfere ... or counsel ... or do therapy ... or Reiki, crystal tuning, anything. You're just there.

You are there as a radiant being with yourself.

You can observe and feel what's going on.

But not trying to change a thing. This, my friends, is compassion.

Compassion that you would be there for yourself.

Compassion that you would allow whatever is going on to go on.

Compassion that you don't have judgments about anything being right or wrong. You're just there.

Compassion. Just accepting yourself.

Now, some funny things happen. Right now there's an eight-year-old, your eight-year-old, who's going through something in your life at eight years old ... suddenly feels a presence ... suddenly feels something called love or compassion, suddenly has hope. Doesn't feel so alone or lost. That eight-year-old doesn't know how to define it necessarily. Might call it an angel or a saint or one of its spirit friends that it used to have when it was two years old. But it just feels something.

And in feeling something, at that point of trauma, it allows whatever stuck energies were there to be free. Whatever perception that eight-year-old continued to have of that event, continued to have when the eight-year-old became 20 and 30 and 40, that eight-year-old held onto the perception of that event until now. Your compassion – the compassion to go back without judgment – touched this eight-year-old. It did not necessarily change the linear outcome of events, but it changed the perception, the love, the compassion, and the lesson.

That, my friends, is compassionate psychology.

Next step. Here you are as a human, sitting in these chairs here in Coal Creek or watching; here you are whatever age you're at. You take a deep breath with clarity and simplicity ... and you allow yourself to feel.

There's something here. It's not me. It's not 'them' or 'they.' It's you, and the compassionate soul.

Some would say that it comes from the future. It doesn't really matter. But it's here without judgment. It's here reminding itself, you, that it's not alone. It's here with a big smile saying, *"Isn't it amazing? It all worked out. Even in spite of you, it all worked out. In spite of the doubt, the limits, the fears."*

Now, your human mind says, *"Yeah, but where are you coming from? How far in the future?"* That compassionate soul says, *"Does it really matter? I'm here. I Am that I Am."*

*What's it going to take? What's it going to take for freedom? **Clarity and compassion.***

Freedom isn't anything you can fight your way into or out of. Freedom isn't anything that you earn from your good deeds. It's nothing you think your way into. The more thinking, the less freedom. **Freedom is the compassion.** It's you going back and visiting yourself when you were eight. It's your soul visiting you right now. It's all the same. It's all the same.

Let's take a deep breath with that.

I'd like to do a [merabh](#), as long as the energy is so beautiful right now. A merabh. Merabh is a shift of consciousness where you just sit back and let it happen. You don't have to think about it. You don't have to struggle with it. Just allow it.

(Link to the official [Crimson Circle](#) YouTube channel: [Merabh for the Dream of the Soul](#))
(music begins; "The Water Garden" from the album "Aquaria – A Liquid Blue Trancescape" by Diane Arkenstone)

A merabh is when you pretend you're listening to the music and to me, but what you're really doing is just stopping all the commotion; when you're in a place of compassion. **Compassion is allowing. Compassion is having that attitude that puts a big smile on your face.** Big stupid smile, that's compassion. You say, "I don't know why I'm smiling. Do I have to have a reason?" That's the attitude.

You know, the human, the body has gotten pretty tired. Whoo! Tired. So *what do you do?* The body's tired, so you go work out. Go figure. I'm still trying to understand that one.

***Compassion is allowing.
Compassion is having that attitude that puts a big smile on your face.***

~ **Your body** is tired. It's getting old. That's not me saying it, it's you saying it. I'm just repeating your words. Body gets so vulnerable. Mm, mm, mm. Especially those who have a lot of what you call sensitivity. You're usually imbalanced. You're sensing everything, everybody else, other than yourself. The body picks up on everybody's junk. Sometimes you actually want it to. You take on everybody else's stuff right into your body – smacko.

The body, oh! Forgets how to sleep. The body hurts at times.

I look at the energy in your bodies. It's so locked up with fear – fear of itself, kind of interesting – but the body is getting really tired ... run down.

Kind of an interesting dynamic is that you're so damn strong-willed that it kind of had to come to this, just getting run down, before you'd stop and listen.

You're so tough that the body had to start getting so tired before you'd let that dream of the soul come in.

Even though the human physical body is tired, your crystalline I Am body, your soul body is not. Your soul body is not tired. It comes to you filled with energy – unlimited energy. The human might be tired and the body wearing out, but the soul is not. It is ageless.

Its reservoir is unending. This body, **the crystalline body, comes in to your physical body.**

You can let go of the tiredness, the illness, the aches and pains, as you invite the crystalline body.

~ **The crystalline body** will never get tired like the human body. *Why?* Because it doesn't have a mind attached to it. The crystalline body truly never ages.

The crystalline body gently, gently, with the compassion of a Master DreamWalker, comes to you right now.

~ **The human mind**, oh, it's so confused, so wrapped up in itself, just trying to get through the day, trying to figure it out. It's gotten so filled with stories, and actually just what I consider to be very limited perceptions of its experiences – in other words, not the truth; so filled with its fears. That poor mind, like a little scared bunny, trying to act tough.

The mind winding and winding and winding on itself, desperately wanting to unwind but not knowing how, so it continues winding and winding, tighter and tighter.

~ **The divine intelligence** does not wind at all. The divine intelligence is clarity, simplicity and ease.

The divine intelligence doesn't have a need to know everything, because within the I Am, it realizes it knows everything that it needs.

While the human mind is confused, racing around, desperately seeking answers, the divine mind comes in. The divine mind comes into this reality, easing the human mind of the tensions, of the grayness, of the confusion, and it does so with such joy. It does so with such amazing compassion. It just needed you to be silent for a moment.

The divine intelligence is crystalline, clear. It has its structures, but the structures are constantly free, fluid. It allows for its experiences, but it never gets caught in them. The divine mind comes to you in this DreamWalk, merabh ... and it wonders. It wonders when the human mind was going to get so tired, it just allows. When the human mind stops winding itself in circles, it just allows.

It's present. It's not off somewhere else. It's not the distant dream. It's here. Now, *what is it going to take?*

Compassion ...

A deep breath and compassion ... and clarity.

~ **The human heart** – perhaps you would call it your feelings – the heart feels betrayed in many ways, walked on, hopes often stamped out or robbed by others. The human heart feels violated by others and oftentimes by itself. Oh, it wants so much ... it wants so much to let you and everyone else know of its tenderness, of its love, of its desire for life. But it feels that every time it's opened up, that it's been attacked. So the human heart has closed down ... gone quiet ... gotten sad ...

It's a divine heart, the I Am. It is clear. It is fresh. It does not know betrayal, and it never will. It does not know being robbed or violated, and it never, ever will.

The human heart wants so much to let you and everyone else know of its tenderness, of its love, of its desire for life.

This human heart, it so much wants to feel love and true openness.

With **the divine heart**, it can once again.

The I Am, with its divine heart, with its divine intelligence, its crystalline body, is clear, energized, untainted.

It will always remain clear, energized and pure. It comes to you in this DreamWalk. It doesn't matter if it's coming from the beginning of all time. It doesn't matter if it's coming from some point in the future. It doesn't matter how it got here, but it's here.

It doesn't matter if you think you're worthy, if you think you're ready. It knows, you know, you are.

Take a deep breath and, with this beautiful reconnection with who you really are, *what does it take?*

Does it take more suffering, more failures, more tiredness, sleepless nights, bad experiences? It shouldn't.

We're in a new era now. We're in a new attitude now. It shouldn't.

There should be no more struggling or suffering. When we gather each month, it should just be talking about how much you allowed, not what difficulties you went through.

Deep breath ... You've come to visit yourself from the past, the present, the future and the Now. The crystalline self has come to embody with you, to come into this tired body and the confused mind and the broken heart, to come back to the I Am.

What does it take? Just this simplicity. That's it. That's it.

Let's take a deep breath together.

Gently, gently, allowing you to come home. Not thinking our way through it.

Not just dreaming about it anymore. Not holding all of this off somewhere else. It's this simple. It really is.

We have a lot of work to do, fun to do. Let's keep this clarity and the compassion going forward.

Sometimes when we gather like this, I can be a little direct, provocative, and extremely charming. When we gathering like this, oh, I like to call [makyo](#), makyo. But you've asked for it, tired of just one more spiritual step. So let's not take steps anymore.

By the way, this amazing compassion of your soul, the soul coming to visit you from past, present, future and the Now, it's very real. Very real. Don't think about it though, because you're going to do that. You're going to go home later and say, *"Now, I'm going to try to do that again."* It's just allowing. Just allowing. It's not a set of steps. So as we talk about dreams.

The Dream of Freedom

As we talk about dreams, I want to bring up one thing – and there are many, many levels of dreams. Here I'm talking about the dream of freedom, the dream of the I Am embodied with its crystalline being and its biological being; embodied with its divine intelligence and the mind, all embodied together. I'm talking about the dream of your freedom. Your freedom.

Interesting. Earth is very, very interesting right now. We've been talking about freedom for a couple of years. This question is still out: *Are humans really ready for freedom? Or do they just want a little better, just barely enough, a little bit more of just barely enough?*

It's a good question, and you see this conflict breaking out all over the world, everywhere, from Egypt to this United States, South America, everywhere. Really **the dynamic that's taking place in this world right now is about freedom**. It's religious freedom, sexual freedom, freedom of the heart and the soul, freedom to be a woman or a man, freedom to be I Am.

If you want to say *what's the problem with the world or what's the challenge? What do we look at from our perspective?* Earth is going through its freedom thing. And there is a group of humans, ah, who have Royal Court once a month, a group of humans who says, *"Yes, that is my choice for freedom."* But then they start encountering the challenges along the way, the barriers along the way, but there is this burning passion for freedom.

Illuminated Free World Bank

There is something called – you call it – the St. Germain World Trust. Ooh. **St. Germain World Trust**. A lot of stories going on about it, and it has a degree of truth. It's actually ... the literal name is not the St. Germain World Trust. *Wouldn't that be nice?* But no. Some people call it that. *Would you believe some people actually like to use my good name?* Hm.

It was true to a degree, because I was part of a group who started a – how would you call it – an abundance bank. The real name is the **Illuminated Free World Bank**. *What does that mean?* Well, it means a long time ago you and me and a bunch of others, we took literal crystals, valuable jewels – diamonds and rubies and sapphires and emeralds, beautiful jewels – and we said, *"We are going to literally put these into the Earth, into very well protected caverns, caves. We're going to put these into the Earth, because they have a – because they're really nice looking – because they hold a lot of energetic attributes."* And at the time with this stash – several, many stashes – of very valuable crystal jewels, some of them actually not even from this planet, they're from other places in creation that are simply amazing.

We stored these in certain pockets or caves around the world and said at the right time we will also use these as the grounding mechanism to bring in multidimensional divine energies. And when that happens, there will be a grand abundance, unlimited abundance of energy **for those who are ready, willing and able to handle it; for those who have integrated their own crystalline I Am or at least started the process of bringing it into the body**. It's not designed for those who just want to be grander, richer humans. It will not – I have to repeat very firmly – it will not work for somebody who just wants to have more human wealth. But for somebody who is bringing in their own crystalline consciousness, it is and will be available.

You could call it nearly an unlimited supply. It's amazing, the amount of energy tied up with this. This is available to those who feel they are ready to handle it, who have a project.

Now, the project is not necessarily just paying your unpaid bills. The project is saying that you want to create something. You want to start bringing your dreams to reality, and you're going to bring in the abundance for it. It will be available. You don't have to go through a committee. There are no bankers. The nice thing about this illuminated fund is that it is you that goes in and takes as much as you want. *Isn't that amazing?* No credit checks. No. None at all. No. No committee that's going to turn you down. You go in and withdraw as much as you want. And the nice thing is you never have to repay it.

Now, sounds nice. The Internet's already flashing with all this. Ohh, the emails are going out. But for those who aren't ready to integrate their dreams, to bring in the I Am, it's not going to work. First of all, they'll never find the place. Secondly, even if they did, the energies that are associated with this, you could say, are going to bring out their weaknesses rather than their strengths. It's going to literally work against them.

It is available to you. Now I can already hear 9,000 questions. *"Is it going to come to me in cash or a check? Will it be written on the Illuminated Free World Bank checking account?" Who should you email?*

A couple of things. You go and withdraw as much as you want, and there's no obligation debt. There's no interest. You don't pay it back. But you have to put it to use. You have to do something with it. You have to do something to manifest your dreams, not somebody else's. Not to save the world. It won't work for that. It is for you. It is a gift for you and you alone, and there's plenty for everyone. But it's not to be used to shape others.

Remember, from here on – Compassionate Psychology. That also applies to people in your life, having a little compassion for them.

The energies associated with this are backed by the archangels. The archangels have taken kind of temporary residence right now on the New Earth. One hundred and forty-four thousand of them have all convened at the same time. *Why?* First time this has happened since the very creation of the Order of the Arc. *Why are they all there? What are they doing?*

They understand right now the balance between New Earth and Old – and again we'll get into that in our next session – what is happening, the dynamics. They are helping to build the bridge. They are an arc. They are a bridge way between the two. They are helping to support and keep a balance for your withdrawals. They are there as the team that's helping to keep the energies balanced and moving for you and for your projects.

Actually, this Order of the Arc, which is comprised of all of the archangels, is actually – oh, *how would you say?* – almost recreating itself, mimicking itself as the Order of the New Earth. Not the New World Order, but the **Order of the New Earth**. It's not a conspiracy. It is a support mechanism.

Now, some of you in the meantime might be getting emails or information about something called the St. Germain World Trust. It's partly true. There is this investment that's been growing for a long time, but it's not gold in a bank. It is literally crystals, valuable gemstones that are in the Earth. In the Earth not necessarily to keep people from stealing it, because it really wouldn't go well if they did, but there to radiate, there to also attract interdimensional energies.

There are a lot of emails going around right now that the St. Germain World Trust is going to be there to help you pay off your bills and your debts. *Does that sound like St. Germain?* No. No. We're not just going to give, we're not just doling out money, because, first of all, we know each other. Well, I know you. If suddenly you got a large amount of money to pay off your debt, *what would you do?* You'd go right back into debt.

You hear the old story about if all the money was taken from the rich people and given to the poor people, within two years the rich people would have it back. It's an attitude. It's an attitude, whether being poor or being rich.

So this fund, the illuminated fund – and not Illuminati, and I don't want to hear any of your damned conspiracy stories about that – it is illuminated, radiant. It is available.

And when you're thinking about your dreams and the Illuminated Free World Bank – the energy that's going to support your dreams – and you get a little scared and you start thinking, *"Oh! I'm not sure what to dream, and what if I screw it up,"* stop for a moment, take a deep breath and remember **all is well in all of creation**.

06 – Illuminated Dreams

What you are experiencing in our regular gatherings is that facet called *Adamus*, just part of my I Am-ness.

Imagine for a moment that this globe represents the soul, and imagine that the light hits on any given part of it, illuminating just part. That part that's illuminated, that would be like *Adamus* when I come to speak to you each month, or oftentimes in your dreams, or oftentimes in your dismay. That part is *Adamus*.

If you look a little closer, there is yet another facet, another light shining upon this globe, and it is *St. Germain*. *St. Germain*, the one who you have traveled with for many, many lifetimes. The energy of *St. Germain* initially drawing you to this thing called *Shaumbra, Crimson Circle*. Even though it was *Tobias* who spoke to you for ten years, it was the energy of *St. Germain* that drew you here.

And then, in this globe, if you look at its entirety, that is the *Eternal YHWH*, the I Am that cannot be spoken, but that is always present. And this is you also. This is beautiful you, and right now there is an aspect that is shining, a beam of light illuminating an aspect. Shining the light on there, but *did you know that there is another name that you have? It's the culmination of all of your earthly lifetimes that's yet another aspect.*

Now, I use the terms '*aspect*' and '*facets*' different. I say that I am a facet. *Adamus* is a facet of the *Eternal YHWH* of my soul. But when I refer to you I say '*aspect*.' I say that this human expression that you're in right now, this human expression that is here to awaken and to integrate all of the past experiences of your lifetimes; that human aspect – I call it an aspect, because and until it is integrated into the wholeness, into the soul, it is but an aspect. Once integrated it is a facet. It is complete.

So *how does one go from being an aspect into recognizing their facets, the expressions of their soul?* We talked about it in our last gathering – compassion. Compassionate psychology. Love of self. Love of self.

You can study. You can work hard, but ultimately it's only the love of self that will bring you into the I Am-ness of yourself.

It is simply the acceptance, the compassion and the love of self.

You can study. You can work hard, but ultimately it's only the love of self that will bring you into the I Am-ness of yourself. It's not how much you know, how much money you have, how many spiritual rituals you've ever done that will bring you to this wholeness. **It is simply the acceptance, the compassion and the love of self.** Period. Nothing else needs to be studied. Nothing else needs to be attained. Nothing needs to be bought or bartered for. Simply the love of self, but perhaps also the most difficult thing you'll ever do.

Soul Vessel

The soul is much like this beautiful globe. The soul comes empty – initially empty. It is a vessel. It is a vessel waiting to receive itself, waiting to fulfill all of the potentials – the potentials like the bubbles that are seen here in this ball. The soul, an empty vessel, simply wanting to know itself, so it creates this thing called aspects that eventually turn into facets. And the aspects, through their experiences, start filling the empty vessel with experience and knowingness, wisdom and love.

Within the empty vessel when it first starts, it is filled with potentials, but the potentials have yet to be realized or experienced. So it is like it is empty, and the desire of the soul is to fill itself with its potentials and its experiences, to know the I Am of itself. And it cannot do that through Spirit.

It cannot do that through another being, even though it has tried. It can only do it through the experience of its potentials.

And when this vessel is full, when it has felt into its potentials and experienced as many as it chooses to experience, and even felt into the ones that were never experienced in physical reality, it becomes complete, pure, crystalline, fulfilled. That is the I Am.

And within that state of I Am, this vessel, this soul, knows itself beyond knowingness; never doubting, never questioning. It knows all of its facets, all of its angles, and you ask, “Does it continue to experience?” Yes, it does, but not like a human experiences. It continues to experience its love for itself, and that’s all it needs, all it wants, all it desires.

When the vessel is full, complete, it continues to fall in love with itself every breath, every moment, without condition, without doubt, certainly without shame. It continues to fall in love with itself, because that is the grandest thing of all.

I Am that I Am falling in love with myself each day.

And, my dear friends, what an honor it’s been – and still is – being with you. Watching how you’re taking your aspects, your challenges, your experiences, distilling these into the wisdom, bringing them into the soul, bringing them into the facets of the I Am that will be eternal. Eternal.



I pass this around to each and every one of you to feel, to gaze into.

In Review

You’re going to be noticing throughout the day the shifting – gracefully, I hope – the shifting between *Adamus, St. Germain* and the I Am that I Am.

Let’s do a review. Now so many of you say that – you take a look at the Shouds, you come to a workshop and say – “I didn’t get anything new this time.” So when I say review, you say, “Oh, I thought we were going to learn something new.” And Adamus says, “Why would we do a review?” Until we get it, we’ll review it.

We do a review, because it’s so easy – so easy – to lose sight. You’re here in this tremendous psychic gravity. Gravity – the physical gravity of Earth – nothing like the psychic gravity of this reality. It’s very easy to lose your way, to forget why you’re here; very easy to get into your patterns, to get into your probabilities rather than your potentials.

~ Spiritual (Angelic) Families

Number one on the list – Spiritual Families, Angelic Families, going back eons of time ago. So long ago that you’ve forgotten. You don’t even remember the name of your Spiritual Family, but each one of you came from a Spiritual Family. If it wasn’t for them, you wouldn’t be here.

You came here on behalf of your Spiritual Family. You came here to help resolve, let’s say, stuck energy. That’s why you’re still resolving stuck energy. You came here on behalf of your Spiritual Families to come to the wisdom of something that then would be shared with them, to free them.

***Your Spiritual Families are waiting for you to go through with your lives
to learn how to clear energy, move energy, love yourself.
Then you will become the true Standards.***

We talk about freedom here in this Shoud – freedom of the human – but in reality, it is truly freedom for your Spiritual Families.

You could say that right now back at their home, they’re waiting, their energies and their consciousness on hold. They’re waiting for you – yes, for you – to **go through with your lives to learn how to clear energy, move energy, love yourself. Then you will become the true Standards.**

In your Spiritual Family, you could say that you had the most – I'm using human words here – but the most prestigious of titles. Back in the Spiritual Family, it wasn't what you would call the group leaders that were the most exalted. It certainly wasn't the religious leaders, because the Spiritual Families didn't have that. The most exalted of all were what were known as teachers. Teachers – higher than the leaders, than the courts and all of the hierarchy – the teachers at the top. *Why is that?* It is because the teacher, in its true definition, is one who allows themselves to go into unknown experience where no other human or angel has gone before. They are the ones who go into creation that has yet to be created or even imagined yet. The teacher goes into that to experience newness, to experience themselves, to bring in life force energy, to bring in the I Am Presence into the Nothingness.

The teacher goes in depth and experiences it within themselves, not external to themselves. Then the teacher emerges from that new experience, having planted the seeds of divinity, of life force, of I Am-ness, bringing in yet realized potentials so that others may then come to that playground at another time.

The teacher emerges from that experience and then shares with others what they learned through words and through stories, through feelings, through their heart, through the expansion of their consciousness and the new radiance of their soul.

Each of you – a teacher. Not like a human teacher, not like the way a human teacher is treated, but each of you a teacher, the true leaders, and that's why you're here. Each of you. No matter what you think of the aspect that's sitting here today, no matter what your job is, no matter how spiritually advanced you think you are or you aren't, you're all teachers. You all left your Spiritual Families, coming here to learn something to share with them.

~ Order of the Arc

Next. Your journey brought you through this place called the Order of the Arc. I know this is not new, but it needs to be reviewed. The Order of the Arc was the assembly of representatives of all of the spiritual families, including you. Each of you integral in setting up, creating, organizing the Order of the Arc. From 144,000 spiritual families they came. Many from each family, including you.

There was consensus for the first time ever in creation outside of Spirit. A consensus, a recognition of soul being to soul being that had never taken place before, and a consensus that each souled being has a spark of Spirit, each souled being has certain inalienable rights and each souled being eternal.

You came through the Order of the Arc, and in that Order of the Arc it was decided that there would be a place set up in physical reality where representatives, teachers, would go in and experience; experience life in a physical form – the deepest experience ever known to angelic beings – within their creation, living within it, part of it, carrying around the essence now known as your biology. Living deep, deep within the creation to help understand consciousness, and to help understand energy and how it worked with consciousness. And, more than anything else, to help understand the true potentials for every souled being in creation.

And when the call came out from the House of Gabriel for those who would come to Earth, you, my friends, spoke your spiritual name. Not the human name, but the soul name. You spoke it out loud. Again, why I am always asking you to speak in your real voice, your soul voice.

And so it was that a contingent of angelic beings came to this place that you now call Earth. It had no life force energy. It had no trees, no animals, but they imagined – they imagined into this rock called Earth – they imagined abundant, living, dynamic beings, and so it became. How long it took doesn't matter. Whether it was seven days, whether it was millions of years, it doesn't matter one bit.

And then it was time for you to go, to journey forth from this thing called the Order of the Arc. It is perhaps the first time this thing you now know as tears were experienced. Tears from the angelic beings watching you as you left, not knowing what would become, not knowing if you would ever return, because you were now venturing into a place of the true unknown, of depths so deep no one knew where it ended. Your spiritual family at that moment got this thing called a heart that they had never had before, and you went forth, frightened, anxious, excited, not knowing what would happen next.

You came down to this place called Earth. Earth now teeming with the animal kingdom, the plant kingdom, filled with trees and flowers and a sky and its own sun, filled with death and rebirth, the constant rhythm and the constant cycle of life on Earth.

A constant reminder to each and every one of you that nothing truly dies. A reminder that you planted on this Earth before you even came. A reminder that, no matter what, there truly is no death.

~ **Humanity**

You came into Humanity. You came into Humanity now, joining with the others, the pioneers that came to this place called Earth, and immediately joining into this thing called mass consciousness. Initially, it was pure. It wasn't distorted. It wasn't in any way twisted. It was pure, the pure heart desire of the angelic beings from the Order of the Arc coming here.

You joined into this thing called Humanity – Humanity – and you have worn that badge ever since. You're proud of Humanity and you're ashamed of Humanity. You find great joy in Humanity, and especially now you're feeling a certain shame for Humanity, because you know you were part of creating this new species.

You experienced yourself within Humanity, within this very dynamic dimension. A dimension so filled with psychic gravity that it kept on pulling you in deeper and deeper. Yes, Earth has a physical gravity – certainly, when you throw something into the air, it will come back to the ground – but that is nothing, nothing compared to psychic gravity.

Psychic gravity will surround you. Psychic gravity will pull you deeper and deeper into itself. Particularly if there are any holes in what you would call your own balance or your own consciousness – doubts, darknesses, unfulfilled questions – that psychic gravity will take hold of those and fill each of those holes with itself, pulling you deeper and deeper inside itself to the point where you become so lost you forget who you are, why you are here, the resources and tools that you have. You forget your angelic family, the Order of the Arc, even Spirit – perhaps the saddest of all. Even Spirit.

~ **The Awakening Human**

After many, many cycles or incarnations in Humanity, then you came to the next point – the Awakening Human. The Awakening Human. Something happened along the way in your human experience. Part of you said, *"This is not real. No more. It's time to get out. This is not the true self anymore."* You'd gotten so lost or so immersed into it, you said it was time to get out. This is a true attribute of a teacher. **Teacher knowing when to get out, knowing that they can call from within themselves to get out of whatever experience it is they have gone into.** This is the teacher that says, *"I'm going to merge back into myself."*

Teacher knowing when to get out, knowing that they can call from within themselves to get out of whatever experience it is they have gone into.

"I'm going to merge back into myself."

You became the Awakening Human, starting what you would consider to be a very long journey back to yourself, but all the time, while trying to awaken, never having anticipated the forces of psychic gravity. And it seems that every step you take into awakening, you were pulled back two steps deeper, and that is a reality.

It's a brilliant reality from the standpoint of, unlike other experiences that you've had in creation, as a teacher it's not as easy here to just emerge out. It keeps pulling you back, this psychic gravity. It keeps going for the weaknesses. It keeps going for the unfulfilled portions of yourself. It will grab hold and it will drown you. Even as you are trying to come up for air, even as you are screaming for air, even as you are trying to will yourself out of this prison of Earth, it will grab hold of you. Even when you scream out to God, you pray to the angels, this psychic gravity will pull you deeper – for one reason.

Until you know love within yourself, until you know completion, acceptance, compassion for yourself, it will not let you out.

Until you know love within yourself, until you know completion, acceptance, compassion for yourself, it will not let you out. It will not let you emerge. It will pull you back for what you call lessons. It will pull you back for all things unresolved and uncompleted. No matter who you cry out to, no matter what tricks you try using, no matter how much mental force and willpower you use, it will pull you back. You designed it that way. You put together the game that way and said, *"I will not find my way out until I find myself."*

So you come to the point of Awakening Human, one of the most difficult, challenging, beautiful, fulfilling things you will ever experience, and what you have been going through these many years of your life are things that you'll never forget. They'll never just be a series of facts and figures and dates and times. What you're going through as an Awakening Human is profound and moving, and this has an effect right here, on your Spiritual Family. The wisdom that you're extracting from this portion of your journey is the most profound and moving of all things you've ever done on behalf of your Families.

I, as *St. Germain*, have had many tears for the experiences that you've gone through and are going through, knowing **it doesn't have to be so difficult, knowing it doesn't have to be such a prison, knowing it doesn't have to lead to things like depression, anger, feeling that there is nothing left.**

What so many of you, nay, all of you have gone through, wondering what, wondering who are you, trying to grasp onto power, trying to grasp onto somebody else's power, trying to grasp onto anything to get you out of this infernal experience of not knowing or remembering who you are.

One thing, dear friends, **one thing will set you free – the love of yourself.**

It was asked the other day, *"How does one love themselves? Where's the book? What are the rules? Tell me how I can love myself so I can get out of here."* **Loving yourself is the easiest and the most difficult thing you'll ever do. It's the acceptance. It's the stillness. It's the not looking outside of yourself anymore. It's listening to that still small voice within – the knowingness. The knowingness.**

***Loving yourself is the easiest and the most difficult thing you'll ever do.
It's the acceptance. It's the stillness. It's the not looking outside of yourself anymore.
It's listening to that still small voice within – the knowingness.
The knowingness.***

~ Embodied Masters

Next. You become Embodied Masters in that knowingness. Yes, Embodied Masters. I look at it – look at all of you – almost like it's graduation day. You haven't quite stepped up yet, quite allowed yourself to receive that graduation diploma, but it's the day of graduation. You wake up, you're excited, you're nervous. You think about how this graduation day is going to go – the ceremony, the parties afterwards. You look back, on this graduation day, on all of your experiences that have brought you to this point. You laugh about some, you cry about others. You wonder if you could have done it better or faster. You wonder if those you feel you have harmed are still wounded. You send out a prayer to them, a release to them.

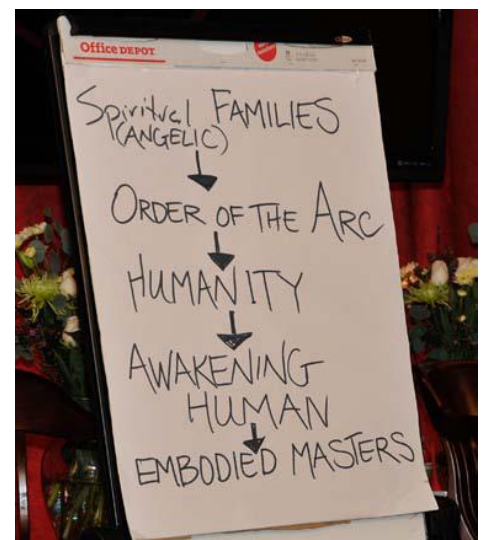
That's where we are – graduation day. Not quite yet receiving the diploma, receiving the acknowledgement.

And there's a surprise waiting for you. When you hear your name being called to come up front, the voice you're going to hear calling you is your own, of course. And the stage will be empty, just waiting for you. Eyes will be upon you – the eyes of your Spiritual Family, the eyes of the others who have shared in your journey, who you've met in your spiritual classes, workshops, tours. They'll all be upon you as you approach the stage.

The stage is empty. There is no diploma. There is no statue or award. The stage is yours to create however you want to receive yourself. It is you giving this acknowledgement and diploma to yourself.

Nobody else can ever do it for you. I'm not going to be on the stage, but I will be in the front row. It is you being able to say to yourself,

"I Am that I Am," in a voice that can be heard through all of creation. *"I Am that I Am."* A voice that comes from your soul, a voice that comes from the fulfillment, filling up that crystal, that beautiful crystal, saying, ***"I Am that I Am."***



Graduation day – and all of you have pause. The question, as you contemplate coming into your own completion, “Am I ready? Did I miss something? Did I leave behind a trail of tears and broken hearts and unpaid bills? Am I ready?” You think about some of the archetypal energies that have come before you – *Yeshua*, *Buddha*, many of the others – and you say, “Am I worthy to be in their company?” Oh yes, I forgot – *Adamus*. “Am I worthy to be in their company? If I am to receive this diploma from myself, shouldn’t I be able to snap my fingers and create a bouquet of flowers? Shouldn’t I be able to never have to eat again? Shouldn’t I be able to do instant miraculous healings on everyone? Isn’t that what I need to declare myself as a Master?” Only if that’s what you think you need. The true wise Master doesn’t care. It doesn’t matter. It’s not about how many miracles they can perform. It’s not about being able to do magic or tricks at all. It has nothing to do with capabilities, powers or any of that. **It’s simply, simply about the ability to accept yourself.** That’s it.

The lack of Money is just a rude way of telling you you’re not loving yourself.

Now, with that, with that true love of self, all things are possible. With that true love of yourself, there’s never a question again about money. **Money is just a rude way of telling you you’re not loving yourself – or the lack of money**, I should say. Or health – just a rather painful way of saying you’ve yet to totally come into love with yourself. Once the acceptance is there, the true magic begins. But the Master understands, they really don’t have any need for magic anymore, or power, or energy from any place outside of themselves. It becomes insignificant, and then the true Master starts laughing, and continues laughing until tears come out, amazed at how simple it all was, but amazed at how much experience that they’ve given themselves.

The Embodied Master, the next step. The Embodied Master also understands that they’re no longer here in service – in old service, I should say – to anyone else, because in this period, particularly as the Awakening Human, you went through a period of being the energy holders, the energy do-gooders, saving the planet, doing everything in service for others. It was an important part of your awakening to be in service. There were times when you have held the energy of the ancients, held the energies of Gaia, held the energies of Isis and the feminine or the masculine or the victims or the gods and goddesses. Energy holders. You did that for lifetime and lifetime. But you are no longer the energy holders. Don’t worry, my dear friends, there are many, many others who are willing to step up from the basic consciousness of Humanity and move into the position of energy holders that you once were. These are not jobs that will go unfilled just because you left.

The true Master is sovereign, is unto themselves, is no longer trying to save the world or hold the energy for anything. The true Master does not go around trying to heal people. *Why?* Simply because their presence is all the healing anyone would need. That’s it. There’s no force. There’s no trying. The stories of *Yeshua* working with others, healing them, were quite inaccurate. All *Yeshua* had to do is stand before another, look into their eyes, see the I Am within the other, spark something within them. That’s all that needed to be done.

The Master, **the true Master in the New Energy, walks by themselves.** The true Master – totally sovereign. No feeding. No more stories. The true Master accepts Earth, humans, Spiritual Family and all things as they are, recognizing it’s all in perfection, recognizing that nothing can go wrong. Nothing. **You can’t make wrong decisions**, you know. You cannot. **You can only have experiences.**

The true Master, the Embodied Master, simply walks the Earth knowing that they no longer have to be here. There’s no longer any terms of service or obligation to others. **The true Master walks on Earth simply to shine their light.** Simply to shine their light.

Yes, the true Master – the Embodied Master that you are soon going to become – the Embodied Master still has challenges with duality, still feels the harshness of this reality, but knows they are not trapped, knows that at any moment they can simply walk out.

The hardest thing of getting from this Awakening Human into the Embodied Master is the question, in the immortal words of *Metatron*, “*Are you ready? Are you ready?*”

Are You Ready?

I look at your energies and your consciousness and I know you would like to be ready, but I know there are things that are still holding you back. Here you are on graduation day not sure if you're really going to walk up and receive your diploma. You have dreams about things like this, never really receiving your college degree, but it's symbolic of wondering if you are truly ready for this next step. Being ready.

Being ready is things like knowing, absolutely knowing the answers – you do, but you pretend you don't. Knowing that there are certain things in your life that need to be released, but not yet willing to release them – relationships, karma, aspects. Planting those doubts right in front of you, right here on graduation day. Putting those doubts right in front of you, almost like to taunt yourself, almost like to test yourself. And you know what happens when the doubts show up. Again, one step forward, two steps back until you are absolutely, positively, definitely sure you're ready.

But it brings up **issues**. *How will others do without you – you, the Embodied Master?* Hm. *What about uncomplete business, unfulfilled relationships, all the rest of this?* And I say to you, you can let it go with just a breath. That's all. All the karma, all of the self-doubt, all of the attachments that you have with others and they have with you. **You can let it all go with one breath.** It's the biggest breath you'll ever take, and the best breath you'll ever take.

When we gather like this, Adamus distracts you. I love you. We gather like this; we poke and provoke you. We disturb you. We anger you, intentionally. We make you laugh. Once in a while we make you cry. But all as a way of saying, *What unfinished business is there that's keeping you from that one breath, that's keeping you from being the teacher of Earth, the Embodied Master? What's keeping you from walking as an embodied Master?* No longer having to have experience in order to grow or expand, but simply experience because you choose it. Knowing that at any moment you can absolutely walk out, but choosing not to.

So here we are, graduation day. Doubts a-plenty. Questions many. Wanting somebody else to take you by the hand and pull you over, or at least hand you the diploma.

Knowingness

Today, I want to go into something called your knowingness. Your knowingness. Something that's already there. You are wise enough. A long, long time ago wise enough – even before your Spiritual Family – wise enough to put knowingness deep within you so that it could never be squeezed out, pulled out, extracted, removed, diminished. It could only be hidden by you from yourself. But the knowingness is there. The knowingness to every question. The knowingness to every confusion. The knowingness that would instantly clear the fog. The knowingness of the I Am. It's already there. The knowingness to your questions about spiritual concerns, life concerns, money concerns, health concerns, everything – already there. It's not magic. It's not so esoteric that you can't bring it into this reality. It doesn't come from anywhere else. It's already there. It's not in your mind though. It is not here (head). It is here (heart), and here (center), and in that beautiful globe.

The knowingness. **The knowingness that's going to help you understand what doubts, what concerns that you have right now and why you've allowed them to be there.** The knowingness that will show you how to cross that bridge that goes from Awakening Human into an Embodied Master. It's there.

***The knowingness that's going to help you understand what doubts,
what concerns that you have right now and
why you've allowed them to be there.***

You've been looking to others – *Tobias, Adamus*, me, anyone else who you can read about or listen to – to give you the answer. But yet, while others could have given you answers back here, as just the basic Human or the Awakening Human, now no one else can give you the answer. No one. You have to dive into your knowingness.

You're going to tell me that you don't know where the knowingness is, and that's part of the game. And I'm going to look you directly in the eye and say, *"Do not lie to me ever again,"* as if it was you saying that to yourself. You do know; you only pretend not to. You do understand; you only pretend that you don't. It's already there, and I'd like to go into it right now with some music in the background. A merabh of knowingness.

~ **A Merabh of Knowingness**

Take a deep breath.

(Link to the official [Crimson Circle](#) YouTube channel: [Merabh of Knowingness](#))

(music begins; "Spiritual" by by Charlie Hayden and Pat Metheny from the album "Beyond The Missouri Sky (Short Stories).")

Take a deep breath.

I begin by asking the question: *Why have you pretended not to know?*

Any Ascended Master will tell you the knowingness is always there. The knowingness to any question. Your knowingness.

In this sweet space, as we enter into the third month of the new era on planet Earth, coming up to graduation, an exalted group of angelic teachers pretending to be humans, I ask you to go into your knowingness.

It's not found in any one place in your body.

Heretofore you've tried to find knowingness in your mind. It was never there.

You tried to find the answers in others. *How could they tell you what only you could know for yourself?*

A long time ago you planted knowingness within your aspect that would go to Earth. You, soul, you gifted the human aspect of yourself with knowingness. The human put it away saying, *"I'll retrieve it when the time is right."*

It's your knowingness.

The mind says, *"Where, oh where, is it?"* And the heart says, *"It is here."*

Your aspects scurry around trying to find it, going behind every door, into the closets and the cupboards of your history, saying, *"Where is it hidden? Where is that knowingness?"*

They won't find it. It's a gift from your soul to you. It wasn't gifted to the aspects. It wasn't gifted to the mind or the body. It's your gift to you.

Take a deep breath and receive it from yourself.

The knowingness cannot be figured out, measured, dissected, enhanced or destroyed. It's innate. It's always been there.

Breathe in your knowingness without thinking about it.

The knowingness is like the Great Central Sun of the I Am – your self.

And while it may have been covered by the clouds, by the dense fog, in the awakening you take the breath and blow away those clouds, clear the fog, and let the illumination of your knowingness shine through.

Allowing your body to receive it. Allowing your mind to receive it, for it goes far and beyond the mind.

Allowing each of your aspects to feel its warmth.

The knowingness – it stops the search.

The knowingness – so gentle and compassionate.

It's yours.

If there's any part of you that's doubting it, wondering if you really have it, declare from the I Am of yourself that the knowingness is yours. It is there, and it always will be.

It's the knowingness that helps you understand why you've put the doubts right in front of you on graduation day, only to be sucked back into spiritual psychic gravity. It's the knowingness that also helps you to understand how to instantly dissolve those doubts. Not fight them, not negotiate with them, but simply dissolve them.

It's the knowingness that reminds you that you don't need power. There is no fight. There's nothing to battle.

Only about declaring your I Am.

Take a breath of your knowingness.

Feel it fill your belly ...

Fill your chest ...

Letting it radiate out to all of your aspects ...

Warming the coldest places of your memories.

And just be with that knowingness for a few minutes of silence here, listening to the music ...

Embracing your knowingness.

The knowingness is so pure. Without agenda. Not trying to pull you in any one way or the other.

So still that you forgot to hear it.

So gentle you didn't even recognize it. But it's there.

The knowingness is a blessing. It answers the questions before they're ever asked. That's how beautiful your knowingness is. It already knows. Therefore, there are really no questions.

Let's take a deep breath. Deep breath into your knowingness.

[music fades]

Now, you're going to find that your mind starts wondering, *"Did I really experience it?"* If you give yourself permission – yes. Your mind's going to say, *"Does it really work?"* The answer comes only from deep within you – if you choose it to work. The mind is going to want to test it, to put it through a human test, and you're the one that has to say, *"No. It does not need to be tested, because that would bury it, put it out of sight once again."*

The mind is going to say, *"Is it more powerful, wiser, stronger than I am?"* – the mind, the thing you've relied on – and it is only if you allow it to be. From this moment on it's up to you to choose to be the knowingness.

You can allow yourself to doubt, and you can get once again pulled back in by psychic gravity. Or you can make that choice that the knowingness is there. It's shining, it's radiating throughout every part of you into every aspect that will soon become just a facet. Totally up to you. If the mind plays games and you go along with it, shame on you. If the mind plays games and you come into the balance of your I Am, into your being, the mind will stop playing its games. It's that simple.

So I hold this beautiful ball that represents the vessel of the soul, now filled with so many experiences.

It's touched into so many of the potentials that laid dormant within it, and it experienced itself. This was passed around the room, each one of you feeling into it, putting your energy into it, imagining the complete, fulfilled soul; filled up, no longer having those needs for any more of the old human experiences, saying, *"Enough. Enough."*

But *what do I feel here in this ball, touched by each of your energies? What do I feel?* An interesting thing. Interesting thing. I hear it saying, in your words, *"Do I have permission? Do I have permission to be the Embodied Master? Do I have permission from something, someone, even my soul? Do I have that permission? Do I have that?"* And as a sub-statement, *"Am I really ready? Am I really ready?"*

Yes, you say, you're spiritual beings. You've studied spirituality, but here on the day of your graduation you're saying, *"Am I really ready and do I have permission?"* So I'm going to pass this back around again for you to answer to yourself, now that you have knowingness.

The Illuminated Free World Fund

Next. We talked in our last gathering about the Illuminated Free World Bank. Let's continue discussing.

Illumined Free World Bank

There's some confusion right now about the thing called the St. Germain Trust. You could say partly it's a distraction, just as we've always distracted in the past. We've distracted to keep out those who weren't pure of heart or mind. We distracted.

Alchemy – one of the greatest distractions I ever invented. It was easy. It was the easiest one of all. I put out there that we learned how to transform simple stones into beautiful diamonds. That distracted those who were not pure of heart so that we could work with those who were, because true alchemy is simply the allowing of one state of being or structure or experience to evolve into another, effortlessly and gracefully.

The original true alchemy was actually called a merabh. It was simply the allowing out of one state into another state of being, of experience, of understanding, anything. Once you learned how to simply merabh yourself from a certain definition into a different definition – without any effort or thought, you just did it gracefully – once you learned to do that, yes, turning a stone into gold was child's play. But we distracted by publicizing, promoting the fact that we were working with sulfur and fire and all of these other things, so we cleared the way for those who are really, really pure of heart, those who weren't just going to be distracted by gold or diamonds.

So, my dear friends, we are distracting once again with this whole thing about the St. Germain Fund, and it's working brilliantly. As some of you may have experienced, it's working brilliantly. Because those who are simply looking for a handout, those who are looking only for power, those who are just allowing their greedy selves to try to get their hands on a chunk of money or a bullion of gold are distracted, sent the other way, so we can work on the real work.

Now, you say, *"Well, but why are we talking about it here? Won't everybody know? Will it no longer be a secret?"* My dear friends, they are so busy being distracted by instant wealth over there, we don't even have to worry about it.

The **Illuminated Free World Fund**, as it has been called, is a very simple concept and it ties very well into what we're doing here today with knowingness. And I'll tell you right up front, this fund is available. It is an energy fund. It is not dinero or pesos or dollars. It's not the Publisher's Sweepstakes. It's not winning the lottery overnight, because it's much more valuable. Much more valuable.

This fund has become available on a date of December 22nd, not a moment sooner. And yes, I love distractions, and we created – I was part of it – we created an amazing distraction with the end of the world, the Mayan calendar distraction to get those with less than good intentions diverted, off somewhere else. Oh, they're so depressed now, because nothing happened. The world didn't end. *So what are they doing?* They're looking for the next end of the world.

So now we can focus on this Free World Bank. *What is it? It's an energy reservoir that's been on hold.* It's actually been building momentum, you would say, gaining interest, getting grander and grander all the time, just waiting. Waiting for the convergence of those **humans who are really ready to give themselves permission to be Embodied Masters**, enlightened beings on this planet.

Waiting for this moment, because it was known all of the while that they would need tremendous resources for their dreams – their real dreams. Not the old mental, limited, polluted dreams, but the real dreams.

It's for those of you who have made it past December 22nd. Here we are, and this fund is now becoming available. But I'll give you the fine print up front for once. Because... Because this is potent, extremely potent, it is not for those who are seeking power. For those who are seeking power within this, or just riches for what you would call their limited Old Energy use, it will – guaranteed, already embedded in it, already part of the matrix of this – it will drive them crazy. It will. It will.

It's designed that way, because we don't want those who are going to abuse this kind of energy, this vast reservoir of wealth. We want only those who are pure in heart. Therefore, I asked you in our previous discussion today, *are you ready? Are you giving yourself permission? Do you have doubts?* Because if you enter into this fund and you have doubts, if you enter into it and you're only looking to manipulate others or trying to be some grandest being in the universe, it will deliberately drive you crazy. We've designed it that way. That way, it can never be abused.

Now, *do you feel the anxiety absolutely come forth in this? "Haah! I don't know."* This is an interesting exercise. Actually, you do know, and that's the amusing part. You already know – and I know, otherwise I wouldn't be talking about it – you're not going to abuse it. You already know you're not going to use it to hurt another person. You're not going to use it to become leader of the world. You're not going to use it to get sexual favors from the person sitting next to you.

You already know that you are not going to manipulate anyone or anything with it, so *why does the question come up? Why do I feel you back away from one of the greatest gifts that you've ever created for yourself?* Oh! Yes, you created it back a longggg time ago when you first came to Earth. When you came through the Order of the Arc, you came into this thing called Humanity, you embedded a gift for yourself.

When the Earth was being embedded with crystalline pure energies to give it life force – which later became the real crystals of Earth, the stones that you hold, which provided energy for the Lemurians and the Atlanteans – you embedded this thing called the Illuminated Fund. It had a little bit different name back then, but now what we call the Illuminated Fund. And you said **when the time was right on Earth, you'd be able to tap into this**. There are twenty-one caves, caverns, deep into the Earth that hold a reservoir or a balance of crystals, valuable crystals – some of what you would call your valuable jewels right now, but some that have never been seen by humans before on this planet; never – twenty-one locations around the Earth and one central core crystal at the center of the Earth. It's not molten lava. Let the scientists be distracted by that so we can do our real work here. I love distractions. *Have I told you that?*

So twenty-one caverns around the world. They cannot be infiltrated by anyone. No governments could go in there and steal these. No treasure seekers will ever find them – Indiana Jones, expanded – very impossible for any of them. They would die long before they even got close to these caverns. Twenty-one around the Earth, plus the one at the core for twenty-two.

You don't go there. There's no map that's going to show you the way there, and don't let anyone ever try to sell you one. You're not going to go there; it's going to come to you. Oh good. Yeah, it's much easier that way. Much easier.

It will come to you when you're ready for it.

It will come to you when you are clear about your dream, and the dream must be for you alone. Only for you.

***It will come to you when you're ready for it.
It will come to you when you are clear about your dream,
and the dream must be for you alone***

The dream may ultimately involve other people, but it cannot be one of the requirements at the front. The dream is **not about saving Earth**. I'll instantly erase any of those. You won't even be eligible for an application. Your dream. That's why we talked about dreams recently. **Not a dream to save all the children or heal everybody** or anything like that. Not a dream for your spouse or your children. Not a dream for even, at this point, quite yet, the Crimson Circle, Shaumbra. Your dream, for you.

One of the most difficult parts of this exercise is going to be making a choice of what your dream is. The dream is not to clear away bad governments or imbalances. The dream is not going to be to bring back unicorns or any of that. I heard it already; psychically, I heard it. Trust me.

Your dream, for yourself. That is a very big, big responsibility, you could say, big question. That's why we went through this experience of your knowingness. You already know. You pretend that you don't. You already know, the dream is already there. You suppress the dream. You pretend it's not there. You cover it up with a lot of other things. But your dream. That's the tough part, because as you dream into your dreams, you say, *"What is my dream? What is my dream?"* You're not sure.

You wonder, then, *"Maybe is it too big? Is it too much?"* Maybe because of your conditioning as an energy holder – **always serving everybody else – that the dream has to be for others first and then you later. Not at all.** This fund is only for your dream, *Geert*. Your dream. That's it. That's the first requirement – let me finish – your dream.

This fund is crystalline, brilliant, expansive. It contains more energy than what you could ever, ever possibly consume. It's unlimited. It is literally backed up by crystals in the Earth. You could say they have a monetary value, but they'll never be cashed in, ever. We're using them for balancing and flowing of energy.

We're taking something that is in the Earth, now of the Earth, using it to flow energies, including what you would call New Energy. You could say that this is the primary portal now for New Energy, energy that you helped to imagine and create that comes through the other realms, through these twenty-one portals, caverns.

It's available for you right now.

Is the dream something intangible, such as the integration of your aspects? Why not?

Is the dream to travel this planet Earth and see all of its amazing countries and natural wonders before you conclude this last lifetime on this planet? Why not?

Is the dream to create a financial abundance for yourself so you never have to worry about money again? Why not? Why not? Can the dreams be multiple dreams? It's up to you. It's not limited to one dream, but the dream must be for you.

Now, if your dream, your happiness, is truly setting up a school to really teach – because you are a teacher at heart – to really teach consciousness; if that is your passion being done for you, not for anyone else, then that qualifies.

But the moment you say, “I need to do it to help everybody else,” forgetting about yourself, this will not work. Will not work. You’ll never find it – or it will never find you.

But if the dream is your passion as a teacher, who are the greatest of all beings in all of creation, who are more exalted than politicians – well, anybody is; or lawyers, same thing; bankers, any of those, scientists, researchers, anything – teachers, the most exalted of all. **If your passion is to teach on this planet, to teach how one finds their sovereignty because it’s your passion, then this will work.** But if you’re doing it because you’re still back here as an energy holder, in the early stages as an Awakening Human and you still have to do the energy holding, it won’t work. It must be for you. Must be.

If your passion is to teach on this planet, to teach how one finds their sovereignty because it’s your passion, then this will work.

Now, this is obviously going to lead to a lot of question and a lot of dialogue and a lot of ... makyo. You said it. It will be so filled with makyo, it will make the camels of Egypt smell like sweet perfume. There will be some who claim to know the answer already and they’re going to assist you in finding it, and they cannot. There are going to be some who claim that either it doesn’t exist or there is another St. Germain Fund, but I Am that I Am St. Germain and Adamus and the words that cannot be spoken – mmm – and I am here to tell you that this is the fund – the fund – available now.

As you learn to dream your dream, the real dream, and bring it into this reality for you, your dream brought forth ... *can you imagine that for a moment? Your real dream, finally? Real dream supported by real energy, supported by real crystals on this real Earth, finally? It’s a bit frightening, actually. Finally?* As you learn how to bring forth this energy that’s been waiting for you, then – but only then – you can start combining it with others in Shaumbra.

The dream may be a Center. **The dream may be some type of joint effort where you’re pooling your sovereign resources together.** Sovereign resources. Not group, but where you take you as a sovereign being, combined with you, *Michelle*, as a sovereign being and say, *“Let’s create together. As sovereign being to sovereign being, let’s create together.”* That will also qualify for this fund.

***It is real, if you want it to be.
It is and always has been there to support your dreams.***

It is real, if you want it to be. It is and always has been there to support your dreams. Please do not dream for the planet, your children, your Spiritual Families, your aspects. Only for you. It is the easiest fund that you’ll ever tap into, and perhaps the most difficult. There is no interest. You do not have to pay it back. They won’t be calling you on the phone saying, *“You’re late with your payments or your crystals this month.”* It becomes yours. The reality is once you embody it as a Master, the radiance that you have literally expands it for future generations for those who are ready to accept their sovereignty.

The dream, now about to become supported by the energy, Old Energy and New Energy. The dream, brought to life. It is monumental. It is incredible. It is gracious. It is with such ease and grace it’ll be amazing.

But, you will doubt it. You will question it. You will wonder if you are worthy. You’ll wonder if you have permission. You’ll wonder what the trick is. There is none. That’s the trick. **There are no tricks. It is you, ready to accept.** That’s it. That simple. **A dream, a sovereign being, and the energy to support it.**

Alchemy Merabh

Let's take a deep breath and we'll go into our next alchemical merabh. Alchemical. Alchemy merabh.

(Link to the official [Crimson Circle](#) YouTube channel: [Merabh of Alchemy for Your Dreams](#))

(music begins; "Lemurian Home Coming" by Anders Holte, from the album "Lemurian Home Coming.")

What's the dream, my dear friends? Do you have a dream for yourself?

The human has had many, oh, wants and needs, but those are not dreams at all. The human has had many questions that it wants answered, but those are not dreams.

The soul? It dreams of filling itself, but it already knows it has, so it doesn't worry about it. There are no restless nights of the soul, only restless nights of the human. The soul is just loving the experience of filling itself, of realizing itself. It is only the human who wonders.

The dream. *How long, how many lifetimes has that dream that's already within you, been incubating, gestating?* The mind says, "I'm not sure I know what the dream is," but your heart already knows. That's why we went through our previous exercise or experience of knowingness.

The dream. The mind says, "How specific do I have to be? What are the details? What's the timeframe?" But the knowingness is already there. The details are insignificant, because real dreams are without time or measurement. The dreams, the real dreams, are already there.

When you began this long journey from your Spiritual Families that has led you through the Order of the Arc into this great planet of Earth, as you began your awakening, ready to step into your embodied mastery, the dream has always been there, and you know what it is. Now listen to it. Feel it.

A true dream you cannot really think about. You cannot define with mental activity. You'll discover the true dream is a feeling. It is the knowingness.

What is the dream?

The dream when you came to this planet. *What is the dream for you?*

There are energies ready, here to support that dream, energies you put here.

The mind races, says, "I better come up with my dream right away before it's too late." And then it wonders, "Is this the right dream? Is it somebody else's dream? Is it real?"

You take a deep breath. You go back to your knowingness.

The dream is not just from that aspect that calls itself a human, or the aspects or the compilation of all of your lifetimes, because the dream is also with the soul.

The soul, the Humanity, the Embodied Master all dreaming together, now dreaming in unison, in harmony, in balance.

Dream of the soul, dancing with the dream of the human, dancing with the dream of the Master.

Take a deep breath.

The dream is to be felt, not to be thought.

The dream is like the name of your soul. It cannot be spoken because it is so holy.

It does not need to be defined.

But the dream can be known to you.

As you allow your knowingness and the essence of your dream to come together, it calls forth the energies, the crystalline caverns that hold the illuminated and free and sovereign world funds.

It is the knowingness, the dream of the human and the soul come together, that opens up, unlocks and allows these energies from twenty-one caverns around the world to now come forth.

These energies are attracted by you, the love of yourself.

Your giving yourself permission brings forth these energies. You'll ask yourself over and over again if you're ready, if you can handle it, if maybe you should wait. And only you can answer that.

You'll ask yourself, *are you worthy?* You'll ask yourself, *what force needs to be exerted, what mantra needs to be whispered, what ceremonies need to be adhered to?* None. Unless that's where you see yourself at.

This fund is free. It is available now. Not a tomorrow project. It will change your life, because you have been undreaming for a long time now. You've been thinking, but you truly haven't been dreaming.

And when the soul and all of its facets dream once again, the energies will come forth in divine service. Life as you know it will change, but life as you know it has been the undream, the no dream.

And now the dream may begin, the energies radiate out ...

To now start filling that dream, like the experiences of your aspect have filled your soul.

Take a deep breath and receive ...

Yes, you do know. Yes, you do know.

Twenty-one caverns around the world opening right now, illuminating, radiating, coming to meet your dreams.

Many colors ...

Filled with blessings ...

In the Now moment.

The Illuminated Fund backed by real crystals.

Take a good deep breath and receive. Receive into your dreams; receive what comes freely for you.

Take a good deep breath.

Later today after the Shoud, I want you to observe all the mental activity that you had, and don't try to push it away or block it out. It's natural. You'll have a lot of mind activity right now, because any little doubt, any part of yourself that isn't loved comes forth at a time like this. It's not about fighting these doubts or these questions that come out. Some of you kept on saying to yourself, *"I don't feel anything. I don't feel anything,"* and, therefore, you won't feel anything.

You are feeling. You all feel it.

The doubts are there, and it's natural, because when this light shines on these unfulfilled spaces, the places within you that haven't been filled yet with love, it'll bring them to the surface. Don't wrestle with them, argue with them, fight with them. **Just love into yourself.** Don't love them. Don't love these aspects or these holes. Love yourself. Love you. Don't try to shower all of these pesky aspects with a bunch of sugar love.

Love you. It's that simple.

Let's take a deep breath.

I hope that you will always remember this beautiful occasion that we had together with this crystal energy of the soul – the soul, the structure, waiting to be filled with the experiences.

And now that it is almost all the way full, now ready to receive this (points to the words *"Illuminated Free World Bank"*), available to each and every one of you.

We'll continue with our discussion next month, but in the meantime, expect a lot of experiences this month.

All is well in all of creation.



07 – It Comes to You

*Didn't we have a talk a few months back about an **abundance** issue? How are you doing, Lar?*

"Uhh crap."

Why Larry?

"I don't know."

"I don't know." Really. Didn't I say in the last gathering ...

"I had to be a millionaire! No!"

... that I never want to hear those words again "I don't know."

"Oh, you're right."

Didn't I? Didn't I, Larry?

"Yeah."

*And what's the first thing out of your mouth? "I don't know." Why Larry? Eh – don't say those words. Why Larry? Eh-eh. Ehh! Why? Yes, you do. Yes, you do. Why Larry? Here you're a good looking, strong intelligent man with a good voice and a good sense of humor, but a lack of **self worth**. Why?*

Perhaps it's because those are very famous words within yourself – "I don't know."

"I don't know." Larry, did I ever tell you about my story in the crystal?

"What happened?!"

... I don't know. Until finally one day I said "I do know. I do know."

"I got myself in here, I can get myself out." That easy. So you do know. You do know. Wait till next month. Bye Larry!

I thought last month we did a merabh of knowingness. We played some nice new age-y kind of music. You sat in your chairs and went into your knowingness, and I said at that time, *Larry*, no more saying "I don't know," because the universe is kind of literal. Kind of literal. You're kind of literal, and when you say "I don't know," it's exactly what you get – "I don't know."

How about saying, *Larry*, "I'm awaiting for the answer to arrive and it's right around the corner." How about, "I already know. I just haven't brought it up yet." How about getting in that good voice that you just demonstrated up here and do that with yourself! Don't just do it for everybody sitting out here. Look in the mirror.

All About Enlightenment

I'm still, still looking for the five. For the five. You know what I'm talking about, don't say "I don't know." For the five – or 50 or 50,000, doesn't matter – the five who are going to take that step into enlightenment. Who are going to say, "I do know. I always have. I was just playing a little fun game. I am enlightened," and really mean it. Not just something from the mind, but who can say it from the heart, "I am enlightened."

So far we're a little bit a ways away from those five, or from even one, but we're getting close. We're getting close.

I've been accused of using some unorthodox teaching methods, if you would even call ... You wouldn't call them teaching. There's a little bit of teaching in there. *Why? Why? Why? Why?*

Because, dear Shaumbra, dear Shaumbra, we have to push. We have to distract. We have to laugh once in a while. We don't need to get so serious about things, so dreary at times.

I picked this group of Shaumbra – I told you, I chose to come here to work with you – because you truly are pioneers. You truly are pirates. And, and I know you are choosing enlightenment, but kind of a little tiny bit stuck in the process. So, yes, there are a few unconventional methods that we use.

So today's unconventional method – let's do today's Shoud like a talk show. *Game show with prizes?* Let's do it like a game show-slash-talk show with prizes. Last month was wonderful, but nah. Nah. I didn't notice a big shift in enlightenment, so we'll do it a little different. So let's do it like a game show.

Now, I'm familiar with your talk shows/game shows that started here in the U.S. and now are found all over the world. The format's fairly typical, and there's a reason for it. The format is pretty much come out with a monologue, which I'll do in just a moment, followed by a little comedy routine, which you'll do in just a moment, followed by, oh, in this case, there's usually a guest, but today and henceforth when we do these variations of what's really the Adamus Theatre today, instead of the guest today, we're going to do Memorable Moments with the Master. My

little sermon. I'll grab my pulpit and we'll have a little talk. And usually on the talk shows there is a musical guest. Today, we'll have an musical merab.

Partly, it's because there is profound information ... somewhere. We'll try to find it. Partly, and I mean this very seriously with a smile on my face, but partly for those who are just tuning in who haven't been here before, drive them away.

Go somewhere else. Go to some nice new age sleepy website, om and chant or whatever you do or talk about your problem childhood. This is not the place for it!

This Crimson Circle is a place for those who are choosing embodied enlightenment in this lifetime. Period.

I do not know a single Master that om-ed their way into enlightenment. Absolutely not. Absolutely not. I do not know a single enlightened Master who did it out of some type of servitude or obedience or suffering. I do not. I do not.

So those who like to come around once in a while, those who tune in new, they hear there's something new age going on; I would really like them to go someplace else, because I want to maintain the purity, the conviction and the focus of this energy. It's all about enlightenment. I'll talk to you about enlightenment from here, from here, from here, and yes, from all over. I'll talk until it finally, finally starts settling into you.

So let's start today's show.

The Awakening Show

Eedithhhh, how's your new car?

"It's arriving."

Edith, what's wrong ... let me start with this. *What does a car symbolize?*

"Any kind of lack of abundance symbolizes that you don't love yourself."

Yes, and a car kind of symbolizes your journey. Your journey.

You could have a new car, but you made one strategic error, and I want all of you to remember this. In spite of all the lectures, conversations, discussions, humor and disgust that we've had over the years – disgust – in spite of that; in spite of knowing that you can just breathe it the Edith way, make it happen; in spite of me amassing and collecting phenomenal jewels for about the last ten thousand years and placing them in caves all around the world and saying, *"Now you have access to those energies"*; in spite of all that, you asked everybody to breathe your frickin' car for you Edith, and that's why it's not there. You asked them. That was where you went wrong, because you can do it by yourself, my dear.

Okay, a hint to all of you. Edith is just representing you. Edith needs a new car. Good. Edith can have any car she wants. Good. Edith should have that new car and that new car is sitting right close by ready to come in. But the moment that you say to everybody else here or on the Internet or Facebook, any of those, *"Would you breathe with me?"* No! It is your creation. Now you've tied up all of their energies and, as well, any of their abundance issues, any of their leaky issues, any of their other stuff. You've said, *"Hey!"* This is what you really said on Facebook. You ... *am I doing okay here? Am I annoying anybody, do you think?* I don't think so. I thought I heard a few thoughts saying, *"What happened to the St. Germain from last month? What the hell is happening here?!"* We're becoming enlightened.

So what you did, what you really – energetically, not in your words, but energetically – you put out a big sign *"I'm broke. My car is broke. I don't have any abundance. I can't do it on my own. Can anybody else help?"* And sure, what happened is you attract ... the ones that came in to help Edith are the same ones who have the same damn problem with abundance, lack and not understanding your own sovereignty. That's why you don't have a new car and that's why you don't have a new car. Exactly. That is why.

Edith, you're leaking. That's going to be another classic phrase. *"Edith, you're leaking."* Don't leak anymore. You've got it within you, if you would just allow it to be. It is – Edith, all of you – it is so easy, you're going to cry when you get it. It is right there. You know it, even if you deny it. It is right there. **There is nothing between you and abundance, other than allowing.** That's it. Other than allowing. There's no God in heaven that's keeping it from you. There are no spirit guides or any of that old makyo that are keeping it from you. It's one thing. It's Edith saying, *"Damn it!"* Even, *"Fuck it! I want that car."* You can say that. Say it. Go ahead.

And break through the barrier sometimes. Say the bad word if you have to, just to break through your own barriers, because there are a lot. Not only are there barriers, but there's leaks. There's leaks about self-worth.

There's leaks about how worthy you are with yourself.

Leaking means letting energy out, giving it to other people all the time instead of giving it to yourself first. Then you won't leak; you'll radiate out to everyone. Your radiance will illuminate the goodness in their life for them to see. So let's not do anymore "*breathe with me for a new car, breathe with me for my health,*" any of that. No more sympathy, no more solicitation. You have it within you right now.

Now, Edith, I am going to be – I'll put it politely – on your case and everybody else's, on your case, because it's there right now. It really is. It's only those barriers and all the junk, but I don't even want to address what the junk is. Get over it. All of you, get over it. Really. Get over it and let's get on with it.

Awakening Is Not Polite

Awakening is not polite, so you shouldn't be either. That's the subtitle for the show. *Did you know that?* Awakening is not polite, but yet you try to be. You try to be so polite about it. So nice. "*I'm going to be nice in my awakening.*" Fuck that, Edith. Does not work! Does not work.

Awakening is rude! It is rude. It is rude. Awakening. Awakening is a demon, a dragon that you created and said, "*Crush me.*" Hm, yeah. And it is. Awakening is very, very rude. It lacks any social skills. It lacks any sense of compassion, other than perhaps at the deepest core. It lacks niceties. It has no sophistication or elegance, as some of us do. It lacks humor, other than when it feels itself grinding you to an absolute pulp.

So my point is *why do you treat your own awakening so politely?* You've given it license. Truly, you have. You've given this awakening license to come and rip you apart limb by limb, thought by thought, belief by belief. You gave your awakening – you gave it the right to bring me in. Awakening is not polite, *is it?* Awakening is not polite, so ... yeah, or nice. So sorry. I offend a few, but you're going to hug me and kiss me in your awakening.

See, the worse thing is to beat up on yourself. The best thing is to smile and laugh and say, "*Ah, why do we make awakening so hard?*"

"I'm tired of not bringing in my abundance. That's the most frustrating thing."

We're going to work on that today. She's saying she's tired of not bringing in her abundance. Yeah. So Edith, you really stand out representing so many across the world right now who are having the same issue. Thank you for letting me not be so polite to you.

Awakening is not polite, and neither should you be about your awakening. It's time to roll with it. It's time to open to it, but stop being so damn polite and trying to be nice with your awakening, because it's going to rip you apart anyway.

Awakening Game Show

So now let's do the next part of our Awakening Show with Adamus Saint-Germain. We will need four participants in this portion of the show. *Isn't this a different way of doing spiritual?* (audience agrees) We could play some nice music and hum a little bit.

Now, there is a grand prize today. Yes. The grand prize is dinner at the restaurant of your choice with your soul – Crimson Circle will pay the bill – and an Adamus Award.

Okay, we're going to start today's questions. This is an easy one, just to get everybody warmed up. I bet you never thought you'd be doing this today, *did you?* Neither did I.

~ Question 1

Please tell us the ancient Hebrew name for the concept of God.

"Yeshua.", "Yeshua." "No idea." No idea. That's kind of like "I don't know!" "Yahweh".

Now, this is just the opening test round, but actually none of our participants got the name correctly today, because the ancient Hebrew name for God was "*What could not be spoken.*"

I have to pause here for a moment. *Isn't this a little better way to do enlightenment?* Good.

~ Question 2

Why do bad things happen to good Shaumbra?

"Not understanding your subconscious aspects, and they bring in that negative energy."

“So, the word bad is duality and it’s not bad. It’s when we’re out of trust. So when we allow ... it’s all about trust and we’re leading ourselves. So we’re always ... we’re always the wizard behind the curtain. I can appreciate it and not always enjoy it at the moment. For sure.”

“To me it’s perspective – how you perceive, how I perceive bad or good – and it’s a matter of taking a look at self and forgiveness and also an understanding of self.”

“I think it has to do more with our deep core beliefs. Sometimes if we look down on ourselves, it comes on us. But if we can really come in touch with ourselves and really love us for who we are, then positive good things happen. And so maybe there’s not good or bad, but to be able to expand and to be who we are.”

And, by the way, the real answer to the question – *Why do bad things to good Shaumbra?* – you like it! Ah, you absolutely like it, otherwise it wouldn’t be happening. **It serves you** – maybe that’s a more polite way to say it – but you absolutely like it.

You can blame it on society. You can blame it on parents. You can blame it on aspects or anything else. But the reality is that it’s happening to you – whether it’s your lack of abundance, health issues or anything else – because there’s something that you’re deriving from it. There’s something that you’re getting. It is not being doled out to you by some unknown soul or unknown god. It is not something that is from your karma from your past life, unless you want it to be. It is absolutely because somehow it is serving you, and you are allowing it to happen.



You can change it at any point. But ask yourself, *“How is this bad thing serving me? What’s it doing? What’s it doing to bring me to my enlightenment?”* because as I’ve told you before, everything that’s happening in your life right now, every thing is about enlightenment. And as I said before, you’ve created the dragon of awakening. You’ve created it. It wasn’t created for you, you created it and it is making sure that you will wake up, no matter what it takes. Correct answer is, **“Because you like it.”** Thank you.

~ Question 3

How do you measure your progress in awakening?

In other words, *is it based on material things in your life? Is it based on your sexual prowess? Is it based on whether you could sleep better at night? What is it based on?* This is a very personal question that I ask you. *How do you measure the progress of your awakening?*

–“I used to measure by other people’s comparison and compare myself. Now I come in within, touch my heart, cry a lot (she’s now starting to cry) and know that I’m a whole being for who I need to be and it’s a great place to be.”

–“The peace that I feel inside, and like you, cry, and having conversations with myself that I enjoy and really feeling ... talking with myself and being more myself and ... (she sighs) the peace that I feel from the time I wake up to the time I close my eyes, and just the conversations I have with me.”

–“Definitely by riding the waves, man. It’s ... just the allowing of everything and the “what the ...?” and the fun and it’s just amazing and it’s intense and it’s crazy, and I can tell when I’m there and I’ve just ... I’m just riding those waves, man. I’m swirling and grooving, and it’s more and more amazing. And it’s ... yeah, it’s definitely not what I expected.”

–“Okay. I say the biggest thing in finding out is I’m really comfortable with myself when I’m alone. But more than that it is that I’m really a spiritual being and that I love myself and I can ... it just expands me. That all I can say. It just comes out of me, and it just ... there’s a love within me that loves myself and then can love everybody else.”

All good answers here.

How do you measure your awakening? How do you measure it? By the amount of money in your pocket?

Eh, possibly. Not a bad measurement. *By your relationships?* That’s a tough one, because they’re probably gone. *By how smart you are?* No, you lose your mind.

*How do you measure your awakening progress? **The joy. The joy. The joy.***

Now, that being said, there’s also going to be very difficult and challenging moments, but levels of joy that you’ve never had before. It doesn’t mean every day is going to be joy city. It doesn’t mean that you’re just going to be hop, skipping and jumping down the road. But it means the conscious awareness of a level of joy that you’ve never had. Usually followed by a deep dive into the abyss, but ... But, but coming up for a new level

Next question for all of you ... by the way, I love this. This is great. Last month – so boring. This month – fun.

~ Question 4

What is the truth of truths?

By the way, I could be giving a really boring lecture about this, and I can be standing up here in a white robe and pontificating about truth of truths. Spit! Let's have fun.

-“The truth of truths for me is ...is that there really is no duality and that I am you and you are me. And then when I go over or pass on, I became a gift with my energy or my knowledge ...

Errhhhhhhhhhhh. What I hear is the makyo meter! ... you were on a roll there, but you were rolling the wrong way. You were rolling straight to makyo! So you forego the microphone, I'm so sorry. It certainly isn't a judgment on our part. It's the other Ascended Masters going *“Puke it out.”* Okay, yeah. The pressure's on.

-“ The truth is I Am. I Am that I Am.”

-“Whatever fucking truth I think it is.”

-“ Trust and love yourself how you are.”

And by the way, the appropriate answer to the truth of truths is *“I exist.”* That's it, ladies and gentlemen, Shaumbra. I exist. That is the original truth – *“I exist, therefore, I am.”* I exist. Nothing else matters.

Everything after that is either another truth but not the core, or a mistruth. From the simple words “I exist” come all truths and mistruths. I exist. That's what you felt when you left Home – the loving, comforting home of Spirit – went into the darkness, went into absolute nothingness and said and felt, *“I exist. I Am that I Am.”* Nothing else matters. There is no other truth more important than that. Everything else either turns to makyo or everything else is simply supporting that truth – I exist. Nothing else matters.

Do you realize the significance of that? “I exist, therefore, I can create. Therefore, I can live. Therefore, I can be. Therefore, I can feel. I can be sensual. I can have joy. I can have sadness. I can have lack and I can have abundance. I exist.” Do you realize how profound that is? “I exist.” That's it. That's all that matters. There is no other philosophy. There are no other books. Everything – everything that tries to explain it in detail is just makyo, spiritual bullshit. “I exist.” That's it. Feel into it for a moment.

You exist not just as part of something. You exist as a sovereign being. You exist. That's all that matter. None of the rest of the talk about dimensions and time and space and the concept of God, which shouldn't be spoken anyway, your past lives, your future potentials. None of that matters other than *“I exist.”*

This is what's special. Nothing else matters. When your physical body dies, you can still say *“I exist.”* When you go traveling in the other realms, that will be the song that you sing – *“I exist and I'm aware of it.”* You see there are, what, six and a half billion or more people on this planet right now. *Do you know how many consciously understand that they exist?* Oh, they live. They have their jobs. They have their families. But very, very few can stop for a moment, aside from all the religious garbage, aside from anything that's happened in their life, their history or anything else, just stop for a moment with that simple pure truth and the deep breath – *“I exist. I Am that I Am.”*

That's what *“I Am that I Am”* means, my dear friends. Anything else is makyo. *“I exist. I Am. I Am.”* Thank you.

~ Question 5

Next question and final question. *What is the biggest shift going on on the planet right now?*

-“The awakening to who I am, the existence of who I am. We're doing it on a more conscious level ...and we're doing it at a global level. I have picked up across the world that people are really in tune to each other.”

-“The awakening of the 22 crystals within the planet. The access that is allowed, that has been opened for us to access the consciousness and the awareness of those crystals so that we can, I can, awaken myself, which awakens others.”

-“There is definitely a shift in violence, and I can feel that shift in violence towards self, violent towards the planet, violent towards animals, and there's a lot of swings. There's a lot of shifts that are occurring, definitely from the personal level. So more and more compassion, more and more connection. There's a swing that we finally are lifting off in terms of those levels of violence with countries, with wars ...”

-“I see it from the Old Energy to the New Energy coming in, and how it's manifesting or kicking the Earth.

You know, and just all the chaos is coming it. But it's kind of like the wave, it's just going through the Earth and cleaning out the Old Energies. And personally for me the New Energy is inviting me to be here with the Shaumbra.”

So that leads me into my answer. There are no wrong answers in that question *“What is the biggest shift going on on earth right now.”* Leads me into the next session of this awakening show called Meaningful Moments with the Master.

This is where I give my viewpoint.

Energy

Energy. Energy is the biggest shift going on on the planet right now, along with everything else. But **there is more energy available to humans than any other time in history**, ever. I'm talking about cosmic energy, energy that's in the air, free energy. I'm also talking about energy in the Earth itself. There's more available than ever, ever before.

But humans aren't allowing themselves to receive it. Humans for the most part are still fighting over energy, fighting with each other, having the belief that there is a limited quantity.

Take, for instance, money. There's a general belief that there is a limited amount of money. There's not. And by the way, with Shaumbra, **we are going beyond the monetary system**. We are. We're going to get off of that. You know, the monetary system that you're used to, which is either the stuff that you carry around in your pockets or the plastic or the digits with the bank, but that entire monetary system is going away. We're going – we, as Shaumbra – are going beyond that.

There's a whole new mechanism for energy and for abundance. If you're tied into the money, into the monetary system – you're tied into keeping track of your bank accounts or how much money is in your pocket – you're going to miss it. Now, most humans will miss it, because that's how they're used to doing their abundance.

There's a **tremendous amount of abundance, tremendous amount of energy available to each and every one of you** right now. Most humans are missing this – what's really the biggest thing happening on the planet right now, its energy availability – because they're looking down to the ground. They're looking in very limited terms and are believing everything that is being put out there about limitations, whatever it – food, gas, money, anything else. They buy into it.

When you take a look at it, there really is no real system anymore. There isn't. There is no real monetary system. It collapsed a long time ago. There really is no legitimate energy system out there. It's all a little bit of charades, a little bit of smoke and mirrors, but people buy into it. They buy into ... the minute that somebody says that the market is bad, they buy into it. The minute that somebody says we're going to have a shortage of a certain type of product or a shortage in the distribution channel or whatever, and *what do people do?* Like lemmings they follow it, they go along with it and then it becomes true. It becomes so. Absolutely.

There is more energy available than ever before, awaiting humans who are ready to use it, awaiting humans who are ready to receive it in their life without any excuses, without calling on others to bring it into their life, without limiting themselves, without feeling that they are not worthy of it. It is here right now. Period. And it's going unused. More energy than ever before.

I talked in our last Shoud about this **Illuminated Free World Bank**, this fund that is actually based on something real. Not just on talk or rhetoric or tense trust between humans, but is literally energy that has been brought from the other realms at your request. You've been asking for it, but you've been holding it off in the other realms. You're saying, ***"I want energy. I'm choosing something better. I'm choosing enlightenment. I choose to walk on this planet as an Ascended Master, so bring forth the energy that is going to be needed by me."***

***"I want energy. I'm choosing something better.
I'm choosing enlightenment.
I choose to walk on this planet as an Ascended Master,
so bring forth the energy that is going to be needed by me."***

It got a long way through the dimensions and through the realms. It came from the cosmos. It was attracted and brought very close to this reality through these crystals. It's not the crystals themselves that have value. They're simply a storage focus and distribution mechanism for all these tremendous energies that have come in.

These energies got here. They came very, very close to this reality. But you, for whatever reason, held them a little bit a ways away, didn't think you were quite ready yet, so you kept them in the ethereal realms.

But something happened – call it whatever you want – on December 21st, the end of an old era, you finally – part of you – said, “*It’s time bring that in,*” and at that moment these reservoirs of jewels and crystals that have been attracting energy from the cosmos, not just from the physical reality, but through all the cosmos. These crystals that have been attracting the energies and storing them suddenly opened up to make them available, to make them available to you for your life, for whatever you want.

But since I began talking about this two months ago, there is a general lack of real understanding. There’s a confusion and a fogginess, and people do things like still asking other people to do it for them. *Why?* You could have ten cars in your driveway. This isn’t just talk. I would not tell you this unless it was absolutely true and could be brought into your life, making your dreams come true.

Remember how we’ve talked over this past year or two, I’ve talked a lot of about your dreams. *What are your dreams?* Talked a lot about this topic of freedom. *What is it going to take to get you free? What is freedom? Are you ready for freedom? Are you’re going to receive freedom?* We’ve been going through these subjects in detail, all as a preparation for right now. Right now being that there is more energy available to you than ever before.

Also, as a side note to that, whether you understand it right now or not, this is the best time of any of your lifetimes. The best time, right now. Now, some of you go, “*Oh geez. Really?*” But there’ll come a point where you look at it and say, “***It was an amazing time.*** *An amazing time of playing hide and seek. An amazing time of allowing myself to wake up. An amazing time of having this awakening dragon tearing at me and me resisting. An amazing time of creating illusions and continuing old belief systems. An amazing time where these dynamics of my own awakening were bringing me through the process, even though I seemed to be resisting. An amazing time of being stripped of things that no longer served me, things I really didn’t want. An amazing time of transitioning.*”

You realize that a caterpillar, as it goes through the process of turning into a butterfly, do you realize that it’s in this transformation. It is being crushed. It is being disintegrated. And that caterpillar coming into being a butterfly is going, “*This is amazing. It hurts, but it is amazing. I don’t know what’s going to happen, but wow! Wow! Nothing like it.*” And that’s what you’re going through, so allow yourself. In spite of, yes, the difficulties and the problems, most of which are not yours to begin with. They’re about other people. They are receiving ideas and thoughts and feelings that are coming from mass consciousness that are not yours. But in spite of that, this is the most amazing time.

Now, back to energy. There are these energies that are available, and tied in with this – and this is a phenomena that’s pretty much unique to those going through the intense awakening process, the later stages of awakening – the other important factor, and this is a paradigm shift ... that sounds so cliché-ish, Cauldre. Could you come with an- ... this is a real big change in the way things are going.

You’re used to working for things, struggling for things, efforting for things. I’ve talked to you before **about goals and plans. Let them go.** Let them go. **You cannot goal yourself into enlightenment.** You cannot. You cannot. You can have your little daily plans, I guess, to make sure the regular mundane human things are taken care of. But enlightenment should not, cannot be a goal at all.

You’re used to struggling for things. It’s been that way not just in this lifetime but many, and from my perspective, it is harsh. It is colorless. It is a very strange way of doing things – suffering your way into whatever it is.

You cannot goal yourself into enlightenment.

Now, with the opening of these twenty-one caverns that hold the energy – and Shaumbra, this isn’t just a metaphor. It is very real. These energies I’m talking about aren’t for somebody else. They’re for you. And there’s been so much confusion in the last month, actually I’m quite surprised. People not knowing what to do. It’s so easy. What happens – and the real shift for you, not necessarily for the rest of the planet, but for you – is something that *Tobias* talked about a long time ago. And you’re going to resist it. You’re going to think about it too much. You’re going to do everything other than just let it happen, until the point you get tired of some more suffering and struggling. But the concept is very simple.

Henceforth, it comes to you. Real simple. Henceforth, it comes to you.

It Comes To You

Years ago *Tobias* gave the example. You get on a bicycle. The typical way of doing things – you get on the bicycle and you start pedaling. And you start sweating a little bit, you start breathing heavier, and you ride through the landscape. You ride down the streets, up the hills, through the village, or wherever else, along the river. You're pedaling, you're exerting and the landscape is going by you. **That is duality, that is old, and it doesn't need to exist that way anymore.**

Now you get on the bike and you just sit there. You do not pedal. You do not move. Even the bicycle really doesn't have to do anything, and the landscape moves. You are stationary. The landscape moves.

Now, the nice thing about this is that **you don't have to do anything other than receive**, and you're really bad at receiving. On a scale of one to ten you get about a .5 for your ability to receive. Truly. And if that were not so – I do not make this up and I'm not just saying it to insult you – if that were no so, we wouldn't be having the discussion and we wouldn't be in situations that are a little embarrassing – I'm getting people mad at me again today – but we wouldn't be having these discussions. You're not so good at receiving.

This concept – very, very real concept – it comes to you. You get on that old bike or new bike. You get on that bike and you just sit back. **It all comes to you.** It's not linear. It's not like going down the road anymore where the landscape just starts moving while you're just sitting here. It's not linear. **The exact perfect thing comes to you.** Perfect, not based on what God thinks is perfect, because God really doesn't care, or some other being or anything else. Perfect for you by you. It comes to you.

Don't blink. Don't doubt, is what I'm saying. Don't blink.
Let it happen. Let it come to you.

This is the New Energy. This is also the way these crystal caverns work. Simply, they attract, they store, they distribute energy. That's all. That energy is going out right now as we talk, but you're still riding your bike down the road trying to find something, God knows what – enlightenment, happiness, joy, a new car, a relationship or sex for one night, I don't know. But now it is take a deep breath, you get on that bike and it comes to you. It comes to you. Whatever you need. Huge volumes of energy, energy that will manifest in a variety of different things.

Health, perhaps. Some of you are still going through health issues. The energy is there to clear out the body. Abundance. Money. **Let's dissolve the monetary system, because it actually is all an illusion anyway** – you know, your credit cards, your money, your cash and everything – it really is. We're going to be working on a new system of energy abundance. Yeah, ultimately it'll put some dollars in your pocket so you can play the game. But the real abundance is at a much more pure and real level. Much more pure. So you'll bring it in on this non-monetary level, and then let it come in and make a lot of cash, put it in your pocket. **You'll come to the point – I ask you to come to the point – where you never have to worry about money again.** You don't have to balance your bank accounts or worry about if a shirt is five dollars or five hundred dollars. It doesn't matter. It's inconsequential. It is stupid. It's not enlightenment. It's not. What you pay for a shirt or your milk or anything like that, it's not about enlightenment. That's so old.

***You'll come to the point – I ask you to come to the point –
where you never have to worry about money again.***

So back to the point. There is a tremendous amount of energy. *You got that? You understand that?* It's in twenty-one caves. Pretty simple stuff. It's crystals. It's really pretty, a lot of colors. You're not going to go take the crystals. They are a mechanism for attracting appropriate energy, storing energy, distributing energy. That's what they're here for. They've very pretty, but ... that's number one. It's here. There's a lot of other energy as well, you've been working with it, but this is the new stuff.

Secondly, it comes to you. That's going to be your bigger challenge. Most of you, you're still a little tentative about this whole cave/crystal thing, like not sure, and when we talked last month about it I basically said *Make it for yourself*. Nobody else. Whatever you're choosing. Don't be afraid of it, but don't limit it to little things like *"I need \$1,000 to fix a car, buy a computer,"* or anything else. That's so minuscule. Let that energy come in big.

Most of you still very confused. “I’m not sure what to do about it,” you say. You’re scratching your head, you thinking, “Well, I’ll pay bills with it.” Awakening people don’t have bills. They don’t. I’m serious. They don’t have bills. Bills are a debt accumulation, an energy deficit. A Master does not have that. Does not have that. They don’t have debt. It just – they are. It goes back to that premise – “I exist.” Did I say “I exist in debt?” Did I say, “I exist in stupidity?” No. “I exist. I exist.” That’s all that matters.

So here’s what we’re coming to. It comes to you, and that’s going to be a tough one, particularly a tough one following last month where I talked about mass abundance for you, mass energy. Now we’re going to put the two together so you’ll really be confused. It comes to you.

And remember awakening is not polite. It is not. It is not. It is brutal, but it’s fun.

A Merabh of Receiving

So we’re going to do a merabh. A merabh is a shift of consciousness. This is a big one, because it is about can you let it come to you. For today’s merabh, we’re going to use this whole example of these twenty-one crystal caverns ready to beam energy to you.

(Link to the official [Crimson Circle](#) YouTube channel: [A Merabh of Receiving](#))

It’s going to come to you, my dear friends. You’re not going to go to it.

Recently I took a group, small group, to these caverns just to feel them and experience them. Told them not to touch. Just wanted them to feel what it was like in one of the caverns. Today, we’re not going to go there. Today, it’s about you letting it come to you.

Part of you is going to resist this, because this is not the way your reality system has been up to now. Part of you is going to be wondering if you can do it right or if it’s real. Part of you is going to fall asleep, because you’re really tired.

What we’re doing here is this merabh of letting energies come to you now. You’re sitting on the bike, stationary. By the way, this is natural. This is the way things work in the most natural state of being. Having to effort, struggle, work hard, limit yourself – that’s unnatural. The natural way is allowing everything to come to you.

So take a deep breath ... and feel into these energies of the Illuminated Free World Bank.

These are your energies. They’re here for you.

They’re here for you. The question is *will you receive them?*

Now, stay where you are. Don’t go off to these caves, but stay where you are. Feel for a moment into what you call your heart, your essence, this thing I talked about today – your I Am, the I Exist. Feel into that for a moment.

I exist.

When you can get down to this core level – “I exist” – how amazing. Then the energies come to you.

When you’re off scurrying around, when you’re off searching for something, the energies really can’t come to you. But when you’re in such a place of trust, such a place of awareness, the energies can come to you.

And there are tremendous energies, my dear friends. They’re not just on a first-come basis. The energies are available to all of you. There is no supervisor at the door. There’s no judge determining how much you’re worth. It’s you, just you and these energies.

And they come to you. They come to you. That’s why they’re here.

It’s going to be quite a shift of, oh, you could say, patterns to let things come to you. You’re still going to want to jump in there with some of the old ways – manipulation, control, over-management, planning and limitations. There’s still going to be that tendency to do that. **The challenge, the beauty is letting it come to you.**

And the mind’s going to jump in and say, “Let’s see it. How much is there? What does it look like? What does it do?” This is where you take a deep breath and you get back into that simple “I Am, I exist.” It doesn’t matter. Doesn’t matter what color it is. Doesn’t matter what vehicle or pathway it takes to get to you. It just comes.

There's only one thing that is going to prevent it. It's you. You've been familiar with patterns of whether it's illness, lack, loathing, discomfort, not being present in this reality – whatever it is – you've been used to those patterns. The real challenge is going to be can you let it come, full on. Full on. Or are you going to try to stop some of it or all of it and say, *"Well, just a little bit at a time. I'm not quite worthy enough yet."* It's totally up to you. It's your game. It's your game, your game show. Doesn't matter. But this energy, it's here right now.

It's here for you. It comes to you. You're going to want to start defining it. You're going to get into your brain and start defining. Don't, or at least try to avoid it. Let it just come to you.

Go beyond thinking in terms of *"Well, does it mean a new job? Does it mean winning the lottery?"* or anything like that. Goes beyond that. Keep it pure from the I Am to the I receive. ***"I Am, therefore, I receive, without question, without limit, without controls or management systems. I receive."***

***"I Am, therefore, I receive,
without question, without limit, without controls or management systems.
I receive."***

You're used to searching for things. In this shift, you don't have to. It comes to you. Oh, you're going to feel a bit uncomfortable with it, saying, *"But, but, but ... I have to do something."* No. Just let it come to you. Just let it come to you.

It sets the mind on fire. The mind thinks, *"Well, no. I have to do something."* No. **You just take a deep breath. Let it come to you.**

That's all you have to do. You don't even have to think in terms of whether it's a new car or new house, any of that. It just comes to you. It's going to be so simple, so simple that for a split moment you're going to think that you didn't work hard enough to earn it. You'll feel a little guilty. You're going to want to have a way of measuring how much you give yourself. Don't. Take a deep breath. Let it come to you, unrestricted.

You earned it already. You did. You earned it by all these lessons that you've gone through, and by the way, let's be done with any lessons now. Let's be done with all lessons. **You've earned it because of your – what you would call – your diligence or your commitment to yourself and your awakening.** That's why it's there.

The energies come in now; they come to you, because finally you brought them from the other realms. You have brought them, not me. This **Illuminated Free World Bank is not mine. It's yours.** That's why you don't see the name *"St. Germain"* in it. It's yours. You brought it here. You finally broke that barrier that kept these energies off in the other realm. You finally said, *"It's time to receive,"* and that's why they're brought into these caverns, stored in these beautiful crystals, the likes of which you've never seen before, and now they're ready for distribution, ready for you.

Can you let it come to you? Not go searching for it. Can you let it come to you easily, gracefully?
Take a deep breath. It comes. It comes.

Don't think in terms of paying a bill. Don't think in terms of just a small human need. Let that energy flow in. Don't wrestle with it. Don't wonder if you're doing it right or wrong. Just let it come to you. It's that simple. *"I exist, therefore, the energies are here."* It's that simple. *"I Am, therefore, it is."* It's that simple.

My dear, my dear, dear Shaumbra, sometimes I wonder how you do it. Sometimes it's so colorless, so harsh, so gray in the world that you've been playing in, the reality where you've been dreaming. It's amazing how your body's even held up at times. You've been struggling for it, going off trying to find it somewhere. Now, just let it come to you. Let it come to you.

The universe, cosmos are filled with energies. They're absolutely filled with energies. The energies were put there, made there, from your passion, your passion to know thyself, to know that God within, to, as you would say, return Home. But what you find is Home comes to you. Yes, Home comes to you. It comes to you.

So you could say there is such an abundance of energy that you created, from your passion, your desire to know Home, to be Home. That's why these energies come in to the twenty-one crystal caves now. It's not a fairy tale, it's very real. That's why you finally allowed these energies to break through this invisible ceiling that has kept them away from you. Now they're here.

So I ask you once again, *can you allow these to come to you in your life?* Unlimited. No rules or guidelines. Feel, if you would, please. Feel it come to you, filling you, filling your life. Filling you.

Let it come to you.
Flowing into you ...
Flowing into you ...
Take a deep breath.

I want you to consider this for a moment: *What is grace? What is grace?* We played our little game show today, had a lot of answers from Shaumbra about different things. So now I ask you the question, *what is grace?*

Nice word. It's got to be one of those polite words, I guess. Not a bad word. Grace. If you were sitting here up at the front as one of the game show contestants, *what would your answer be about grace?*

Grace.

Grace is the ability to receive

I'll tell you what my answer is. **Grace is the ability to receive.** Period. That's the definition of grace. A Master allows the energies to serve them. That's grace. Without questioning how much or when. *"Do I deserve it? Are there others in need?"* No. You don't ask those questions. That's out of grace.

Grace ... grace is receiving energies without question, without doubt. Grace. A Master allows energies to serve him without question. Without question. Period. That's grace. Pure, simple, beautiful.

These energies are here. They'll come to you, if you allow them. They'll come to you if you stop playing the show, the game, the illusion. They'll come right now, if you're in grace.

So the question is, can you receive? Will you receive? Will you receive without question? Why do I hear so many questions?

Grace is receiving. Period. That's it.
Let's take a deep breath.

In our next gathering, we're going to continue with the discussion of these energies. We're going to talk more about how it comes to you. You'll have plenty of opportunity in this next month to let energies come to you, to let a new reality come to you, to receive it, to be in grace with it.

So let's take a deep breath.

Now, let's get back to our game show featuring Adamus Saint-Germain. And the reason we played game show today was, my dear friends, ***if your life was a game show, a talk show, would you even want to listen to it?!*** Probably not. **So please change the game, change the show.**

Let's take a good deep breath, as we bring this gathering of Shaumbra to a conclusion. A good deep breath in that grace of knowing that ***all is well in all of creation.*** Thank you.

Adamus has left the building. Clear. Thank you.

08 – Bringers of the New Energy

Today's Question

Let's take a deep breath. "To be or not to be," that was the question. The question was asked by Hamlet. "Should I live or should I die? What's the use? I'm stuck in the suffering of my mind, in these outrageous fortunes" – or rather misfortunes – "that I'm experiencing."

"Do I want to be here or do I want to go? What do I do? Can I put myself out of this misery?" asked Hamlet, written by William Adamus Shakespeare. You laugh. You laugh.

So, dear Shaumbra, the question now is "**To be aware or not to be aware?**" That is the question. That is the true question. "To be aware or not to be aware?" and I ask each one of you, as we open this segment, *what is the answer? To be aware or not to be aware?* To be aware or not, because the reality is that you are in the Middle Lands. **You are in the Middle Lands, one eye open, one eye shut, walking in a world of humans with two eyes closed;** in the Middle Lands, not sure what goes next; in the dreaded despicable Middle Lands of awakening, where there is a desire for hope, but yet at times so bleak, so gray and so dreamless.

***You are in the Middle Lands, one eye open, one eye shut,
walking in a world of humans with two eyes closed.***

In that Middle Lands it causes you to want to take many steps back to that old reality where all walked with eyes shut, and you, now, walking in the Middle Lands amongst your fellow humans, one eye open. *How do you explain to them what awareness is?*

The blind man, the blind people, the blind group of humans, and just one eye open you have. *How do you explain to them when they beg and beckon for you to come back to that old reality, to that old place of no awareness? You, with one eye open and one eye still closed, how do you explain awareness to those who have both eyes closed? How could you possibly explain sight to those who are blind? How could you possibly explain what it is to have some deep inner churning of the soul and the heart, to want to move quickly out of the old ways and the patterns of humans, but yet not knowing where you're going to? How do you explain to those with no sight whatsoever? How do you explain the world you are leaving without knowing the world that you are entering?*

In the netherlands, in the Middle Lands of awakening, that's exactly where you are.

You have no idea that the words I speak to you are of truth or just of another delirious mind. You have no idea if there is such a thing as an Ascended Master. You're in the Middle Lands, but you know – you know in your heart – that you cannot go back to the world of the blind, to the world of the unaware. And even though you try to do that at times – oh, you try so desperately to return back to that place from where you came – but you can't go back with one eye still open. You can't seem to close both of them.

So here you are, drifting on an endless sea. Drifting on this sea of troubles, not knowing whether you are aware or unaware, not knowing what comes next. And *what do you have to resort to?* Not words that others say, not simply the hope that's in your heart. What you have to rely on is you and only you. What you have to rely on goes far beyond the mind, because the mind is the strangest of all the aspects. Let it out, my dear. Let it out! The mind is the strangest of all the aspects. You can no longer rely on the mind. It has deceived you. It has created illusions that it has had you believe to be real, when in your heart you know they are not.

You

What you have to rely on is you, but yet unsure of who you are, still trying to find you in this endless sea of troubles, still trying to identify you – something that simply cannot be done – so you dive deeper. You dive deeper into you, and you come to the point of realizing that you is not who you thought you were, whatsoever. **The you that you have know was simply the creation of a mind, a mind that was conceived here on Earth, that was developed here on Earth, refined and programmed here on Earth.** The mind – the strangest of all the aspects – not you whatsoever.

So where do you find you?

***The you that you have know was simply the creation of a mind,
a mind that was conceived here on Earth, that was developed here on Earth,
refined and programmed here on Earth***

Certainly, beyond the mind, even beyond the heart. You find you in those darkest hours that you've had, those dreadful, horror-like, nightmarish dark hours that you've had, and each and every one of you have had them. Those dark hours when you know there is no going back to the world of the blind and the unaware. Those dark hours when you wonder "Who am I?" Those dark hours where you wonder, "To be or not to be? Should I terminate this? How can I release myself from this trap? How can I release myself from this mental anguish and this physical pain and this lack of knowingness?" Those dark hours when you come to the deepest, the simplest and the truest of truths. The only thing that matters is "I exist." That's it. "I exist."

And from that simplest, most truthful of places, a place that defies the mind and even the heart, a place that defies all of your previous experiences, any beliefs that you ever had, anything that you thought to be good or bad, real or unreal; this place of "I exist," this simplest of all truths, is where you find you.

Not surrounded by anything, anyone else. Not confused by the world of the blind. Not confused by the world of your mind or your desperate attempts to save an identity of yourself. In that simplest of places – "I exist" – is where you start to hear the beat, the rhythm of your soul. "I exist, therefore, I Am." That's all that matters. All that matters.

To be aware or not to be aware? Such a torturous question, such a torturous Middle Land you find yourselves in. But, my dear friends, you have felt, even if it's only for a moment of time, you have felt there is something deep within you. Something that doesn't rely on any other human. Something that doesn't care about your past, your health, your intelligence, your looks or your money. You've been aware of a few times of that existence of the Self. Sometimes it is but a fleeting moment and then disappears back into the darkness, into the abyss. But you remember it was there.

It's always been there. It never goes into the darkness or into an abyss. It is never lost. It is only you – you, still in the world of the blind, still in a type of hypnotic living, still wondering how to make yourself better, how to make yourself perfect – it is you that actually goes back into the darkness, because the existence, the I Am, is always there, always waiting, always knowing. It does not care if you go into your own personal crisis, into chaos, into crash-and-burn. It does not care, because it knows you are always there, the I Am. It does not care if you were a queen or a king, if you were the richest being in all the world; it does not care if you succumb to the demons and the dragons of yourself or the others in the blind world around you, because it's always there.

It doesn't care about good days or bad days. It doesn't care if you drink too much, smoke too much, sleep too much or eat too much. It does not care. It does not care if you are having emotional difficulties with others, if others are using and abusing you. It does not care. It does not care one bit about your spirituality, about your religion, about your beliefs, about your affirmations and confirmations or any of your illusions, because it is beyond illusion. It is – it is – your existence.

It's there. You have touched upon it, perhaps when you were very young. Perhaps that's what set you off sailing and searching to find how to bring it into this reality, how to bring it into your life. And although your mind has tried to take this – this simplest and most joyful of all consciousness – tried to take it and mold it to this world of the blind and the unaware, take it and mold it to what it feels its extra identity you should be, it will never ever, ever be captured by the mind and by the human identity. It can never be corrupted, destroyed. It can never be put in front of or behind anything else, including Spirit. It's always there, the existence – "I exist."

Never forget this, ever, ever, ever. Never forget this. In the darkest moments and in the most joyful moments, take a deep breath – "I exist."

It is the truth of truths. It doesn't take anybody else to bring that into your awareness. It is only you that can do that. There is no power in it, no power whatsoever. No energy in it whatsoever. It is not surrounded by anything. It is unto

itself. It is not glorified by God. It is not pampered to by the angels. It does not exist in time or space. It is the existence, the *"I Am that I Am."*

Take a deep breath, my dear friends.

The Middle Lands

So you're in this rather odd place, this Middle Lands of awakening. I have said it before, perhaps it still hasn't touched you, that this is the grandest time of all. This is the grandest time of all, a time of celebration – celebration of understanding existence within the world of the blind. *Am I being too hard by calling this the world of the blind?* Absolutely not, for there's a reason they are blind. There's a reason why you were blind. I don't want to get too philosophical, intellectual about it right now, but there was a reason.

And now you're emerging from that. You chose to crawl out of that reality. Oh, it's still trying to drag you by the feet and pull you back in; still with all of its seductive forces that work on your mind, that work on your emotions and your heart, especially if there are other people involved in your life; still trying to get you to come back into the world of the blind, but it cannot be done.

Oh, you've tried, and when you have you find **you cannot pretend to be asleep when you are partially awake.**

You cannot pretend to be asleep when you are partially awake.

So what to do next? You open the other eye. You open the other eye. So it begs the question, *why isn't the other eye open now?* Good question. I'll give you a bit of an answer.

Awakening, becoming aware, can be very overwhelming. **You open one eye and you see what's really out there and you see who you really are, and just the thought of having to open the other eye – the intensity, the true intensity of that awareness – can be overwhelming.** So you stop for a bit and you walk with one eye open, one eye closed, and you continue walking in the world of the blind, but once in a while coming together with other one-eyed beings. And you're waiting for someone else to open that other eye first and then to say, *"How was it to have both eyes open? How overwhelming? How beautiful? What did you gain, what did you lose from it? Did you die? Did you want to die when you opened that other eye?"* Waiting for someone else to do it, to open that other eye.

You open one eye and you see what's really out there and you see who you really are, and just the thought of having to open the other eye – the intensity, the true intensity of that awareness – can be overwhelming.

But much like you with one eye open trying to go back into the world of the blind and explain to them what vision is, it will be very difficult, very, very difficult for one with both eyes open to explain this reality to one with one eye closed, you see. The only thing you can do at that point as a two-eyed, open being, the only thing to do at that point is to look another in the eyes, letting them see both.

Words do not need to be spoken. Actions do not need to be taken. Simply letting them see into the eyes – both eyes – of an awakened enlightened being. It's that simple. That simple. Everything that would need to be said is said in this instant, you see. It's that simple. That simple.

My dear friends, this Middle Lands of awakening, ah, I cursed it. I tried running from it. I tried pretending that it wasn't there. Yet I look back on it now, such a significant, beautiful, poignant time. Please enjoy it. Please do enjoy it, because you'll look back with two eyes at some point and realize the significance of what you're doing. Really, the significance.

Awakening isn't anything I'd recommend to my friends. As I said in our last conversation, awakening is cruel! It is cruel in so many ways. No, I wouldn't recommend it to my friends, because then they would blame me for it once they were emerged into its depths, of course. No. So I say, please, dear friend, keep both eyes closed for as long as you possible can.

But, you know, in spite of my advice to those with two eyes closed, in spite of my advice, one eye is going to awaken sooner or later anyway. One eye is going to start peeking, because there's something within the eyes of the blind who can feel that others are starting to open their eyes as well. And you know how humans are – they just want to get a peek. But in awakening there are no peeks. No, no, no. There is not a peep show in awakening – the men laugh, of course – because once the eye starts to open, once the awareness starts to come in, you can't stop it. Once you have a little bit of awareness, it begs full awareness. Full awareness.

It has been my pleasure to work with all of you over these past few years as your eyes started to come open, as that one eye grew open wide, big, as you came to this point of stopping and saying, *"I'm not sure it's such a good idea to open that other eye."* And as I would tell my friends and I would tell Shaumbra, then don't. Then don't. But in spite of what I say, that other eye is going to come open. It is going to come open in spite of you.

***Awareness continues to ask for more awareness,
for the dissolution of false realities, for the awareness of itself
and ultimately the feeling, the experience of love for itself.***

It is going to come open because awareness desires more of itself. **Awareness continues to ask for more awareness, for the dissolution of false realities, for the awareness of itself and ultimately the feeling, the experience of love for itself.** So that other eye will come open. And you can resist it, you can try to force it shut, you can go so far as to sew it shut, and it will come open. That's also the good news. That's also where we are – somewhere in between. Somewhere in between being blind and having vision. Here we are.

Bringers of the New Energy

My dear friends, you have gone from being the blind. You have gone to the very depths of the human experience here on Earth. Then, as you started awakening in the every early days of the awakening, you were the energy holders of this Earth.

So you were the holders of energy for quite some time, holding it for the planet, many of you for dozens, nay, hundreds of incarnations, the energy holders. Chanting, om-ing, praying, kneeling, hearing confessions, doing fire ceremonies and every possible every other thing you could do. There was a value in it. It did help keep a balance of energy on this planet, combined with Gaia and water. Water is so important to this planet, and some humans sitting in caves om-ing and chanting each day, not having much of a life but being really good energy holders.

The truth of the matter is, in spite of what anyone tells you, there's no need for energy holders on this planet anymore. That's why the indigenous ... love the indigenous, but it's time to move on, dear indigenous. Truly it is. You've been doing it lifetime after lifetime after lifetime. It's time for those who were in the church – the priests and the monks – time for them to move on. That's why the church is slowly dissolving away. We don't need the altars. We don't need the temples as they were anymore.

So you were the energy holders, and now – now – comes the exciting part. You are the Bringers of the New Energy.

Now, there is energy abundantly around everywhere, but nobody is bringing it in in any appreciable quantity. Everybody, as we've talked about, is getting just enough. But there are no... there are very few individuals and there are no groups of individuals who are truly bringing in the energy. Everybody is using kind of an old and very limited reservoir, because of belief systems, because of indoctrination and everything else. There's not a single group out there that is actually actively bringing in the energy. Not at all. Not at all. So for this you will be the first of a group to do it.

Imagine for a moment – imagine ... and yes, it's good to feel proud or even a little inflated about this. Humanity has been using basically the same amount of energy. And in spite of those who talk about cosmic energies and cosmic events and comets delivering energy to this planet, which all might be true, nobody is using it. They watch a comet fly by and say, *"Wasn't that pretty?"* Wait for the next one to come around in 20 years – *"Wasn't that pretty?"* There's even some who have the understanding and the insight to know that these are delivery mechanisms for energy, but nobody's using it. Nobody's using it. It's like the milkman comes by every morning and puts six bottles of milk at the door, but nobody ever opens the door to take the milk. It's just sitting there.

Now, energy, unlike milk, does not spoil, doesn't sour, doesn't go bad. It's sitting there in huge quantities, amazingly huge quantities, available – available to each and everyone – but nobody is picking up the fork and knife to digest it, to put it in their body, to put it in their reality, to bring it in. It's hovering around. Everybody is waiting. Everybody is in a holding pattern. *Why?* I don't know. Because they're not sure *how to do it?* *Because they're waiting for somebody else?* *Because it's hard to do with one eye closed?* I do not know, but it's there. So today you're going to have the opportunity, in just a little bit, to be a bringer of New Energy, a user of New Energy, using it to create whatever you choose.

Sounds simple. Sounds something like out of a fairy tale. Combine that with 21 crystal caves, we have a tremendous fairy tale story. But it's all very true.

Energy Basics

Now, in order to understand some of the dynamics, let's talk about energy. I'll go back to the basics. So some of the basics of energy. First of all, you are consciousness. Understand that. You are consciousness. It's the I Am. I exist. That's consciousness. That's the first awareness. **You are consciousness.** We'll just put a dot there. (he draws a dot) Consciousness, *"I exist."*

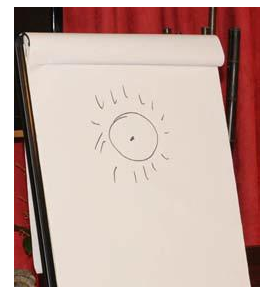
Consciousness continues to, you could say, unfold. It continues to become. It's not static. It doesn't just stay in its current level of consciousness. To say that it grows isn't quite right, or to expand; it continues to become more conscious. So we put a circle around that – the circumpunct, the symbol for consciousness, the I Am. Very simple.

You could say also it started with the spark of Spirit. You're going to discover sooner or later that that wasn't actually true, but we'll use it. We'll pretend for right now that it was, hopefully confuse a few of you about that.



So this is the I Am. As I said before, it **doesn't exist anywhere**. It **doesn't have a place** in outer space of its own. It doesn't need it. It **does not exist within time**. It doesn't need it. **It is totally on its own.**

It is not energy. This is one of perhaps the greatest illusions, fallacies, or mistruths that humans believe, and even religions, even new age does not understand that consciousness does not contain energy. Because, first of all, if you thought that it did, and particularly in the way most people think about energy, suddenly you become victim to energy, and consciousness is corruptible in that scenario. But it's not true. **Consciousness contains no energy, does not exist in any particular time or space. It is yours, solely yours.** Very simple concept, but yet often I talk to groups about this, and they go out the door five minutes later forgetting it, forgetting the purity of the I Am. So, consciousness – no energy.



Energy exists outside of consciousness, and it does exist in all sorts of dimensions. (he draws a circumpunct with energy around it) Any dimension that consciousness ever visited or imagined. Energy exists everywhere that the consciousness ever felt into or imagined into; suddenly, energy is there.

Energy was created, was – let's call it – breathed in. **Energy was breathed in by the passion of consciousness.** The passion of consciousness is the feeling – and I'm using very human words here – but the passion of consciousness is having the sensory experience of feeling its existence. That's the passion of consciousness – feeling that sensory, that experiential – *"Hey, I exist!"* That's the passion right there.

That passion of its existence – to know its existence and to feel it – created energy, energy outside of itself, but you could actually say that ... some would say that it was the passion of going Home – I have actually said it before myself before – partly true, but *where is Home?* **Humans like to think of Home as being heaven, God, oneness, All That Was,** all the rest of that crap. It's not. **The true journey Home is not back to some celestial palace. The true journey Home – right there (tapping his heart).** That's all there is to it. You don't go back to the oneness; **you are the oneness.** You go back to awareness. Ah! Good. *Getting somewhere? Learning something?*

Now, right on the first level, what you would call the basic level or the simple level, right around your consciousness is – it looks like a sun now – is a ... that's, again, human words, but is a layer of energy that's the most intimate with you.

It's only yours. It is always there, but you are hardly ever in conscious connection with it, because you're in conscious connection with everything else – the walls, the cars, the other people in your life, your aches and pains and mostly that strange mind.

***Humans like to think of Home as being heaven, God, oneness, All That Was.
It's not. The true journey Home is not back to some celestial palace.
The true journey Home – is to your heart. You are the oneness.***

So you very rarely access it, and somebody just asked online, somebody asked the question, “*Can I access it through hallucinogenic drugs?*” Sure. Go ahead. Try. Have fun. *Why do I get these questions?* Really. Really. No! You don't need to access it through drugs, and it's not going to make it easier. As a matter of fact, **this layer of energy, core level energy that's always harmonious with your consciousness – that layer is so in truth and so pure**, that, no, you're not going to get through it with manipulative methods or false methods.

Once in a grand while, a few of you might have felt this level. When you do, you're going to feel – you're going to have the sensory experience – of tremendous love and all things being in order, because this level right around your consciousness follows you around. It's everywhere the consciousness goes. That level and layer is in perfect harmony, resonating with the I Am all the time. It's yours. It's your personal treasure chest, if you would, of energy.

There's not a lot of it, because it doesn't need much. It's efficient. It's pure. It's absolutely in service to you. Always, always there.

It will not tolerate manipulation. It will not and cannot be applied to what you call power. Those games use other levels of energy. Fortunately, this level of your personal energy – it's just yours; it's related directly and only to your consciousness – can never be taken, used or even lent out to anybody else. Fortunately, it is beyond manipulation and games, and if you try to go there in some sort of altered state, you cannot access it. It is so pure. It's not that it has a big wall around it; it's simply that it's so pure that you wouldn't recognize it if you went there with manipulation, power seeking, or anything else. So it's always there. Always there.

Energy Attributes

Energy is ... these are energy basics, but very important to understand as Bringers of Energy. As a matter of fact, you're going to need to be able to articulate it just like I am.

~1. Energy is Abundant

Energy is abundant. It's a common misperception – it's an absolute lie, as a matter of fact – that energy is limited. Cash, money, anything like that. Please step back, step away from all the noises of the blind world and take a look at what's really happening. The stock market up and down. You know, the stock market's going to crash in about three months.

A fifty-fifty chance of it crashing. Every day, there's a 50-50 chance. Step back. Get away from all of this. If you ever feel that things are limited, stop, take a deep breath, back away and feel into this simple “*I Am. I exist.*” It's so easy to get sucked into all this.

There is a **huge abundance of energy everywhere**. Everywhere. There's enough energy – neutral energy floating around in this room – to power, to fuel this United States of America for a dozen years or more and still have enough left over to fuel probably half of the rest of the universe. There's so little really understood about physics. I sit in sometimes on these world meetings of scientists and physicists and the like as they're talking about – so seriously – talking about science. They know squat about real science. Now, it's not to say science is bad at all. Actually science is a wonderful thing, because it also takes out some of the makyō. But there's so much more that can be learned.

Quantum science – I love that. They're starting to understand that there is so much more going on than what science knows. Do you realize that, in the span of human history, that it has only been in the last second of time – one click of the clock – that humans have actually understood that the Earth is round. That's how smart science is dumb. And at the time people, even some of you, were burned and tortured for even thinking that it was anything [but] flat. Everyone used to think that the Earth was like a big dish and that everything sat in this dish – oceans and

land and animals and everything else – and suddenly, they learned it's not. It's a ball. Some of you were tortured for thinking that.

So imagine – imagine – if it's only been a click of time since humanity has understood that the Earth is round, imagine what's going to happen in the next ten years.

So energy is abundant. It's everywhere. It's all around. So as Bringers of New Energy into this planet – and users, Bringers and users of New Energy into this planet – always understand it's abundant. If you ever think limitation – ever think limitation – stop, back up, feel into all the energy that's available. **Energy is everywhere. It doesn't have to be in physical form. It does not have to take on mass. It does not have to be measurable to be real,** and that's part of the problem. Energy is measured now in terms of money or in terms of fuel, in terms of calories, in terms of all these measurement systems. But it's so abundant and it's always there, going in and out of reality, replenishing itself, it's not measurable. So, number one, it's abundant.

~2. Energy is Literal (“your passion.”)

Number two, energy is literal. Energy is literal.

What I mean by that is it responds literally to the passion. **It responds literally to the passion.** It responds just a tiny little bit, tiny little bit, to the mind, to all the thoughts. You see, now something like worry and fear actually have more passion in them than thinking about paying off your bills or thinking about your plans and your goals. You realize how little passion is in plans and goals, but yet fear – hah! That has a certain passion. There's an expression, there's a sensual expression in that. **Energy is literal. It doesn't care about good or bad.** It does not know.

Energy works with the passion literally, and it doesn't matter if you are a terrorist trying to blow up half of Kansas City – sorry, Kansas City – if you're a terrorist, energy does not care. It is just very literal. It responds to passion and to action. To action.

Now, it's the action of the consciousness, the desire to be. So energy is literal, and it doesn't care about good or bad, anything else.

So as Bringers of Energy, remember your passion. When you get into that thinking about, and that manipulating, “*How am I going to use my energy now?*” stop right there. You're putting yourself in a box.

The brain is a very strange aspect. The brain knows very little about energy. As a matter of fact, I'll go so far as to say the mind is actually intimidated by energy, because it does not create energy, it never has, and it's very clumsy in dealing with energy.

So the mind is intimidated by energy. The mind will literally restrict the level of energy that's coming into your reality, because it doesn't understand it. It can't trap it. It can't own it, although it tries. Oh, and it tries and tries and tries.

So as the mind is rather intimidated by it, it will shut it down. The mind is part of the issue with the other eye not opening. “*What happens if all this energy comes in?*” and this is one of the dilemmas you will be faced with as Bringers of the New Energy. “*Now what do I do? Now I open my other eye, at least partially. Now I've got all this energy coming at me, with me every moment, what do I do?*” And I already can tell you – so save your cards, letters and emails and your nasty thoughts – you're already going to come back to me and say, “*Okay. So I agreed on this May 4th, 2013, I agreed to be a bringer of New Energy – in other words, bring it right into my reality – and you know what, Adamus? Now I'm not sleeping at night. Yeah. Waking up in the middle of the night, can't go to sleep. I've got all this energy, Adamus, and I can't go to sleep.*” Don't complain to me. You've got all this energy to work with.

The mind is ... let me rephrase that. **The reason you sleep is to get out of your mind,** and if you're not so much trapped in this mind, you're not going to need to sleep. The body actually really doesn't need sleep. The mind does.

So back to the point – energy is literal; it responds to your passion. **So as a bringer of energy, what's going to bring it in? The passion. The desire.** Yeah.

Creates a little conflict – eh, big conflict – because there is a mistrust of your passion. Your past experience – love that past experience... crap – your past experience says, “*But yes, when I expressed my passion, I was put down.*” So? So? So? Yeah! *Will you be put down again?* It doesn't matter! It doesn't matter. *Do you want to live in the world of the blind? Or do you want to live in the world of the aware?* It's that simple. If you want to live in the world of the

blind, yes, then it would affect you. But in the world of the aware, it doesn't matter, because the rest of those who are aware love their passion, love their expression.

Passion has been put down, suffocated through the mind, through hypnosis, through programming, and ultimately you – as a souled being, as an I Am Presence – you cannot continue to live in a passionless reality. Ultimately, you cannot. You cannot. It's not going to kill your existence. You're just going to have to blow up to get yourself out of there, and there's no need for that.

But no, what happens is when you're living in a relatively passionless reality, *what does one do?* They create drama. They create a lot of drama as kind of a very false type of passion. But that's not passion. That's not passion. That's living in the world of the blind.

***Energy is everywhere. In huge abundance. It doesn't have to be in physical form.
It does not have to take on mass. It does not have to be measurable to be real.
It responds literally to the passion.
Energy is literal. It doesn't care about good or bad.
So as a bringer of energy, what's going to bring it in? The passion. The desire.
Energy wants to serve you, and it doesn't have any agendas.***

~3. Energy is Altruistic

So, next on the list, energy is altruistic.

Energy wants to serve you. **Energy wants to serve you, and it doesn't have any agendas.** It doesn't care if you're on the fast train to hell or you're putting on wings to go to heaven. It really doesn't. It does not care.

There are no judgments in energy. It cannot have a judgment. It is altruistic. It is here to serve you without agenda, here to be at your feet. It can be used by anyone.

The amazing thing is, and perhaps part of the blessing in it, is very few have discovered it. They continue using very archaic energy systems. Even those who are trying to take over the world for God knows why, those who are trying to control the world, they're doing it out of power play and manipulation. They would never even consider trying to take over the world, rule the world, run the world, have all the money in the world, they would never even consider it if they knew how easy it was to have all the energy that you want. It's abundant, it's literal and it's here in service. *Why would you then need to amass money or take over the world or anything like that?* It's absolutely literal. It's here to serve you, actually before you even have to say anything.

So these are the basics of energy. Please remember these, because one day you will be in front of your students telling them the very same thing. Not necessarily going to be playing DVDs of a Crimson Circle class, it will probably be in your own words, in your own way.

There are so many misunderstandings about energy. Most people feel energy is doled out, or life, whatever you want to call it, is doled out from someplace else, something else.

Those who don't believe in an afterlife believe that energy basically comes from how smart or manipulative they are. Those who believe in some type of afterlife generally believe that energy is doled out from either a group of angels or God or Jesus Christ based on how good or bad you are. Totally unreal. Energy doesn't care. It has no agenda. It doesn't care if you're going to try to blow up the universe. You see, because energy is simply responding to passion.

The core level energies that I just drew on the board, the core level energies really understand that your consciousness can never be taken, that level of your energy can never be taken, so there's really no worry about any of that. So the universe could disintegrate tomorrow, energy and consciousness – true energy – doesn't really care.

Who cares? What cares? The mind. The mind. Let's call it human consciousness.

One day, hopefully in your lifetime, humans will begin to understand a consciousness, and I'm not talking about God shit here. I'm talking about ... I wanted to ... some of you are dozing off here. Yeah, God shit! It is! Humans have manufactured this tall wooden statue and call it God, and they say *"If you don't believe, this God is going to do terrible things to you, and you're going to spend an eternity in hell."* Well, you're already in hell, so now it's just – anything else is good from this point out. It's a tall wood statue because you could burn it.

It's not real. I'll go so far as to say – for those who are really analyzing this – I'll go so far as to say God is a human creation. Period. God was created and continues to endure through the human mind. You don't go into outer space somewhere and suddenly, traveling down the dimensional corridors, and suddenly – *"Oh, God, there you are! Oh! I've been wondering where you were! Here you are off in dimension 4,521,000 ..."*

It's going to be interesting in your lifetime to see the changes in the understanding and the connection to God. There was a time ... in Atlantean times there was no understanding of God, but no real understanding of an expanded consciousness either.

In Atlantis there was a search for Source, Source energy, and the Atlanteans – you – tried to find it in trees, in woodpeckers and in stones and in the center of the Earth, and when that didn't work, out in outer space. Then consciousness started expanding to the point where you came up to *"Well, we haven't found it anywhere else. Let's make up a God,"* and then religions got in there and really, really solidified it and put a lot of rules and abuse on it and so here we are. Hm. Ehh, hmm.

But it's going to change. You know, what holds it in place is tremendous guilt. *How do you handle guilt?* If somebody says processing and counseling, I'm going to have to come over and spit on you. You walk past it. You walk past it, but I'm digressing. I'm getting into one of our other Shouds.

So energy is these things. **It's abundant. It's very literal. It responds to your passion,** to your core. You know that day when you feel really excited about something and you're not thinking about things, you just get out of bed and you're – *"I'm excited to be alive! I exist on this planet for all of its good and bad. It doesn't matter. I – (deep breath) I exist!"* That's when the energy comes swirling in. It's *"Whoa!! They're finally opening their eyes,"* and the energy is here in absolute service at your pleasure, always serving. Good. So these are the basics, please remember them.

Energy Distribution

Energy comes from ... now, it's not made in these places we're going to talk about, but it's distributed from these points, from these sources.

~1. Earth

Energy comes from, number one, the Earth, this planet. It's probably your most immediate connection with energy. It's always flowing up from Earth, and the atmosphere. It's always here. You use it every day for everything that you do. **Earth-based energies.** You could say **there's a reservoir of energy that's here serving humans on this planet.** It resonates at human vibrational level. In other words, it's kind of slow.

So energy comes from Earth. You're connecting to it right now as you sit here, as you're watching the Internet, as you're doing your physical things. The problem is it is rather crude, and you're always trying to get more Earth energy. So you're trying to intensify that. Well, when you're trying to get more Earth energy, it sometimes is hard on our body because of the crude nature. You're trying to pull this into your physical body, and then you get over-sensitive and you get over-tired and you start feeling aches and pain. So you're like – at some level within you're thinking – *"Enough of this energy stuff. I'll just take that little bit every day, what I can handle, because it's too overwhelming,"* because you're working at that level.

Now, it's an important level, because it keeps a grounding force. If it wasn't for Earth energy and its associated magnetics and electromagnetics and other earthly type of characteristics, if it wasn't for that, this all wouldn't be held into place. It would be difficult to stay in the human body. But it's at a very elemental – no pun intended – very elemental level.

~2. Cosmic

The next level of energy, I will just call it, for sake of simplicity, cosmic. Cosmic energy. **This comes from the physical universe surrounding you. There are tremendous energies** – some that are already known by science, but many that are not – **that are part of the composition and the servicing of your physical reality.** These are in an abundant supply, but very few ever tap into them. You talk about solar waves and certain types of gamma rays and other non-

physical rays, but humans kind of watch them go by – “*Zing! There goes a gamma ray, there goes some type of certain red ray*” – because there’s really no connection yet with the physical reality.

There is a fear on part of the mind to use these, because the mind doesn’t understand them.

The interesting thing is the mind is never going to really use them. The mind isn’t going to use them. The body will. But in the awakening, we go beyond the mind as a primary tool of discernment and expression. It goes into the knowingness. I won’t go too far down that rabbit hole right now, but we go beyond the mind. So the mind doesn’t really have to understand how to use cosmic energies.

The knowingness. You know, the knowingness is when you just know something. You don’t have to think about it. It’s there right when it happens. You can be in the middle of a crisis, a car accident, some impending crisis, and while the brain is responding to those emergency conditions – there’s an impending accident, something, a car is just going to crash – there’s also the knowingness at the same time that’s going, “*I already know I’m not going to die. I might get a little hurt, I might go to the hospital and, you know, break a leg, but I already know.*” It’s interesting.

That knowingness is emerging, by the way, and it emerges **with your consciousness.** And while the mind is still worried about the details and “*what if*” and it’s bringing up the fear all in a matter of a fraction of second as this impending accident is going to happen, the knowingness is “*I know I’m going to be okay.*” It’s not about beliefs. It’s not because of your determination or because you’re thinking good thoughts. Thinking good thoughts doesn’t really mean much of anything. Actually, I really encourage a lot of you to start thinking bad thoughts. It’s true, because it’s not real to walk around in “*La-la, I’m only going to think good thoughts.*” The bad thoughts are still there. You’re just denying them. Yeah.

So what you call a bad thought, there’s really – and some of you are going to argue with me about it – there’s really not a bad thought. You say, “*Well, isn’t it a bad thought to do this or that?*” No, it’s a thought. It doesn’t mean you’re going to act on it. It doesn’t mean it’s going to pollute your system. It’s a thought. The chances are it’s actually probably not yours. You’re just picking it up out of mass consciousness. So stop trying to fight off bad thoughts. It is exhausting, because it uses up a lot of Earth energy.

So you have this cosmic energy that’s coming in. You don’t actually have to know actually where it’s from. You don’t have to know what color it is or how strong it is. It doesn’t really matter. All you have to do is be aware.

Take a good deep breath – you can close your eyes or keep them open if you want – but feel into a moment when I talk about Earth energy. *What does that feel like?*

Earth energy. Well, it’s probably very comfortable, familiar, non-threatening, but also a little clumsy – the rocks and stones and trees, rain, the planet itself.

Now feel – not think – but feel for a moment, cosmic energy. It’s not material. It’s not condensed.

Cosmic energy. It’s everywhere. You don’t have to take the space shuttle to get in connection with it, because you’re already in the cosmos right here on this planet.

At first, cosmic energy seems a little bit like chaos, because your mind is trying to order it or to make sense out of it. But it’s not chaos at all.

Chaos – the definition of chaos – is what the mind doesn’t yet understand. There is no chaos anywhere. Anywhere. It’s only when you try to use current measurement systems. Your current math is interesting as an Earth practice, but current math is far short of really understanding true cosmic activities. And we won’t go down that trail right now, but feel into the cosmic energy. It’s different. Feels chaotic, but it’s actually fairly refined.

Now, the mind says, “*Well, what do I do with it?*” Shut up mind. Shut the ... hell up, mind. You thought I was going to say it, *didn’t you?* Shut up mind! Really. Tell your mind to shut up, really, and mean it. Like you really mean it. Not “*Would you please shut up.*” No, Shut up mind! Really. “*Shut the f- up mind.*” I didn’t say it! But you all heard it. *Isn’t that interesting?!*

The mind is a strange aspect. And it’s time that you, dear souled being, **started telling it exactly what to do.** Please. You get so caught up in it. The mind’s not a bad thing. It’s just a strange thing.

Could you imagine before you came to Earth, you didn’t have a mind? There was no mind. Oh, what was that like? Pretty liberating. The mind helped to bring some depth, you could say, to the sensual experience of being on this planet. The mind has helped with that. But at a certain point, you outgrew the mind. You know, it’s like a certain point the horse and buggy has to go. No matter how many are saying that the automobile or its next iteration are

evil. No. It's time to go. Time to go beyond the mind. The mind is a nice thing, but shut up. Try it at home. *"Shut up! I'm living. I'm busy. Shut up. I'm enjoying life. Shut up! Gosh, you're like a bad wife or husband. Shut up! I'm divorcing you. I'm out the door."*

Cosmic energy – you don't have to know where it is, how much there is, what color it is or how powerful it is at all. It's just there. It's here to serve you. The only thing to know – it's here to serve you, it's abundant and, in the cosmic energy, it's going to feel different using it.

You're used to using Earth energies, and you try to amass more and more of them and use more and more. It just tires you out. Step over here. Feel into cosmic energy. It's much cleaner, much more efficient. It's going to feel a little awkward at first, like I've heard many of you say lately, the feeling, oh, you're disconnected. Oh Christ, yes! Yes! You're disconnecting from a lot of old ways, and now you're playing with some new ways. So you're going to feel disconnected. Yeah. Quit trying to go back. Stop trying to close that eye. Gawd, it took enough to get one open.

So cosmic energies, just feel it. You will start to become familiar with it, you'll understand how playful it is, and it's not some science fiction thing. It's just there. The mind is not going to understand it, and that's where you have to go to the knowingness. For those of you who are really into your mind, you're not going to figure out knowingness.

You know what you do if you're really in your mind? "Shut up!" And then you just take that step. You don't debate whether you're going to take that step out of the mind. You don't debate whether you're feeling something or not. You don't argue with yourself about whether you feel certain things or react to certain things or whether you can ever have sensitivity. You don't debate it! You don't think about it. *"Shut up!"* Then you move into experience. Feeling, knowingness. It's that simple.

The funny thing is, the years that so many of you have wasted on debating with yourself about, *"Well, I'm not psychic. Yes, I am. I want to be. I'm not psychic. And somebody else ..."* Shut up! Pffff! No, it's really that simple. I'm not kidding, it's that simple. You just say, *"No! No. I Am that I Am."* That's it. And if you hear the voice saying, *"Oh yeah, I hear you say I Am ..."* *"Eh, shut up! I Am that I Am! You're nothing! You're a stupid brain!"*

You have to be a little playful, because if you don't, you get caught in that brain. You start, *"Well, I can't say that to myself, because isn't that bad karma on me when I say 'shut up' to my mind? And isn't that negative en- ..."* Shut up! Stop!! Enough already. Just choose. *"Hey, I'm going to be sensitive and feeling. Wow, amazing. It was always there. What was the big deal?"*

~3. Crystalline

Now please understand that these mechanisms here are strictly distribution mechanisms. The energy is not created, actually, in any one of these three levels. They are strictly distribution methods. *So is it like do you get your milk delivered at your front door, do you go to the convenience store for it, or do you go down to the farm and milk the cow yourself?* They're just different distribution methods. Different ways of getting it.

Crystalline energies are very ordered. They're very aligned. The cosmic sometimes feels kind of chaotic, even though it's not; Earth, very sluggish. Crystalline will align itself with you, and crystalline has the ... by the way, cosmic energies – I think we're going to have to write a book – cosmic energies do not trump or rule Earth energies at all. Cosmic energies, Earth energies work independently, but cosmic cannot tell Earth what to do, for the most part. So it doesn't rule over Earth energies nor Earth ruling over it, although Earth energies have an interesting way of almost sometimes suffocating cosmic, but it doesn't rule over it.

Crystalline energies have the amazing ability to **be in alignment**. They tend to **stay very pure**. They don't get caught up in all the 'goings on' and the agendas of cosmic and Earth, which tend to be more physical oriented. Crystalline is non-physical, very pure, but it can manifest, it can come down through cosmic and Earth in crystalline forms, and that's why you have crystals that you wear, that are buried in Earth and are beautiful.

They are – you could say – it's the crystalline energies, the pure crystalline energies making their way down, kind of almost like a reminder that at the more core level of things, they're in alignment. They're in order.

Crystalline energies are ... there is no power in them. There is what you would call power or density in Earth and cosmic energies, but crystalline there's no power. So, for the most part, you're not going to feel them in your typical sensory receptors. You're not going to feel them. You're not going to feel a little buzz in your brain. You're not going to feel it as an ache in your arm or anything like that, because there's no power. There's no aggression. They're in

their pure form. So most beings in the universe, most humans also, are totally unaware of them, go right by, because most beings are looking for an element of power or force, and there is none within the pure crystalline. You could argue and say that when they make their way down to Earth as crystals they have a certain amount of power, but think in its pure form.

These crystalline energies are extremely, **extremely efficient**. Not much is needed. There's a lot of it out there, but not much is needed.

Crystalline energies came into being when the next form of energy I'll talk about, when this next form of energy wanted, desired for expression, for manifestation, for playing. So the crystalline is aligned with this primary level of energy and the **crystalline energies can control cosmic and Earth**.

Now, there are those who would say later on that I probably shouldn't be saying that because it's, oh, I guess you could call it kind of a secret, because if anybody got their hands on this that it would be a way to really mess up an otherwise messed up universe. It'd be a way for, let's call it, the bad guys to get a really potent weapon in their hand.

I'm not so worried about it, because for one to truly understand and to access crystalline energies, they have to be in a clear consciousness. And some of you are staying, "*Well, how come I've never really felt crystalline energies?*" Well, because that other eye wasn't really open. But now, as it comes open, you'll be aware of crystalline.

Just feel it for a moment. It has no force to it. In other words, you're not going to feel pressure from it. It has no weight to it, and in its purest form, it has only – I'm having to use human terms again – has only a hint of color. And that's not actually totally a true statement, but the best I can get with words. What you would say by color is a hint of its own character or direction.

There are a multitude of different types of crystalline energies and therefore each has a spectrum range, a color range, associated with the tasks that it loves doing, and they're all available to you. You can almost see it like a big crystalline wheel with all these different facets and all these different edges on it, and they're all available to you. And some of these crystalline energies are more adept at certain things that will serve you.

To really understand the crystalline energies, to be aware of them, you have to have awareness. So that's why somebody with a really negative agenda, it would be hard for them to access these. But crystalline energies do trump Earth and cosmic. In other words, they can rule over. When they rule over, they don't dominate, as in enslaving cosmic and Earth. What they do is, because of their efficiency, they can very rapidly align cosmic and Earth's energies with it. The cosmic and Earth respond very quickly. They change their physics, their dynamics, everything about them, and they align into the crystalline.

When I talk about twenty-one crystal caves of the Earth, that's exactly what I'm talking about. Exactly. These are distributors. These are storage mechanisms and distributors of crystalline energies. They are not Earth and they are not cosmic, and many of you perhaps didn't feel them, because you were looking for power or effect. You're looking for some sort of response, particularly through the mind, and that's probably why you didn't get it. And you also look for association. Association. You like to associate something that you're thinking or feeling with something that happened to you in the past. It will be very difficult right now to associate with crystalline energies, because contrary to what any of you say, especially some will come later – "*I've been working with crystalline energies for 50 years.*" No you haven't, because ... because you haven't. You might have been working with crystals. That's a different thing – crystals of Earth – but not true crystalline energies, because if you had been, this world would be a different place and you wouldn't have to be telling me that you've been doing it for 50 years and trying to impress everybody.

It's true. You know, the Master – the Master doesn't walk around telling everybody they're ascended, at all. The Master doesn't walk around saying, "*I've been working with crystalline energies for 50 years.*" You know *why*? It's like the person with one eye open going back to the world of the blind trying to explain what it's like. They'll never get it. So they don't try it. They don't try to tell the blind to open their eyes. They have compassion for the world of the blind and the experience that they're going through. And then when they sense that one or more in the world of the blind is trying to open their eyes, then they're there. Then they're there in compassion. *But why try to explain the world of the aware to the world of the unaware?* Really. *Why?* They're only going to kill you. That was a Jesus quote.

That's one of his favorite quotes! It's true! It's one of his favorite quotes. He said right before he left, "Then they're going to kill you." The world of the blind wants everyone to be blind, and even if you come to them and say, "But I have vision. I saw," they will say, "You are of the devil. We have to kill you, because you're intruding on our world of the blind. And we've got a nice little world going. We're all blind and we all have our little blind power spots that we deal with. So you come along and say 'you have eyes?' You are obviously Satan." Boom.

~4. I Am – Core

Core energy. I'm going to call it the I Am energies. The **I Am energy**, what I talked about before, it is immediately in the closest proximity to your consciousness. It is the level and layer **that's always there**.

You could say, in a way, that it is what some have called the Great Central Sun, but the Great Central Sun isn't a community thing. It's not a group thing. It's your central sun.

So what happens is the consciousness attracts this legion, beautiful legion of energies immediately around it. There's nothing closer, you could say, between the consciousness, the I Am or what you would call the soul, and this level of energy. It's right there. It's right there.

It will then attract these other forms. It is **the original energy that you created for yourself**, but it is totally unlike crystalline, cosmic or Earth energies. And again, it doesn't have any force or power to it. It has no limitations in its capabilities to manifest. It **responds to the true**, you could say, **creativity of the I Am**, of the soul.

It will align other energies. It calls in the other energies for you. It's not, what you would say, would be an energy of construction. It doesn't actually do the work. It's the foreman. That's a good way of putting it. It's the foreman energy. It doesn't actually do anything other than **command other energies** – crystalline, cosmic and Earth – and it's very good at this. And again it is extremely efficient. It doesn't need time. It doesn't even consume it's own energy. This core energy – the I Am energy – is so brilliant it consumes no energy. It's the rudimentary energy, the foreman of all the others.

The problem was, along the way, as humans getting into this strange aspect called the mind, you got out of connection with that, and it doesn't care. It's still there, and it doesn't care if the human aspect is just playing with Earth energy. It doesn't care. But when the human who starts opening the eyes, particularly two eyes, and starts to say, "I am aware. I am the I Am, using Earth energy to incarnate myself here, and now using cosmic energy to expand my abundance here, and now using crystalline energies to expand my awareness here and all other places," it does so. You tap back into these core energies. But remember – this is very important to remember – the I Am energy is not a worker. It is an aligner. It is the general who's going to command these other energies.

So don't go to your I Am energy and say, as a human, "Well, here's what I need. I need a thousand dollars to ..." Woo! No, no. Stop. Take a deep breath. It's there to align, to command crystalline, cosmic and Earth. *Make sense?*

***Earth-based energies. A reservoir of energy that's here
serving humans on this planet.***

***Cosmic Energies come from the physical universe surrounding you. Tremendous
energies that are part of the composition and the servicing of your physical
reality.***

***Crystalline energies are very ordered, very aligned, stay very pure and extremely
efficient. Crystalline energies can control cosmic and Earth.***

***Core Energy, I Am energy is always there.
The original energy that you created for yourself,
responds to the true, creativity of the I Am.
Command other energies – crystalline, cosmic and Earth.***

Working With the Energies

A couple of points. You've been used to using Earth energy. It's very crude, it's very old, it's very slow. We're going to go beyond that. You are the Bringers of Energy – cosmic and crystalline – and you're going to learn to come back into resonance with your core I Am energies that respond to passion. Very simple.

Stop focusing on money or abundance or those other things. Start looking at how you're going to bring in these energies.

How do you bring in energies? **Passion!** Passion. **You bring in energies in passion.** You do not force anything, and if you find yourself forcing or getting all caught up in your head, just stop. Terminate the experience. Start over some other time.

It's the passion, and **it starts with the passion of choosing life.** By the way, a long time ago *Tobias* characterized all the areas of human strife fairly easily. He said that there are problems in **relationships**, duh; there are problems with **abundance**, double duh; problems in **health**, yeah; and problems in **esteem** or what he called **self-worth**, and these were kind of the four categories. And what happens is you tend to get into these and consuming a lot of energy worrying about them, but never doing anything. All of these can be brought into balance.

And then there is a fifth category, but it's not about strife. **It's only about the extent you're going to allow it out, and it's joy.** It's joy. So that would be our new fifth category, but it's actually not anything ... you're not trying to resolve or balance here. You're just trying to see how expressive you could be with it.

***Stop focusing on money or abundance or those other things.
Start looking at how you're going to bring in these energies.***

***Passion! You bring in energies in passion.
It starts with the passion of choosing life.***

***What the hell are you going to do with it?
Create! Everything!***

You have all this energy available to you. You've been used to using only – mostly only – Earth energy. Now we're going to bring in the rest. But that's the dilemma for today. Sounds good. ***What the hell are you going to do with it?*** (someone says "Create") ***Create what?*** (someone says "Everything") ***Everything.*** Good. That's good. *Anything?* Oh, joyful exp... – it doesn't matter.

I'm not going to give you the answer. This isn't the Awakening Show. It's up to you. But it will bring in some conflict or some ... you're going to get into your head, and you're going to, in the next, oh, two days, five days, you're going to be thinking a lot, "*I don't know what to do.*"

You're going to exhaust yourself and you're going to say, "*I'll come back to it later.*" Later is going to be next month, but next month I'm going to put a microphone in your face, and I'm going to say, "*What are you going to do with that energy?*" You're going to say, "*Well, I don't know.*" And I'm going to say, "*You can't say 'I don't know' here in this room, otherwise you have to go to the penalty box.*"

The dilemma is going to be *what do you do with this energy?* You've been asking for it. You've been crying for it. *What are you going to do with this energy?* It is here. It's available right now. I've got twenty-one caves filled with energy and hardly anybody tapping into them. This energy is abundant, it's clean, it's here to serve you. Nobody's tapping into it. Yeah. Oh, they're diddling with it. Diddling means they're putting their toe in it and go, "*Oh! I went to the crystal caves.*" Shut up!

No, I can see what you would call the sincerity or the earnestness, and some of you ... it's actually an interesting dilemma. Some of you are so earnest, so sincere – "*If I had that, if these energies would really come to me. Oh!*" – but you're not letting them. You're "*If I... if they... when they ...*" No. You're really sincere. You really have a great heart and a nice smile, but you're not letting the energies in. And others of you are wonderfully full of makyo – "*Oh,*

I went out with the energies of the 19th crystal cave last night. We went on a date” – and it’s like, what?! Really, I had somebody tell me that. This is not Cauldre saying that, it’s me, Adamus. They told me that they went out on a date with the energies of the 19th crystal cave. Where would you take these energies! What would you do, go to a movie?! You wouldn’t believe what I have to deal with.

We’ll have a little music. We’ll do a little experience, kind of like a merabh but kind of not. It doesn’t matter what it is. It’s the experience of feeling these different layers of energy – Earth cosmic, crystalline.

My friends, whether you like it, if you’re sitting in this room or you’re listening in online, you’re reading this, you are a Bringer of New Energy. Not for anybody else. Please, please, it’s just for you. You are a Bringer, and when others see that you can bring the milk home, they’re going to start bringing the milk home. When they see that you, David, can access energies – snap! – like that, command them – shwiff! – have them come around you like a well-trained army troop, they’re going to say, “How do you do that? I want some of that.” And you’re going to say, “Eh, you’re not ready.” And they’re probably not, because if they’re just drooling at the mouth for some energy, they’re probably not. But that’s okay. At least the journey has started. At least they’ve got something motivating them.

An Experience

I would like you to please feel Earth, cosmic, crystalline and core energies. Just feel them. You don’t even have to associate them right now. You don’t have to decide what you’re going to do. They are here.

(Link to the official [Crimson Circle](#) YouTube channel: [New Energy Experience](#))
(music begins; “Dream Ten” from the album “Dream: A Liquid Mind Experience”)

You are the Bringers of Energy.

You did it partly because of an insatiable appetite for yourself. You let yourself go broke, break down in the body, whatever else. So it made you crave energy. “I need, I want that energy.”

In doing so, you opened yourself up – you can call it need or lack of fulfillment – it opened you up to listening to all of my discussions about energies and with it ten years with Tobias. Otherwise, you wouldn’t have. If you didn’t bring yourself down to your knees, you probably would have never been here. You would have been satisfied with just enough.

You brought yourself to this place of saying, “What is energy? How do I get just a little bit?”

My friends, what you’re really doing is you’re bringing in, you’re opening the gateways for energy to come to this Earth and to be used and to be applied creatively, lovingly and joyfully.

You’re the Bringers of Energy to this planet in a way that the planet hasn’t seen it.

You’re the Bringers of Energy to this planet in a way that the planet hasn’t seen it.

You could say you’ve been out on the desert starving, thirsty, almost on the verge of destruction, termination.

You’ve needed that energy, but it hasn’t been there; needed that drink of water or food. You’ve let yourself go dry. Why? So that you could have such a passion and such an understanding of energy.

Not like the energy needs back in the world of the blind, but energy needs, energy fulfillment in the world of the aware. Those needs are quite a bit different. Those desires are different than back in the old world, the asleep world.

When you started opening your eyes, started allowing your awareness, it started changing the energy dynamics.

Yes, you still tried to go back to Earth energies, dense energies; it just didn’t fill you up. Wasn’t there.

You thought that you were doing something wrong. Not at all. You were just giving yourself such a desire to open up into these new energies – cosmic, crystalline, and finally back into the resonance of your I Am.

You allowed yourself to get energy deprived and deprived, so that you could come to the place, the time, of a true appreciation, of true understanding of energy. You come to a time when, sitting here today, you know you’ll never abuse it, not that you would even try. You know you’d never abuse it. You know that it’s for you. It’s yours. Not for you to feed the world – just for you. But you also know that as others start to open their eyes, they’ll see how you work with energy – your personal energy – and they’ll know that some day they can also.

You're here as Bringers of Energy into life, into motion, into creativity, into expression, in levels that have always been there, but few if any humans have ever accessed.

I want you to hear this next part very carefully, my dear Masters, dear Bringers of Energy. I want you to hear this very carefully.

The few who came before you and became the Masters, the few who came before you never had to take into consideration the use of energy. But you do.

What's different about you and the Masters of the past, whether it was *Yeshua* or *Tobias* or *Buddha* or any of the others; *what's different?* They knew they weren't staying on this planet. There was no consequence, no consideration about using energy. They had the knowingness, in this impending crash with their ascension, their awakening, they had the knowingness that they weren't going to stay.

They didn't stay for a couple of reasons. They wanted to be on the other side to work with you here. They didn't stay because the energies were much more dense and because they didn't have fellowship, camaraderie with other open-eyed beings. So they never studied energy. It wasn't a consideration for them.

Embodied Masters, Masters in awakening, and energy will be a way of life for you.

But here you are, becoming **Embodied Masters, Masters in awakening, and energy will be a way of life for you. Energy will be your primary tool for creating what you want, primary tool to use, whether it is simply putting the food on the table that you choose to eat, whether it is paying for the house you want to live in or the car that you want to drive.**

Energy will be your primary tool for your interdimensional journeys, your, what you call, teletransportation, appearing wherever you want any time you want.

Energy will be the primary tool for your physical rejuvenation to keep that body ageless, healthy.

The Masters who came before you, they did not need to learn about energy – energy applied here on Earth – but my friends, dear Masters, we teach this now to each and every one of you, because energy will be your tool, guided by your consciousness and your awareness, brought forth to you in your own life, with the knowingness that when it's done once, it could be repeated. In other words, if you do it, others who come next will be able to do it also.

As Bringers of Energy, you're going to bring it into your life. You're going to feel it in all of its different elements and states, sensations and responses. There'll be times when it confounds you and frustrates you, but other times when it gives you total fulfillment, total ease.

You've been used to dealing with just Earth energies, very rudimentary, very harsh, very clumsy. You're going to start bringing in cosmic, crystalline, come back into alignment with the I Am energies. There'll be an ease and a grace in it. It's going to bring some of you to tears thinking about those harsh, harsh lifetimes, dealing with just Earth.

This isn't about what you think or believe. It's not about even what you're going to try to plan. It's not even about just your dreams. This is about bringing in new levels, new resonances, new layers of energy.

I'm going to ask you not to fear what you think. What happens right now is you block yourself down, because you're afraid if you think the wrong thing, it's going to cause something to manifest in the wrong way. That's going to be one of the challenges, you're going to be afraid of your thoughts or your beliefs or any of that. You have used that to restrict energy.

In the true consciousness, the true I Am, it's not about what you think anyway. It's not about that brain. It's not about those ugly memories that come back in. It's not about violent thoughts. You're going to go beyond that. Those are not yours.

You're going to bring in energy and it's going to be attracted to the pure state of the I Am consciousness.

You're going to find how playful it is, how creative it is, how fulfilling it is. Things like drama, things like struggle, efforting, tension, straining, tiredness, all these become a thing of the past. It won't happen overnight, but it will happen very quickly.

And in doing so, **you're going to enter into a new world, a new reality for yourself. You're still going to be in the world of the asleep and of the blind so it will be awkward at times.** It will be uncomfortable because you're going to be working on different levels. You'll feel that you're no longer in the world or necessarily of it, but that too will come back into balance. You'll assimilate, you'll adapt this new "*I Am*" Self in the old "*I Was*" world.

***You're going to enter into a new world, a new reality for yourself.
You're still going to be in the world of the asleep and of the blind
so it will be awkward at times.***

The Masters of the past, they only had to release their bodies and leave. That was the big challenge for them – letting go of that physical body. You, my friends, for you it's about what are you going to do with this energy. You've been asking for it. My, how you've been asking for it.

What are you going to do with it? How are you going to let it serve you?

As I said, and we'll discuss it in our upcoming sessions, it even goes beyond your dreams or your imaginations, definitely goes beyond the mind. Let's take a deep breath on this day – this milestone day.

And, by the way, I'll point this out once again, make this offer once again. If you're not interested in being a Bringer of Energy, for you into your life and your life only, if you're not interested, if you're just tagging along to see what the others do, it'd be best you leave now. (a) We don't want you; (b) it's going to hurt too much; and (c) you don't belong here. If you're here out of just fascination, you want to be a spectator, it's not the place for you to be. It's not a judgment. It's just reality.

For those of you who stay, we will access these energies – crystalline, cosmic, Earth, get back into the core. Let's take a deep breath. It's a milestone, a marker. As Tobias called it, a Point of Separation. One step further now from the world of the blind and the asleep. One step now – a little out of the center zone – of that Middle Land of awakening.

And it was comfortable to stay in that Middle Land. It's like you open one eye but not the other. You got to the Middle Land of awakening, it was comfortable. A little awkward, but comfortable.

Now, in this next step as Bringers of Energy, you're going to go out of the middle zone. You're going to find that one eye twitching, that eye that's still closed is going to start twitching, and you're going to wonder if it's time to open it or not. Part of you will resist, part of you will want to open it.

When that twitching starts and you wonder what's going to happen next and that aspect of the mind pops in with all of its fears and its questions, just remember – take a deep breath and remember, as you exit out of awakening Middle Land – no matter what, **all is well in all of creation.** Oh shut up!

09 – How to Live

Enlightenment

It's a difficult journey, this thing called embodied enlightenment. Few have ever come this way. *Not so easy, is it? Not so easy. "Embodied enlightenment. Sounds wonderful. I wonder what the hell it is?"*

The funny thing is, when we do our classes, when we do our gatherings and I ask that question – *"What is embodied enlightenment?"* – very few can actually give an answer. But the interesting thing is you may not be able to give the answer from right here (head), from right here, but you already know. That's why it is such a passion, such a desire. You have such an insatiable desire for this thing we've called embodied enlightenment.

Have no clue what it is. The mind doesn't understand – never will, never can, can't even plan it, can't figure it out – but you know what it is. Can't put words to it. Maybe write a few songs about it – songs without words – but you know. That's why there's this deep, deep desire for this thing called enlightenment.

Once you make this true and conscious choice for your enlightenment, which I assume most of you have; **once you make that choice, you're no longer a student. You are a Master at that point.** Please hear those words.

See, when you're still trying to decide, when you're putting your toes and fingers into that pudding of potential enlightenment, you're still trying to decide, you are indeed a student. You're assuming the role of student. You will be a student. You will get student energy. You will get teachers that teach to students.

But once you make that deep, clear and conscious choice for embodied enlightenment, you are truly a Master, and you start attracting the energies that a Master – and only a Master – can attract.

No longer a student when you say, *"I choose my conscious enlightenment."*

There's a vast difference, you've probably noticed. It's not anything that makes you superior or better – maybe makes you a little crazier – nothing that makes you exclusive. But there's a vast difference between those who are studying spirituality, because they're really studying a bunch of rules and guidelines of other people. Very true.

There's a very big difference, because they're going to get a different type of energy than those who choose embodied enlightenment before and above anything else. Above, sorry to say, family, loved ones. And I know that **maybe isn't spiritually correct to say that, to say you're putting yourself above all others, but perhaps that was one of the fallacies of the Old Energy, one of the fallacies even of the New Age – you have to be there in service to everyone else.**

Maybe isn't spiritually correct to say that, to say you're putting yourself above all others, but perhaps that was one of the fallacies of the Old Energy, one of the fallacies even of the New Age – you have to be there in service to everyone else.

When you can boldly and clearly say, *"I'm choosing this for myself, above anything else – above family, above wealth, of course – above anything; above all the rules, above even life"* – even life itself. When there's no fear of death anymore, because in this process of embodied enlightenment you meet death over and over, as so many of you know. You may meet it physically. You may just meet it in your dreams and in your fears. But that death comes to you over and over, ultimately, helping you to understand the beauty of life.

Today

Today we're going to take a big step in consciousness, for a couple of reasons. It's been an interesting, challenging six months into this new era. Year one of the new era, *how about that?* Been an interesting and challenging six months, filled with a lot of things, which we'll talk about today.

The energies have got you a little rigid, got you a little tight, so you've called for this to be a shift. We'll do a shift. We have the honor of Yoham being here to guide us through a beautiful merabh. A merabh is when we just allow. When

you get out of your way. You get your “buts” out of the way, literally. If last month was the “*Shut Up!*” Shoud, this is “*Get Your Big But Out of the Way*” Shoud.

What I was trying to say is that enlightenment – beautiful, wonderful thing – except or but, when you put your butts in there. When you put – “*Enlightenment, yes, but ...*” Heh, hm. You have all these different butts, and they tend to get in the way.

I’m going to explain today, prior to our merabh, about how your “*but*” distracts energies. It truly does. I told you it was going to be different today.

“*I choose embodied enlightenment, period.*” Except it’s “*I choose embodied enlightenment, but what about ...*” and fill in the blanks. We’ve already had these discussion. Fill in the blanks. It could be – “*What about my family?*” That’s a big one and an important one. And you’re honored for caring about them buttttt. Now, and when we do our butts today, it’s not just “*but,*” it’s “*Butttttt! Butttttt!*”.

“*I choose embodied enlightenment. Period.*” That’s it.

I choose embodied enlightenment. Period.

I can already hear the butts coming out. “*But ... but ...*” All these doubts and questions. It really distracts a lot of energy. It makes it so much more difficult. There are no butts. It’s either embodied enlightenment or not; or – call it what you want – stay on in the Old Energy human form wavering, going back and forth and being indecisive and doubting. That’s actually the type of energies you’re going to attract. So we’re going to talk about that today and then have a merabh.

Dynamics of Egypt

A lot of interesting dynamics and something that I am going to ask you to watch – I know a lot of you are news adverse, and I don’t blame you at all – but here’s a very unique historic situation that’s unfolding.

Egypt was one of the original cultures to come up from the times of Atlantis. After Atlantis, of course, hiding underground – living underground – for tens of thousands of years, and finally coming up, back to the surface of Earth, reestablishing civilizations, and Egypt was one of them. You could say Egypt was the spiritual center for this new Earth, the post-Atlantean Earth.

The Egyptians spent so much of their studying, so much of their energy and their consciousness on the issue of Spirit. You see, the Atlanteans really didn’t understand or have a concept of God. They had no consciousness of God. They were searching for a source of life, but not in the consciousness that you would know God, Spirit, the Eternal One. They were searching for something that was actually more mechanical, more earthly. “*Where does life emanate from?*”

So when the humans came back up from Earth, the ones that went to Egypt were particularly interested in spirit. It’s now often called afterlife. They had the understanding that there was something more to just this reality. They learned how to visit the other dimensions. They learned how to go into what would be called the Near Earth realms and come back. They journeyed. They took some of the original astral journeys in their starboats, their solar ships.

Other cultures, other civilizations, for instance, like the Greek, were more about establishing culture, social and community balance, philosophy, balanced judgment. The Romans – that culture was about being civil. Establishing civil structures – roads and cities and systems. Many, many other cultures, but the Egyptians was about Spirit.

Now, you’ve heard a lot of stories about pharaohs and slaves building the pyramids. I don’t think so. And even the pharaohs were not what is written about in history now, because there was a tremendous level of service to all of the people, tremendous level of education or experience about going into the other worlds and trying to go into the other dimensions and bring it back here – if that sounds a little familiar to you. Much more difficult back then, the energies were much denser.

For whatever reason, the Egyptians ended up then going through many, many thousands of years of suppression. They allowed themselves ... with their spiritual journeys, they somewhat forgot about the present moment and

about their everyday human life. So that opened the door to those who were interested in ruling. Particularly outside sources, outside rulers and leaders came in and took over, then turned a lot of the Egyptians into slaves. Took away their basic freedom.

And for thousands of years the Egyptians have had dictators, pharaohs without heart or without understanding of freedom. They have been controlled and ruled by others.

There has been a tremendous desire to bring back the freedom. You could say that this whole delving into tyranny and suppression and being dictated to by others was actually part of the interdimensional experience; really, you could almost say, part of a plan to have a true understanding of freedom and Spirit and bringing it into the Now, bringing it into the body.

So this desire for freedom rose up recently. You saw it. You saw history in the making, and it was very interesting – I'm surprised that there are not more comments or discussions about it – it wasn't a violent uprising. It happened in a very short period of time with a very small loss of human life, and simply a transition. Suddenly, a dictator who had been in office for a long time suddenly just stepped down. The military, the army didn't step into support, as a matter of fact defended the people, because an interesting thing has happened in Egypt particularly over these last 20, 25 years.

A lot of the energies that have been held in the sacred temples, in the pyramids and in the land itself, a lot of the pharaohs of the past and a lot of the, you could say, the spirit energy that was brought back from the other realm, but not physically embodied – left in the sacred temples – a lot of that energy and consciousness and even the entities that were held within those walls started to be released.

A lot of you were attracted to go to Egypt in these last ten, twenty years of time, because part of the process of going there wasn't just to see the temples or to tone in the Great Pyramid. A lot of the process was you just being there as one of the Bringers of the New Energy – that was the title of the last Shoud (laughter as he refers to an earlier discussion) – as one of the Bringers of the New Energy, as one who has made clear, conscious choice for embodied enlightenment.

When you went into those temples and you touched the walls, you breathed the air, you did your toning in those temples, those entities and the energies that were contained in the walls, in the land itself and even in the people, those energies were released and freed. It's like the passing of the baton. They felt your presence. They knew that the new ones were finally here, and they could be released from their job as energy holders, that they have been doing for so long.

So when they were released from their energy holding, from their, in a way, a type of a crystal prison, when they were released from that, knowing that the new ones were here, it also released a deep passion that they had, a deep love for this place called Egypt.

And that love, that passion that they have goes beyond religions. It goes far beyond religions. It goes beyond politics. It goes beyond western versus eastern culture, any of that. It goes beyond everything. It's a deep love for this place that has played such an important role in humanity's opening to the consciousness of true Spirit beyond any religion, beyond any rule.

A lot of these entities and energies didn't just pass through the veil, go to the other side, but they chose to stay in Egypt. They chose to be there in loving support for anyone who chose the freedom of Egypt, of the people and of the land. So many of these energies are still there and they're still present, so you'll find strange and unusual things happening right now in this place called Egypt.

You'll find that, as you just saw in the last few days, you saw what some are calling a coup, but actually – and this is what would seem very strange – here you have ancient beings – pharaohs, priests, those who truly understand astral travel and the interdimensional realms – they are staying around now to assist those who are choosing freedom for Egypt. And an interesting alliance is being made between these ancient beings and the army. You don't see that too often. You don't see that too often at all.

So there are those military leaders who have the title of general or some fancy supreme commander who are actually very spiritual. They really understand spirituality. They understand Egypt's soul and its heart. They wear the uniform, but inside they are very sacred human beings.

They're working right now with these entities and energies who have come from the temples, who have been released from the past. They are working with those who are truly working for the freedom of Egypt, for the people.

Now, the people in general ... eh, take a step back a bit. Several years ago I talked to you about freedom. *Are humans really ready for it?* And, of course everybody nods their head and says, "Sure." *But are they really?* It's like saying, "Are you ready – are you really ready – for your enlightenment?" And you say, "Well, sure. Yeah, it sounds great. Bring it on. Bbbu- ... but." Here we go with the "but."

So Egypt is a very interesting example right now for the world. After many years of dictatorship and lack of most general freedoms, you have a situation now: *can they handle freedom?*

Now, they said yes, in a way. They basically pushed out a dictator without a lot of bloodshed. Suddenly, they started getting a taste, just a taste, of freedom. But suddenly the butts move in, the doubts move in. They start wondering, "Can we really handle freedom? What is freedom? Does freedom make us just like America or Canada? Does freedom corrupt us? Does freedom – does it make us capitalist? Is freedom this negative anti-Allah, anti-God thing?" So they put a lot of butts in there, and *what happens?* The minute they do, energies – other energies – move in, which is exactly what happened. The minute that doubt came in in Egypt about their freedom – *could they really handle it? Could they set up the infrastructures? Could they personally handle it? Could they have compassion for others?* All the things that freedom brings. *Could they take responsibility for their lives? Could they get off of foreign aid?*

While they were 'but'-ing about it, thinking about it – after that initial wonderful taste – *what happens?* Well, you could say, the virus moves in – SES virus,* whatever you want to call it – but those with agendas, those with imbalances quickly move in, because one is vulnerable during this stage. One is very vulnerable. One hand saying, "Yes, we want freedom," on the other hand, worrying and wondering about it.

*Referring to the energy virus discussed in Tobias' Sexual Energy School.

(Please also read: **New Energy, New Consciousness**, Addendum A: Awareness- Sexual Energy Virus ; [link](#) to Life By Design E-book library online - folder: Vousten, Geert)

So *what happened?* It's not about a name, an organization. It could be Muslim Brotherhood. It could be the divine feminine sisterhood. It doesn't matter, but somebody with an agenda that was not about the love and passion of Egypt came in. Worked very quickly – it was easy – worked very quickly and started shifting everything. But in this case something interesting happened.

That deep love, that deep passion for Egypt was still there and it was still strong. And it sat back and watched and waited. It observed what was going on, and at some point these entities of the past, combined with the ones – the humans who have a true love of this land – said, "No more." Just like that – snap – "No more." There wasn't a lot of saber rattling, wasn't a lot of noise. "You have 48 hours or hit the road." And it happened. Again, on that particular day, not a lot of bloodshed.

Now ... now those forces that had an agenda that was not Egypt's agenda, an agenda that was not about Egypt moved in, now they're going to, of course, be testing the real heart and soul of Egypt saying, "Are you really serious? Maybe you do need us. Maybe you're not ready for freedom. Maybe you need a lot of rules and structures. Maybe you need discipline. Maybe all the women should wear veils," and we could go on and on with this.

It's not about religion; it's about control. It's not about a specific religious or philosophical belief; it's about freedom. And over these next few weeks in particular, you're going to see how this shakes out. It's going to be fascinating to watch.

It's Egypt's story, but as you already know, it's your story as well. You could replace the word "freedom" in Egypt for the "I Am" within yourself.

You've allowed yourself the dictatorship of something that wasn't really you for a long time. Call it your parents, your teachers, society, belief systems, probably more than anything else your aspects, and to a degree your mind controlling and ruling. Yet, all this time, this desire for freedom and a desire for enlightenment.

Desire for enlightenment is the freedom also from the incarnational cycles here on this planet over and over and over again. It gets a little boring after a while. Time to move on.

So you chose or you had this feeling of your own freedom, your own enlightenment, and at some point you threw the dictators out. You learned about Aspectology, and you said, “*Get out, integrate, or whatever, but I’m not going to let you run my reality anymore.*” You learned “*I Am,*” and you started proclaiming this, and it was felt from deep within you. “***I Am that I Am. It’s my freedom. My sovereignty.***” We’re here in the *Freedom Series* right now. And there was a shift that occurred, a change that occurred, a lot of changes, actually, over these last few years.

But – but, but ... there were a lot of buts in there. A lot of buts, a lot of worrying, a lot of wondering, “*What’s going to happen? Maybe I’m not doing this right.*” A lot of going back to things, my friends, that you knew weren’t serving you, but yet you went back to them, because they were comfortable. Even going back, to a certain degree, and letting other people, other things and other aspects run your life.

So what happened? That these energies with an agenda come in. It could be represented through other people, probably more so through your own aspects that come in and start taking over, running things once again, because you’re very vulnerable – very, very vulnerable – at that point.

But then we get back together on a day like today, get back together and we say “*No more.*” You’re not even going to give yourself 48 hours. You’ve got until five o’clock. It’s an hour and 20 minutes. That’s it, and why not.

Egypt is actually a really good external example of what happens when, whether it’s a people or a country, whatever, chooses their freedom, and the cycles, the evolutions that you go through and some of the challenges that you go through.

So today in just a bit we’ll do our major shift. Not a little one, a big one. A big one.

How’s It Going?

But before we do, question for you. Last month we talked about you being *Bringers of the New Energy*. It’s actually a very impressive title. It’s more impressive than even being a general in the army. It’s actually more challenging than being a president of a corporation or a country. I would go so far as to say it is probably, if you took a list at the stress level of all the jobs that there are, it would be at the top. Truly. It’d be at the top.

You’re not just making little changes, you’re making huge changes, and you have to face yourself every day. Toughest thing a human will ever do. They find every reason in the world to fill their day with activities so they don’t have to face themselves. *You?* You’ve chosen to face yourself. Toughest thing – toughest thing a human can do.

So here you are *Bringers of the New Energy*, whatever you want to call it – the *Soon To Be Enlightened*, the ones who are bringing New Energy to this planet. The ones ... and Cauldre’s questioning me if I’m just, what do you call it, fluffing you up a little bit. Absolutely not. That’s why I said before I’m surprised you’re here. I mean, really. I’m surprised you’re still here. I mean, I’m surprised you’re still on this planet.

It is stressful. It is so challenging. It’s not incremental. It’s not linear. It’s mind boggling what you’re doing.

So here you are, *Bringers of the New Energy*, liberators of yourself. *How’s it going? How’s it going?* And I ask the question, and there’s not an Adamus answer to this, because I’ve already done it. It’s I want you to hear yourselves and I want others to hear you, because there are so many times where you’re doubting, where you’re wondering, “*Is this real? Am I doing the right thing? Is this something ... am I just going a little crazy or really crazy?*” So by sharing and hearing others for a moment, you begin to understand the magnitude of what you’re really doing.

Some of you think, “*Well, I’m just a midlevel manager.*” We’ll have a private session. We’ll correct that. But you think, “*Well, I’m just this. I haven’t done anything huge on my resumé. I just ...*” No, no, no, no, no. You aren’t ‘just.’ You are absolutely amazing for what you’re doing.

You are going through everything. You are going back through everything even before you were even on this planet. You’re going back through it, rebalancing the energies, releasing and freeing energies and consciousness. What you’re going through right now is absolutely unprecedented, and I do wish you’d give yourself credit for it. It has nothing to do with your everyday job. That’s just a disguise. It’s just a distraction.

It’s about the movements in consciousness you’re making for yourself, but it’s affecting this entire planet.

Oh, and more than that, it’s affecting this entire universe. It’s affecting all of creation.

So how's it going? How's it going? What are you experiencing? What are the tough things?
"Excellent actually." Good. How's it going? "Truly excellent." Yeah, one more time. We've got to do this. How's it going?
"Absolutely, freaking excellent!" Good. Good. Good. Body aches?
"A little. Tummy problems, yeah. But more clarity as never before."
More clarity. Good. Any kind of adjustments in some of your attitudes? "Oh, like being more bitchy? Yes."
Ah! Good. Good. And ... yes. Now we're getting to the truth. Good. Good. Does that bother you that you can be a bitch?
"Oh no! I love it!"
Good. Why do you think that you get bitchy? "I just don't give a shit anymore. I am all for enlightenment."
Eh, eh, I would ... no. I would really like you ... "I have no butts!"
I'd like you to repeat that. "I have no butts!"
Right there. Repeat that. Why are you a little bit bitchy? "I don't give a shit." Good.
"I'm all for enlightenment. No butts here." Ah good, good, good. Thank you. Thank you. Excellent.

Next. How goes it? Ehh.

"Well, I've been really busy in the last month or so ... Wow. Right now I'm experiencing a lot of neck pain."
Neck pain. "So I don't know ... it's been for like five days."
We'll change that today. "Okay." Okay. "So ..."
Why the neck pains? "Maybe something is a pain in my neck. I'm just trying to find out what that is!"
What's a pain in your neck? Since we're going down that road. You already know.
"I think that I just want to move on, and I think sometimes I feel like my family gets in my way."
Why do you laugh like that?! They're watching right now!
"They're not watching! Believe me they're not watching! They think I'm cuckoo, so."
Yeah, family. Why do you let your family get in the way? "I don't know."
Yeah you do. Ohh, eh, brrr ... (giggling) "I don't know!"
You have to go in the ladies room for five minutes by yourself. Go on, ladies room. That's one thing we don't say here – "I don't ..." we don't even say it anymore. Five minutes by yourself. Keep the lights off.
The reason why we joke – but I'm dead serious about it – don't say "I don't know," because exactly what you're going to get. Take a deep breath. You do know. You know everything. That's the amazing thing. Start chanting or om-ing or something.

Good. Next. How goes it? "Brilliant. " Brilliant. How goes it?

"No. Relationships suck majorly." Why? Why? Why? (sighs) "I know they are really bad." Yeah.
"Because you compromise yourself!" Yeah. Why'd you do that?
"Well, the sex was good. (laughter) I'm going to be honest!" Actually ... "It is."
... since we're talking. It wasn't. You hardly remembered it. "What?" I was watching! (laughter) "That's creepy."
Relationships. Relationships. Where does your relationship come from? "What? Where does mine come from?"
Yeah, yeah, yeah. "We met here." Really? "Yeah."
Where did you meet ... "Who? Which guy? (laughter) You know, and then to have a child. You don't give us enough guidance. I'm going to tell you that right now. I don't feel like you help us out."
Oh, but I do, my dear. I did not have children in my lifetime of enlightenment. (laughter)
"I know! I had one, and what the hell am I going to do now? No, I love him dearly. But sometimes I want to kick him off my leg, you know, and put him the trunk."
You're talking about your husband or your child? "Well, both. Both of them."
So. We have a little relationship thing going on here. I love the first where it was "Oh, brilliant." Where are we now?
"No, it wasn't brilliant. I lied." Yeah, yeah, yeah, yeah. It wasn't a lie. It just a little bit of – like Tobias always said ... "Embellishment." ... ask three times. Relationships. What are you going to do about it? "Allow things to ..."
Allow them to keep going like they are. Sure. That's good. That's what we're doing.
"I'm going to breathe in my abundance so I can ditch him! Kick him to the curb."
What are you going to do? "Obviously, I don't have a plan. It's apparent."
Obviously! (laughter) Wow! "If he's watching, later will be really bad."
No, actually, he's waiting for you. Waiting for you to ... "They wait by the door."
Waiting for you to accept and choose your own enlightenment. "That's profound. Thanks for that."
Yeah. "I'll get right to work on that. Thank you."
What else are you experiencing? High level of what? Fill in the blank. "Stress."
Thank you. Good. What are doing about it? "I cry a little." Okay. Good. "I do. I go off by myself and I ..."
But the fact ... hold on. But we'll correct all this if we could ever ... "Okay."
... stop talking first. We're going to do a big shift today. "Ohh."
No, I'm talking. You're not. We're going to do a big shift today. Yeah. You think it's party day. It's celebration day.

"Can we do both? Or ..." Sure. *"Okay. Thank you."* Sure, if you're still standing afterwards. *"I'll be standing."* Yeah. Good. *"That's a personal challenge."*

So stress. A few more here. *How goes this embodied enlightenment? How goes being a Bringer of New Energy?* So far this isn't a list that is actually going to entice many people. Yes sir. Yes sir.

"Hi. It's very testing for sure. What's being tested?"

"I'm being tested. My ... facing fear." Good. That's an excellent way to put it. *Who's testing you and what are the fears?* *"The judges, the police, the FBI."* (a few chuckles) That'll test you. That'll test you. Yeah.

"I've been a good boy all my life and then when I woke up and learned things, I just decided to step aside from conforming to that or consenting to that." Yes.

"And they don't like it." No, they don't.

"So, I'm dealing with them ..." But who doesn't really like it? Who's really putting the big 'but' there? Who are the judges, the police, the authorities? *"The corporations ..."* Corporations. *"... that rule you."*

But who are really the corporations, the judges, the police? Who's really controlling you? *"Me."*

Thank you. Thank you. But it's being externalized. It's being manifested on the outside to ... what? Test you.

"To test me." Test you. *"To reflect something back to me."*

Absolutely. And in a way it's an interesting test that you're administering on yourself. It's your own internal authority and the controls that you have over yourself. Now you're externalizing it in a big way so you can see it better, so you can see it on the outside. But there's a tendency also to blame them, to now bear arms against them. You're really only doing it against yourself.

Some of the freest men and women that I've ever met in all of my lifetimes were in countries that had absolute dictators in control, and they weren't even aware of it. Didn't really even care. Didn't care about police and judges and corporations or anything, because they were free. When you are truly free, there's not another human, alien, any being anywhere that can take that away. You can live in a prison and be totally free, and some have. Remember that. So fears. *Fears of what?* Being tested. Your fears are being tested. If you don't mind me putting words ...

"Actually, it's testing my trust ..." In? *"In that everything's perfect just the way it is."*

And it's not? *"Well, it's ..."* (he chuckles)

In the next hour ... *"It's perfectly imperfect for a perfectly good reason, I'm sure."*

In the next hour, you're going to have the ability to change *"I'm working on it."* Yeah.

"And trying to ..." You've heard of this term *"slaying at windmills,"* battling the ghosts *that really aren't there?*

"Right." It's fun for a while. Corporations, militaries, the suppressors, the oppressors – they're only there in service to you. *"Yes. I'm trying to ..."*

And it's not just a big philosophical deal. It's true. They're just there in service to you. There were dictators in service to the Egyptians for many, many years. And then there were fanatical extremist groups then that came in in service.

So everything that's happening, everything that's happening is just there in service to you. It's that simple.

***So everything that's happening,
everything that's happening is just there in service to you. It's that simple.***

When you're ready to get off of conspiracies and outside forces suppressing you, you will. It'll be – snap! – just like that. Just like that.

There's a little bit of an interesting game that goes on with it for any of you. Any of you. Interesting game. It's a distraction. It's a great way not to face yourself. It's a great way to actually see your issues outside of yourself. But I can say that there is no conspiracy, there is no government, there is no secret society that can ever take sovereignty away from a free being, ever. It just doesn't happen. Remember that.

Good. Stop tilting at the windmills. It's fun for a while. But, first of all, I guarantee it's a battle you'll never win. They'll win, because you've already given away the power. It is hugely draining on your energy, your physical body and extremely draining on your own happiness and joy. Truly is. And I'm speaking to you, but I'm speaking to everyone here.

So, two more, and we need to move on with our exercise.

How's it going? *"Really well."* Good. *How's it going?* *"No really, surprisingly well."*

Yes. Surprisingly well. *What did you think would happen?* *"Hmm."*

Why is it so surprising? "Well, I didn't know what was going to happen."

Ah, that's ... that is reason for fear. Yes. *"Mm hmm."*

And any imbalances that have come along, annoying imbalances, *other than me?* I read your mind.

"Annoying imbalances. Eh. Well, you know, there's still the mind stuff. That's annoying."

Yeah. How about – if I could put words in your mouth ... *"Go ahead."*

Boredom? "Yeah." Yeah, yeah, yeah. Yeah, yeah, yeah. Boredom.

You didn't think it would be so boring, *did you? "I didn't."* (she giggles) Yeah. Yeah. *"Mm hmm."*

Boring. Yeah, absolutely. *So what are you to do?* Here you are, feeling pretty good about yourself. Suddenly, life is

boring. Yeah. *What are you doing? "On a day-to-day basis?"* (she giggles) Yeah. *"A lot of yard work."*

Yeah. (she's giggling) Wow! (laughter) *"See what I mean? It can be boring."* (they both chuckle)

No, actually, yard work is good. *"Yes."* It gets you kind of connected. *"Mm hmm."*

Doing a lot of socializing with friend? "No." Not so much. No. *Have any desire to do that? "No."*

Yeah. *Go to the big city? Go shopping?* (she's shaking her head "No") No. *"No."*

No. Got that. It's a little boring. A little boring. Yep. Okay. Good. We'll shift that also. Eh, we're going to do a big shift today. Good. And one more, very quickly.

Is this boring here? This? (audience says "No") No. I didn't think so. Yeah. *"Umm."*

How goes it? "It's tough out there, and even tougher in here."

Good. *Where would you rather be, out there or in here? "Oh, right here. Absolutely."*

Yeah. Good. *What's the toughest? Or the second toughest? "Yeah."*

We'll go there. (they chuckle) *"Total self-acceptance is probably the toughest – self-love."*

Yep, yep. Yeah, yeah. *"And actually seeking the approval of others has been a huge one for me."*

Yeah. *Why?* And these two go hand in hand. *"Yes."* Yeah. *"Self-doubt, insecurity."*

Yeah. *Why?* I mean you don't have to get into the specifics, but why would that – because you're also speaking for nearly everyone – but this whole issue of the self-love and the acceptance for one thing, but then also trying to find it out there. *"Yes."* Yeah. That's a very difficult challenge. *"Impossible."*

Why – I'll just cut right to the chase here – **why would you or anyone hold onto guilt when you're not even sure what that guilt actually was about anymore? And, as you know, I've talked about saying whatever you think happened in the past really didn't happen that way anyway.** It's one of the amazing discoveries in enlightenment is you realize what an incredible set-up. **And you didn't even remember what really happened.** *Why would there be so much ... what ... how is any of that guilt – guilt or self-doubt – serving you?*

"And it's actually serving me, because it's showing its head." Yes. *"That it's there ..."* Oh yeah. *"... for me to release."*

Not showing only its head, but it butt also. *"Yeah, and it's butt and it's claws!"* (laughter)

Yarrgh! Yeah, yeah. Yeah. *"And bitch slap too. Yeah."*

The whole thing! *"Whole thing."* The whole thing. Yes. But – but – *why is it still there?* You could drop it right here; you could let it go. *"It's served me. I've allowed it."* Yeah, but *how's it serving you now?*

"Terribly. I'm ready to let go. I'm ready for this merabh thing we're going to do. I mean really." (laughter)

So am I! Yeah! Yeah. (some applause) Good. Good. Good. That's all I needed to hear. Thank you. *"Thank you."*

What It's About

So I wanted to have this discussion so you understand that (a) what you're going through is similar to what others are going through. You're not alone. You're not going crazy. I would say some of the biggest symptoms right now that you are feeling, in spite of this – *"Wow I'm making some progress, things are really changing,"* – but you're probably **noticing intense bitchiness, irritability, agitation, a tremendous amount of agitation.** Just like **erggggh about the outside world in particular.** Where you **used to be able to find certain levels of happiness or joy with the outside world, now it's like having no desire to go there.**

As a matter of fact, you say to yourself, *"I'm supposed to be a nice spiritual person."* You can let that go. But you still ... by the way, that is an oxymoron. If you're a spiritual person, you're not going to be nice.

"Nice" means playing a big game with yourself, and it's actually the nice girl, nice boy syndrome means you're playing into or appeasing everyone else. **When you truly allow for your enlightenment, you're not nice anymore.** You have no tolerance. You're impatient with other people. It's not that you're going to be aggressive with them, but when you feel they're doing energy feeding ...

When there is a situation, you used to just grin and bear it; now you're just going to walk away.

It's not that you're going to try to combat or hurt the other people. It's just you have absolutely no patience.

So irritability, impatience, bitchiness. It's very natural ... for where you are right now.

No – you ... it doesn't mean you need to be aggressive with others. But particularly in, I would say, since the first of the year but really intensifying over the last few weeks, that sense of absolute irritability – you call it cranky or whatever – just because you're shifting away from the Old Energy, the old world. And you're **in a space now where not knowing what to do, what comes next, so you're in a place of kind of boredom**. It makes you even more irritable. Yes, please go out and work in the yard or do something. But you're finding that to be in public is very challenging these days.

And, as *Tobias* used to say, that too will pass. But you're just – yeah, thank god, yeah – but you're going through that time. You don't even want to go to the grocery store. You could be starving and you would rather not go to the store. Yeah. *So what do you do?* You call pizza delivery and you leave an envelope out front on the doorstep. *"Don't talk to me!" "It's that strange lady in that strange house. She doesn't come out anymore."*

And we bring this up because I know so often you're thinking, *"Well, I shouldn't be this way. Everything should be happy and like sugarplums."* No. It's the toughest part. It's the really tough part. Tremendous irritability. So... When we can laugh like this, when you can just work in the yard or go for a drive or something like that, that helps relieve some of it. But right now it's just part of this transition.

What can you do? (a) **Accept it**; (b) **stay away from other people** please. (laughter; someone says *"Drink"*) Okay, here's Shaumbra's suggestions – drink. (more laughter) Okay. Actually, there is some scientific merit in moderation please. Moderation – a glass of wine. It'll get you out of your own 'but' for a little bit. Light physical exercise is good for this. Laughter of any kind is good. Laughter is really good.

What else? What other suggestions? (someone says *"Take a bath"*) Take a bath. *You're talking to me?* (some laughter) Oh! Yes. A bath, a wonderful thing. *With what?* (she answers *"Salt"*) Sea salt, absolutely. *What else?* (someone says *"Massage"*) A massage is good.

Just make sure the massage person is not an energy feeder. *How can you tell?* (someone says *"It's how you feel afterwards"*) How you feel afterwards, but you can also make it energetically very clear right away *"No feeding."* Yeah. Good.

What else? What else do you do for the irritable symptoms? (someone says *"Breathe"* and someone else says *"Sleep"*) Breathe, sleep a lot. Sleep a lot. *But have you noticed that even in your sleep you're irritable?* (some in the audience say *"Yes"* and some chuckles) Bitch dreams! Yeah. And sometimes you're so happy to wake up, because that dream was so aggravating. You just can't get away from yourself anymore. (Adamus chuckles) (someone says *"Eat chocolate"*) Chocolate. Good.

What else? (someone says *"Walk"*) Exercise, music. Absolutely. (someone says *"Write"*) Good. All of these things.

But just remember the acknowledgement that you're just going to be irritable, especially with other people. Stop pretending. Stop trying to paste on that face and be nice to your family when you know what you really want to say. It doesn't mean you need to be hostile. **It means to set your own boundaries.**

How to Live

I'm going to title this *"How to Live."* Kind of encompassing. *"How to Live."*

It's very, very simple, very simple dynamics– this ties into enlightenment.

The word is *"assume."* Assume. (That makes an ass out of you and me. (as in *"ass-u-me"*))

Assume Your Enlightenment

What you do is you assume – stop questioning and doubting, you assume – that if you've chosen enlightenment, you've made a clear choice, you **just assume that everything is serving that. Everything. Everything, everything.** No buts.

Now, here's a couple of little caveats. If you really haven't chosen it; you're still going from group to group, trying to decide, you know, which group you're going to go with, and you're still studying spirituality, this is going to really hurt. But if you've made a clear choice within yourself for your embodied enlightenment in this lifetime, period – just period – then you assume.

You assume, because you see what happens is you doubt. So what happens is – let me give you an example here. So here you are, a plate. (Adamus draws a dot on the plate to look like a circumpunct) Consciousness.

Consciousness. You've made a clear choice for embodied enlightenment. And when you make that clear choices, then and only then can what you call your divinity, your I Am, join you. Because when you're not sure, it stays away. There is an illusion of separation between you and yourself. You create this barrier. So what you would call your true I Am, your spirit, kind of stays away and watches. Watches.

Just, "Hey, what's going on?" Watches you going through your challenges, your dark and light days. Just sits back.

Once you make that very clear choice, no buts, just a period – "**I choose embodied enlightenment. Period,**" – then the I Am, the divinity, it comes in, and you just assume blindly, naïvely, stupidly. Yeah. You have to almost be so stupid with yourself. You're just naïve – let's call it simple, pure, whatever the words is – but you just assume that's what's happening.



Those of you who recently took Quantum Allowing in Kauai, you went through a lot of interesting experiences shortly after. Interesting. You just have to assume. You're in the midst of Quantum Allowing, you assume that, and then it happens. Then it happens.

But **when doubt comes in, in the way of an aspect** – big doubt comes in – and it starts to overshadow. (Adamus write a question mark (to represent doubt) on one of the plates and holds it in front of the I Am plate) And it starts to draw energy to it, and suddenly the energy that should be going to this beautiful enlightenment, suddenly gets distracted over to the huge doubt. However, if you **just blindly assume**, it goes like that again. (the I Am plate moves in front of the Doubt plate)

But then, of course, things happen. (he writes question marks on more plates) You have people in your life, you have situations that come up, and then you start to doubt again. (Doubt plates again overshadow the I Am plate) And it starts to take the energy, and it starts to cover up your, let's say, your purity. And now you get all discombobulated. The energy's going everywhere, but to you. It's all getting tied up in the doubts.

So what do you do? You just dumb down. No buts. You just go back to the clarity.

You assume naïvely, blindly, but that's hard to do, because you say, "Well, if I just assume, what if I get blindsided?" Well, you just assume (a) you're not going to; and (b) if you do, it's actually a huge gift. You see, all these doubts that come in, they're coming from everywhere. They're coming from aspects and guilt, and they all start ...

You see, because I'm really busy with **all of the doubts** (he's making more Doubt plates), and they're all taking energy, and they're **all distracting**, and they're all getting in the way; and they're **all annoying** and then they're **covering up**. And, you see, they're all taking – they're all taking away. (he's holding the Doubt plates in front of the I Am plate) *So what do you do?* You take a deep breath, that naïve breath, and **you just assume**.

You assume, dear God, that – I mean I'm calling you God – you assume that if you've chosen embodied enlightenment, that's all that's going to happen.

Now all the doubt start coming in and covering up, you see, but this takes energy. (they are demonstrating) It's very distracting. Pretty soon, you're even going to forget what the hell you're here for – embodied enlightenment. And you start doubting that, because you've got all these questions going on. And you just stop, you take a deep breath (she's relieved as he takes away the Doubt plates), and you say, "We're going to do a merabh today, a merabh of assuming, and we're going to get rid of ..." (he tosses all the Doubt plates into the audience) Nobody got hurt. I assume that you're Masters. Nobody got smashed in the face.

The true spiritual concepts are not complex. Matter of fact, they're so simple you go, "Really? That's it? **For enlightenment, all I have to do is assume?**" Absolutely. But remember, the doubts come up. They get in there. I gave this little example of Egypt. Oh, choosing freedom. It's going to be great. Boom! All of sudden all these outside elements come in.

You with yourself, you choose – a part of you that's had this longing; you can't even put words to this longing for enlightenment – you choose enlightenment. But – the butts come up then. The doubts come up. They literally start taking energy and even consciousness away. They start distracting. And then you start questioning even more. *"Maybe I'm not doing this right. Maybe I need to read this book. Maybe I need to do this therapy. Maybe I need to do this and that."* No. All you do is assume.

Assuming, you could say, takes a lot of trust. Well, **it takes total trust**. But at this point, *what else do you have to trust?* Nothing! Nothing.

Assuming means adopting yourself. It means adopting you. It means adopting or taking on or taking ownership for the fact that if you've chosen enlightenment, *why would anything but enlightenment happen?* Why? God – which is by the way, not what you think it is – isn't sitting up there saying, *"I don't know. I don't think they're ready for enlightenment yet."* God doesn't care. You can choose enlightenment, you can choose total separation; it doesn't care.

There's no forces out there, any forces anywhere, that are actually working against your enlightenment. The forces that are out there are working for the people that don't want enlightenment, you see. They're much easier to work with.

There is not anything other than what we call **some aspects of doubt or guilt** within yourself that are working against you. And actually they're not really working against you. They're just doing what you've asked them to do – **interfere. Run interference. Your doubt aspects, your guilt aspects, your whatever aspects. They're just doing what you asked.**

The moment that you just assume that everything is about your enlightenment, then it becomes so. It's a little bit of a trick on yourself, in a way. But it's an honest trick on yourself, because otherwise you keep thinking about it and stressing about it and your body starts hurting and you start wondering what you're doing wrong. And pretty soon you just give up, which is actually about the best thing you can do. But that form of giving up, getting out of your own way, you have to get to such a painful emotional and physical place to where you just give up, surrender.

You can do it right now without all the pain. As a matter of fact, in this merabh, we're going to release some of that physical pain. In this merabh, we're going to release a lot of those aspects – eh, all of the aspects – that are doubting and causing that exhaustion that you're feeling, the physical and emotional exhaustion.

Enlightenment is difficult enough anyway, because you're going through deep-level biological changes, as well as going beyond the mind. But when the energy is going to all these aspects of doubt, it makes it many, many times more exhausting.

So here's our opportunity, in this beautiful merabh, to just assume. To just assume – call it trust, call it whatever you want – but assume. You've chosen embodied enlightenment. Now assume that it is becoming so. It's that simple.

Ah, no butts. There are no butts. There are no butts – *"But my children."* No. No. No, no. You might as well just walk out the door right now if that's what you're going to do, because otherwise this merabh will either hurt or it will disappoint you.

There's no butts about – *"Yeah, but I ... but ..."* – about anything. There are no butts in it. There are no butts in saying, *"But I'm worried what's going to happen,"* because that's a big butt. *"I'm worried what's going to happen if suddenly this embodied enlightenment occurs."* No butts. This is it. This is it.

So it is assuming enlightenment. Just assuming it, because your only other option is doubting it, fighting it, worrying about it, waiting for it. Why? Just assume enlightenment.

So it is assuming enlightenment. Just assuming it, because your only other option is doubting it, fighting it, worrying about it, waiting for it. Why? Just assume enlightenment.

Merabh of Assuming

(Link to the official [Crimson Circle](#) YouTube channel: [A Merabh of Assuming Enlightenment](#))

Assuming ...

Now, it's different if you haven't really chosen enlightenment. Like I said at the beginning of this gathering, then you're still a student. **Now if you've made a clear choice for enlightenment, you are a Master.** Just assume it. Stop questioning. Stop doubting.

You know it's kind of been programmed into the human being to always doubt and question, to make sure that you're real, to make sure you're really being honest with yourself, because in the past you think you've played games with yourself. You haven't been honest. You've been a liar, a thief, all the rest of that.

It doesn't matter anymore. You don't have to keep testing yourself – not at all – unless you like doing that. But I don't think you do.

You just assume that everything that's happening, every energy that's coming to you is about enlightenment. You just assume that everything that happens, including your irritation and aggravation, is about enlightenment. And it is, by the way. You're irritable because you're no longer going to falsely tolerate things you find intolerable.

You assume that everything that happens – taking the wrong turn on the road – is not just fate. It's not this group of angels making you do that. It's not because you're a bad person. **You just assume, awesomely assume, that everything that's happening, every iota of energy, every ray of energy, whether from the Earth or whether from cosmic or crystal, is about your enlightenment.**

And a funny thing happens: Then it is.

If you start throwing butts in there – *“But well, but I'm not sure ...”* – just think of these plates that I just demonstrated, covering up. They take energy. They make that core I Am-ness invisible. They overshadow it.

You can just assume everything. It's magic, in a way. It's magic.

Some would argue – well, they do argue. They say, *“Well you're just deceiving yourself.”* I would argue that the other form – all the doubts, all the waiting – that was the true deception. I would say that just assuming is being real with yourself, trusting yourself, allowing yourself, recreating yourself.

Imagine at the end of this Shoud; imagine the lights come up, you get up and use the toilet, you assume that using the toilet is about enlightenment. (a few giggles) Every little thing. You assume that whatever happens tonight is about enlightenment.

Tomorrow, you wake up in the morning, you take a deep breath and say, ***“Today, everything is about my enlightenment. It's all about me. It's about my enlightenment. I'm just going to assume it. I'm not going to assume some little deviant factor can slip in. I'm not going to assume that some dark energies from the past are going to slip their way into my life. I'm not going to assume 80 percent of the things that happen to me are about enlightenment. I'm going to assume everything.”***

There are no butts in this assuming. It's only the butts that make an ass out of you – but not me.

Assuming – it's actually kind of playful. It's actually kind of fun. In assuming, suddenly your body starts to align. What has been these aches and pains – oh gosh, they've been tough lately – suddenly, in assuming that everything is about enlightenment, these very same energies that are working in your body suddenly aren't painful. Not because you've done a healing, not because you've gotten rid of them, but because you're assuming that they're there in service to you, not working against you. They're only painful when you think they're working against you, when you think you're doing something wrong, when you think that there's something inferior about you.

So you assume – blindly, naïvely, innocently, unabashed. No butts.

You assume that every choice you're making, whether it's what to watch on television, whether it's what to wear, that every choice that you make is about your enlightenment. And suddenly, oddly, magically, you are making enlightened choices.

You're not making choices from a place of doubt or worry or consternation or fear or "what will others think?"

Suddenly, every choice is enlightened, no matter how simple. It could be whether to have fruit juice or water. Suddenly, with that assumption of enlightenment, it is enlightened choice. And suddenly whatever it is that you chose, suddenly becomes an enlightened drink. It's like magic.

In that assumption of enlightenment, everything then becomes about enlightenment. If you decide to drink the fruit juice instead of the water, it becomes enlightened fruit juice.

This thing that you call reality is not really. Reality is what you choose. That's it.

You can assume enlightenment and your reality will be enlightenment.

You assume you are a Master and everything will respond to you as a Master.

***You can assume enlightenment and your reality will be enlightenment.
You assume you are a Master and everything will respond to you as a Master.***

Kind of what you, what many others do – most others, actually everyone – does is they assume they're doing something wrong. Even if they're just assuming five percent is wrong, they're going to get some wrong energy. Oddly enough, the focus goes on the five percent rather than the ninety-five. So it actually becomes a lot more than five percent. It becomes a way of living. You assume that there's something wrong. You assume that somebody is out to get you. You assume that things are going to go bad. Well, then they do.

It's not a mind thing. It's not thought. It's choice, what you choose.

Let's take a deep breath and let's go deep now, with the music, into assuming.

Yes! **You can blindly assume that you're a Master. The energy doesn't care. Energy will serve you. The energies will align to whatever you're choosing.** Choose lack, believe in lack, and it gets there. Believe in conspiracies and all this other, then it will be there.

Assume that everything's about enlightenment, and it becomes so.

Really feel in now, as the beautiful music of Yoham plays, life – a day-to-day life – of just assuming enlightenment. Feel how the energies in your day-to-day life change. Imagine yourself going through your daily routine, waking up in the morning, doing what you do. Don't try to change the routine; try to change the underlying assumption.

Take a deep breath.

Feel yourself now, beginning tomorrow morning with that assumption "Everything is about my enlightenment, as it should be, damn it." **Assuming that all the energies are there serving you. Assuming, actually, you don't need to do much, because the energies, they come your way.**

So here we go, into assuming.

You're the Master.

You've chosen embodied enlightenment.

You've come to this point on your journey of experiences. You've come to this point where there's a pedestal, a marker. You look at it and it says, "**The Master assumes.**" The Master assumes.

You think to yourself, "Wow. *That means I've gotten to this point where I actually go beyond thinking; I just assume. I go beyond planning; I just assume. I go beyond doubts, because they weren't a lot of fun; I just assume. I step into a magical type of reality now, because I'm just assuming.*"

You could call it something else if you want – knowingness, trust – but I like the word assuming. **You're just going to assume "Everything is going to serve me."**

Now, feel into your day, into your activities. Oh, now what's going to happen here is you're going to see some faces – faces of people you know, faces that you don't necessarily recognize – and they're going to challenge this assumption. *But what do you do?* You just take a deep breath, you smile, you just go on assuming. You just go on assuming that everything is for your enlightenment, because actually it is.

(long pause as music continues)

So here we are in this merabh. Merabhs are nice. You don't have to listen to me quite so much. You can drift off to sleep a little bit. Merabh is kind of a nice graceful shift.

But let's assume this isn't just a regular merabh. Let's assume you came here today for a huge shift. Eh, it's been a tough six months. It's taken its toll, a lot of doubt sneaking in. A lot of good things happening, but it's been tough.

So let's just assume that this is a super merabh.
Let's assume it's double super merabh. A shift beyond shifts.

Let's assume that something amazing is happening in the room right now – absolutely amazing. Going beyond your doubts, even the resistance, because I can feel your resistance. Part of you saying, *"Well, I'm not ... well, but eh ..."* No, let's just assume.

Now we're going to dive really deep. We're going to assume a big shift is happening.

And a funny thing is then it happens. Oh, your mind is going to be squawking away at you. Shut up! Your mind is going to be doing all of its butts. We're going to take a deep breath and we're just going to assume that in this merabh the energies come in for you. They come your way, your way. All the energies come your way.

So, we take a deep breath. We go into a super merabh – the first time anywhere in the universe a super merabh's been done – and we assume huge shifts, huge releases.

So let's take a deep breath as Yoham takes us to this next level.

(long pause as music continues)

You send out certain energy probes – you're used to doing this – that are saying, *"So what just happened? Did anything happen?"* So you take a deep breath and you go back to assuming. *"Well, yes, it did. Yes it did. Why? Well, because I chose it."* It's that simple.

The energy probes go out there and say, *"But do I feel different? Do I look less tired? Am I smarter?"* You know exactly what to tell the mind at that point. You just take a deep breath and you assume that something happened. You assume that this is actually probably the best merabh we've ever done. It had the biggest level of shift and change with the least amount of resistance. In other words, it just happened.

You assume it, the energies – which are always in service to you – they go along with it, they realign themselves, and then it becomes a reality. Damn! That was the biggest energy shift – consciousness shift I've ever seen any group ever go through. That easy.

You see, the Masters – the Masters, the true Masters – they understand how simple it is. They understand that, well, it started with this thing that *Tobias* talked about many years ago – acceptance. Acceptance. I talked then about allowing.

Now we've got, *"You assume."* **You're accepting. You're allowing. You just assume everything is about your enlightenment.**

Let's take a deep breath, really letting this beautiful merabh, letting it soak in, letting it do its final little shifting.

***You're accepting. You're allowing.
You just assume everything is about your enlightenment.***

See, when you assume that it's about enlightenment, those physical issues you walked in here with, those emotional issues, heh, relationship issues, all the other stuff, suddenly all those energies shift and realign.

Suddenly, they're really not problems any more. They either go away or they serve you; they serve you sweetly in your enlightenment.

Let's just let all this soak in for a little bit. After a super merabh, you just have to kind of relax for a bit.

Take a good deep breath ...

Ahh ... assuming is a lot more fun than doubting.

(pause as music continues)

So many days when you feel you have to put on your battle armor and you have to, whether it's battling with kids, a job, or just yourself. So many days where you're so tired, so worn out, but you have to put on that suit of armor, get ready for another day of battling. Not anymore. You just assume every battle is done. Assume everything is here to serve you.

You assume that you're allowing that I Am, the full presence of yourself into your life, and then it becomes so. It becomes so.

You assume that this is the lifetime of embodied enlightenment, that you are a Master, and then it becomes so. All of the energies then align to serve you and what you're choosing in your assumption. It's that simple. Anything else is just cover-ups, doubts, buts, procrastinations and delays.

Take a deep breath.

Assume embodied enlightenment.

Take a deep breath. You assume your sovereignty. *Why?* Well, because you've chosen it. It's what you desire. It's your passion.

And you take a good deep breath and realize we actually did make a huge shift here today.

(pause)

And then you take a good deep breath and you assume that **all is well in all of creation**. And then it is.

With that, my dear friends, I love you dearly. See you in our next gathering.
I Am *Adamus*, in service to you. Thank you.

10 – Expectations of Enlightenment

This is not typical new age. This is not spiritual toe dabbling. This is a group of humans here in Colorado, all around the world, who are dedicated to their enlightenment in this lifetime while staying in the body.

What we go through is life changing, and not always easy. What we go through with this group called Shaumbra is true. It will bring you to your truth. It will bring you to your knees if it has to. It will bring you to the depths of hell and the heights of heaven, but it is transformational.

It's not for everyone, not at all. No, not at all.

Freedom

Freedom. What do they say? Freedom is just another word for nothing left to lose? Are you there? Anything you have left to lose that we need to clear out today?

Here we are in the Freedom Series, and ultimately this word "enlightenment" is really just freedom. **Freedom to be yourself, to be your full expression, free of the things that would hold you back**, keep you in your own crystal prison. Free to be the I Am, beholden to no one – no one, not even some God.

Amazing isn't it? You always think, "Well, I can let go of the parent thing or the teacher thing or the angelic thing or all of these other levels, but isn't there always that God I'm beholden to?" Not in the purity of God.

No, because Spirit, the Eternal One gave you Itself with no rules, no regulations, no checking in, no curfew or anything else. Said, "Go and be as you want to be. Be the I Am."

That's a lot of responsibility. It's something actually, as we discussed, starting several years ago, there are a lot of humans that really don't want their freedom. They want an easier life, but not necessarily true freedom. But you, I believe, have chosen that. You have taken that responsibility, and it's not always easy, this thing called enlightenment. And probably a lot more difficult than what you ever thought it was going to be like, a lot more difficult.

So many expectations, and that's what we're going to talk about today in this last of *the Freedom Series* – the expectations, those few really difficult and challenging things that are still remaining, a few difficulties, road block.

This thing called enlightenment – not so easy at all. I think there was a perception on the human level what it was going to be like, and it wasn't that way at all, and that's a good thing, because the last thing that you or your I Am would ever want was the human aspect designing your enlightenment. The thoughts are quickly going through the mind of what an awkward creation that would have been! Filled with mistruths, filled with imbalances, filled with, well, some things that we're going to talk about today.

But, yes, if the human was left to design and to allow this thing called enlightenment, I don't think ultimately it would really be about enlightenment, because there would be limitations. If you sat down and said, "*This is how I'm going to get enlightenment and this is what enlightenment is,*" there would have been so many limitations and so many biases and imbalances. And the human would have continued its energy feeding.

The human would have continued to try to glorify its human identity other than its I Am identity. The human would have become very vulnerable to all of the other elements around – mass consciousness, its own past, its mind, its analytic versus creative way of thinking. So it's a good thing that it wasn't the human design.

The human aspect, part of which is sitting here today, the human aspect that you are, fortunately has been allowing this thing called enlightenment – far different, far, far different than designing it or thinking it – just allowing it. That allowing, that assuming that we talked about in our last Shoud, it takes tremendous trust, and very, very few people will ever get to that level of trust.

I know it's difficult at times. I'm nearby, so often at night, when you're going through some of the worst, when you're going through that inner torment that you go through. But I'm so proud of each and every one of you that you can, in the midst of those storms, you can take a deep breath, and from the purest part of yourself, take a deep breath and say, "*I Am that I Am.*"

(Please also read: [Addendum N: Natural Enlightenment](#))

No longer trying to fight these inner battles or inner demons. No longer trying to figure out what you're supposed to be doing. No longer trying to craft or design your own enlightenment, but taking a deep breath – taking a good deep breath – and saying, “*I Am that I Am.*”

Very Little Guidance

One of the difficulties about being where you are at with the realization of your enlightenment – and I say the realization, because the enlightenment is already there, and you know that. **It's the realization or the awareness of your enlightenment. It's the allowing of what is already within you.**

***It's the realization or the awareness of your enlightenment.
It's the allowing of what is already within you.***

One of the difficult parts about being at, you could say, this stage or in this experience of the realization is that there is very, very little guidance at this point. Very little guidance, and that's a good thing.

You've got a little bit of guidance – but perhaps more provocation – from me and from some of the other angelic beings, but please realize that there are not that many human or angelic beings who have ever realized and accepted their true sovereignty – you call it being an Ascended Master – very, very few, a little over 9,000, more on the way. Yes, through you of course, more on the way, but very, very few. So how could some of the beings who are in service to humanity – and some who say they're in service to humanity but are more in service to themselves – *how could they possibly be working as your guides right now?* Because they don't know.

There are many channeled entities – wonderful beautiful entities – that are being channeled through humans these days, but they have not gotten to where you are in their own freedom, in their own sovereignty. They're still searching just like you. Just because they're from a different dimension or some mother ship or they had an illustrious famous past life, doesn't mean that they understand any more than you do.

You're at the point in your experience of realization, as tough as it may be at times, you're at that point where there is very little guidance, because there are very few who can actually guide you at this point, who actually understand what you're going through and why you're going through it. Very, very few beings angelic or otherwise who really understand. Furthermore, the ones who do understand, they know it's time to take a few steps back to let you go through the discovery yourself.

Now, seems like a little bit of a bad deal going through enlightenment, as torturous as it is and beautiful as it is at times, to suddenly hear you have very, very little guidance. We meet once a month. I come and talk to you every few days, depending on your level of distress and drama and how much you use all caps in your communications with me. Which, of course, I don't mind, but I wasn't a Virgo. As a matter of fact, I'm going to keep today's session a little shorter than usual – yeah, so he says – because today is my birthday.

In my lifetime of St. Germain, this was the date of my birth. So I keep this ...as my celebrat- ... a Leo, of course. I keep this as my celebrated birthday.

So we have a little entertainment, a little party at the Ascended Master's Club this evening. Not to cut you short but it is my birthday. Well, I am about 308.

As difficult as it is at times and as often as you call out to beings to come and help you, you notice that not many really come around. It's like calling out in the darkness. Not that you aren't being heard, but they understand that you have to go it on your own. Difficult, *isn't it?* Difficult.

Years ago with [Tobias](#) you gave up your regular guides. You've given up so many of the beings who you connected with, and the beauty of that is that you get to make your own choices, in darkness sometimes. You get to make your own choices. And when it's really your choice – not influenced by angelic beings, not influenced by some sort of a grand masters, not influenced by anything else, even by other people – when you get to make your own choices, you get to feel the depth and the truth of those choices.

It brings you to greater depths. It brings you beyond your typical drama analysis, which is oftentimes used when you're facing a situation, trying to make a choice and you feel, from a drama standpoint, you feel into the projected

outcomes of the certain potentials or scenarios. It's an intellectual emotion that you put into making those choices, and you feel, then, the outcome.

When you are without the guidance, like you are now, you have to go deeper. You have to go beyond just the drama or the fear. Oftentimes, choices are made simply in fear, simply which is the least fearful of all the scenarios in front of you.

An interesting thing happens also at this point in your experience. The fear of death used to be the thing that you ran from the most. You avoid it. When making these drama or these emotional decisions, you'd take a look and say, *"Will this one potentially lead to death, especially a painful death?"* And if so, you avoided that potential.

It's interesting to note that for many of you now, death isn't really even a factor. Not even a factor. It's, in a way, because you've gone through the darkest dark night of the soul. And some of you even not sure you want to be here anymore. Some of you even thinking that death is going to provide resolution, which it does not. Does not. Doesn't suddenly make you terribly insightful and all your problems go away. It just means you're dead. Dead. Everything else is still there. So you might as well figure it out or allow it right here.

But you would make choices based on these emotional factors – fear factors. You'd go for the least of the fearful, but you're going beyond that now. You're taking a deeper dive into your own truth.

You're doing it from the perspective of this thing you call enlightenment or freedom. *What's going to free you? What's going to allow the greatest level of awareness? What's going to allow the integration of the I Am into your life?*

If you had a lot of guidance, and some of you still call on it now and then, but if you had a lot of guidance for the issues in your life, you would still be deferring to others, and there are very, very few who really understand.

So this is a good thing, and I know at times it feels lonely. At times you feel that nobody is listening. First of all, I am, but I don't necessarily respond, other than perhaps once in a while a little provocation; once in a while, a whisper – *"I Am. Remember that, I Am"* – just that little whisper.

Have you noticed how resilient you are? How resilient. You go through some of the worst. That's the amazing thing about anyone who has ever been in human form, something that the other beings really don't understand – the resiliency of a human. One could also call it just stubbornness. Or determination.

But the resilience, the ability to go through difficult situations – life ... perhaps life-taking situations, situations with other people that have what you feel are huge implications, life-threatening things – and you're able to allow your way through them. Allow with the I Am countenance within yourself and bounce back, and smile on top of that.

Yes, it's been difficult. Yes, I know. I understand that there are times where you just want to give up. But somehow, even in those darkest moments, you're able to remember to take a deep breath. You're able to remember *"I Am. I exist! Yes! I exist, so therefore, all things are possible."*

As you, as we go forward, you'll find there's even less outside guidance. You'll come to truly appreciate that. You'll come to truly appreciate yourself.

Of course, we'll continue meeting like this, but some of the other beings that you've relied on, and some of them being real, some of them being your own creations, if you know what I mean – ahem, you know what I mean aspects that you create as outside beings who really aren't outside beings; they're really inside beings. That's fine. But there's going to be less of that and more discovery of your truth. That's a good, good, good thing.

The Question

Enlightenment. Freedom. There are a lot of expectations about this thing called enlightenment. You got onto this boat of enlightenment a couple of thousand years ago ... And we haven't stopped paddling.

You've been on this path of enlightenment for a while, for a variety of reasons. If you feel back into it, going back two thousand [years], some of you much longer than that. *Why? Why?* You've had a lot of human incarnations. You went through some of the grand eras of humanity. You've had lifetimes that you were, let's call it, famous or rich;

other lifetimes where you swept manure out of a stable; lifetimes when you died when you were very, very, very young; lifetimes when you were killed or you killed others – all of that.

But why? What started this whole thing? It's not from up there. There's no control panel up in heaven that's saying, "Okay, it's your time for enlightenment." It was you. It was the I Am through its aspects, its incarnations, that at some point said, "It's time."

Feel back into that for a moment, not the details, but the essence of that – this thing that started you on a path of thousands of years and many, many lifetimes.

Boredom with the regular human lifetime, because after a while, I'd say after a couple of hundred lifetimes, they're all pretty much the same. They truly are.

Was it boredom? Was it that it was so difficult, so damn difficult going through the human experience? Fearful? Painful? You just couldn't bear it anymore? That's not a bad reason. *What was it that brought you to this? That brought you to ultimately some lifetimes in the churches or religious orders?* Lifetimes not so long ago when you threw it all out, said, "No more groups, no more organizations, no more rhetoric, no more books, sacred texts or any of that." You walked away from all of it. And then this lifetime when you come back into this very loosely organized but delightful group called Shaumbra.

What was it that got you going on this?

You know it's something that you take for granted, but most other humans haven't even gotten to that point. Most other humans never contemplate why; have no clue what 'I Am' really means. Most humans digest a little bit of the rhetoric from the church – "There's a God in heaven; you live, you die, you hope you make the grade" – but few really dive deeply into themselves, as you have done.

Some would call you selfish. Some would say, "Look at all this attention you're giving yourself. Look at all of your indulgence." I would say that every human is going to do that sooner or later, the inner awareness. You can't help it. It's natural. Sooner or later that inner Self, that I Am will call forth, will say, "Let's do it. Let's do it."

What was it, going back a couple of thousand years, that did it for you?

Just feel into that for a moment, and I'm not asking you to be psychic or even to recount the details. But there's something very important in your personal Akashic Records. There's no global universal Akashic, it's all personal. There's something in there. *What was it?*

And if you're not able to feel into it right now, do this later when you lay down tonight or sometime next week when you're out taking a walk. *What was it?*

Now, it was actually a series of things that led up to a very definitive point, a very definitive choice. And the question is, as we end this *Freedom Series*, that thing that motivated your soul, you, to begin this beautiful journey into the discovery of the I Am, the question is, *has it been fulfilled?* I'm not saying necessarily the realization of the I Am, but the reason. *Was it because you were bored? Was it because there was fear? Was it because perhaps you saw or met a being like Yeshua that so inspired you, that so affected you?* Of course, remembering that Yeshua is, was, you. It was almost like seeing a part of your future self.

The question is, now, here we are in this new era, *has that been answered?* Has that initial question, motivation – has that thing that got you into this path – *has that been fulfilled?*

It'd be interesting, and I ask, write this down in this next month. Yes, that is a homework assignment, if you choose. Write it down. You're going to be amazed, perhaps even overwhelmed at the answer. And the answer is not going to come from me. It'll come from right here. It'll be an amazing revelation. It will be a discovery. (Please also read: [Addendum M: Moments of Enlightenment](#))

Expectations

Next. Enlightenment. Expectations of enlightenment.

This path started, whether it was a couple of thousand years ago or a couple of hundred. You come into this lifetime; there was a somewhat of an inner choice, a high potential that you were going to realize enlightenment in this

lifetime. The human self kind of follows along with it. It's kind of like in your spiritual DNA. *"Okay – enlightenment, realization in this lifetime."*

Really, everything since that moment you were born ... I should say, from the moment you infused your energy into this physical body, because there's a huge difference between the moment of birth, the physical birth, and the moment of – it's really integration – and it could be months after the physical body. I am amazed at all of these discussions about the pro life and pro choice, and it's – spit! – it doesn't matter. It doesn't matter. But it's good drama and it's great guilt. Oh, it's some of the best guilt. It's one of the biggest buttons that some people use to push other people's buttons. But I digress. *What was my point?*

Here we are in enlightenment. Ever since you were infused, ever since you integrated your essence into this physical body in this lifetime, it has been about enlightenment. Everything. You could look back, you could write down the history of this lifetime – it's all been about enlightenment.

And the funny thing is – it's funny to me, but not to you – the funny thing is that there were no mistakes. **The funny thing is you couldn't make a mistake if you tried. The funny thing is you pretend that you can make mistakes, and that you still can.** You pretend that there are these choices out there and door number one is a real bastard; door number two is kind of not so good, but it's relatively safe; door number three could be amazing insights, but it could also drop you into the pits of hell forever, like an eternity, forever. So you pretend, you've accepted some mass consciousness programming that you can make a mistake. *Guess what?* You can't. You really can't. You can't.

You can actually – I've said this before – you can actually set your rudder for a direction you know is not right, you know is not compatible with your being, intentionally, *and guess what?* It's just going to get redirected over to your true path.

Your true path, by the way, is not your nice girl or nice boy path. And you got that kind of screwed into there that you have to make the choice that's the nice thing – be the nice boy or the nice girl. It's not. Sometimes in enlightenment, it just is not pretty. It's not nice. It's ... it's ... others won't like you at times, but it is the right choice for yourself.

Why is that? Why is that? Well, I'll tell you: Because mass consciousness wants certain conformities, wants you to do things a certain way. A lot of your parents wanted you to just be a nice kid and then take care of them when they got old. Your teachers wanted you to be nice. *Why?* Well, it's easier for them. So a lot of choices were made on this basis of being nice, doing the right thing – the nice thing.

Back to the point – a lot of expectations of enlightenment.

The question I ask today is ... let's take the perspective. Let's take the perspective that we're on New Earth, one of the new Earths; you are teaching the angelic beings who are about to enter into Earth in a physical body for the first time ever, which you actually really, really do. You're talking to them now about enlightenment. You're in the advanced class. You're an advanced teacher, professor. You're talking about enlightenment and you're talking about, from your perspective having gone through it, the expectations that you, the human, had of enlightenment versus the reality.

So here you are teaching. Let's say you have a class of, oh, let's say 144. You're teaching the class of these new ones. They're going to be coming to Earth, entering into the physical body in the next six months. So time is of the essence. And you're now going to talk to them. Your class is titled *"The Human Expectations of Enlightenment."* *What are you going to tell them that your human expectations were?*

What were your human expectations of enlightenment?

"That everybody would like me." Everybody would like you. *And?*

"They don't. Some really don't." I've got to kiss you for that one! That's brilliant! That's brilliant. You don't have to raise your hand, but you can if you want. *How many of you thought, as you got into enlightenment and you got to be this glowy spiritual being, everybody would like you?* Ohhh. Yeah. I see some very honest ones in the back. Some, you know ... yeah.

So let's see, the first one "**Everyone would like you (1).**" And the fact is you're going to go through a period – you have, some of you, some of you are still in the midst of it – that they don't like you at all. *What did we talk about last month?* Being a bitch, being irritable, having no tolerance or no patience for what you know is obvious crap and drama anymore. And they're not going to like you. *"What's wrong with you? When did you get on this high throne?"* High thrones are really nice.

"That everything would be easy." Easy! Really. *Why would you think everything would be easy? Who told you that? What book did you read that in? **Everything would be easy(2).***

"Why not? I'm enlightened. It should just come to me with no trouble." Yeah. Good. *And is it?*

"Not so far!" Not so ... I'm going to wait to tell you later, all of you, why not. Yes. But good. Thought it would be easy. *What part of you?* The human part of you thought it would be easy. Actually, the funny thing is – you'll laugh when I say this – but actually it is.

... there'll come a day very soon when you say to me, *"That was so damn easy. I just wish I'd known at the time."*

Two got it. Yeah. Now, it is easy for the Spirit. It's really easy. It's not easy for you the human. *Why?*

"Well, I guess I'm not enlightened yet. Okay, it's because of doubt and ..." Because of doubt, sure, sure.

"Yeah, and the buts." Yeah, and the buts. And the human wanting to protect the human, because really, in a funny way, there's a parallel with what you call the Spirit or the I Am and the human. They start out on this enlightenment path kind of together in step with each other, but suddenly it starts going in different directions, because the human wants popularity, and we're going to discover in a moment a lot of money. It wants to build a shrine to itself. It doesn't want to die. It will go on forever and ever. It wants to be the most glorified human of all beings.

So the human reaches a plateau in the realization of enlightenment. In other words, when you first get into this, when you read that book or went to a class or first got into it, it was like, the exuberance of the human – *"Ohh! Finally salvation and I found something! And boy this is going to make things easy! And boy am I going to use my magic powers to make sure nobody screws with me anymore."* But the human reaches its level, its limit in enlightenment. Spirit keeps going. That inner I Am keeps going. And then it develops this struggle and war between the two. Well, actually it's not between the two. It's just the human warring. Spirit doesn't care.

The Soul Self really doesn't care, but the human will try to drag the I Am, the truth and the essence back down to its level, and it's not going to happen. Human finds itself in terrible misery, drama, disarray, broke, bad health until it finally says, *"You know what? I'm not real good at this enlightenment thing, and I guess my agenda was off from the very beginning. I guess when I started – I, as the human – really started getting into this, I was actually kind of using all this spiritual stuff just for the glorification of self, just to make myself a little smarter, a little younger, a little richer."* And then finally the human says, *"**You know, I'm just going to allow. That's the grandest thing of all.**"*

Next. *What were your expectations of enlightenment?*

"I don't know if I really had any. I just wanted to discover who I really was and who I am and ..."

Good. Let's stop right there.... I like that one! We'll write that down – *"Discovering of who I am"* – absolutely. Absolutely, because this question, by the way, you've been asking yourself for many lifetimes in beautiful way, *"Who am I?"* Not that who am I, but *"Who am I? What can I be?"* So it's such a beautiful question. And, yes, now, *do you have the answer to that? "I Am that I Am."*

Good. So **the discovery of who I Am(3).** And, in spite of the challenges and difficulty, *has it been a beautiful experience? "Yes. Yes."* Yes. Yes. *Would you go back? "No."*

Good. Next. Expectations of enlightenment. Yes?

"Hi. I just thought I would be a bigger human, you know." Stand taller then.

"More professional and you know." Oh really?!

"You know, just, you know, just a bigger human." Really? Like heading a major corporation and ...

You **thought you would be grander(4).** *"Grander, yes. And I'm still me ..."* Really? *Why didn't you manifest those things? "I don't know, because I'm kind of digging what I'm doing. So."*

Now, it doesn't have to be, but for many it will be. Takes a lot of work to run a big empire, so you wanted the time to focus on mostly you. And there were a few distractions in there, which I'll talk about in a moment.

Every one of you has allowed yourself that space – a safe and sound space – to be with yourself. Yeah. Now, once in a while you still try to get out there and still do too much and sometimes you do a little too little, but you're allowing yourself that space. Yes. Good. Thank you.

"That I was fairly clueless " That's very good!

"I honestly did not know what to expect, but I knew that being human felt kind of strange. That feeling as a child when... Why can't I fly? I know I can, but I can't now. What's wrong with me?"

And I guess enlightenment kind of told me that I could be normal again, which would be abnormal human. Does that make sense?"

Absolutely. Absolutely. Back to a natural state. This is unnatural. This is very unnatural. Because it's limited.

So it's going back to the natural state. *So did you know that to begin with when you started this awakening thing?*

"I ... umm ... it was more of a feeling than a knowing. Because it felt right to not be so human."

Right. Good. Yeah. Good. So how would we define this, **"Return to the natural state(5)?"**

So then the question is, *have you returned to that natural state?*

"There does seem to be some programming in the way that ... it appears to take time to deal with it.

Why – society, commitments. Material stuff. Seems to get in the way at times."

And could I interject something else too? Is maybe you're just having kind of too much fun at it?

"It's a lot of fun just being here, you know, here and everything."

Because when you're enlightened, obviously, being goes away.

"Okay. Yeah, yeah, because it really is kind of fun stumbling and falling on your face and being human.

But it does get old after a while too."

So just out of curiosity, there's been very few Embodied Masters. Most, they – snap! – leave right away. So let's say you're going to be enlightened and all. *"I'm going to be."*

Yeah. Oh yeah. *And are you not going to stumble anymore? You don't think Jesus ever tripped over a rock at night and smashed his face? You don't think Jesus ever got some breadcrumbs in his beard and walked around all day and maybe a few boogs in there, and ... just like drippy nose and ...*

You know, I would think that the Embodied Master just doesn't really care. He's got a few crumbs in the beard – doesn't matter. Matter of fact, I'd almost bet you that so many of you are actually going to do things deliberately, like have a little smudge, you know, right there, and then people will, you know, all day long it'll be kind of like ... (motioning as if they are pointing out the smudge) and then you're like ... you know. And like, you know, wear two different color socks. Big deal! Or do things that you wouldn't otherwise normally maybe be a little embarrassed about.

Actually I think you're going to go out of your way to do some kind of crude and disgusting things just because you finally can, and you don't really have to care anymore, because if you're an Embodied Master, so what! So what. *You've got that spinach in your teeth? Instead of trying to get it out, you put some in the other tooth. And you walk around all day smiling at people, and then you laugh to yourself, where they're kind of like ... (he's gesturing; more laughter) And then a few will try to, you know, motion to you and ... (more gesturing and laughter)*

Truly, we laugh about it, but there'll get to a point where you're going to try to ... because you've been so long in suppression and following the rules and not having spinach in your teeth that you finally can do it and you don't care. You really don't. You just let it be. Yeah. Good. As a matter of fact, you use it kind of as a little bit of a lesson with others to stop getting in such a rut. So what that you forgot to put your shirt on in the morning.

Next. Expectations of enlightenment.

"Well, this is more about having a soul mate." Yeah, yeah.

"That was an expectation that I can let go of." Why did you have the expectation of a soul mate?

"My soul mate is me." Yes, but ... yes, absolutely. *"It's me. "*

But at first you didn't realize that, and there was desperately seeking Steve, looking for that soul mate and then a lot of disappointment, my dear, a lot of heartbreak and a lot of agony.

"I thought I found it. It was an expectation that it was perfect. It was not perfect, because I was always looking for me."

Yeah. Big heartbreak – and we're actually going to lead into that in just a moment – but something as deep as searching for your soul mate. And you think – you, the human – think you are so right, so filled with truth, this is all that matters, this is all – if Spirit would just grant you this – and then you actually go, you project that out, go out searching for it. You even find someone who is actually kind of dog meat, and in your imagination try to create him to be this soul mate. You try to find excuses. You even start sharing stories of past lives that you had together, that you really didn't have together, and trying to manufacture this thing. It's one of the deepest, truly one of the deepest, and then the disappointment. The disappointment that he isn't – or she isn't – what you thought. And he or she were just trying to steal a little energy or a little intimacy or a little – a little, um, eh ...

"Sex." ... sex? Yeah. No, you're right, a little sex. I was going to say "a little midnight at the oasis." I'm trying to be a little bit more But sex. Sex. Whatever it was. Or it had some truth in the moment. Maybe you were together in

the past. Maybe you had been together since a long, long, long time ago before Earth, but the interlude was just a part of the enlightenment, assuming that it was a part of the coming to yourself. But it leads to some deep and dark disappointments in yourself – “*Why did I ever have these thoughts? What was I thinking? I’m all wrong.*” You see, you start judging that, and you weren’t. You weren’t.

So absolutely, yeah, **having a soul mate(6)**, and ultimately discovering (a) you don’t need one; (b) you are the soul mate.

Now, I will tell you this. What does happen is once you come to that love of yourself, then you truly find somebody. They’re not a soul mate anymore, but it’s a being that you can enjoy life with in a free and open way without all the obligation, but then it’s just pure fun. Yes. It will come. It will.

Sure. Expectations of enlightenment. *What were yours?*

“I expected to be a bit wiser and more perceptive.” Yeah. Define wise. *What do you mean by that?*

“Knowing why, the whys and the hows of what’s happening in my life, or not in my life.”

Yeah, so **being wise and perceptive(7)**. Interesting. Interesting. You’re one who has studied much, much, much more than most anyone here or watching and online. You have incredible intelligence, a very attuned brain. You were on this path of studying the physics, the cosmos, religions, metaphysics, everything else. *What happened?*

“Well, I understood certain specific things but not much more than that, and for the most part it just got less and less interesting.”

Yeah. And other things that happened that, you know, got you to say “*It’s not about just studying it.*” You’ll never – you’ll never – figure out God or yourself in your mind. It cannot be done. Simply cannot. You can study. You can learn from the Masters. You can learn from yourself, from your past lives, up to a point.

But **then it’s about what you would call the heart. It’s about allowing.** It’s about going to an entirely different level that’s without limitations or explanations. It comes to a certain point in all of this that it cannot be and should not be explained. It is felt and experienced.

So boom – you had this incredible mind, powerful mind, actually tried to use your mind for energetic manipulation – you come to a point, you hit that barrier and it basically doesn’t work anymore. It’s devastating to the mind – not to the spirit – devastating to the mind to discover it doesn’t know jack shit. It doesn’t.

You go into despair. It leads to depression – mental depression – because the mind thought it was God, thought it was the highest order of things, and then it discovers it’s not. It’s not at all. It’s highly limited.

The true wisdom, my friend, the true wisdom and perception is simplicity, distilling everything down to its essence. It cannot be put into mathematics. Actually, cannot even be put into words or formulas or anything. Distill it down into simplicity.

The simplicity, if you don’t get heady about it, is simply “***I exist. I Am that I Am.***” **Then it’s anything you want.**

You start thinking about it, you start trying to dissect it – “*What is I Am that I Am? How many syllables does it have?*”

You know, “*What time is the best time on a full moon to say the words?*” – you’re gone. You can just be in the experience. “*I Am that I Am.*”

So you gave yourself the beautiful experience of going out of your mind. Devastating, at first; beautiful now. Remember, simplicity. Ah. Good. Thank you.

“I thought that I would be more like all of those Ascended Masters I read about.

And ... and ... and ... where were all the women?

Best question I’ve heard today. The women! Now, two parts here. You say that you thought you **would be like the Masters of the past(8)**, the expectation of Masters of the past.

Yes. Not true. Not true! They’re old and crusty. There are so much b.s. written about them.

And you’re led to feel guilty if you say Jesus had sex or ... he wasn’t even an Ascended Master. He was just a collective. He wasn’t as good as an Ascended Master, just a collective. He was just your potential. He wasn’t a real being.

It would be considered sacrilegious to say that – and by the way, I’m going to make a statement; he’s not an Ascended Master, some think that he is – but Muhammad, that he scratched his armpits and his groin. And it’s like, hah, you know. And he had really bad hair days. I don’t care. And some of my best friends are Muslim. They’re

coming to my party tonight. They're not drinking, of course, or having sex, but they're coming to my party. I like having them at parties because you don't have to give them a lot of wine. It's okay to laugh! Damn it!

So the old Masters, ohh, they did it so difficult. And one of my true desires is to have you get this junk out of your mind about Buddha or any of the others. You have the altars. Oh! Altars! Altars. I wish somebody would alter the altar. Burn them down! You're glorifying something (a) that's not true and (b) is really, really old.

Just burn them all. If you're going to have an altar, put your own picture up there.

May seem a little odd, at first, other people walking into your house and – *“Didn't that used to be a statute of Mary up there? And now you have your picture?”* But that's good. See, you don't care, and you don't care that you have spinach in your teeth either. *“Yep! I'm an Ascended Master. That's me!”*

And no women. *What is that about?* Can women not ascend. Well how come there's no ... women, you've been following stories of Masters who are men. *What is wrong with that?* (someone says “History”) His story. Yeah, his story. *Quan Yin, was she ascended? Was she a woman? Did she care?* No.

There are more, first of all, more women in the old Mystery Schools that we had than men, oddly enough. There are more Ascended Masters that came from their last lifetime in the feminine body. *Why is that?* They could do it quietly, because all the men were running around having wars or thumping their chests about Jesus. And the women could just stay at home and, you know, take care of the house, but really take care of themselves. There are more, you would say, women – but they're not women – in the Ascended Masters Club.

Although I'd kind of like that. I was a man, so ... But there are more that came from feminine incarnations, because they could. They didn't have the demands and the pressure on them. And also it's actually a little easier for women. It's easier for the feminine energy. Yeah, a little bit more intuitive and less rigid. Yes. But have a bitchier time going through enlightenment. *Is that true or not?* Yes. Thank you. Good.

Drop the Expectations

You had a lot of expectations of enlightenment, and if we sum these all up, most of them are on the board here, but you're going to be perfect. Everything is going to be great. You're going to have a lot of money. Everybody would like you. As it turns out you have no money, nobody really likes you, you're not perfect and you're not going to be like the Masters of the past – thank goodness. Thank goodness.

Every one of them will tell you – ask any Master you happen to see – they're going to tell you that, *“Don't do it like I did.”* That's what they're going to say. They don't want you to go through the hardship. And it was a totally different era. Time was different back then, literally. I mean, time was different back then. Energy was different. Consciousness was different. Everything. They're going to encourage you to do it in a different way, hopefully without the degree of suffering and angst that they went through.

So please, starting at this moment, drop the expectations of enlightenment. Drop them. Let them go. Let them go. When you do, then you can let the real dynamics of enlightenment start coming in, as well as some of the joys of enlightenment.

***When you drop the expectations of enlightenment and let them go,
you can let the real dynamics of enlightenment start coming in,
as well as some of the joys of enlightenment.***

Two Dynamics

So you say, so *why haven't I realized my enlightenment yet?* Eh, a lot of reasons, but I'm going to say there are two that I'm going to ask you to really feel into between now and when we gather next month for our new Series. By the way, I'm going to call it *the Discovery Series*. You're going to start discovering how enlightened you really are.

There are two major dynamics at play right now, and you're playing into both of them, that are causing some of this anxiety and turmoil and feeling stuck. There are two major ones. We've been talking about expectations.

~ **Aspectations of Enlightenment**

The next one I'm going to ask you to really look at between now and our next gathering is **the aspects** that you have created, sent out there in your search for enlightenment. You created them a long time ago in past lives, but a lot of them really brought forth into this lifetime. You've created not just one, not just two, but dozens of enlightenment aspects. So I will call these aspects of your expectation of being spiritual, of being enlightened, of being a Master, I'll call them aspectations. It will help you to remember.

You have expectations, you have aspectations of enlightenment. These are literal aspects, many of them, and the interesting thing is they're not all in unison with each other. They're not all in harmony with each other.

You have many different aspects, and I would like you to really explore these, because you have an aspect that still – oh! this drives me crazy with you – it still sees yourself as a peasant being, the Master as a peasant being and in your crude clothing and no shoes on your feet and with a little tin cup begging from door to door thinking, *“Well this, the Master, the true enlightened being has poverty.”* It's the eye of the needle thing. You accepted that somewhere along the line, some programming that when in. You accepted it then as your own and you've carried it around.

You have another aspect of enlightenment that has heard some of Tobias' words and mine and says, *“Well, no, you need to be prosperous, abundant.”* And what happens with these two aspects? Peow! Peow! (fighting) Like that. And the one saying, *“Yes, but we should be abundant,”* and you kind of favoring that one, but the other one that's old and deeply ingrained that's saying, *“No but we have to be poor. We have to be there to serve everyone else. We have to take care of the world.”* And these are in conflict.

You have the enlightenment aspects that say, *“I have to study. I have to know everything. I have to know all the philosophers. I have to know everything that Jesus ever said. I have to know all of the world's religions. I have to ...”* And you have the other aspect that says, *“None of it matters. None of it really matters,”* and they're having this – sometimes it's a battle and sometimes the intellectual enlightenment aspect will start spewing out all of its mental stuff – facts and figures and dates – trying to be condescending to this aspect that is looking for the simplification. And it will overwhelm that simple aspect with all of its intellect and how smart it is and make this other aspect feel stupid, like, *“Oh, I guess I just don't know anything about life. I'm not worthy of enlightenment.”* You see, they're battling back and forth.

You have the aspect that says, *“Enlightenment – I have the perfect body with a glow around it of course, that never ages and smells like chocolate chip cookies.”* And then you have the enlightenment aspect that says, *“This physical body thing is so temporary and really has been the limitation of my enlightenment. It's my physical that's keeping me from it.”* And another aspect that says, *“But in enlightenment I'm going to take my physical body to my Third Circle and to the Ascended Masters Club for Adamus' party”* and those three are fighting with each other and battling. You have these aspectations of enlightenment. I would like you to become aware of it.

Now the danger in that, or the difficulty in that, is you're going to delve into it, into these aspects, and feeling them. They come in and they try to draw you into them, making you think you are them. So observe from a distance. Observe from a place of neutrality. Don't get involved in their stuff. **Don't get involved at all.** Just observe how they work.

Yes, they are parts of you, absolutely. But you can observe them and see how all these aspectations – your expectations of enlightenment – are lingering around out there.

Now, what we're going to do, what you're going to do is integrate all of them. You're going to integrate all of them, not by force, not by intellect. You're going to integrate them by taking a good deep breath into the I Am. You take a good deep breath into you, into your truth, into the love of yourself.

The way to integrate aspects is by loving yourself. You've made no mistakes along the way, none at all. You're going to laugh about that one day. You've made no mistakes. You've done nothing wrong. You don't have any bad karma, none of that. So you're free to love yourself. There should be no guilt, no remorse.

You're free to love yourself.

So those are aspectations – or expectations – of enlightenment.

I bring it up now because, especially as we go forward into our Discovery Series, we don't want all those lingering around. We want you to be able to (a) identify them, see how they work on you; (b) to integrate them by loving

yourself; and (c) using the dynamics of all those aspects, because they have been serving you. They've been searching for variations of the truth. They've been searching into different potentials for you, and all that energy comes and serves you.

~ **Caspectations**

So next, and the more difficult one to talk about, is other people. **Other people**, and I'm not going to be popular for saying this, but I don't care.

Perhaps the biggest barrier to your enlightenment is other people. And while others would consider that to be a very rough statement, selfish, trying to break up families and all the rest of that ... families break up by themselves, regardless of enlightenment. That was funny.

It has nothing to do with enlightenment. It is other people. And more specifically, it is the people that are the closest to you – your partners and spouses, your children, your parents, your children, your parents, your children, your parents, your significant others, your sleeping mates, your bedmates.

Those are some of the most joyful things in your life and also the things that are truly keeping you from the realization of enlightenment.

So what do to? Pack your bags? Walk out? Go live in the woods by yourself? Not necessarily. Not necessarily.

But **start realizing** from this moment on that these people who are the closest to you, these people that are the very, very closest, are the ones who you cast your imbalances, you cast your fears, you cast your emptinesses, you cast your buttons onto them. You project your self, your imbalances straight into them, and because they love you, they accept them. And, by the way, you do it for them also. It's like they are your mirror, you are theirs.

They have allowed you to throw your stuff onto them and have them play it back to you. They are some of your greatest teachers of all, but there comes a point where you should not cast yourself on others. So when I say it's other people – the loved ones, the ones closest to you – it's actually you doing it to them, you putting your stuff onto them so they can play it back.

They push your buttons, because you gave them your buttons to push. They cause you the most heartache, because you gave them your heart to play back to you. It's not that they're bad people. Actually, they're wonderful people and they love you, and they have put up with a lot, just as you put up with a lot from them. **But this whole practice of using other people to discover self needs to come to an end.**

Everybody does it to everyone else. And, by the way, that's the reason so many relationships don't work or don't last for a long time, because at a certain point you can't stand seeing yourself through that other person anymore.

You blame them, of course, but you just can't stand seeing yourself through them. Or at a certain point you realize that you don't need to do that with each other anymore.

So the question comes up, *is there hope for true, genuine and pure relationships?* It's up to you. It's up to you. But most relationships with any humans are this game of projection – casting yourself into them; not like a fisherman, but casting* yourself into them. (**As in a casting director for a movie*)

So as we are in this discussion of expectations, I'm going to call this **castpectations**. Because they are also your cast, like a cast of characters in a play or a television show. They're your cast. They're your characters. But **there comes a time when it becomes a one-woman or a one-man show. You're on your own. It's your stage. No longer using others. It's you standing on your own, in the I Am Presence of yourself.**

***There comes a time when it becomes a one-woman or a one-man show.
You're on your own. It's your stage. No longer using others.
It's you standing on your own, in the I Am Presence of yourself.***

When you get to that point, when you can be truthful about it, when it's just the I Am on the stage, not this cast of other humans that you've surrounded yourself with, then you'll realize something beautiful: That there is the cast of yourself and all the magnificent aspects that you've ever had, all the very integrated aspects and that you actually don't need the others. You don't need them in the way you've been using them in the past.

So here's the dilemma: You're with somebody, you have children, you have a mate, even parents, and there's this whole game that's been being played – you discovering yourself through them – and it has to come to an end, at a certain level of enlightenment or awareness.

Now, there's going to be people that take this out of context, and they're going to say, "*Adamus is saying leave your families. Leave your babies. Walk away from your parents. Don't take care of them.*" I'm not saying that. I want to be very clear about this. I am not saying that.

I'm saying end the game. End how you use others to see yourself. End how you use others, whether it's guides or angels or other humans or any of them, for helping you to discover you. From this point on, it's you discovering you. You can't do it through that husband or wife or through your kids or anybody else.

When you make that choice within you that you're going to release that type of relationship, *will it change? Will it change the physical relationship you have with them? The energetic? Karmic? Will they walk out? Who knows.* It doesn't matter.

I'll tell you this: You don't have to do anything. You don't have to go home and say, "*Oh, Adamus pushed us today. Now I have to make a decision. Should I leave my deadbeat husband?*" I'm not saying that at all.

Just it's about you making the choice to change the dynamics, the castpectations of enlightenment. That in itself will change the dynamics of the other relationships. You don't have to do anything. You don't have to call the divorce attorney tomorrow. It will just balance itself naturally.

Now, that doesn't mean that there's not going to be some drama and turmoil, because humans are humans, and the minute somebody feels that their hooks are being taken out of you, your hooks are taken out of them, they get upset. They get upset. "*What's wrong with you? What are you doing at that cult meeting? What are they telling you?*" You know, all these other things. That's when you take a deep breath. There could be some energy dynamic changes taking place.

On the other hand, it could be the most beautiful thing, the most beautiful gift that you've given this other person or yourself. It's a release. It's a release from some very old energy bondages.

So probably, I would say, of the top ten issues, holdbacks, concerns about enlightenment, it's these other people. It's these other people. You don't want to do it because you're afraid that it may hurt them. You don't want to do it because there's been such a dynamic that you've had with each other for so many years. You may not think that you're ready to get off of that.

But, my dear friends, as I said in the beginning, it comes to a point in your realization of enlightenment when there's not a lot of guides around anymore. It comes to a point where there's not a lot of friends like you've had friends before. It comes to a point where there's not a lot of other humans, relationships like you've had relationships. Doesn't mean they're gone, just means that they change.

I can't tell you if they're going to leave or not. I can't tell you what happens, but this is the point where you take a deep breath and you assume it's about enlightenment. And you assume you're doing it in the greatest love, first of yourself and then of the others that you've shared love with. This is the point where you assume and you trust that it's the joyfulness of the I Am.

Let's take a deep breath with that.

Merabh for Freedom

(Link to the official [Crimson Circle](#) YouTube channel: [A Merabh of Freedom](#))

As we come to the end of *the Freedom Series*, let's do just a short merabh for freedom.

Merabh, such a beautiful time. We've kind of built up the energies today, such a feeling in the room. Now we can just take a deep breath. Now you don't need to struggle with anything. You don't even need to think about what we talked about today. You don't need to work at it. You don't have to study it.

There's no begging for it.

A merabh is a beautiful moment where you just allow.

There's no manipulation of energies.

It's just taking a deep breath.

These past ten Shouds we've talked about freedom. Actually, we've really talked about limitations. Over the ten Shouds just lovingly one by one releasing limitations.

Oh, it can be absolutely terrifying at times. But also so liberating, so freeing.

We've talked about freeing ourselves from the limitations of the human mind, the human aspect. Such a loving being that human aspect is, so resilient. Oh! So wanting to do the right thing, but feeling in the darkness about what the right thing is.

What do we do? We free ourselves of that human aspect or its limitations, allowing that genuine love that the human has to integrate back into the I Am.

I can't think of any beings anywhere in creation that have more love than what humans have, but yet have more conflict with love, more challenges. Probably because the human being, so loving, so truly wanting to do the right thing, that they ultimately judge themselves so harshly, set their standards so high, are so affected by failures – what they call failures – in love. Yet all the time learning more and more about love, more and more about love than any beings anywhere.

Here we are, coming through *the Freedom Series*.

It gave you an opportunity to look at the things in your life that have kept you limited. Some of them have been fun. Some of them have just been so limiting, keeping you from feeling and experiencing the true I Am here within this embodiment. So frustrating to have those limitations, some of these limitations feeling like they are permanently attached to you.

So take a deep breath into the true freedom.

Freedom, enlightenment – they can be used interchangeably.

Just feel in for a moment. I asked you before, when this all started, this spiritual path, this awakening, maybe 2,000 years ago, 800 years ago – doesn't matter – *what was it?*

What happened?

What got you asking why and how? Something not many humans ask themselves, but it got you asking *why? How?*

What got you asking, "Who am I?"

That, my dear friends, that was an aspect. Oh, it was true. It was a very valid question or questions, but it created an aspect.

Where's that aspect now? Where is that part of you that went out searching?

Can it come home now?

Can it come to you now?

Can it come into discovery?

No longer needing to be out there, wandering the celestial corridors, but *can it come home now, to you right now, in this body, and start the discovery?*

Kind of like just walking right into you ...

Just saying, *"Let's experience together. Let's be together. Let's discover together."*

No more endless searching and wandering. Let's just be in the experience of the I Am.

"Free beings. Enlightened beings."

By the way, enlightenment doesn't mean the end of a journey. Enlightenment is just the awareness of the journey, of the experience.

Enlightenment doesn't mean it ends. It actually means the fun begins.

Enlightenment doesn't mean it ends. It actually means the fun begins.

And we'll do that, as we go into our *Discovery Series*.

All those expectations of enlightenment, all those people in your life seeming to hold back your enlightenment, at least a good excuse; it's time we move beyond that, free ourselves of that.

Take a good deep breath. And remember that **all is well in all of creation**.

And so it is. Thank you. (a few people say *"Happy Birthday"*) And happy birthday to me.

Addendum A: The Creative Energy Spike

In case you're missing it, this is the most creative time of your life. It's easy to miss it if you get caught up in all of the other intense abundance energies. I'm sure you've experienced just a few days of feeling like you're bouncing off the wall. And days when you wonder... *WTF?* It may appear that things make less sense than ever before. Few of the old ways seem to work any more but there's no clue about the new ways. It's all true, and you're not going crazy. You're just living in the Bewildering Now Moment.

But there are more creative energies floating around right now than ever before. At times it's mixed in with all of the energies of the 2012 chaos and doubt, but it's there. Big time. The creative energies are there to support your highest aspirations and desires. It's free. It's potent. It's ready to serve you. But if you're focused on the WTF moments and ducking behind the sofa every time an energy bolt shoots by, you might just miss it.

Creative energy is different than most other types of energy. It doesn't have the same duality dynamic as conventional energy. It's not harsh and rigid like mental energies. It doesn't tire you out like survival energy. It makes the day-today routine energies look dull and lifeless.

Creative energy is like a multi-faceted jewel. It has brilliance and clarity, depth and vibrancy. It sparkles and dances, whereas regular energy tends to have set patterns and boundaries. Creative energy sees a wall as something it can flow through. Regular energy sees it as a barrier.

Many people are confused by creative energy because they associate it with things like painting or dancing, or with people like graphic designers and musicians. In other words, you either have it or you don't. This is not true at all. Nobody is born with more creative energy than another, and you don't have to be a creative type to use creative energy. Some people are more comfortable with its free-form characteristics while others need more structured and grounded energy. But there's no law that says you can't have both.

You could argue that energy is just energy, and it is actually our consciousness that allows the creative use of energy. Or more specifically, that our gnost makes creative use of available energies. I largely agree with this, but in recent months I have noticed new layers of incoming energy with frequencies that make them more easily adaptable to creative applications. And JFYI, Adamus verified this for me. But let's not get all caught up with where these are coming from or what their frequency range is. That would be kind of mental, and we're here to talk about applying this in your life.

So how can you use this creative energy in your life? In literally every aspect. *Do you have some old stuck issues?* The creative energies will provide new insights and solutions. *Are you having some abundance issues?* The creative energies will open new doors. *Are you having challenges with integration?* The creative energies show you new ways of allowing. If you want to get off your old path but can't imagine what that would look like, the creative energies will show you new potentials. *Are you tired of living a mental-oriented life?* Creative energies will take you into new realms beyond the limitations of the mind.

The bottom line is that these creative energies are here to show you "new." We all know what the "old" looks like and if I'm not mistaken, many of us want to go beyond "old." That's why the creative energies are here. We called them in because we want something new, but we didn't know how to imagine "new" with the "old" mind. The in-flow of creative energies is our own brilliant solution to going beyond. And now they're here to serve us. Here are a few simple steps to activate creative energies in your life. First, acknowledge that creative energies are freely available to you. Second, take a deep breath and allow them into your reality. Third, release your expectations. You can't think your way into creativity (or enlightenment). You can only experience it. And fourth, do something. Anything. Cook a special dinner, clean out a closet, start a business, write a song or dance naked in the moonlight. Just do something outside of your normal routine. This will activate the creative energies in your life.

The key to getting the creative energies flowing in your life is to apply and experience them. Once you've opened the doors to creative energies you'll find that they flow into other parts of your life, without having to push or plan or manipulate. Oh, we're such good energy manipulators because that's how we've learned to work with regular duality energies. But you don't need to do that with creative energies. They have a way of birthing and flowing on their own.

I know it works because I see it within the Crimson Circle organization. In the past few months we've launched many new products including Adamus' new Merabhs and Kuthumi's Studio K CD, new events and workshops, an entirely new website coming next month, new technology solutions, the new Shaumbra Theatre... and the list goes on and on. This doesn't happen just with hard work because everyone would get burned out along the way. It happens because the Crimson Circle team allows creative energies into every project, meeting, challenge and process. Therefore a small group of people, or even a single person, can create a tremendous amount of "new."

Adamus has said it many times before: There is more energy available for you now than ever before. I'll add that there is an abundance of creative energies right now, in late 2012, waiting to be activated by you. Stop for a moment before you finish reading this article.

Take a good deep breath. Let those creative energies into your life.

Now go do something!

(Geoffrey Hoppe, Shaumbra Monthly Magazine, October 2012)

Addendum B: It Wasn't Me

During the October Shoud (2012 – *The Freedom Series*), Adamus sounded a call to freedom, and at the end of his message dropped the hint that the secret to true freedom is forgiveness. This, of course, set off a cascade of discussion among Shaumbra on the message board, Facebook, and elsewhere. “*Haven't they said there is no sin? What's to forgive if we can't really do anything wrong? Isn't it all just about experience?*” and so on. Then, returning to the topic in November, Adamus gave his own eyebrow-raising definition of forgiveness: It is being able to look at your past deeds and say, “*That wasn't me.*”

That hit a nerve, and the question was asked, “*But what about responsibility?*” Well, *what about it? "Shouldn't we be responsible for our actions?"* So, he asked, is it really responsible to carry around “a backpack full of yesterday?”

It began to dawn on me that realizing “*It wasn't me*” is actually a brilliant step into freedom, if we choose it. First of all, there's the obvious level – dealing with the issues many of us still have that began in other lifetimes. *Who among us hasn't felt the fear of speaking out? Or feeling not quite ready for our authentic selves to be heard and seen?* Keeping quiet may feel like staying safe, but it's also a self-imposed limit on our freedom. Perhaps a reminder that “*it wasn't me*” who suffered the last time I spoke up will help me find my voice.

And *what about the ones who imposed their censure on that expression of my soul? Can I forgive them?* Even if the mantle of “power” is worn just well enough by someone to trigger that old fear and even hold me back, I still can step toward freedom by declaring “*It wasn't you that hurt the one who isn't me.*”

It's actually a choice that offers everyone the freedom to be fully in this moment, to make our choices based on here and now and sovereignty, instead of fearing both the future and the past.

Now bring it just a little closer, into this lifetime. Maybe there was something I did a couple years ago that hurt someone or humiliated myself, and it still haunts me. Using the standard version of forgiveness, I might “forgive” myself but still feel a debt to somehow pay, a lesson still to learn, a wrong still waiting to be set right. After all, *shouldn't I take responsibility for what "I" did?* But you see, it wasn't me. And that is where the key to freedom lies.

As long as I feel “responsible” for deeds and misadventures of the past, I'm securely bound to it and by it. Like an account that cannot be closed until the balance is zero, I will constantly try to add or subtract “karma” (guilt, remorse, revenge, hunger for fairness) until it is balanced. But it will also remain an *i m p o s s i b l e* dream because the perception of “balance” depends on the one perceiving it. Do you ever hear the victim of a crime say, “*Now, because the perpetrator has finally served his time, I am free to love and trust again?*” When a rocket is fired, *does the one fired back in "remittance" stop the conflict?* It isn't the “payment” for a wrong that sets one free, because that is not forgiveness. (Which, by the way, is why Christianity never made sense to me. If the debt of sin required payment, whether by me or someone else, it was never actually forgiven, *was it?*) What truly sets me free is finally knowing, “*That wasn't me, and that wasn't you.*”

Imagine yourself as an aviator, a fighter pilot assigned to an aircraft carrier on the endless sea. You've trained for years to be a flyer and you're finally ready, just itching for that long awaited freedom. But even in the final preparations for takeoff, your vehicle is still tethered to the deck. It's for safety of course, for you don't want it washed away to sea when things get rough. You need to keep your bearings at all times, and these bonds have been very important. But now the moment comes for finally letting go.

Your engines rev, and your plane begins to strain against the bonds that, until now, have kept it safe. Facing into the wind, the wild blue yonder beckons. Now is the time to let go of the past, to drop every reference to how things used to be, because up there the rules are different. The freedom that would spell your doom on deck becomes your only choice once you go beyond the edges of the safety that you've known. It's time to shout, “*That wasn't me!*” and release the ties that have bound you to the limits of the past.

No matter how much we try to keep our lives secure, the time will always come when the rules must change. The jet that's tied securely to the heaving deck of the past just isn't you. **The real you is a pilot of new energy, new consciousness and freedom.** Holding onto the guilt, pain or “responsibility” of the past will not let you launch. And, no matter how much you love or hate the crew, no matter what unfinished business there may be with them, you cannot take them with you. This flight is for you alone – unbound, unlimited, and finally free. By letting go and taking off, you prove it can be done for those who follow.

Dear Shaumbra, it is time. Your jets are fueled up and ready, you've trained and prepared, the ground crew has stepped back, the flag is going down. All those arguments and tussles and squabbles and stumbles on your way to the cockpit – it wasn't you. YOU are here – goggles on, shield down, engines roaring – ready to soar. The ground crew – the ones you've hurt and who have hurt you – they don't want you to turn back now. They've been there to prod you forward and help you soar, to watch you prove it can be done. There's no time now to waste on old regrets.

A most amazing thing that happens when *"it isn't you."* The future is no longer an extension of the past, because tomorrow in the sky looks nothing like yesterday on deck.

We go from the same old thing to something new, from linear to quantum. And that's what we enlisted for.

(By Jean Tinder, Shaumbra Monthly editor, Advanced Studies Teacher - Shaumbra Monthly, November 2012)

Addendum C: Living Ascension

We had done the workshop one time earlier in the year in Sedona, Arizona. It is a unique class because it deals with life as enlightened beings, in the New Energy. Adamus talks about both the ease as well as the challenges of living simultaneously in the old and new energy worlds. Adamus' Living Ascension class is humorous, insightful, aggravating, challenging, and consciousness-shifting.

It brings up as many questions as it answers, but the real value is that it gets us contemplating a new way of living.

As Shaumbra, we are now talking about "how," instead of "when." The time has come.... No more waiting. I think this is the biggest issue facing us right now. We are living in both the old mass consciousness and the new energy worlds. We didn't wake up one morning and suddenly find ourselves in the New Times. We've been easing into it, step-by-step, day-by-day.

Now we're partly in it, and partly still in the traditional consciousness.

Living Ascension is an appropriate title for the workshop, if not a little ironic. It's the antithesis of Dead Ascension, or the way the Ascended Masters used to do it. They would usually leave the physical body at the moment of enlightenment because it was too difficult to stay. The new Masters are choosing to live an enlightened life while staying embodied.

According to Adamus, one of the most noticeable attributes of enlightened living is that there is a natural ease and grace. The struggle of survival is replaced by the ease of everything coming to you naturally, in the Now moment, without having to think about it, wish for it or stress about it. This **includes abundance, new opportunities, relationships and personal insights**. We no longer worry about what the future will bring, because there is a knowingness that everything will be there.

Can you imagine how much energy and mental efforting is freed up because there is no worry about the future?

And, according to Adamus, one of the biggest challenges of enlightened living is feeling disconnected from other people and mass consciousness. It is harder to be in the midst of human drama, limited thinking, and lack of sovereignty. Energy-feeding games are immediately apparent and nearly intolerable. Our energy will come from within, so it could be physically painful to be in close proximity to humans who still feed like vampires.

As enlightened beings we will embrace simplicity. The mind creates complexity and perceives chaos, but now we will naturally distill life into its essence. We'll strip off the clutter and confusion that used to surround our awareness, and by doing so we will see the true beauty and joy of life. This is where colors become more colorful, music has more depth and richness, food is more flavorful, and you can actually feel the heartbeat of nature.

But also, as enlightened beings, we will ask ourselves, "Why should I stay?" The contrast between your inner peace and the harshness of the outer world can be arduous at times.

You'll need plenty of time to yourself, away from the energetic noise and seduction of mass consciousness.

Enlightenment comes in degrees. We are now living in both worlds, some days a little more in our sovereign consciousness, some days more in the old mass consciousness. It's no wonder that we get confused, disoriented and exhausted! I could see the "ah ha!" lights go on at the Living Ascension workshop as Adamus discussed the joys and challenges of embodied enlightenment, especially as we are living in both worlds simultaneously, tethered to neither and feeling the pull of both.

Adamus said it's like floating through a wide tunnel. The sides of the tunnel appear soft and luminous as we gracefully allow ourselves to experience the transition from one state of consciousness to another. But the moment we start worrying or doubting or manipulating, we are drawn into the side of the tunnel only to discover that the surface is highly abrasive and very sticky.

If you're wondering what's going on and why you're feeling the way you do, there's a good chance that you're in between the two worlds.

Take a good deep breath and give thanks to your Living Ascension.

(Geoffrey Hoppe, Shaumbra Monthly Magazine, December 2012)

Addendum D: Letting Go

As time goes by, it's becoming more and more clear to me that enlightenment is really an ongoing process of elimination – that, and the profound experience of learning to love self.

A few years ago [Kuthumi](#) told an angelic joke: *“A funny thing happened on the way to ascension. I lost everything.”* As I recall, most of the listeners didn't find it all that funny. We immediately thought of all the stuff we didn't want to lose – homes, cars, belongings, relationships, sanity, etc. In fact, some of us had already lost a lot and hadn't found the experience all that funny.

Even now, it can still be a challenge to not hang onto the things and people that we love.

However, since Adamus has been around, I've begun to realize that losing all that outer stuff was actually rather insignificant. It's what's on the inside that we really need to let go of, and that can be way more challenging to release than anything on the outside.

I can think of a few things that feel pretty valuable to many of us:

- The importance of making the right choice
- The dream of a better tomorrow
- Hope for salvation from suffering (both our own and other's)
- We must keep learning and growing, and one day it will all pay off
- Our all-important spiritual journey (and surely one day we'll finally arrive)
- Somebody, somewhere out there (God, soul, etc.) knows what it's all about, even if we don't have a clue

A lot of those beliefs have defined our existence for eons of time. Some of them are why we came to Earth in the first place. But like a child who must finally grow up and move out on his own, letting go of them is inevitable, albeit challenging.

Bit by bit over the years Tobias, Adamus and Kuthumi have been helping us let go of some of our most cherished internal possessions, and recently Adamus has invited us to let go in rather profound ways. For instance, when we can really say, *“That wasn't me”* about a choice or experience, it releases the cords that have tied us to the past – and that have kept us recreating it. Like letting go of our own kite string, *“That wasn't me”* allows us to soar far beyond the limitations of what has been. (Please also read: [Addendum B: It Wasn't Me](#))

It is also time, if we so choose, to let go of the spiritual examples we've looked up to for so long. When humans want to know what something's like or how it's done, they find someone who's done it before and try to repeat the process. That's the basis for religion, science, fashion, education, and pretty much everything else we do. *“Follow the right example and you'll be okay.”* But the spiritual masters we've been trying to emulate and follow into heaven for centuries just don't serve any more. The fundamental principles might be timeless, but trying to do it how they did is like trying to see the world from the perspective of our ancestors. It's just not relevant.

Then, in his January (2013) message, Adamus invited us to let go of our dreams. For eons of time we've cast out into the future, hitching ourselves to a star of hope, of “maybe someday,” and using it to pull ourselves forward. Our dreams have been a way to get ourselves through the mud and rubble of everyday challenges and disappointments, and as long as they are out there in front of us, we can somehow keep going forward.

“Just get through today, and maybe tomorrow I can do what I really want to do.”

Yes, our dreams have been the carrot we've dangled in front of ourselves to keep us moving.

What happens if they disappear too...? (Please also read: [Addendum E: Farewell to Dreams](#))

The more we let go of all these anchor points, the more we feel adrift in space, lost in consciousness, and disconnected from reality. But that is what freedom really means. Perhaps it's a bit like waking up on the other side of the Wall of Fire, alone in the Void, nothing here except our own Self. *Will we take a glimpse into that Void and quickly retreat back to something familiar?* At least in our usual “reality” the limitations are known, and they do help us keep our bearings. *What's left when all reference points are gone? Do we really want that much freedom? Will we panic when our intelligence seems to evaporate? Will we hold onto the corner of our favorite dream, just in case it might still come true? Couldn't we just have limitations that are a little looser, dreams that are a little closer?*

Dear Shaumbra, *what are you still holding onto – on the inside – because it just feels a little better? Because of course getting it right is what you should do? Because working toward a better world is important? Because you just shouldn't be rude or pushy or assertive or clear or...? Because, if you keep on keeping on, one day you'll finally find the answer?*

Freedom's just another word for nothing left to lose, and it's not the path for everyone right now.
Are you ready to go there?

I recently had the experience of walking a small labyrinth that someone had marked out with stones. It was "just for fun" but soon I began to slow down, putting one foot in front of the other very deliberately, my attention fully focused on walking between the boundaries. Through every twist and turn I was careful not to step over the line and do it wrong, and even though my others were waiting it felt very important to finish it properly.

Then I felt waves of gentle laughter. What a perfect example of our hesitance to accept Adamus' invitation and just "step over the line" into enlightenment! I could step out of the labyrinth at any time, return to my waiting friends, and get on with the day. But something inside compelled me to keep going, one foot in front of the other, walking the path.

What if I stepped into the next corridor and ended up going the wrong way? That would take even longer and mess everything up. Better to just keep going; eventually I would find my way out. *Right?* It didn't matter that "out" was already right there, just a step away.

What a metaphor for our journey. We've gotten so focused on the path that it's all we can see. We've learned to navigate the twists and turns with relative grace, trusting that one day we'll find our way out, that the path will lead us home. We've forgotten that with just one step we could be free.

You see, Home – as in being happily nestled back in the arms of Spirit – isn't the goal; Home is a return to absolute freedom, unfettered and alone in our own embrace.

The thing about this labyrinth we're all walking is that it actually doesn't end.

It's an evolving creation, and our choice to keep walking it is what creates the next turn in the path. This labyrinth wasn't created by some wise, all-knowing God to teach us some lessons, and She isn't patiently waiting for us at the non-existent finish line. The path unfolds beneath our feet as long as we keep walking it, outlined by the stones of our beliefs and precious things, and it's our focus on each step that keeps us from seeing how close our freedom is. The journey of enlightenment can be as long as we want to walk it, or as short as stepping over that line.

Lift your eyes, Shaumbra. See the vast expanse of creation, where the rules of the labyrinth don't apply, where magic happens, where you are free. It's only one step, one breath away.
And You are waiting for there for you with open arms.

(By Jean Tinder, Shaumbra Monthly editor, Advanced Studies Teacher - Shaumbra Monthly, February 2013)

Addendum E: Farewell to Dreams.

We dream. We dream at night and during the day. We dream to escape from the ordinary world of traffic jams, dead-end jobs and bills. We dream in our sleep to release ourselves from the physical body and earthly dimensions in order to explore the cosmos, only to return with the sunrise to our human lives.

We dream during the day of all of the things we wish to do the next day. We dream of great accomplishments, or of writing the perfect book, or of composing a heart-moving song. We dream of traveling the world, encountering fairies in the woods, building a healing center, or creating a school for the New Energy children.

We dream. And then we dream some more. The dreams separate our reality from our grand soul desires. Our dreams exist in another place, far, far away from the tedium of our everyday lives. We have become masters of living two lives, one of our dreams and one of our reality. The two rarely, if ever, converge.

It wasn't always that way. In our Lemurian incarnations we dreamt in chorus with learning to adjust to our new physical surroundings. The dream state kept us connected to our angelic origins as we descended deep into dense matter.

The dream and the emerging human lived together as one. But as we settled into the corporeal world a distance grew between human and divine, between man and his dreams. The dreams were relegated to the ethereal, while the human was housed in the flesh and bone.

Now we spend our lives searching for the very dreams we intentionally hid, as though we buried a treasure, threw away the map and now wander the earth in a relentless pursuit of its discovery. It is perhaps the greatest lie of all: *"I don't know my dreams any more, I don't know my passion, I don't know my soul."*

Adamus pulled the carpet out from underneath our dreams at the latest Shoud (*Beyond Your Dream... Into Freedom, January 5, 2013*). He said to LIVE your dreams or let them go. They've become a distraction, he noted, because we've become so adept at the fantasy of our dreams rather than the reality. If you've ever heard yourself say, *"I'm going to work on it tomorrow,"* or *"Maybe when the right person or opportunity comes along I'll be able to (fill in the blank)..."* This leads to Unfulfilled Dreams, one more time, one more lifetime.

Adamus points out the cruel fact that, for most people, tomorrow will be pretty much like today, and today is pretty much like yesterday. The dreams are off in dreamland, while the reality stays in its ancient patterns. He has annoyed me as well as many others when he's said this, but I have to admit it's largely true. **We're creatures of habit, and dreamers of tomorrow.**

After the Shoud I took inventory of my own fantasy/dreams. I won't bore you with the details (or expose myself so easily) but the list was.... notable. On one hand I felt like I've experienced and accomplished a lot in my 57 short years on the planet. On the other hand, very few of these accomplishments are terribly important in the grand scheme of things. I had to fess up to myself and say, *"Live the dream or let it go."* I immediately felt how much energy was tied up with these distant and unrealized dreams. I was also aware of how I used them for the sake of distraction. Er, maybe *"deceiving myself"* is a better choice of words.

The hardest part was letting go of the dreams I am not willing to live. These hazy, fluffy dreams were so cozy and comforting. Best of all these old dreams weren't dangerous or threatening because part of me knew they would never come to be. No matter how desirable a dream is, it can be very frightening when it comes time to live it. Suddenly it's brought from the warm, fuzzy ethers into the harsh reality of Planet Earth where it has to coexist with not only my makyo but everyone else's makyo as well. It's very tempting to put that blissy dream back in la-la land.

Adamus' *"Beyond Your Dream"* message was very timely with the start of the New Era. It's time to start living. It's time to live our divinity, live our dreams, live our truth, live our words.... The list goes on and on. In short, it's time to live. And it's hard to really LIVE if our dreams are in one place and our reality is in another.

I wrestled with this whole subject of either Living or Releasing My Dreams. I understood what Adamus was saying but applying it in my life was another story. I was afraid to release some of my old dreams because even though I

kept these dreams in a faraway place, there was always a little tiny bit of hope they would come true. I feared that if I released them they would be gone forever.

Or perhaps they would come true, along with all of the responsibility of the new reality.

Then I saw an image that made me chuckle. The image was that of a New Energy Master. He was just standing there, being all Masterly. He had a big content smile on his face, not a real care in the world, living totally in the moment. He was living his dream, not dreaming it.

Then the words came to me: "*Grasshopper.... **The Master has no dreams, only sensual experiences.***"

Whew!

Goodbye old dreams, farewell.

(Geoffrey Hoppe, Shaumbra Monthly Magazine, February 2013)

Addendum F: What's Your Dream?

On the way home from the Shoud a few weeks ago, I felt tired and quiet after the long day. Adamus had just delivered a message about dreams, and encouraged us to either let them go or make them real. I looked out at the sparkling night sky and wondered, *"So what is my dream?"*

Like many of us, I'd been thinking about my dreams since he mentioned them in January. It was good to realize that I'm already living many of them, and have let others go that no longer felt appropriate. But there are still some of my dreams that haven't come true yet. Things like traveling the world giving workshops, leading sacred tours and retreats, writing a couple of bestseller books (or just finishing a book!), owning my own home; these were some of the dreams and expectations still drifting out there in Someday land.

So that night on the way home, I was mostly wondering which one of those dreams was "the big one" that was time to bring in.

They all seemed like a lot of work, and I was actually a bit nervous about what the answer might be, because *"then what?"* If my dream to teach all over the world turned out to be the most important thing, *how would that screw up the life I'm currently enjoying? What if bringing in my dreams just messed everything up?* Hmm, no wonder I've kept them out there ...

"What is my real dream?" I asked. And the answer was suddenly there – not in words but as a knowing, not in a rush of excitement but as a warm swell of love. My truest dream was ME! My human self. My body.

Then came the doubt. *"What kind of silly dream is that? It's supposed to be a BIG dream. What's my body got to do with anything?"* You see, it's mostly been annoying me lately with aches and pains and extra weight that won't leave, not to mention all the other hassles that come with having a physical self to haul around. *How does that qualify as a dream to bring in?*

Sure that it must be something else, I took a deep breath and felt again. And the same answer was still there in a wash of feeling so clear and intense it started leaking from my eyes. I'd found something true.

My self. My body. *What did it mean to have that as my dream? And what would it mean to make it real?* I began to realize it meant things like making my body a place where I want to be, not just some uncooperative thing I boss around like a mule. It meant listening to it, loving it, even – gasp! – pampering and indulging it. It meant making my self a priority instead of an afterthought. It meant no more complaining about my weight but actually – and lovingly – doing something about it, even if that something is total acceptance.

Every time I thought about this dream over the next few days, the energy was still so intense my eyes would leak. I knew it was the big one. After all, *what is more important than really being here, in total love and enjoyment of myself?* That's why I came to Earth, and it's exactly what my soul has been waiting for. *Why would it come live with me if I don't care for or even like its home? If taking care of me is always an afterthought, if I never make time to really enjoy this body, then what's the difference between this and all my other lifetimes?*

Believe it or not, the minute I decided to stop dreaming this dream and actually make it real, not Someday but now, all sorts of supportive potentials started showing up. Issues came up too. *Could I actually have the audacity to request – no, to command – abundance into my life just in order to spoil myself?? Is 'just me' enough to bother the universe about? Could I trust that the abundance would be there for everything else if I really did put myself first?* And on top of all that, making it real meant I would actually have to stop fussing and complaining about my body. No more 'magical thinking' if I wanted it to be different. Now would be the time for action.

Yes, it is definitely time to manifest this precious dream of a beautiful, carefree, comfortable body reveling in its aliveness and dancing in passionate reunion with its soul. All those other dreams are really just distractions. They'll settle into their appropriate reality when this dream of ME is real.

What's your truest dream? It might be something different for you than it was for me, but one thing is for sure: "I don't know" isn't true. Your answer is there, and your Self will let you know what it is. Simply ask the question, take a deep breath, and feel. The answer will appear if you allow, and it's likely to be much simpler than you expected. However, allowing yourself to know your answer will also mean no more excuses. It can seem much easier to wish and complain than to make real changes. Maybe it's the inertia of human existence, or maybe the hesitation of releasing our dreams and taking responsibility for our lives. But believe me, the energy and passion of your truest dream easily overrides all inertia and hesitation.

Oh, one more thing. Your truest dream isn't going to manifest on the other side of the veil. Everything over there is already a dream, we came here to make it real. I know some of you are tired, haven't found your dreams, and just want to leave. But *what do you suppose is going to happen once you're "gone"?* That restless desire to make it real will kick in again. It's what brought you here in the first place. It's what pulled you through so many lifetimes full of joy and hardship, and it won't stop until you are fully reunited with your Self – for real. And that happens here on Earth, in your human body.

Connecting with your truest soul dream is an intimate and precious experience that it has nothing to do with anyone else. *Are you ready to bless yourself that much?*

(By Jean Tinder, Shaumbra Monthly editor, Crimson Circle Teacher - Shaumbra Monthly, March 2013)

Addendum G: Bringing in the Magic

Do you ever wonder, What's next?

After years (and lifetimes) of introspection, selfexamination, searching for God and – finally – self-love and integration, *what else is there for us to do?* Many of us, myself included, have been committed to this journey of enlightenment for so long that we're practically on autopilot, always looking for the next thing to discover, learn or fix about ourselves. And sometimes in that search we end up proving Kuthumi right when he said, *"You don't have problems, you're just bored."* It's almost as if we subconsciously manufacture "issues" and "challenges" so we have something to work on. *But what if the work is done?*

What if all that's left is to allow and enjoy the life that unfolds beneath our feet?

Last month I wrote about discovering my truest dream, and it has been coming true – a rebalanced body gently becoming a gracious and welcoming home for my soul.

It also quickly became very clear that my next truest dream, after my self, is my home. A home, after all, is an extension of the body, and inviting Soul to make itself at home in the body has a close correlation to making Self at home in a physical house. It became crystal clear to me that it was time to finally take ownership of my own home, rather than rent from someone else with the constant threat of eviction (our landlord has been trying to sell this house for several years). It was time for my home to finally belong to me, but *how could I make this dream a reality??* Of course I've wanted my own home for years and years, but it always seemed impossible. So that dream has been kept out there somewhere, waiting for 'someday when everything works out.' But now we're being challenged to allow 'someday' to be right now – or else forget about it.

Ever since this year began, I've felt a huge shift in the energies around us. Adamus' messages have gone to new levels, my own everyday experiences have taken on a sense of ease and magic, and I can feel changes happening at the most fundamental levels of consciousness.

The energy is really moving, why not put it to work?

Several weeks ago Adamus did a DreamWalk, which had a profound effect on me. For each listener, it was a magical journey into their own Secret Garden of potentials, filled with the energy and possibility of anything.

I've returned to my Secret Garden many times since, always finding it full of joy and life. Sometimes when I go to bed, weary from the day's commitments, I drift away to my Garden and rest in the crystal clear pond, or sit quietly on a moss covered log, or walk among the beautiful stones and trees. I end up as rejuvenated and blessed as if I were actually there – because of course I am!

After the recent Shoud where Adamus talked about the Illuminated Free World Fund, the next journey to my Secret Garden held quite a surprise! Moving along the pebbled path toward the Garden gate, I noticed that the pebbles had changed. It was now a pathway made of jewels that sparkled beneath my feet! And, even more amazing, every tall stalk of grass waving in the breeze was topped with a jewel. What an amazing sight! Inside the Garden everything was still lush and verdant, but here and there, peeking through the grass and stones, were more sparkles of color. It was as if the jewels that Adamus talked about were bursting into life right there in my Garden!

I breathed it all in, and every time I visited the Garden it was ever more beautiful and abundant. Of course my human self would sometimes wonder if it was really real, if anything "tangible" was going to come from my Garden of potentials, but it was such an enjoyable experience that I was content. (In fact, if you haven't already, I encourage you to give yourself the gift of listening to this beautiful journey into your own Secret Garden. It contains the energy and potential for everything you could possibly want and, because it's alive and growing and responding to you, it is truly filled with magic. And if you don't like what you find there, it's very easy to change.)

At some point I began to notice that things were really starting to move, especially with our house. More and more people were coming to look at it, and sure enough, the day came when someone found their dream home. They told us they were going to make an offer to buy, and I began to feel the impending chaos of finding a new home, packing up and moving. I don't really mind the adventure of moving house, but it was hard to imagine living somewhere else. Nevertheless, it was time to finally say goodbye to my home. I energetically let go, with a bit of sadness but also with implicit trust that the perfect solution would unfold.

And suddenly, it did! One evening just three weeks ago I received some unexpected news that changed everything. Suddenly all sorts of brand new potentials fell into place, and today I can finally say what I've wanted to say for years: I am becoming the overjoyed owner of my beloved home! We are buying this wonderful house.

"How" it happened isn't really important, because there are bazillions of potential hows. What brought this dream into reality was my energy, imagination, choice, trust and allowing. Of course I also have to actively participate in making it real. Any time a dream becomes real there are 3-D logistical issues that have to be dealt with, and a willingness to do the "grunt work" is definitely required. (Buying a house involves a LOT of paperwork!) In this divine partnership between human and soul, that "grunt work" is the responsibility of the human.

A few days ago I went out to my little forest (here in my 3-D Garden), sat on my favorite rock, breathed deeply and felt all the energies around me – the rocks, trees, plants and soil, even the devas and gnomes and other interdimensional creatures that live here. I let them know that the limbo is finally over, that I am taking ownership of my little piece of heaven, and that every part of it is now in service to this Master. I felt the energies in the land begin to come alive, answering the call. I felt deep into the earth, connecting with the hidden jewels that underwrite the *Illuminated Free World Fund* and the incredible crystal heart of the Earth. Everything was alive, and joyfully stirring at the prospect of finally being in service to true Masters. I felt how the Earth really is here to support humanity, and wants only to be commanded forth into her full potential.

So, *what's next for you?* How about magic! How about really living! How about imagining potentials instead of problems. How about trusting that everything really is here to serve you. There are still days when it's important to remember what we've learned, but the days of suffering and working on ourselves can be over. Speaking from personal experience, look what happens when you make YOU your priority, when YOU are your own dream come true – the magic finally shows up! When you have become the home of your Self, all that's left is to dance with the potentials and allow the magic to unfold. And an occasional visit to your Secret Garden really helps.

(By Jean Tinder, Shaumbra Monthly editor, Crimson Circle Teacher - Shaumbra Monthly, April 2013)

Addendum H: The State of Grace

Over the years there have been many profound sayings and adages from our angelic friends. Tobias' *"The future is the past healed"* has been one of my long-standing favorites. Adamus spicing saying, *"Only a master can be in service; everyone else is but a servant"* always raises a few eyebrows. And Kuthumi's *"Yes, I am enlightened"* isn't so much a saying but rather a way of being.

My recent favorite comes from Adamus. It's his definition of Grace and goes something like this: *"The state of Grace comes when you allow energy to serve you."*

It's simple. Elegant. And clear.

Grace: Allowing energy to serve you.

Period. No ifs, ands or buts.

You are out of Grace when you do not let energies serve you. It's almost like saying, *"I am not going to let Spirit celebrate me"* or *"I am not going to let Life offer me its gifts."* It's akin to going to a blockbuster movie with blinders over your eyes and noise-blocking headsets on your ears. You're in the movie theatre but you won't let yourself enjoy the show.

Being in the state of Grace is allowing energies to serve you. There is an abundance of energies all around you, and they want to serve you! You created them. They are YOURS. Energies don't have any biases or agendas. They don't have a mind of their own and they don't need anything from you. They only want to serve you. Energies are like little puppy dogs, ready to lick your face and cuddle up to you if you let them. They don't know your past, nor do they care. They don't make judgments or withhold their adoration.
THEY JUST WANT TO SERVE YOU!

Sorry for the *"shouting"* but I'm very passionate about this subject. For the life of me I can't understand why anyone – especially you – would prevent these energies from serving you. Well, I DO understand but it's time that all of us let go of the excuses.

Being out of Grace is like being extremely thirsty while standing in the middle of a clear mountain river, and wondering when a drinking cup will appear. Just put your face in the water and drink!

Being out of Grace is like having the most advanced smart phone in the world, but the battery is dead because you haven't recharged it in the nearby electric socket.

Being out of Grace is saying, *"I don't know"* when in fact you do. The answers are all there, but for some reason you prefer to think, *"I don't know."*

Being out of Grace is blaming things on other people, using your past as an excuse for why things aren't working, waiting for your spirit guides or the angels to do it for you, buying into conspiracies, pretending that you have to take care of someone else, worrying about what others will think, feeling guilty that you're taking more than your fair share, letting yourself believe in lack, fearing that you'll misuse the energies, telling yourself that you've already tried but it didn't work then so why should it work now.... The list goes on and on and on. The fact is, you're not in Grace if you have ANY excuse for any energies not serving you.

Grace is allowing all energies to serve you. This isn't hyperbole. You are a Conscious Being. You attract or repel energy in response to your passion and choices. Energy, being very literal, shapes your reality. If you feel lost or confused, energy will manifest this reality for you. If you are sovereign and abundant, energy will serve you freely and effortlessly. Energy will not manipulate or deceive you; it will only serve you. It responds directly to your consciousness.

In the January and February 2013 Shoudu, Adamus talked about the Illuminated Free World Fund. He noted that there are 21 caverns around the world filled with enormous crystals. These crystals have been attracting and storing

inter-dimensional energies for ages, waiting for the right time. This type of energy was not available to us until after December 21, 2012, and now it is here. The crystals have been activated and the energies are now being distributed to anyone who tunes in, resonates and allows. There are no applications to fill out, no limits on the amount of energy, and nothing to pay back. It's simply more energy, here to serve you.

I'm surprised at how little discussion there has been about the Illuminated Fund. I thought it would have dominated the Shaumbra discussions on Facebook and the CC Message Board. I was prepared to have everyone at the recent workshops and Shouds ask me (or Adamus) for more information about how to use this energy. I thought my email box would be flooded with questions from Shaumbra, or even stories about how it was already working for them. But I've heard barely a peep! I wonder *what everyone is waiting for? Or perhaps everyone already has all of the energy they need, and they are getting everything they desire?*

Puzzled by this underwhelming response, I called on Adamus for his insights. He agreed, noting that very few Shaumbra have tapped into the crystal caves. He said that we are so used to struggling and getting by with "*just barely enough*" that we can't fathom the enormity of the energy available through these crystals. He added that many Shaumbra are actually intimidated by the magnitude of these energies. They would rather get a check in the mail than tap into the vast potentials of these crystal energies.

Abundance is one of the biggest Shaumbra issues. So many Shaumbra are struggling to make ends meet, when in fact there is a huge reservoir of energy available to all of us. Taking an abundance class won't resolve the issue. Having someone do an attunement or activation for you won't change a thing. It comes down to ALLOWING. Allowing is a deep inner sense that you are ready, you are worthy and you will not limit yourself in any way – including by believing in past limitations.

The Master allows energy to serve them. There are no tricks or gimmicks, nothing to buy or puzzles to solve. It's time for all of us to live the Graceful life... simply by allowing all energy to serve us. Let's do it Shaumbra... right now.

(Geoffrey Hoppe, Shaumbra Monthly Magazine, May 2013)

Addendum I: The Art of Receiving

In November 2011 a group of Shaumbra gathered for their final moments together on the Nile. It had been an incredible journey with early morning visits to ancient temples, serene afternoons sailing along the eternal river, and evenings full of celebration. Now it was the last night on the boat before an early morning departure for Cairo and the last few days of this adventure of a lifetime.

With everyone decked out in their sparkling galabeyas, the energy was high as Adamus came in. His topic for the evening was receiving. He had already spoken of it several times during the tour, and now he led the group through a deep experience of allowing the energies to come in. It was a truly beautiful moment, but I wondered how many of us there really “got it,” including me. Like good Shaumbra we dive into whatever experience is at hand, but all too often go right back to our old ways as soon as it’s over.

Now the topic of receiving is on the menu again, particularly during the April 2013 Shoud when Adamus declared, “*It comes to you.*” *But does it really?* And more to the point, *do you experience “it” coming to you?* During the Shoud Adamus led a ‘merabh of receiving,’ offering us another opportunity to really take it in. But, once again, I’m not sure how many of us really got it. With comments like, “*The music was distracting; the merabh felt disjointed; the whole ‘game show’ Shoud was weird,*” *how much did we really receive? Is it possible we are being too selective (limited) about the energies we’re willing to receive?*

What does receiving mean anyway? We all want more money, better health, supportive relationships, etc., but how often do we actually decline the energies that come our way instead of receiving them?

During the recent Quantum Allowing workshop, Adamus again talked about receiving, and this time something clicked for me. Before launching into the topic, he wanted us to have a simple experience of receiving. So he asked the audience members to each hug someone they didn’t know. Standing there hugging a stranger I thought to myself, “*What does this have to do with receiving? Shouldn’t I be giving this hug, not taking it? But wait... what if she is already giving it? What am I supposed to be doing here anyway?*” At that moment something lit up inside. “*What if we’re both receiving the hug – then who’s giving???*”

Over the next few minutes a whole cascade of “aha’s” fell into place for me.

First of all, giving and taking has always been very dualistic, and in duality there must be balance. If you give something to me, I will almost surely feel indebted. If I give something to you, there’s probably a bit of hope that you’ll give something in return, even if it’s just appreciation or that you’ll “pay it forward.” That energy exchange always has to be there in one way or another, so it’s no wonder that we have a hard time with receiving. *What strings are attached to the “gift”? What if we don’t want what is being offered?*

But true receiving is beyond duality. There is nothing to give in return for receiving the light of the sun or the gravity that keeps us on Earth or the rain that brings life. It is simply the natural flow of things. So instead of being selective and saying “no” to things (we think) we don’t want (or don’t want to repay), maybe it’s time to allow ALL energies to come in without resistance. *Why not try it?* For instance, next time you “give” someone a hug, try receiving it instead. You might discover that a hug fully received is less awkward, more loving and more real than a hug that is “given.”

There is a natural innate balance in receiving. It’s the inbreath before the outbreath, the inspiration before the expression, the canvas before the creation. But we’ve programmed ourselves so thoroughly to reject instead of receive that it requires a whole new outlook on life and our daily interactions.

Do you really want energies to serve you? If so, I invite you to go beyond duality and start receiving everything without exception. When something is rejected because you “don’t want it” in your reality, you’re right back in the energy of resistance, and the things you WANT to receive have a hard time getting past that barrier. But when you actually receive whatever appears in your reality, it automatically aligns itself with your energy and becomes a blessing.

Most of us have accepted the belief that it is better to give than to receive, which has now made it hard to actually receive anything. In fact, a few minutes after the hugging exercise Adamus was talking to one of the

attendees about receiving. Then he reached into his pockets and started tossing \$20 bills to the person. Of course the audience loved it, but amid all the laughter and commotion I watched as this dear friend picked up the bills and handed them away to others. *Is it possible that he could not bring himself to receive the abundance that Adamus was offering?*

How often do we reject the gifts that are constantly flowing towards us because they don't look like we think they should? Honestly, I'd say it's probably most of the time. Do you gratefully receive the support of the chair upon which you sit, or complaining about your sore back?

Do you receive the beauty of the clear blue sky, or wish it wasn't so cold? When news reports and drama come your way, do you receive all that amazing energy or reject a reality you don't want? When your body talks to you with aches and pains, do you receive every sensation?

Ultimately, everything is just energy and it's always coming in to serve you, whether you recognize it or not. Yes, even what (you think) you don't want. Energy always finds its balance just like water finds its level, and it will serve you to the degree you allow and receive it into your reality.

Do you have the courage to stop rejecting any energies that come into your life and accept all of them? Are you ready to go beyond the duality of give and take, and finally receive... everything? It truly does come to you, if you can receive whatever it is. Then the magic begins!

(By Jean Tinder, Shaumbra Monthly editor, Crimson Circle Teacher - Shaumbra Monthly, May 2013)

Addendum J: It's All About Love

What is it that we Shaumbra really want? I would say the biggest thing we have in common is the desire for enlightenment – or ascension or whatever else we call that ultimate reunion with self. When Tobias first began giving his messages, it was about bringing us back together, providing the immense comfort of no longer feeling alone, and reminding us of who we are and why we're here. By the time Tobias left and Adamus took over, the reconnection was well underway and it was time to get down to business.

Adamus is all about enlightenment. His passionate call for just five humans who finally take that breath into true ascension speaks of our own desire, for we wouldn't have called him to the podium if we didn't want to hear that constant invitation. He has approached the topic from every angle – inviting us to let go of the extraneous rhetoric (no more makyo!), pushing us beyond the mind's constant doubts (shut up!), strutting around to demonstrate what it might look like (walk like a Master!), and reminding us over and over that it's really only a breath away.

I suppose it's a bit like herding cats as he covers every possible angle in the hopes that we will finally get it. But, to overdo the metaphor, maybe another way to "herd the cats" is simply open a can of tuna. In other words, maybe there's a "shortcut" so simple and effective that it draws us inevitably toward our own enlightenment rather than trying to push it past all the distractions and doubts. As a matter of fact, there is such a shortcut, and Tobias himself spelled it out in loving detail several years ago. And it's all about love.

A few weeks ago Adamus reminded us that the secret to ascension is love of self, as noted in these excerpts from Illuminated Dreams:

- *"You can study, you can work hard, but ultimately it's only the love of self that will bring you into the I Am-ness of yourself.*
- *It is simply the acceptance, the compassion and the love of self. Period.*
- *Until you know love within yourself, until you know completion, acceptance, compassion for yourself, [psychic gravity] will not let you out. It will pull you back for all things unresolved and uncompleted.*
- *One thing, dear friends, one thing will set you free – the love of yourself.*
- *It was asked the other day, 'How does one love themselves? Where's the book? What are the rules? Tell me how I can love myself so I can get out of here.' Loving yourself is the easiest and the most difficult thing you'll ever do. It's the acceptance. It's the stillness. With that true love of yourself, there's never a question again about money [or] health. Once the acceptance is there, the true magic begins.*
- *The energies, the crystalline caverns that hold the Illuminated and free and sovereign world funds ... these energies are attracted by you, the love of yourself.*
- *The doubts are there because when this light shines on these unfulfilled spaces, the places within you that haven't been filled yet with love, it'll bring them to the surface. Don't wrestle with them, argue with them, fight with them. Just love into yourself. Don't love these aspects or these holes. Love yourself. Love you. Don't try to shower all of these pesky aspects with a bunch of sugar love. Love you. It's that simple."*

That's all there is to it – loving yourself. *But do we really know what that means? How easy is it to take self-love beyond a 'nice concept' and into our everyday tangible experience? How many of us still feel doubt and worry? How many questions still linger like "What am I missing? Am I getting it right?"*

The answer, for me, is something that has guided and informed my life for several years, and is also one of my biggest passions: Tobias' Sexual Energies School*. It is by far the most amazing gift I have ever given myself, and is an experience that I, along with many others, have the honor to facilitate as Crimson Circle certified teachers. I co-presented this class recently and was struck once again by the profound gifts it offers. In fact, one of the students said to me, *"If I had known this class was about how to love myself, I would have taken it years ago."*

Yes, SES* is indeed about how to love yourself, how to take care of yourself, and how to end energy feeding in your life. But it is also about how to guide yourself toward the state that Adamus calls enlightenment. Although Tobias has a different name for it, he also gives a step-by-step procedure for how to get there. But it's not the kind of procedure where you check off each step as it's accomplished, or where you go from point A to point B to point C and eventually end up at point Z. Because of this it can be unsatisfying and even frustrating for the mind. In fact, it is

so simple that it can be set aside or even forgotten in the pursuit of more mentally satisfying explorations. But it is also very REAL, and I can say from personal experience that the steps Tobias lays out are effective. The deeper experiences do take place, dependent of course on one's willingness to trust and engage in the process of truly loving self.

It's a wonderful concept, this "love of self," but *are you really experiencing it? Do you love yourself completely? Very few humans can unequivocally say, "Yes."* Even though it is the secret to enlightenment, *how often do we brush aside self-love for another day? How easy is it to love self, except for... something? How often do we put it off for another day because someone else needs us today? How often do we profess total love and acceptance for self, but then in the dark of night cower from the demons that hide in the deepest places?*

If any of this sounds familiar, you are not alone. Nor are you defective. We've had eons of programming to make us believe we're inadequate, misguided, stupid and ugly, and some of those beliefs still lurk just beneath the surface. While Tobias' Aspectology School (or even Adamus' DreamWalker Ascension School) can give you a jump start in rooting out some of those stubborn aspects, the answer to all of them is still the same – total, uninhibited, unconditional, everlasting love of you for you.

That love is not something to hope for, wonder how to find, or wait for it to finally "happen to you." It's a tangible and active choice to be made, over and over again. After all, when you're in a loving relationship with someone else, you don't just say "I love you" one time and leave it at that. You say it again and again, whether in the moments you feel it or in the moments they need to hear it. You find ways to express your love in words and deeds, manifesting it again and again. Otherwise, it fades away from neglect. The love between you and you is no different. It must also be tangibly manifested and expressed over and over again to make it a real and true experience.

The enlightenment we're looking for is not just being able to say the words, "I am that I am." It's not just letting go of old beliefs. It's not just getting good at creating. Enlightenment is a physical human experience that happens in your body. You FEEL IT. It is beyond your mind and bigger than your emotions. And, while it will be completely unique to each one of us, Tobias' Sexual Energies School is the closest thing I've ever found to an instruction manual. (And I love him all the more for leaving us that timeless legacy.)

If you haven't yet given yourself the gift of that profound experience, I hope it's on your bucket list. If you've already attended SES*, I hope you're putting into practice the truths Tobias spelled out. And, if you have forgotten the details – about clarity and feeding and drama and abuse and healing and yes, the greatest love – you might consider doing it again. As a teacher I've experienced the class nearly a dozen times now, and every single time there is a deeper beauty to discover. It is my passion for many reasons, particularly because of the changes in my own life, but also because nothing that Adamus, Tobias and Kuthumi have ever taught has any lasting effect without the love of self.

When it comes to ascension, particularly the kind where you stay on earth and live as a Standard for the rest of the world, self-love is the only game in town.

(By Jean Tinder, Shaumbra Monthly editor, Crimson Circle Teacher - Shaumbra Monthly, June 2013)

*Referring to the energy virus discussed in Tobias' Sexual Energy School.

*(Please also read: **New Energy, New Consciousness**, Addendum A: Awareness- Sexual Energy Virus ; [link](#) to Life By Design E-book library online - folder: Vousten, Geert)*

Addendum K: It's All About Enlightenment

When Adamus took over from Tobias four years ago, he announced that he is here for one reason: Our enlightenment. He pointed out that most of Shaumbra have chosen to realize enlightenment within this lifetime, while staying present in the physical body. He went so far as to invite those who had not made a clear, personal commitment to their enlightenment to say goodbye to the Crimson Circle, and more than a few did.

The invitation was made because Adamus didn't want the energies of Crimson Circle and Shaumbra to become diluted by spiritual hobbyists, especially when the issue of enlightenment is so deep, challenging and personal. He acknowledged that while those who stayed may have doubts and concerns about enlightenment, they had also chosen to realize embodied enlightenment *"no matter what."*

Over these past four years I have seen how this personal commitment makes Shaumbra different than many other spiritual or religious organizations. It's not about being better or exclusive, but rather about focus and purpose. It's the difference between someone who plays a musical instrument once in a while for fun, versus someone who has dedicated themselves to music as a profession and life-pursuit.

What we have here in the Crimson Circle is a group of humans, who after many lifetimes of learning, searching and sacrificing, have chosen this lifetime to be the one of spiritual enlightenment. This could also be called the *"living awareness of the I Am."* It's not for the faint of heart or the frivolous of intent. It is all or nothing. Many Shaumbra have told me that this is it.... nothing else matters. It's also one of the reasons why Adamus doesn't distract with alien agendas, conspiracies, emotional processing or modalities-de-jour.

While some of these subjects may be very real, and some of the products or systems have validity, Adamus encourages us to stay true to ourselves rather than diverting into distractions. He also states that the most potential for distraction comes on the eve of enlightenment, while imploring us to be in the focus of Self rather than the noise of the outside worlds.

Few Ascended Masters have come before us. According to Tobias and Adamus, there are only about 9,000 Ascended Masters, and all have come by way of physical incarnations here on Earth. They may have had galactic experiences in the Pleiades or Sirius, but eventually they came by way of Earth to realize their enlightenment here. Most of the Ascended Masters died in physical body shortly after their enlightenment, finding it too difficult to stay in biology and the dense 3D reality. They also wanted to work with humans on Earth who were on a conscious spiritual journey through tools such as channeling and dream-state guidance.

Recently, during the series of gatherings in Sedona, Adamus pointed out to several of the Shaumbra groups that they had the opportunity for enlightenment in a past life, but chose to wait until this lifetime and this New Energy Era. Now, in the New Era, it is easier to stay embodied after enlightenment than in times past. He told the groups that their heart-felt desire to remain on earth as living Masters caused them to delay their enlightenment until now. And he noted that over 1,500 of the Ascended Masters of the past have come back to earth in the past four years to have the experience of joyful living in the physical reality, something most of the Ascended Masters of the past were not able to do.

The dynamics of enlightenment that come into play for Shaumbra are challenging, but also very doable as long as you don't lose your inner passion or your sense of humor. I assume you have chosen enlightenment, and that you value it more than anything in your life. There will be times of intense uncertainty about this, but once these storms of doubt subside you are probably clearer than ever. This inner determination/desire/passion is the guiding force in your life. Assume that everything that happens to you is all about the realization of enlightenment. There are no mistakes or frivolous activities. It's all about enlightenment.

Shaumbra has the desire to live a joyful and abundant life. *Why stay on the planet if you're miserable, suffering or in lack?* We've all done that in lifetimes past, but it just doesn't work any more, and it's not congruent with embodied Mastery. Yet while being such an obvious dynamic, we tend to resist it. *Why?* In my opinion there are two reasons. First, we've forgotten what it's like to be joyful and abundant after a long succession of lifetimes of spiritual suffering and lack. There is also the innate fear that if we "indulge" in the pleasures of life we'll get sucked back into the materialistic matrix and once again forget about our deep spiritual desires. So we deny ourselves the very thing that

we are trying to realize: Joyful and abundant enlightenment, starving ourselves into enlightenment before we can feast on the joys of life.

This is an old energy dynamic. Feast on life now, because it will inspire you into your enlightenment. Ask any Ascended Master what they would have done differently in their time of enlightenment and they'll likely tell you that they wished they would have embraced the essence of Life rather than tried to deny it.

Another dynamic comes from a question Adamus poses to Shaumbra during workshops. He asks, "*Who is responsible for your enlightenment?*" The obvious answer is, "*I am.... It's up to me.*" But the Adamus answer is, "*Your Soul.*" Then he explains: The human Self can feel the strong passion for enlightenment from within. It can sense all of its glory. The human can desire enlightenment because he or she is done with the limited nature of 3D reality after many lifetimes, and has a feeling that life can be so much more. But the human mind cannot possibly know what enlightenment is, how to attain it, or how to experience it.

Ultimately, the human is only able to make the conscious choice to realize it, and then to allow it unfold. Otherwise, if the human were responsible, enlightenment would just be the human's limited concept of enlightenment, rather than the limitlessness of divine awareness.

Understanding that the Soul/Divine is responsible for enlightenment takes a tremendous burden off the human.

How many nights have you laid awake in bed wondering if you're doing this right?

How many times have you shut down because you're not sure what to do next? Putting enlightenment back in the hands of the Soul where it belongs should bring a tremendous sense of relief! No more fretting, worrying, or fear of making the wrong move. Just take a deep breath, and then allow yourself to experience your enlightenment.

At the recent workshop in Sedona, Arizona, Adamus told attendees they would experience a life-changing event between now and the autumn equinox. I think this applies to more than just the attendees. It's for all Shaumbra who are ready to take another big step into enlightenment. You've prepared for it, the energies are in place, and the time is right. So take a good deep breath as you move into the next few months, and remember that no matter what happens, it's all about your enlightenment.

* Enlightenment –

1. The conscious realization of "I Exist, I Am That I Am."
2. The loving integration of all aspects of Self.
3. Awareness.
4. Elegant simplicity.

Enlightenment eventually occurs to all humans who have chosen it, each experiencing it in a deeply personal way. It is a natural marvel that is brought to one's consciousness through self love and self trust. The gestation period can be made shorter and easier by not thinking about it, rather just experiencing it; and by not planning it, but rather allowing its divine unfolding.

(Geoffrey Hoppe, Shaumbra Monthly July 2013)

Addendum L: The Downside of the Good Stuff

(or is it the Upside of the Bad Stuff?)

Ten days in Sedona, three venues, four events, almost 20 channels, several hundred attendees – the last couple weeks in Crimson Circle Land have been amazing! And what never ceases to amaze me is the level of information and experience that Adamus, Geoff and Linda bring through. Just when I think it's all been said and couldn't possibly get any better, the energies go to another level of beyond.

After spending several hours trying to distill the last couple weeks into something coherent, I have to say that it really all comes down to experience, and being fully present for whatever that experience is. When you no longer need salvation because there's nothing to fear; when you no longer have to save the world because we already have; when it's okay that a lot of other people believe a lot of other things because everyone is exactly where they need to be; when you know everything is going to turn out perfectly because it already has – at that point whatever happens next is simply more experience! And not just any experience. Now it's filled with the poignant knowing of how precious this (potentially final) lifetime of ours really is.

Of course it's easy when there are amazing things to experience.

From the awe inspiring hugeness of the Grand Canyon to the striking green-on-red-under-blue colors of Sedona to the soul-thrilling and profound merabhs from Adamus – it's wonderful to have these experiences!

We crave them. We feel alive in those moments. We remember why we came back for another go-round on this grand old planet. But then there are the "other" experiences that are not so easy, the ones we didn't see coming, the unexpected calamities, the internal buttons other people seem to find when we least expect it, the clouds of aspects that get stirred up any time we go that deep.

Have you noticed that after the high of an incredible workshop, there is often a "crash" when you get back home?

For a long time I thought it was just duality playing out, the lows inevitably following the highs, and we just have to deal with it. There's some truth in that, but recent experience has got me feeling there's more to it.

It was my privilege to be part of the crew during the recent event marathon in Sedona, and though it meant a huge amount of work for 10 days straight, I also had a perfectly wonderful time. It's always inspiring to reconnect with Shaumbra friends, and those smiles and open hearts simply cannot be found anywhere else. And then there's the material. Like most of us I spent years and years searching for my truth, finding bit and pieces of it here and there, but never feeling completely satisfied. Then, when I read my first Tobias channel, I was overcome with the feeling of recognition. It was the heart home I'd been looking for since forever, and that feeling of resonance has only deepened over the years. So to be able to spend so much time in the energy of what I believe in with all my heart is extremely fulfilling and joyful, and helped energize the long days.

And then...the drop. Emotional crash. Hot buttons. Seething darkness. Heavy doubt. It wasn't physical exhaustion (that can be fixed with a good night's sleep). It wasn't even energetic exhaustion (that can be fixed with a good amount of deep breathing). I was feeling something deeper and darker, and quite unexpected. Relationships (of every kind) are particularly useful for triggering forgotten aspects and unintegrated elements that clutter our reality landscape. And the tricky thing is seeing all the inappropriate or hurtful things "someone else" is doing, and then choosing to go into the darkness and own it anyway. After all, other people are just actors in a play written by me for the purpose of, yes, more experience. But, as tough as they are, I am certain those dark experiences are every bit as valuable to our soul as the grand and beautiful experiences, maybe even more so.

Brooding beneath a heavy cloud of darkness on the way home, I realized it contained some strong and deep aspects that would probably have stayed hidden for a long time without some "assistance."

The energies had gotten stirred deeply during the recent events with Adamus, particularly in DreamWalker Life, and, like stirring a clear pool, if there's muck in the bottom it will swirl up and cloud the water.

And of course that's why I'm here – to uncover and integrate all those hidden parts of myself that cloud the expansive moments of life. So I know the "down" after the "up" contains important gifts for me. Of course, being a human on earth, I still drift into discouragement sometimes, wondering what on earth has gone wrong with me. But eventually I remember what's really happening and do my best to go for the experience, knowing the gift is in there

somewhere. And, without fail, the joy comes back when I remember not to fight it anymore, that it's just another brush stroke in this incredible art of life.

During an evening out with friends in Sedona, I excused myself and went outside to breath and watch the gorgeous sunset for a few minutes. The air was warm, my heart was full, the sky was amazing, and I felt glad to be alive. I breathed it all in, and started to close my eyes.

Suddenly I felt my soul say, *"Wait! Don't close your eyes, I want to see it too!"* And isn't that the whole point of every experience we have – to let our full self feel, see, hear, taste and smell whatever's going on? That is the gift, the alchemy of turning the dust of our existence into the gold of enlightenment.

If you can truly sink into the full experience of whatever is going on – the poignant sorrow, the breathless awe, the dark frustration, the joyful reunion, the heavy anger, the gentle weariness – instead of trying to keep it or fix it, life becomes rich beyond belief. That is what the angels line up for. It's why we jumped to the head of the line and dived in. And the cool thing is, instead of lamenting the downside of the "good" stuff, you can actually experience the upside of the "bad" stuff. Then it becomes abundantly clear that all really IS well in your creation!

(By Jean Tinder, Shaumbra Magazine editor, Crimson Circle - Shaumbra Monthly, July 2013)

Addendum M: Moments of Enlightenment

What does it feel like when the words become real? When the theories become experience? When the platitudes become tangible? I've been pondering this lately, because at some point it really does begin to happen.

A few weeks ago I had an experience that, in retrospect, was rather amusing as well as enlightening. Its effects are still with me.

Working through my errands in town, the last stop was the grocery store.

Pushing the cart through the familiar aisles, adding items and checking them off the list, at some point I made a short stop at the ladies room. There was really nothing much on my mind, but as I stepped through the door something dropped suddenly into my awareness.

During a conversation earlier that day a friend had happened to say, *"I know that you've chosen embodied enlightenment."* It was nothing new. I've known that for a long time. But as the words came back to me in that moment, something happened. The implications of *"this is the lifetime and yes, I have chosen it"* suddenly got very, very real.

The room began to wobble and I was grateful for a (rather awkward) place to sit and catch my breath. Glad to be alone for a few moments, the acute realization flooded my awareness: *"It is a foregone conclusion. I will experience my enlightenment this lifetime. I KNOW it in every cell of my being. I can no longer 'get it wrong,' there's nothing more to figure out, and nothing left to prove – to me or anyone else. From this moment on, life is whatever I make of it."*

I felt all that in an instant, and waves of chills passed through me. I closed my eyes and breathed, trying to stay present with something far bigger than my immediate reality. Sure, Adamus has told us all that many times, but I'd never felt it so deeply and so real. Even now as I try to describe it, the words almost sound too trite. It's as if they can only cobble together a superficial framework around something they can never contain.

Eventually realizing I didn't want to spend the rest of the day in the toilet, I braced myself for the world. Walking back out to the shop full of busy people was a bit overwhelming, so I kept my eyes down and concentrated on the shopping cart that connected me to the floor. In a grocery store, people are usually focused on getting their errands done, but the odd thing was, every time I looked up someone was smiling directly at me! *What... do I have green hair or something?*

At the bread counter I pointed to a loaf and the lady said, *"Do you want it cut?"* I wobbled my head and mumbled something, staring off into space. She paused... *"Um, was that a yes?"* Oops. Back to earth, Jean, back to earth.

At last I got through checkout and out to the car. I loaded the groceries, climbed in, and just sat there for a good 15 minutes. Nothing else felt important. Nothing else was as interesting as breathing in this beyond-words experience.

What had just happened? There wasn't much I could define, and the few words that came sounded very familiar. *"I can experience my enlightenment in any way I choose."* I already knew that, but apparently it had only been a concept. Somehow, in that strange moment in the ladies room, it became very, very real. There is nothing more I have to do. In fact, it doesn't even matter what I do any more, because I am at the end of the journey. Now all that's left is to explore this destination that I've worked so hard to reach.

We will each experience these moments of realization in our own way, in our own time. I know there will be many more for me – moments when the words become truth, when the concepts become experience – and honestly, I'm glad they are only moments! As much as I want my full enlightenment 'right now' I'm also glad my soul is taking it slow. They are so precious, these moments of awakening (not to mention intense) and I want to experience them completely without incinerating myself in the process. It's like savoring a first kiss that's full of promise instead of rushing headlong into nirvana; like tasting every nuance of the finest dessert instead of gulping it down in two bites.

Does life change in enlightenment? Not really... but yes, completely. As I edge ever closer, I find myself more introspective, more desiring to be alone, and far less driven than I've ever been. I do what I enjoy, relish time with the ones I love, and receive the gifts of every moment, whether they are delivered with tears or laughter. Daily life

on earth continues, and I sense that even after that final breath of full reunion it will probably remain so. As the saying goes, “*Before enlightenment – chop wood, carry water. After enlightenment – chop wood, carry water,*” and yet life takes on such a different quality.

Dear Shaumbra, trust the process. Trust the moments, for they are nearly always unexpected. Give yourself to them completely, in full experience and love for you, no matter what they are. Trust the pace, because bringing heaven to earth is a delicate process that’s never been done before. And relish the simplicities and pains of life, for they are precious beyond words.

(By Jean Tinder, Shaumbra Magazine editor, Crimson Circle - Shaumbra Monthly, August 2013)

Addendum N: Natural Enlightenment

Tobias' last words to me when he left three years ago were simple and profound. We had just finished his last channel at the Tobias Farewell Celebration in Breckenridge, Colorado. The date was July 19, 2009. After he said his last, "*And so it was*" to the audience of nearly 500 Shaumbra, he walked down the aisle and out the ballroom doors. It was a stunning, poignant moment. Tobias and I walked out into the sunshine on this gorgeous Colorado afternoon. Nobody else was around, just my angel friend and me. We paused for a moment to take a deep breath, and Tobias said, "*Your enlightenment is natural.*" Then he thanked me for our times together and departed. I haven't heard from him since.

I've thought about his message many, many times since then. *My enlightenment is natural?* I understood this in a philosophical way, as in "*I am already ascended blah, blah, blah*" but I was challenged to feel the truth in it. All I needed to do was take a look inside and outside myself to know that I hadn't yet integrated this wonderful concept.

Adamus has been talking about natural enlightenment in many recent workshops. I think it took the audience – mostly non-Shaumbra – by surprise. After all, we've all been searching for enlightenment for a long time and we've gone through many challenges in our pursuit. Now Adamus says it's natural, until we make it unnatural.

Does that mean we don't have to do anything, think anything or pay anything for enlightenment? What if we only needed to be here, in the sacred Now moment, to receive and experience it?

Adamus says that once you make the choice for enlightenment, it will unfold. *Could it be that simple?* Just thinking about it, I have the tendency to study how to make it natural. I want to ask Adamus for all of the natural guidelines and natural things I should do to make it natural. I wonder if there is a Natural Guru to help me with my natural enlightenment. I like the sound of it – Natural Enlightenment – but I'm not sure where to start because I was always a jacket and tie guy. *Maybe I need a hemp robe and beige sandals?*

Adamus claims that we find nearly every way possible to make enlightenment unnatural. Through our human mind we plan it, structure it and make it into a goal rather than an experience. Spiritual teachers who are not enlightened teach classes about enlightenment. The moment we don't think our enlightenment is unfolding properly, we slap ointment on our bodies and drink an enlightenment-enhancing energy concoction.

Allowing enlightenment as a natural process is a huge paradigm shift. In times past the consciousness wasn't as expanded as it is now so few opened to it and even fewer realized it. There is more information available now than ever before, so it's easy to share information and experiences with others who are going the way of natural enlightenment.

We have more opportunities to gather together in person in order to create the safe space for enlightenment.

In the June Shoud (2012) Adamus said that we now come to the end of evolution. It's time to stop the effort of evolving our selves and start living. It's all part of the natural enlightenment process.

I have come to learn that "natural" doesn't necessarily mean easy. There are still everyday challenges – when I view them as challenges. On my good days I know that everything happening in my life is part of the natural unfolding of enlightenment. A lot of this has to do with releasing because there is a lot to be released with from the old human constructs as part of enlightenment. Many inner energies shift, which in turn cause changes in our lives. If these changes are viewed with resistance it makes natural enlightenment very difficult, whereas if the changes are viewed as a part of enlightenment one comes to understand the blessings of the experience.

Adamus has explained that the Body of Consciousness will have natural enlightenment because it has already been chosen by the soul. Now it is up to the human to allow it, and experience it.

Let's celebrate our natural enlightenment by not interfering, and having peace within, knowing that everything in our lives is now about this natural gift.

(Geoffrey Hoppe, Shaumbra Monthly Magazine, July 2012)

Shaumbra Symptoms

Symptoms

~ **Body aches and pains, especially in the neck, shoulder and back.**

This is the result of intense changes at your DNA level as the 'Christ seed' awakens within. This too shall pass.

~ **Feeling of deep inner sadness for no apparent reason.**

You are releasing your past (this lifetime and others) and this causes the feeling of sadness.

This is similar to the experience of moving from a house where you lived in for many, many years into a new house. As much as you want to move into the new house, there is a sadness of leaving behind the memories, energy and experiences of the old house. This too shall pass.

~ **Crying for no apparent reason.** Similar to #2 above. It's good and healthy to let the tears flow. It helps to release the old energy within. This too shall pass.

~ **Sudden change in job or career.** A very common symptom. As you change, things around you will change as well. Do not worry about finding the 'perfect' job or career right now. This too shall pass.

You're in transition and you may make several job changes before you settle into one that fits your passion.

~ **Withdrawal from family relationships.** You are connected to your biological family via old karma. When you get off the karmic cycle, the bonds of the old relationships are released. It will appear as though you are drifting away from your family and friends. This too shall pass.

After a period of time, you may develop a new relationship with them if it is appropriate. However, the relationship will be based in the new energy without the karmic attachments.

~ **Unusual sleep patterns.** It's likely that you'll awaken many nights between 2:00 and 4:00 AM. There is a lot of work going on within you, and it often causes you to wake up for a 'breather.'

Not to worry. If you cannot go back to sleep, get up and do something rather than lay in bed and worry about humanly things. This too shall pass.

~ **Intense dreams.** These might include war and battle dreams, chase dreams or monster dreams. You are literally releasing the old energy within, and these energies of the past are often symbolized as wars, running to escape and boogiemens. This too shall pass.

~ **Physical disorientation.** At times you will feel very ungrounded. You will be 'spatially challenged' with the feeling like you cannot put two feet on the ground, or that you are walking between two worlds.

As your consciousness transitions into the new energy, your body sometimes lags behind. Spend more time in nature to help ground the new energy within. This too shall pass.

~ **Increased 'self talk'.** You will find yourself talking to your Self more often. You will suddenly realize you have been chattering away with yourself for the past 30 minutes.

There is a new level of communication taking place within your being, and you are experiencing the tip of the iceberg with the self talk. The conversations will increase, and they will become more fluid, more coherent and more insightful. You are not going crazy, you are just Shaumbra moving into the new energy.

~ **Feelings of loneliness,** even when in the company of others. You may feel alone and removed from others. You may feel the desire to 'flee' groups and crowds.

As Shaumbra, you are walking a sacred and lonely path. As much as the feelings of loneliness cause you anxiety, it is difficult to relate to others at this time.

The feelings of loneliness are also associated with the fact that your Guides have departed. They have been with you on all of your journeys in all of your lifetimes. It was time for them to back away so you could fill your space with your own divinity. This too shall pass.

The void within will be filled with the love and energy of your own Christ consciousness.

~ **Loss of passion.** You may feel totally disimpassioned, with little or no desire to do anything. That is OK, and it is just part of the process. Take this time to 'do no-thing.' Do not fight yourself on this, because this too shall pass. It is similar to rebooting a computer. You need to shut down for a brief period of time in order to load the sophisticated new software, or in this case, the new Christ-seed energy.

~ **A deep longing to go Home.** This is perhaps the most difficult and challenging of any of the conditions. You may experience a deep and overwhelming desire to leave the planet and return to Home. This is not a 'suicidal' feeling. It is not based in anger or frustration. You do not want to make a big deal of it or cause drama for yourself or other. There is a quiet part of you that wants to go Home. The root cause for this is quite simple. You have completed your karmic cycles. You have completed your contract for this lifetime. You are ready to begin a new lifetime while still in this physical body.

During this transition process, you have an inner remembrance of what it is like to be on the other side. Are you ready to enlist for another tour of duty here on Earth? Are you ready to take on the challenges of moving into the New Energy? Yes, indeed you could go Home right now. But you have come this far, and after many, many lifetimes it would be a shame to leave before the end of the movie.

Besides, Spirit needs you here to help others transition into the new energy. They will need a human guide, just like you, who has taken the journey from the old energy into the new. The path you are walking right now provides the experiences to enable you to become a Teacher of the New Divine Human. As lonely and dark as your journey can be at times, remember that you are never alone.

Glossary

These are terms that will be helpful to understand as you read this document and the official website.

Ahmyo - Absolute and pure trust in self, the realization of the I Am.

Anayatron - The communication network that all energy particles use to communicate with all other energy particles, particularly within the Body of Consciousness.

Anost - The state of imbalance to the light. "The imbalance to the light, or anost, is a denial of the dark. It is a denial of half of yourself, if not more." ~ Tobias(pronounced uh-nahst)

Ascension - The state of being wholly and completely in acceptance and love for yourself without reservation, having let go of all limitations of the human existence and being fully integrated with every part of Self.

Adamus Saint-Germain - A Master, an angel, a professor and a teacher from the Crimson Council who delivers messages and curriculum through Geoffrey Hoppe.

Angel - A souled being, birthed from the original Oneness, created by the love of Spirit.

Aspects - Different roles or identities we as Creator Beings have used to answer the question: Who Am I? We create aspects of ourselves to meet situations in this lifetime (e.g. the child, the parent, the business owner, the healer, etc). We also have many other aspects from past lives, from dreams and from the multidimensional realms. When aspects become "stuck" they can cause chaos and confusion as they move in and out of consciousness. However, through conscious choice we can welcome these aspects back home within ourselves and become fully integrated.

Atlantis - The second era of Earth experience, coming after the Lemurian era. Atlanteans were very communal by nature and did extensive work to standardize the human mind and body.

Body of Consciousness - A human's fully integrated physical body, mind, intelligence, awareness, feelings and spirit.

Cauldre - The name Tobias and Adamus call Geoffrey Hoppe. This is not his "spirit name," rather a nickname used. (pronounced Ka-ool'-dra)

Channeling - When a non-physical entity or angel speaks through a human. The human translates the entity's "thought/energy packets" into words for others to hear or read.

Conscious Breathing - The acknowledgment and full acceptance of life, consciously choosing to bring life force energies into one's human reality.

Consciousness - Awareness or expansiveness. Consciousness activates energy and energy potentials all around you.

Crimson Circle - The group of humans involved in this spiritual journey, who are also here as teachers to others on the journey.

Crimson Council - A celestial teaching order that includes [Tobias](#), Adamus Saint-Germain, [Kuthumi](#) Lal Singh, and other angels who are assisting us on our journey.

Dei Un Gnost - See "Gnost" (pronounced day-oon-nost)

Dimensions - Unique particles of consciousness created by souled beings that can have nearly any variation of properties. They can intersect and interact with other dimensions and are not linear, hierarchical or numbered.

Ego - "Derived from your Latin word meaning "I". I-go. The ego was developed when you crossed through the Wall of Fire. It created a sense of identity for you. You spend so much time battling your ego, but it is an integral part of you. It is your one connection back to Home. The ego is transforming and changing. Instead of "I go" you are becoming "I Am." ~ Tobias

First Circle - ?Home, the original existence of God or Oneness, also referred to as the First Creation. It is where we came from before embarking on this journey for Spirit.

Fruit of the Rose - A term used to describe the reminder we left for ourselves along our path or journey to Awakening. Ultimately we will find or stumble upon this reminder and rediscover the need to wake up, to remember that we are a Master. The Fruit of the Rose reminds us that we're just playing this game of being a human, that "human" is only a small part of who we really are.

Gnost - Our "creative solution," gnost is the part of us that solves problems beyond the capabilities of the mind. Gnost is reawakening now after being dormant for a long time. (variant of "Dei Un Gnost")

God - Spirit or Source from which we came and which is also within us at the core; the divine creative essence within.

Home - The First Circle of creation; the original Oneness from which we came.

I Am - Your full sovereign Self, the You that you have always been which originated directly from the original Oneness of Home.

Imagination - The essence of creation energy, the beginning of all manifestation, imagination is not mental "visualization" but rather creative feeling and sensing.

- 'It doesn't Matter'** - A phrase introduced by Tobias indicating that one already is whatever one desires and is now just going through the experience of getting there.
- Keahak** - Meaning energy in action (kea) and spirit in experience (hak), keahak is the ancient word representing the part of you that connects to and brings in the energies.
- Kuthumi Lal Singh** - An ascended master in the non-physical realms who has had many lifetimes on Earth and delivers messages through Geoffrey Hoppe and many others.
- Lemuria** - The first era of Earth experience when angels first learned how to descend their energy and embody into matter.
- Makyo** - Spiritual verbiage and platitudes that distract from the true experience of Self. Adamus also describes this as spiritual bullshit.
- Merabh** - A non-linear and non-mental energy movement that combines words, music and perhaps physical movement to create a quantum consciousness change.
- Namaste** - An acknowledgment of the God within one to the God within another.
- Near Earth Realms** - The non-physical realms surrounding Earth where the essence of many beings goes between lifetimes. It is a layer of consciousness closely related to Earth.
- New Energy** - The next evolution of energy that allows the integration of duality, including our divine nature and our human nature. While the current energy is vibrational, new energy is expansional in all directions at the same time.
- Nhahyu** - A particular element of consciousness; used to describe consciousness, awareness, sensitivity and feelings. Nhahyu also means to dive into feelings, to experience them fully, and then let them go; wholly-embodied-and-fully-released. (pronounced nah-you)
- Oh-Be-Ahn** - An ancient greeting and blessing between time travelers as they encounter one another on their journeys. It means "I honor you for the journey, no matter where you are."
- Oneness** - The original Home, All That Was.
- Order of the Arc** (Archangels) - ?Created as a unified consensus of all energies and all angels, including ones considered both light and dark. All angels created this Order of the Arc to move to the next level of understanding and energy resolution.
- Pakauwah** - A totem or spirit animal created by you as an extension of your own essence to support your human experience.
- Point of Separation** - A moment when reality shifts from one cycle or spiral of experience to the next.
- Quantum Leap** - Tobias said that on September 18, 2007 humanity experienced a quantum leap in consciousness, a time where everything moves at such a fast rate that consciousness no longer follows the old linear path. Instead, the quantum leap in consciousness allows for a new level of creativity, invention, scientific discovery and personal transformation.
- Sam** - A pseudonym for the current Earthly incarnation of Tobias, which he fully embodied on July 19, 2009.
- Second Circle** - All of creation, everything outside of the First Circle, both physical and non-physical, including the human realms. Also referred to as the Second Creation.
- Sensual** - Using all the senses to savor and relish the experience of life.
- Sha-dhar** - To infuse or breathe life into life. Also to infuse yourself into your life.
- Shaumbra** - The name used by Tobias and others for the group of humans going through the awakening process. Tobias claims the term originated during the times of *Yeshua* ben Joseph (Jesus), when people – many of them Essenes – would gather for secret spiritual meetings. Loosely translated in old Hebrew, the first portion of the word Shaumbra is pronounced "shau-home." "Shau-home" means home or family. The second portion of the term is "ba-rah," which means journey and mission. When these terms are put together, it is "shau-home-ba-rah" which means family that is on a journey and experiencing together. Tobias says that in the biblical times, a "shaumbra" was also a scarf or shawl that was worn by either male or female. It was a distinctive crimson color that let the others know it was time to meet. (pronounced Shom-bra)
- Shoud** - During a Shoud, the spiritual essence of the group of listeners is gathered together by a human or a non-physical being such as Tobias or Adamus. The collective message of the group is then communicated back to the group via the channeler. In simplified terms, the audience is really listening to their own inner selves.
- Souled Beings** - When Spirit burst forth into expression, all souls came into being. Every souled being contains within itself the creative essence and sovereign energy of the Source in a unique and personal expression.
- Source** - Spirit, the source of life within you, the divine energy.
- Spirit** - Also called God, Source or the Eternal One, the divine spark that is within each souled being.
- Standard** - A Standard, as in "being a Standard of the New Energy," is a guiding light, one who illuminates potentials for others. A Standard is also a teacher who shares what they have learned through their own experiences. By their own example, a Standard inspires others to see what can be done.
- Temples of Tien** - A special place in Atlantis where Shaumbra first gathered to study energy. Many Shaumbra know each other from their times of working together in the temples.

Third Circle - The energy or essence of the totally sovereign self, complete unto itself with need of nothing from the outside. Your own Third Circle is your state of ascension, your full and complete sovereignty.

Tobias - Featured in the apocryphal (biblical) Book of Tobit, Tobias is an angelic being from the spiritual teaching group called the Crimson Council. Tobias channeled public messages from August 21, 1999 through July 19, 2009, and is now incarnate in physical body on Earth. Tobias' messages through Mr. Hoppe were lovingly given to encourage humans to accept their inner divine essence.

True Self or Higher Self - Our divine essence which is now awakening within us. The "divine angel within."

Void - The nothingness outside of Home. After leaving Home, angels found themselves in the Void where nothing existed, not even darkness. Using consciousness and energy, the angelic beings created many physical and non-physical realms out of the Void.

Wall of Fire - The expansion of consciousness or knowingness beyond itself; a metaphor for the "doorway" leading from Home into the Void. The zone we crossed through going from the First Circle to the Second Circle.

Yeshua ben Joseph - Also known as Jesus; a human manifestation of the collective Christ Consciousness, brought to Earth by those who understood that it was time for the divine to meld with the human on Earth.

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Note: Page numbers in **bold** and *italic* denote more significance or a definition or explanation, either formally or informally.

Breath: *Well the word 'breath' is almost on every page.. and it is very important and the only thing you 'must' and have to do is 'breathe'.*

So take a deep breath on every page you read...

....